



COURSE CATALOG FALL 2023

New Beginnings.

Register now for our Fall Semester!

www.portlandadulthood.org

Visit us online for full class descriptions and registration

A Letter from Our Director

Welcome to Portland Adult Education’s Fall 2023 course catalog!

We’re thrilled to present an exciting lineup of classes that cater to diverse interests and goals. Whether you’re seeking academic advancement, workforce training, or personal enrichment, we have something for everyone.

Our **academics** section offers a range of subjects, from **mathematics** and **language arts** to **science and history**, allowing you to expand your knowledge and sharpen your skills. For those aiming to enhance their professional prospects, our **workforce training** courses provide practical expertise in fields like **technology**, **healthcare**, **business**, and **education**. Finally, our **enrichment** offerings cover a wide range of interests including **art**, **music**, **cooking**, and much more.

Join us this fall as we embark on a journey of learning, growth, and discovery. Enroll now and **unlock your full potential** with PAE.

Miyabi “Abbie” Yamamoto, Ph.D.
Executive Director, Portland Adult Education



Register Now!

Registration for Enrichment and Workforce opens August 7.

See page 12 for information about registering for Academics classes.

REGISTER ONLINE: Scan the QR code or visit www.portlandadulted.org to register and find full descriptions of the courses in the catalog.

BY PHONE: Call **(207) 874-8155** and please have your credit card information ready.

BY MAIL: Complete the **registration form on page 23** and include your credit card information or a check (payable to PAE) and mail to:

Portland Adult Education
14 Locust Street
Portland, ME 04101

IN PERSON: Come in to the school to register. Please check the website for updated hours.

FEES: The registration fees listed reflect pricing for Portland residents (in bold) and non-residents: **Resident**/Non-Resident **\$15**/\$25. All course, lab, and material fees must be paid when you register. A \$10 fee will be added to all agency invoices.

BOOKS: Books should be purchased at 14 Locust Street unless otherwise specified. We do not provide book refunds.

Registration confirmations are sent via email only.

CLASS LOCATIONS are listed on the back cover of the catalog. Classes do not meet during school vacations and holidays unless otherwise noted during the first class..



Enrich your life through learning a new skill, trade, or language, either virtually or in-person.

Enrichment



Photo courtesy of Factory 3.

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Earn your high school diploma, prepare for college, or learn English to prepare for the world.

Academics



Photo by Molly Haley Photography

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Prepare for a new job, re-enter the business world, or integrate your knowledge from another country.

Workforce



Photo by Molly Haley Photography

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We may add new classes to the schedule, so check the website for new listings. Additional information and school policies can be found at portlandadulted.org

Course and book fees will be fully refunded if a class is canceled. A \$10 fee is withheld if you drop a course at least one business day before the first class. A 50% refund will be issued if you drop after the first class, but before the second class. No refunds are issued for one session classes or after the second class.

Visit portlandadulted.org to view full descriptions and register!

PAE Enrichment Program

Enrichment courses provide a mindful approach to improve overall personal wellness. People who take our courses holistically enrich their lives through learning a new skill, trade, or language; meeting new people; and having a positive counterpoint to the everyday demands of life. Our online and in person programs offer affordable experiences and create new opportunities for Greater Portland residents to learn. **Registration for Enrichment classes opens August 7.**



Business & Personal Finance

Estate Planning 101

Estate Planning Attorney Alex Jackson and Financial Advisor Marta Haydym-Silver go over the ins and outs of estate planning within the state of Maine. They will go over Powers of Attorney, Healthcare Directives, Wills, Trusts and more! Questions are welcome and encouraged.

Instructor	Location	Day/Time	Dates	Fee
Marta Haydym-Silver	DHS Room 209	WE 6:00PM-8:00PM	9/13	\$10/\$10

All About the “Roth”

This class will go over everything having to do about a Roth. This will include Roth IRAs, Roth 401ks, Roth SIMPLEs, Roth SEPS, and more. Initially introduced in 1997 and since greatly expanded while being misunderstood as well as underutilized.

Instructor	Location	Day/Time	Dates	Fee
Marta Haydym-Silver	DHS Room 209	WE 6:00PM-7:00PM	9/20	\$10/\$10



Photo by [Scott Graham](#) on [Unsplash](#)

Fine Arts & Photography

Abstract Oil Painting (Zoom)

Students will use a variety of images as inspiration for finding their own unique style of abstract painting. Experiment with a number of different techniques. Mindfulness techniques will be used to overcome natural inhibitions and perfectionism in order to paint expressively. No experience is required. A Zoom link will be sent on the day the class starts.

Instructor	Location	Day/Time	Dates	Fee
Chris Reed	Remote	TU 6:00PM-8:00PM	9/12-10/17	\$85/\$95

Find Your Voice

This is a facilitated participatory class that provides an opportunity to practice using your voice, writing story and sharing out loud. Speaking in front of others is one of our greatest fears. This is an opportunity to practice, in a safe setting, with others who, like you, want to improve this area of their lives. Bring a notebook, pen, an open mind, a willingness to step beyond your comfort zone to be vulnerable, and to wildly support others as they do the same.

