

Shady Side Academy Medical Athletic Exemption Form

Students who sustain a significant injury/medical condition may apply for a single-term exemption. The medical condition must be significant enough that it prevents the student from fulfilling an intramural or interscholastic requirement for that term. Requests for medical exemptions should be e-mailed to Josh Frechette, Associate Athletic Director, at jfrechette@shadysideacademy.org. Completed medical exemptions must include:

- An e-mail/letter from the student or parent/guardian providing a record of the medical issue and term affected
- Supporting documentation from a physician verifying the nature of the medical need. For mental health concerns, the SSA School Counselor should be included and will communicate with the Athletic Department.

Students who are granted medical exemptions will be required to report a progress update to the Certified Athletic Trainer (ATC) and/or School Counselor at Shady Side Academy. Medical needs that span more than a single term will be reviewed on a case-by-case basis.

Student Name: _____

Grade: FR SO JR SR

Academic Year: _____

Term Requesting Exemption: Fall Winter Spring

Please briefly describe why you are requesting a medical exemption. Please attach supporting material from your physician to this form.

Physician's Name: _____

Email Address: _____

Phone Number: _____

Website: _____

Student Signature: _____

Parent/Guardian Signature: _____

Advisor Signature: _____

NOTE: Students sustaining a season-ending injury while competing for a SSA team do not need to then apply for a medical exemption for that same season. If the same injury prevents the student from competing in the next season (or the rest of the school year), this will be communicated by Athletic Trainers to the Athletic Department. A medical exemption is not required for this situation.