**DRESS UNIFORM**

*Students are required to wear one of these items to church gatherings, assemblies, and on field trips:*

| PreK-8 Boys & Girls | **SHS logo required:** Navy blue uniform sweatshirt, fleece jacket, or half-zip pull-over fleece.  
| PreK-8 Girls | **SHS logo not required:** Evergreen V-neck vest, pullover, or cardigan sweater. |

**BOTTOMS**

| 6-8 Boys | Khaki Pants or Shorts |
| 6-8 Girls | Khaki Plain Front Chino Pants or Shorts  
| | Khaki Skort  
| | Khaki Box Pleat Skirt  
| | **Shirts or solid white, navy blue, black, or dark green leggings or tights must be worn under skirts and jumpers** (Girls’ Navy Bike Shorts available at Lands’ End are one option)  
| | Leggings may not be worn as pants  

**TOPS**

| PreK-8 Boys & Girls | **Long or short sleeved white or dark green polo** (no logos)  
| PreK-8 Girls | **Long or short sleeved white blouse** (Peter Pan, Oxford, Fem Fit, or No Gape) (no logos) |

**OUTERWEAR**

All outerwear must be marked with the student’s name. *Non-uniform sweatshirts or jackets worn to school may not be worn in the classroom, to assemblies, or church gatherings. Outerwear allowed in the classroom includes:*

| PreK-8 Boys & Girls | **SHS logo required:** Navy blue uniform sweatshirt, fleece jacket, or half-zip pullover.  
| | **SHS logo not required:** Evergreen v-neck vest, pullover, or cardigan sweater.  
| | Sacred Heart Cross County, CYO, 8th Grade Sweatshirts, or Student Council sweatshirts may be worn with the exception of Mass days. On Mass days, regular uniform outerwear (sweaters or SHS logo sweatshirts) are required. |

**SHOES/BOOTS/SOCKS**

| 6-8 Boys & Girls | Shoes and socks must be worn at all times.  
| | Shoes must be closed-toed, attach to the heel, and fit snugly.  
| | Shoelaces must be kept tied.  
| | Shoes with wheels or lights are not allowed. |

| 6-8 Girls | **Solid** white, navy blue, black, or dark green socks (boys/girls), leggings or tights (girls). Socks with **small** logos that are the **same color as the rest of the sock** are allowed. No other logos allowed.  
| | **On school Mass/Assembly days, solid** white, navy blue, black, or dark green socks (boys/girls), tights or leggings (girls) are required. Socks with **small** logos that are the **same color as the rest of the sock** are allowed. No other logos allowed. |

**MIDDLE SCHOOL P.E.**

| 6-8 Boys | Required: Classic Navy School Uniform Mesh Shorts or Classic Navy School Uniform Active Gym Shorts. (No logos) |
| 6-8 Girls | Required: Classic Navy Girls Uniform Athletic Shorts or Classic Navy School Uniform Mesh Shorts or blue/white uniform shorts from prior years. (no logos) |

Students may wear a T-shirt of their choice, if it is school-appropriate.

---

**Rev. 8.2.2023**
Headwear and Hair Accessories
- Hair accessories, including elastics, must be white, dark green, navy blue, black, or uniform plaid to coordinate with uniform colors. Headbands or accessories should not have distracting decorations.
- **Middle school girls** may wear any color hair accessories on regular school days, as long as they are not distracting. On Mass days, all hair accessories must be white, dark green, navy blue, black, or uniform plaid.

Hair
- Extreme hair styles (mohawks, shaved, spiked, designs, or logos) and unnatural colors (dyed or streaked) are **not allowed**.
- Boys’ hair must be above the collar and out of the eyes. Boys may not have facial hair.

Belts
Students may wear black or brown belts with no ornamentation.

Cosmetics
- No makeup, other than light concealer or cover-up.
- Nail polish is not allowed for students in grades K-5.
- No tattoos or henna tattoos are allowed.
- Nail polish is allowed for girls in grades 6-8. Nails must be kept neat and clean with no chipped polish. No acrylic nails are allowed.

Jewelry
- Girls may wear stud-size earrings only in the ear lobe. Boys may not wear earrings.
- Boys and girls may wear only one bracelet on each wrist.
- Religious medals and necklaces tucked into shirts are allowed.

Club Uniforms
Scout uniforms may be worn on meeting days.

Medical Exceptions
If a student will be out of uniform for a medical reason, a note/email with a satisfactory explanation (signed by a parent/guardian) is required indicating the number of days the student will be out of uniform.

Non-Uniform Days
**Free dress** days are a privilege.
- Torn jeans, cut-offs, tank tops, halter tops, crop tops, spaghetti straps, and low necklines are **not allowed**.
- **Leggings/yoga pants are not allowed as pants** but may be worn under shorts, pants, dresses, or skirts.
- Basketball shorts, sweatpants, and joggers in good repair are allowed.
- All shorts, skirts, dresses, and skorts must meet the length requirements of the regular school uniform.
- Costumes may be worn only on days with specific themes (e.g., Disney Day, Super-hero Day).
- “Onesies” may only be worn when they are part of a theme day free dress.
- **Students who choose not to participate in free dress or theme days must wear their regular school uniform.**

Spartan Wear Days
- Once a month, per the Free Dress & Spartan Wear Calendar, students are allowed to wear Spartan Wear.
- Students may only wear Sacred Heart logo tops: sweatshirts, t-shirts, pull-overs, jerseys.
- Students must wear a uniform shirt under the outer layer if they do not have a Sacred Heart logo t-shirt underneath.
- Students must wear uniform bottoms: shorts, skirts, pants, etc.

Other
- Uniforms are to be clean, correctly sized, in good repair, and appropriately worn.
- All clothing and accessories worn by students must be safe, not distracting to the learning environment, and school appropriate.

Lost and Found
Unmarked lost and found uniform items are turned over to the Parents’ Club used uniform program to be re-sold as a fundraiser for the school.

Failure to Adhere to the Uniform Policy
Any student not in compliance with the Uniform Policy, including inappropriate attire on non-uniform or theme days, will be subject to the following consequences:
1st Offense: Uniform Notice sent home to be signed by parents (must be returned w/in 2 school days or recess detention will be assigned)
2nd Offense: Uniform Notice sent home to be signed by parents (must be returned w/in 2 school days or recess detention will be assigned)
3rd Offense: Recess detention and parent communication
4th Offense: After school detention, and call parents
5th Offense: Non-admittance to class and student sent home

The administration reserves the right to go immediately to step 5 if a student’s clothing/hair is extremely out of line and inappropriate for a Catholic school environment.