Instructor	Location	Day/Time	Dates	Fee
Amy Grommes Pulaski	DHS Room 209	TH 6:30PM-8:30PM	10/19-11/30	\$65/\$75

Play the Ukulele, The Journey Begins Here

Learn to play the ukulele! It has never been more popular. Here's your chance to find out how to play this wonderfully versatile, go anywhere instrument. Join our no-stress program for some laughs and learning. Bring your sense of humor, a passion for music, and curiosity about playing. Once you master the basics you won't want to stop. So grab a uke, you don't need to read music — sign up, tune up and show up. Let your musical journey begin!

Instructor	Location	Day/Time	Dates	Fee
Duncan Perry	Remote	TU 6:00PM-7:30PM	9/26-10/17	\$79/\$89
Duncan Perry	Remote	WE 6:00PM-7:30PM	10/25-11/15	\$79/\$89
Duncan Perry	Remote	TU 6:00PM-7:30PM	11/28-12/19	\$79/\$89



Photo by [Mally Haley Photography](#)

Stand Up Comedy

Looking for funny people! Have you ever thought of becoming a comedian? Professional comedian/writer Ian Stuart will be teaching a class on stand up at PAE. Each student will be given the tools to write a five minute routine to be performed.

Instructor	Location	Day/Time	Dates	Fee
Ian Stuart	DHS Room 226	TU 6:00PM-8:00PM	9/19-12/5	\$75/\$85

Voice Overs..Now Is Your Time!

In this enlightening webinar, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. You will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. A link to the remote class will be sent to participants before the class.

Instructor	Location	Day/Time	Dates	Fee
Lisa Foster	Remote	TU 6:30PM-8:30PM	10/10	\$40/\$45

Fitness & Dance

BYO Ball

A 5-week training with the stability ball for strength, balance, core, and so much more. Enjoyable and challenging techniques will insert this versatile and powerful tool into your fitness routine. All levels. You'll need a stability ball, a yoga mat, water and sneakers. FMI [emmaholder.com/fitness](#)

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Cafeteria	TH 5:45PM-6:45PM	9/14-10/12	\$30/\$40

Fall Interval Fitness

This interval training class offers three essential fitness components: cardio, strength training, and stretching to release tension. Participants will engage in interval training, essential for calorie burning and weight loss. Students will engage in multiple actions for short bursts. This class is in person and by Zoom. Instructor will contact students with link and payment information.

Instructor	Location	Day/Time	Dates	Fee
Jessica Lockhart	OAS Gym/Remote	T/TH 5:45PM-6:45PM	9/12-12/7	\$4/\$4

Visit [portlandadulthood.org](#) to view full descriptions and register!

Fitness & Dance *(continued)*

FUNctional Fitness

Movements we use in everyday life can be applied to create an efficient and effective work out. All levels welcome! Bring sneakers, mat and a water bottle. \$6 drop in or \$50 for 10 class card can be used for all Emma's M/T/W classes. Register at any class. FMI: emmaholder.com/fitness

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Cafeteria	TU 5:00PM-6:00PM	9/12-12/5	\$6 /\$6

Women's Health Series

You will learn how breathing is different for women and why it matters, how to manage pain and stress through breathing techniques, how female sex hormones influence your breathing and health, and more. This class will empower you to take charge of your health and well-being by understanding and improving your breathing habits.

Instructor	Location	Day/Time	Dates	Fee
Carole Freeman	Remote	M/W 6:00PM-7:30PM	10/16-10/30	\$85 /\$95

Women's Health and Fitness

A Comprehensive Course on how to regain lost energy and stamina. For women of ALL fitness levels and ages who want to regain their energy and stamina. Students will be invited to join a Facebook community if they wish to for continued resources and group support.

Instructor	Location	Day/Time	Dates	Fee
Carole Freeman	Remote	T/TH 6:00PM-7:30PM	10/17-10/26	\$85 /\$95

Ballroom Dance For Couples

This class introduces couples to basic ballroom dance skills that will teach them to look great dancing, and help them enjoy a night out, or prepare them for special events like weddings and anniversaries. **Requirement:** A dancing partner. Class payment is per person.

Instructor	Location	Day/Time	Dates	Fee
Patty Medina	OAS Gym	WE 7:00PM-8:00PM	9/13-10/11	\$55 /\$65
Patty Medina	OAS Gym	WE 7:00PM-8:00PM	10/18-11/15	\$55 /\$65

Contemporary Line Dancing

Line Dancing is accessible to everyone, fun for all, and no partner is needed. This class will not be strictly country line dancing as a wide range of music will be used. We will begin with simple line dances and add more complex patterns.

Instructor	Location	Day/Time	Dates	Fee
Joyce Bailey	LMS Cafeteria	WE 7:00PM-8:30PM	10/18-11/8	\$36 /\$40

Cuban Salsa Level 1

In this class, students will learn the basics of the Salsa footwork and some simple, fun moves that will get you out on the dance floor. You will learn how to connect with any partner, and build confidence dancing to different styles and tempos and music. Students will be introduced to the famous Salsa Rueda. Partner is recommended.

