

**Tangipahoa Parish School System**  
**Child Nutrition Programs**

59656 Puleston Road · Amite, Louisiana 70422 · Phone 985-748-2480 · Fax 985-748-2487

**Special Accommodations with School Meal Programs**

School Year 2023-2024

**This document is in effect until medical authority revises special diet.**

**Please fax completed form to 985-748-2487**

Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Student # \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's E-mail \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

\_\_\_\_\_  
(Street or P.O. Box)

\_\_\_\_\_  
City

\_\_\_\_\_  
Zip

1. Does the child have a disability or IEP/IAP on file? Yes or No If yes, describe the major life activities affected by the disability. \_\_\_\_\_
2. If the child is not disabled does the child have special nutritional or feeding needs? Yes or No \_\_\_\_\_
3. Does your child have an Epi-Pen for specific food or foods? Yes or No If yes, please list food or foods. \_\_\_\_\_

**List Disability/Medical Condition:** \_\_\_\_\_

**Diet Prescription (check all that apply):**

- |  |   |   |
|--|---|---|
| € <b>Diabetic:</b> Carbohydrate Counting OR  | <i>Carbohydrate Grams</i><br>_____ Breakfast<br>_____ Lunch | <i>Carbohydrate Grams</i><br>_____ AM Snack<br>_____ PM Snack |
| € <b>Lactose Intolerance</b> (eliminate fluid milk):<br>Other dairy allowed: cooked cheese, etc.<br>Please document substitute for Fluid Milk: | _____ Yes<br>_____ Juice                                    | _____ No<br>_____ Water                                       |
| € <b>Calorie Count:</b> _____ Breakfast Calories<br>Calories   | _____ Lunch Calories  | _____ AM/PM Snack   |
| € <b>Texture Modification:</b> _____ Diced<br>_____ Pureed (check one):  | _____ Chopped<br>_____ Nectar-like                          | _____ Ground<br>_____ Honey-like                              |
| € <b>Other Diet Prescription:</b> _____  | <input type="checkbox"/> Milk-like                          | <input type="checkbox"/> Pudding-like                         |

**FOOD INTOLERANCE**

(Diarrhea, Bloating, Headaches, Nausea, Rashes)

**Level I – eliminate intolerable food only**

- € Milk (fluid form only) – cheese allowed  
Substitute:  Juice  Water
- € Milk and Dairy Products
- € Eggs
- € Wheat
- € Soy
- € Other: \_\_\_\_\_

**FOOD ALLERGY**

(Will omit ALL foods that contain any of these items checked)

**Level II – eliminate products with food allergen**

- Milk  history of inhalation reaction
- Eggs  history of inhalation reaction
- Fish  history of inhalation reaction
- Shellfish  history of inhalation reaction
- Tree Nuts  history of inhalation reaction
- Peanuts  history of inhalation reaction
- Wheat  history of inhalation reaction
- Soy  history of inhalation reaction
- Other: \_\_\_\_\_

I certify that the student named above needs special diet accommodations prepared as described related to the student's medical condition.

Office Address: \_\_\_\_\_  
\_\_\_\_\_

Office Telephone: \_\_\_\_\_  
Office Fax: \_\_\_\_\_

Date \_\_\_\_\_

Licensed Physician/Recognized Medical Authority Signature **\*\*SIGNATURE REQUIRED TO PROCESS\*\***

## Guidelines and Requirements For Special Accommodations with School Meal Programs

*These guidelines and requirements have been established to ensure the safety of students when medically necessary menu change must be implemented.*

- Per USDA, a new diet prescription form **MUST** be completed annually regardless if any changes occur.
  - Diet prescription forms must be filled out completely.
  - Diet prescription form **MUST** be signed by a Physician or recognized Medical Authority.
  - Diet Prescription forms will not be altered unless the Diet Prescription Form is updated by the physician.
  - Diabetic Meal Plans: include the number of carbohydrates for each meal and snack.
  - Food Allergens: include specific information regarding foods to omit and substitute.
  - If the student cannot have fluid milk, please document appropriate substitute. We can provide bottled water, or a 4oz juice, as a substitution.
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- Diet Prescription Forms **MUST** be completed before implemented at the school site.
  - Menu substitutions will be provided at the discretion of the Child Nutrition Services Office according to current food availability.
  - Please allow 5 days for processing in the Central Office. Parent/Guardian will need to provide breakfast and/or lunch during this time. Please fax, mail or deliver the form to the **Tangipahoa Parish Child Nutrition Department, 59656 Puleston Road, Amite LA 70422, Phone # (985-748-2480) Fax # (985-748-2487).**
  - If the student has a **Food Intolerance (digestive system response) – Level I**, Check the foods that apply. The indicated allergen foods will be eliminated from the student’s meal tray if its whole form. (Example: The student has an intolerance to eggs, the student will not be served whole eggs such as scrambled eggs, hard boiled eggs, etc.)
  - If the student has **Food Allergy (immune system response) – Level II**, check the foods that apply. The indicated allergen foods will be eliminated from the student’s meal tray in its whole form as well as any food that contains the allergen food as an ingredient. (Example: The student has an allergy to eggs, the ingredient listing will be reviewed for eggs and any foods containing eggs will be eliminated from the student’s meal tray). Please indicate if the student has a history of inhalation induced anaphylaxis reaction to the specified allergen.
  - Confirmation of process completion will be sent to parent/guardian via contact number/email provided.

**Non Discrimination Statement:** This explains what to do if you believe you have been treated unfairly.

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