Instructor	Location	Day/Time	Dates	Fee
Anna Golendukhina	LMS Cafeteria	TH 7:00PM-8:00PM	10/5-11/2	\$75 /\$85

Global Dance Party

45 minutes of dance fitness to fantastic global music followed by 15 minutes of stretching and core work. All levels welcome! Register at any class. Please bring a mat, sneakers and water. \$6 drop in or \$50 for a 10 class card can be used for all Emma's M/T/W/Th classes.

emmaholder.com

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Cafeteria	M/W 5:00PM-6:00PM	9/11-12/6	\$30 /\$40

Home & Life Skills

Ferment This! Kombucha

Make your own kombucha (fermented sweet tea) - easy, economical and delicious. Primary (plain) and secondary (flavored) fermentation techniques. Zoom link, materials list and scoby provided by instructor upon registration. FMI: emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	PAE Room B/Remote	TH 7:00PM-8:15PM	10/19	\$20 /\$30

Ferment This! Twofer: Sauerkraut + Wild Card Veggie Ferment

Lacto-ferment cabbage and other local veggies resulting in delicious safe home-made signature ferments. You'll learn a bit of microbiology and basic techniques to create sauerkraut, and how to culture almost any vegetable. Zoom link and materials list provided by instructor upon registration. FMI: emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	PAE Room B/Remote	TH 7:00PM-8:15PM	10/26	\$20 /\$30

Ferment This! Kimchi and Kraut-chi

Kimchi can be a relatively calm sauerkraut-like ferment of cruciferous (and other) vegetables, or it can be wild gingery-garlicky and as spicy as you wish! We'll play with this Korean ferment to create your own signature kraut/kimchi variation. FMI: emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	PAE Room B/Remote	TH 7:00PM-8:15PM	11/2	\$20 /\$30

Ferment This! Fermented "Heat-It-Up Sauce" and/or "Chill-Out Sauce"

Fermenting your own pepper sauce condiment is fun and full of variety. Your blend can be as hot or as laid back as you would like. We'll make a basic mash, and discuss how to spice it up or down, add flavors, monitor progress, and eventually store it. Create a delicious gift for the holidays! FMI: emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	PAE Room B/Remote	TH 7:00PM-8:15PM	11/9	\$20 /\$30

"I would like to thank my teacher for changing the way I see the world.."

- PAE Student

Healthy Foods for Busy People

This workshop will provide an overview on food budgeting, planning, and shopping; avoiding food waste; how to make fast, inexpensive, and nutritional meals; different ways to cook; how to cook ahead; and food safety. Free, professional materials from major institutions will be used. Optional – participate in an informal study comparing the amount spent on groceries and food services for the two weeks before the class and the final two weeks of class.

Instructor	Location	Day/Time	Dates	Fee
John Kirk	Remote	MO 6:00PM-7:30PM	9/18-10/30	\$47 /\$57

Radical Kindness

Kindness is a superpower — it can change our lives and change the world. We will explore how "intentional acts of kindness" can transform our friendships, relationships, families, workplaces, schools, and politics. Students will be guided in creating their own "personal kindness practices" and will support each other in carrying them out. Students will be introduced to a wide variety of inspiring readings, films, and talks. If there is interest, we will lay the groundwork for collective radical acts of kindness in the community and explore the creation of local or neighborhood "Kindness Squads."

Instructor	Location	Day/Time	Dates	Fee
Jeff Edelstein	DHS Room 216	TH 6:00PM-9:00PM	9/28	\$35 /\$45

Visit portlandadulthood.org to view full descriptions and register!

Factory 3

Fiction Workshop

Experience the art of storytelling, where two of your 10-15 page short stories will be workshopped by other members of the class and the instructor. Seasoned writers and beginners alike are welcome.

Instructor	Location	Day/Time	Dates	Fee
Sara Sherr	Factory 3	TU 6:00PM-8:00PM	9/12-10/24	\$300 /\$310

Intro to Adobe Photoshop

Learn the basics of Adobe Photoshop to edit and manipulate photos.

Instructor	Location	Day/Time	Dates	Fee
Savanna Pettengill	Factory 3	SA 10:00AM-1:00PM	9/23	\$90 /\$100
Savanna Pettengill	Factory 3	SA 10:00AM-1:00PM	10/21	\$90 /\$100

Intro to 3D Printing

Learn the basics of 3D printing, an exciting tool used to make an almost unlimited variety of objects. Led by Tomas Amadeo or Jon Betz.

Instructor	Location	Day/Time	Dates	Fee
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-1:00PM	10/7	\$120 /\$130
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-1:00PM	11/4	\$120 /\$130
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-1:00PM	12/2	\$120 /\$130

Fundamentals of Computer-Aided Design

Whether designing a machine part, a table, or a house, learn the basic function of CAD software from a professional designer and engineer. Led by Tomas Amadeo or Jon Betz.

Instructor	Location	Day/Time	Dates	Fee
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-2:00PM	10/14	\$120 /\$130
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-2:00PM	11/11	\$120 /\$130
T. Amadeo/J. Betz	Factory 3	SA 10:00AM-2:00PM	12/9	\$120 /\$130



Intro to Welding

Learn the basics of MIG welding in a safe, encouraging environment. Open to all levels, including complete beginners. Led by Jo Remillard or Beau Cormier

Instructor	Location	Day/Time	Dates	Fee
J. Remillard/B. Cormier	Factory 3	WE 5:30PM-9:00PM	9/13	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	SA 10:00AM-2:00PM	9/16	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	SA 10:00AM-2:00PM	9/30	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	WE 5:30PM-9:00PM	10/11	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	SA 10:00AM-2:00PM	10/14	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	SA 10:00AM-1:30PM	10/28	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	WE 5:30PM-9:00PM	11/8	\$160 /\$170
J. Remillard/B. Cormier	Factory 3	SA 10:00AM-2:00PM	11/11	\$160 /\$170

Electric Soldering

Learn soldering, a critical skill for making electronic circuits. Led by Tomas Amadeo or Jon Betz.

Instructor	Location	Day/Time	Dates	Fee
T. Amadeo/J. Betz	Factory 3	SA 2:00PM-4:30PM	10/7	\$100 /\$110
T. Amadeo/J. Betz	Factory 3	SA 2:00PM-4:30PM	11/4	\$100 /\$110
T. Amadeo/J. Betz	Factory 3	SA 2:00PM-4:30PM	12/2	\$100 /\$110

Intro to Woodshop

Gain hands-on experience with woodshop machines, turning a raw piece of lumber into a cutting board. Beginners welcome. Led by Eric Dunder or Ted Russell

Instructor	Location	Day/Time	Dates	Fee
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	9/23	\$135 /\$145
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	10/7	\$135 /\$145
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	10/21	\$135 /\$145
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	11/4	\$135 /\$145
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	11/18	\$135 /\$145
E. Dunder/T. Russell	Factory 3	SA 10:00AM-2:00PM	12/2	\$135 /\$145



Factory 3[®]

Have a Class You Want to Teach?

WE WANT YOU!

Share your unique talents and passion
with the Portland Community.

To share your ideas and learn more, please contact us
at adulted@portlandschools.org or call (207) 874-8155.

Factory 3 class cancellation policy: <https://factory3.org/class-cancellation-policy>.

Visit portlandadulted.org to view full descriptions and register!

Factory 3 *(continued)*

Intro to Sewing

Learn the basics of cutting fabric, using a sewing machine, and the stitches available on most machines. Led by Stacy Owen, Michelle Kruegar, or Dan Toomre.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	TU 4:00PM-8:00PM	9/12	\$110 /\$120
Multiple	Factory 3	SA 10:00AM-2:00PM	9/23	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	9/26	\$110 /\$120
Multiple	Factory 3	SA 10:00AM-2:00PM	10/7	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	10/10	\$110 /\$120
Multiple	Factory 3	SU 1:00PM-5:00PM	10/15	\$110 /\$120
Multiple	Factory 3	SA 10:00AM-2:00PM	10/21	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	10/24	\$110 /\$120
Multiple	Factory 3	SU 1:00PM-5:00PM	11/5	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	11/7	\$110 /\$120
Multiple	Factory 3	SA 10:00AM-2:00PM	11/11	\$110 /\$120
Multiple	Factory 3	SA 10:00AM-2:00PM	11/18	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	11/21	\$110 /\$120
Multiple	Factory 3	SU 1:00PM-5:00PM	12/3	\$110 /\$120
Multiple	Factory 3	TU 4:00PM-8:00PM	12/5	\$110 /\$120



Photo courtesy of Factory 3.

Intro to Garment Sewing

Learn seams, finishes, and techniques used for sewing woven (non-stretch) clothes. Basic sewing machine experience is required.

Instructor	Location	Day/Time	Dates	Fee
Michelle Kruegar	Factory 3	SA 3:00PM-7:00PM	9/23	\$120 /\$130
Michelle Kruegar	Factory 3	SA 3:00PM-7:00PM	10/7	\$120 /\$130
Michelle Kruegar	Factory 3	SA 3:00PM-7:00PM	11/11	\$120 /\$130

Sewing with a Serger

Learn to finish your edges with a serger, bringing your sewing skills to the next level.

Instructor	Location	Day/Time	Dates	Fee
Stacy Owen	Factory 3	SA 10:00AM-3:00PM	9/23	\$120 /\$130

Languages

Italian 1

Ciao! Interested in learning what scholars call “the most romantic language”? Explore conversational approaches to the basics of Italian. Learn about the country and the culture at the same time. This class is for people with no previous experience with the Italian language. **Required:** *Italian Made Simple*, by Cristina Mazzoni.

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	WE 6:00PM-8:00PM	10/11-12/20	\$149 /\$159

Italian 2: Continuing

This is a continuation of the Italian 1 class. Increase your vocabulary and learn to speak more fluidly. Recommended prerequisite: at least one semester of Italian.

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	TU 6:00PM-8:00PM	10/10-12/19	\$149 /\$159

Italian: Conversational

Come to this class and really test your ability to speak Italian. You must have taken Italian classes prior to enrolling. Immerse yourself in the Italian culture with a motivated group.

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	MO 6:00PM-8:00PM	10/16-12/11	\$149 /\$159

Spanish 1

As an introduction to the Spanish language, this course emphasizes pronunciation and basic conversational skills. Students will explore the language and culture, while also engaging in basic Spanish discussions. **Required:** *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
Daissy Foss	DHS Room 216	TU 6:00PM-7:30PM	9/12-12/5	\$126 /\$136

Spanish 2

Students will continue their Spanish language development by working on pronunciation, conversational abilities, and vocabulary skills. This course is also appropriate for students who have had a semester of Spanish but need to refresh their skills. **Required:** *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
Daissy Foss	DHS Room 216	TU 7:35-9:05PM	9/12-12/5	\$126 /\$136

Spanish 3

This class helps students continue with their Spanish language development, focusing on basic conversational skills, vocabulary, and grammar. **Required:** *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
Daissy Foss	DHS Room 216	WE 6:00PM-7:00PM	9/13-12/6	\$126 /\$136

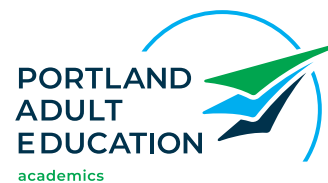
Spanish 4

Building off Spanish 3, students will increase their Spanish grammar and advanced conversational skills. **Required:** *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado

Instructor	Location	Day/Time	Dates	Fee
Daissy Foss	DHS Room 216	WE 7:35-9:05PM	9/13-12/6	\$126 /\$136

PAE Academics

Sharpening math skills, preparing for college, learning English: PAE's academic programs help students reach their specific goals at the most appropriate skill level.



Our **Language Arts and Math** programs focus on improving reading, writing, and math skills as students work toward a High School Diploma, HiSET, or college readiness. **ESOL classes** at a variety of levels help students to improve their English for better jobs, higher academic achievement, or to more fully participate in the community.

PAE Academics: ESOL

English for Speakers of Other Languages (ESOL)

We offer approximately **45 English classes** for students learning or improving their English.

- » Morning, afternoon, and evening sessions available
- » **Levels Beginning through Level 5** (advanced)
- » After Level 5, students may enroll in English Language Arts classes
- » Most courses meet twice a week (Monday/Wednesday or Tuesday/Thursday) for 2.5 hours
- » Some courses are remote, and some in-person

New students and those returning after a year or more need a new student intake. Call PAE now for an appointment: (207) 874-8155.

Registration opens on August 21.

ESOL Classes

Citizenship

Book Fee: \$20.00

Instructor	Location	Day/Time	Dates	Fee
Martha B./Mary B.	PAE Room 4/Remote	TU/TH 9:00AM-11:30AM	9/12-12/14	\$0/\$0

Do you want to...

- » **Earn your High School Diploma or pass the high school equivalency HiSET Test?**
- » **Improve your math, reading, and writing skills for a job?**
- » **Prepare for a transition to college?**

Develop a plan for a job or for college. Schedule an appointment with our Academic Advisor, Anja Hanson.

Call (207) 842-4611 or email Anja at hansoa@portlandschools.org

PAE Academics: Math & Science

PAE math students learn to be flexible with numbers and often appreciate the change from the rigid, take-it-or-leave-it methods they first learned. Students are free to make mistakes, explore, and choose the method that works best for them.

Math & Science

Whole Numbers

This course will help students become comfortable solving problems with whole numbers using basic operations and strengthen a student's number sense. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Diane Kaneza	PAE Room 4	TU/TH 6:00PM-8:30PM	9/12-12/14	\$30/\$40

Fractions

This course will help students understand common fractions, decimals, and percents so they can use them in their day-to-day life. Fraction equivalents as well as math operations with fractions will all be covered in this class. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
TBD	PAE Room 5	M/W 9:00AM-11:30AM	9/11-12/13	\$30/\$40

Decimals

This course will help students understand decimal numbers and how they relate to fractions and percents. Basic operations will be covered. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Maryann Kurdyla	PAE Room 5	TU/TH 9:00AM-11:30AM	9/12-12/14	\$30/\$40

Ratios

This course will develop ratio and proportional thinking and reinforce fraction and percent skills. Students will also explore measurement in both customary and metric units. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
TBD	PAE Room 5	M/W 9:00AM-11:30AM	9/11-12/13	\$30/\$40

Algebra A

This course introduces students to algebraic problem solving including integer operations, exponent properties, solving multi-step equations and inequalities. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
TBD	PAE Room 5	TU/TH 9:00AM-11:30AM	9/12-12/14	\$30/\$40
Solomon Nkhalamba	PAE Room 5	TU/TH 6:00PM-8:30PM	9/12-12/14	\$30/\$40

Geometry

This course is taught in two parts. Shapes, angles, area, volume, perimeter are taught in the first half of the class. Coordinate geometry; including, plotting equations, slope, parallel and perpendicular lines in the second part. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
TBD	PAE Room 5	TU/TH 12:00PM-2:30PM	9/12-12/14	\$30/\$40

Algebra B

This course continues building from Algebra A and includes topics such as quadratic equations, systems of equations and probability. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
TBD	PAE Room 5	M/W 6:00PM-8:30PM	9/11-12/13	\$30/\$40

General Science

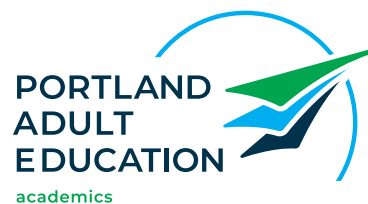
Learn many aspects of science, such as atomic theory, scientific method, Newton's Laws, cells, and ecosystems.

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room 10	TU 6:00PM-8:30PM	9/12-12/14	\$30/\$40

Visit portlandadulted.org to view full descriptions and register!

PAE Academics: Language Arts

- » Advance your reading and writing skills
- » Get help applying for scholarships
- » Earn credits toward your High School Diploma or build skills for the HiSET test
- » Prepare for college or career through our College Transitions Program (and avoid paying for remedial courses at college that don't give college credit)
- » Courses require the use of Google Classroom and independent online work outside of class time.



Registration Information

- » **Registration begins August 21.**
- » If you are a new student or have been away from PAE for over a year, call now to make an Intake appointment!

English Language Arts Levels at PAE for High School Diploma and College Prep

- 100** Required for completion of the High School Diploma program
- 200** Continued college preparation
- 300** College-ready in English language skills

Level: ESOL 5+

Readings in Environmental Science Credit: Science or English

Learn about topics in Environmental Science while developing your reading skills and science vocabulary. We will explore current topics such as climate change, pollution, and recycling.

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room 3	TU 12:00PM-2:30PM	9/12-12/12	\$0/\$0
Carolyn Lancia	Remote	TU 6:00PM-8:30PM	9/12-12/12	\$0/\$0

Readings in Social Studies Credit: Social Studies

Learn about misinformation on the Internet; globalization; and human rights. Students will do weekly reading and writing assignments.

Instructor	Location	Day/Time	Dates	Fee
Lauren Jordy	PAE Room 3	TH 3:00PM-5:30PM	9/14-12/14	\$0/\$0

Level: 100

LA 100: Informational Text Credit: English

Improve your ability to read informational texts and build your academic vocabulary; improve your ability to respond academically in speaking and in writing. A good course for your High School Diploma or to prepare you for the College Transitions program. **Book Fee: \$30.00**

Instructor	Location	Day/Time	Dates	Fee
Christina Correnti	PAE Room 3	TU 9:00AM-11:30AM	9/12-12/12	\$30/\$40
Alison Perkins	Remote	TH 12:00PM-2:30PM	9/14-12/14	\$30/\$40
Heidi Grant	PAE Room 3	WE 6:00PM-8:30PM	9/13-12/13	\$30/\$40

Maine Adult Education Association

Additional adult educational opportunities are available by visiting the Maine Adult Education website at: maineadulted.org



U.S. History Credit: History

Investigate a few key periods in U.S. History and improve your ability to read and write about advanced academic texts. Think deeply about whether and how the U.S. has lived up to its ideals of liberty, equality, rights, democracy, and opportunity. Class meets 2 days/week: Remote on Mondays and in-person on Wednesdays.

Instructor	Location	Day/Time	Dates	Fee
Heather Moore Wood	PAE Room 3/Remote	M/W 12:00PM-2:30PM	9/11-12/13	\$30/\$40

Level: 200

LA 200: Informational Text Credit: English

Improve your ability to read and write informational texts and build your academic vocabulary; learn how to write organized academic paragraphs and essays. Part of our College Transitions program.

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	Remote	WE 9:00AM-11:30AM	9/13-12/13	\$30/\$40
Ann Hall	PAE Room 3	TU 6:00PM-8:30PM	9/12-12/12	\$30/\$40

Preparation for College Success Credit: English

This course will focus on the essential skills of a successful college student. Highlighted topics include study skills, time management, decision-making strategies, financial literacy, career pathways exploration, and building the writing skills necessary for academic readiness.

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	Remote	MO 6:00PM-8:30PM	9/11-12/11	\$30/\$40

Level: 300

Intro to College Writing Credit: English

In this top-level English course, you will create focused, well-developed essays so that you will be ready for college. You'll also learn how to write a strong application for a scholarship.

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	PAE Room 3/Remote	TH 9:00AM-11:30AM	9/14-12/14	\$30/\$40

New Student Testing for Language Arts or Math

To sign up for any of our Academic courses (Language Arts, Math, Science, or History/Social Studies), **you will need either a teacher recommendation OR an interview and placement test with a teacher.**

Call (207) 874-8155 to make an appointment for new student testing. The appointment will take about 2 hours.

- » Please be prepared to **register and pay** for your course immediately following the appointment.
- » If you have **ACCUPLACER scores**, please bring them to the appointment with you.

We want to place you in the right course...

Call now for an appointment to find out your level!

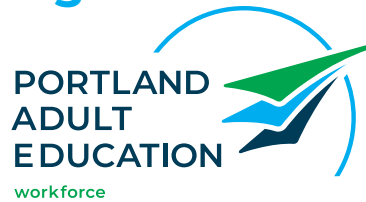
“PAE is a place where I feel encouraged to ask questions, participate in discussions, and grow.”

- PAE Student

Visit portlandadulted.org to view full descriptions and register!

PAE Workforce Training

These are courses designed for individuals preparing for a new job, re-entering the business world, upgrading skills, transitioning from another country, or seeking a promotion.



Business Courses

Accounting 1: Intro to Accounting

As an introductory course, Intro to Accounting teaches the planning, analyzing and interpreting of transactions that occur in a small for-profit single-owner business. These transactions are processed and recorded through an entire accounting cycle with the ultimate objective of preparing financial statements that summarize the results of operations for that business. Basic accounting principles are taught with emphasis on accuracy and business ethics.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Remote	M/W 5:30PM-8:00PM	9/18-10/25	\$116 /\$126
Deb Seigars	Remote	TU/TH 8:30AM-11:00AM	9/19-10/26	\$116 /\$126

Accounting 2

Building from Introduction to Accounting, this course emphasizes the use of special journals, subsidiary ledgers, proving ledgers, payroll activities, uncollectible accounts receivables, aging of accounts, notes and interest, accrued revenue and expenses, distribution of dividends needed for a Merchandise Corporation. We will use the same textbook as in Introduction to Accounting.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Remote	M/W 5:30PM-8:30PM	10/30-12/18	\$136 /\$146

Bookkeeping Certificate

Combination of 14 classes to develop skills needed in today's bookkeeping world.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Remote/In-Person	Various	Self-Paced	Variable

Basic Computer

This course covers the foundational skills needed to feel comfortable using computers, and to increase digital literacy skills: keyboarding; email; internet use; using Google Drive to create documents, spreadsheets, and presentations; social media; Google Classroom; online meeting technology. It is appropriate for English Language Learners at ESOL 3 and above, as well as native English speakers.

Instructor	Location	Day/Time	Dates	Fee
Trace Salter	PAE Room 10	M/W 12:00PM-2:30PM	9/18-10/25	\$116 /\$126
Jean Pierre Akayezu	PAE Room 10	M/W 6:00PM-8:30PM	9/18-10/25	\$116 /\$126

Scholarships Available!

Don't let the cost of tuition be a barrier to your growth.

Contact us for more information: **(207) 874-8155**

Keyboarding

Students in this class will develop techniques and skills that are conducive to building keyboarding speed with a high level of accuracy, including the number keypad. Students will also learn correct techniques of hand placement and proper posture so they will be able to type more comfortably and without looking at their hands. Students will be expected to commit to coming to class twice a week and then invest at least 3 hours/week of typing on their own. If a student can do that, they can expect to learn the keyboard and should be able to type at a speed of 25 WPM by the end of the course. Students who are already familiar with proper keyboarding technique will have the opportunity to practice and progress to 45 WPM.

Instructor	Location	Day/Time	Dates	Fee
Trace Salter	PAE Room 10/Remote	TU/TH 12:00PM-2:30PM	9/19-10/26	\$116 /\$126
Jean Pierre Akayezu	PAE Room 10/Remote	M/W 6:00PM-8:30PM	10/30-12/13	\$116 /\$126
TBD	PAE Room 10/Remote	TU/TH 12:00PM-2:30PM	10/31-12/14	\$116 /\$126



Photo by [Molly Haley Photography](#)

Microsoft Excel 1

Excel is a necessary skill to have in the work place. Students will learn how to create, edit and manage spreadsheets. Then, increase your efficiency by learning how to organize, display and calculate your data into useful information using sorts, filter, and charting. Use Excel's most powerful features to analyze data quickly and easily with confidence.

Instructor	Location	Day/Time	Dates	Fee
Barbara Mascareñas	PAE Room 9/Remote	M/W 12:00PM-2:30PM	9/18-10/25	\$116 /\$126
Garry Grigel	PAE Room 9/Remote	M/W 6:00PM-8:30PM	9/18-10/25	\$116 /\$126

Microsoft Excel: Intermediate

Looking to improve your Excel skills? Students will learn to build pivot tables, use database features, manage multiple worksheets, create pick lists and protect formulas. If you have a basic understanding of Excel and want to become more efficient, then this class is for you!

Prerequisite: MS Excel, or comparable Excel experience. Scholarships are not available for this class.

Instructor	Location	Day/Time	Dates	Fee
Garry Grigel	PAE Room 9/Remote	M/W 6:00PM-8:30PM	10/30-12/13	\$116 /\$126

Microsoft Office Suite 1

This class is intended for the person who has had little practice using Microsoft Products. We will create and edit letters and documents using Word. We will create and edit basic spreadsheets like budget and payroll using Excel. In addition, everyone will create a ten slide presentation in PowerPoint. We will learn to navigate screens between Google and Microsoft Office as well as Windows File explorer to save and retrieve our work.

Instructor	Location	Day/Time	Dates	Fee
Taika Brand	PAE Room 8	M/W 3:00PM-5:30PM	9/18-10/25	\$116 /\$126
TBD	Remote	M/W 6:00PM-8:30PM	9/18-10/25	\$116 /\$126
Taika Brand	Remote	TU/TH 6:00PM-8:30PM	10/31-12/14	\$116 /\$126

Visit portlandadulthood.org to view full descriptions and register!

Business Courses *(continued)*

Microsoft Office Suite 2

This class is intended for the person who has prior experience using Microsoft Office products. We will cover work related skills; building tables, mail merge and graphics using Word. We will create a slide show using PowerPoint that will include graphics, transition and animations. We will spend some time learning about tools in Excel and how they work. Additionally, we will explore MS Outlook, Outlook calendar and MS Teams. **Prerequisite:** Microsoft Office Suite 1 or instructor approval.

Instructor	Location	Day/Time	Dates	Fee
Barbara Mascareñas	PAE Room 8/Remote	M/W 6:00PM-8:30PM	9/18-10/25	\$116 /\$126
Barbara Mascareñas	PAE TBD/Remote	TU/TH 9:00AM-11:30AM	9/19-12/14	\$116 /\$126

Google Suite for the Office

Google Suite for the Office introduces students to Google Apps including but not limited to Gmail, Google Drive, Google Docs, Google Sheets, Google Slides, Google Calendar, and Google Meet. It explores the uses of these Apps and their basic functions which will allow the users to increase their productivity and collaboration. Students in this class will learn how to utilize these cloud computing tools to increase productivity, communication and collaboration at school and in the workplace.

Instructor	Location	Day/Time	Dates	Fee
TBD	Remote	M/W 6:00PM-8:30PM	10/30-12/13	\$116 /\$126

Office Clerk Certificate

Combination of 13 classes to develop skills needed for an Office Assistant or Secretarial position.

Instructor	Location	Day/Time	Dates	Fee
Multiple	PAE TBD/Remote	Various	Self-Paced	**

QuickBooks Online

This course uses QuickBooks accounting software in an office environment. Areas covered include setting up an accounting system, accounts receivable and payable, reconciliation, and financial statement generation.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Remote	TH 5:30PM-8:00PM	9/21-12/14	\$116 /\$126

English and Job Prep: Program

This intensive course is designed for levels 3 & 4 who are searching for their first job in the US. Students will learn how to search for a job and expand their English skills. Students will refine their customer service skills and learn financial literacy skills from ProsperityME teachers.

Instructor	Location	Day/Time	Dates	Fee
Jean Pierre Akayezu	PAE Room 7	M-F 12:00PM-2:30PM	9/18-12/15	**

Career Planning and Advancement

Are you trying to map out your future career or bring your existing career to the next level? Our Career Planning and Advancement class will expose you to various career pathways and focus on topics like marketing yourself, networking, and career exploration, all while assembling your updated job tool kit. Guests from local organizations will inform students of opportunities and resources available to them. Students will take pro-active steps toward their future through mock interviews, career fairs and the creation of a personal career development plan.

Instructor	Location	Day/Time	Dates	Fee
Barbara Mascareñas	PAE Room 9	M/W 9:00AM-11:30AM	10/30-12/13	\$116 /\$126

***Please contact the office to apply and for tuition and scholarship information.*

Writing for the Workplace

Gain the skills and confidence to write effectively in today's workplace. Using a series of writing exercises, you will learn how to compose clear business letters, memos, and emails and format them correctly. Brush up on punctuation, sentence structure, and basic grammar rules to give your documents a final polish. Prerequisites: a basic computer course or familiarity with computers. PAE certificate and academic students should discuss this course with their advisor before registering. **Book Fee: \$15**

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	PAE Room 9	TU/TH 12:00PM-2:30PM	9/19-10/26	\$116 /\$126
Taika Brand	Remote	M/W 3:00PM-5:30PM	10/30-12/13	\$116 /\$126

Workplace Communication

Learn how to more successfully and effectively communicate with peers, supervisors, and teams in an office environment. Skills covered include listening, oral communication that involves speaking assertively, positively, and clearly, and handling difficult situations in the workplace with conflict resolution skills. Other skills practiced will include customer service communication skills and communication issues in a team-based environment.

Instructor	Location	Day/Time	Dates	Fee
Taika Brand	PAE Room 8	TU/TH 3:00PM-5:30PM	9/19-10/26	\$116 /\$126

Healthcare

Bridge to Healthcare Careers

10-week program for students with interest in healthcare careers who need additional assistance building reading comprehension, test taking skills, digital literacy, and work readiness.

Instructor	Location	Day/Time	Dates	Fee
Virginie Akimana	PAE Room 8	M-F 12:00PM-2:30PM	9/18-12/1	**

Certified Nursing Assistant (CNA)

PAE works with multiple partners to offer CNA courses. Some partners include: Maine Medical Center and Barron Center. Contact the PAE Office for more information.

Instructor	Location	Day/Time	Dates	Fee
Variable	Various		Variable	**

Certified Nursing Technician (CNA) Training

Coming this January: Certification course to become a CNA- includes classroom and clinical training and preparation for the state certification exam. Contact the PAE Office for more information (207-874-8155).

Instructor	Location	Day/Time	Dates	Fee
Joanna Clymer				**

CNA for Multilingual Learners Program

Certification course to become a CNA for English Language Learners. Course includes Medical Terminology class, English and academic support.

Instructor	Location	Day/Time	Dates	Fee
Multiple	PAE Room 10	M-F 9:00AM-11:30AM	9/19-2/15	\$875 /\$885

Health Office Patient Services Certificate

The Healthcare Office and Patient Service Certificate (HOPS) certificate is a combination of 11 classes that provides the foundational knowledge to become a Patient Service Representative as well as other medical office positions. The updated program will include an expedited pathway to be a Medical Office Apprentice at either Northern Light Mercy Hospital or MaineHealth after successfully completing 50% of the program. The Apprentices will work and earn money while continuing to finish their certificate at PAE..

Instructor	Location	Day/Time	Dates	Fee
Multiple	PAE/Remote		Self-Paced	**

Visit portlandadulted.org to view full descriptions and register!

Healthcare *(continued)*

Electronic Health Records

This course will cover core competencies of organizational and technical aspects of medical computer software records used in a healthcare facility. Topics to include: legal and practical aspects of privacy, confidentiality, health care directives and insurance; medical record content and format; acquisition and maintenance of health information; processes for collecting, analyzing, interpreting and presenting data related to health care services all done with EHR computer software. **Book Fee: \$108**

Instructor	Location	Day/Time	Dates	Fee
Joanna Clymer	PAE Room 9	TU/TH 3:00PM-5:30PM	10/31-12/14	\$116/\$126

Medical Assistant: Pre-Apprenticeship Program

This 10-week program focuses on English reading comprehension, test taking skills, medical terminology, and basic math skills to help people prepare for entering a Medical Assistant Certification program. After successful completion of the pre-apprenticeship, students can apply for the Northern Light Medical Assistant Apprenticeship where they are paid to work while learning and gaining experience.

Instructor	Location	Day/Time	Dates	Fee
Multiple	PAE Room 9	M-TH 9:00AM-11:30PM	9/18-12/14	**

Medical Terminology

In this course, students learn how medical terms are analyzed and built, how to pronounce and spell terms, how to apply medical terms as they relate to basic anatomy and physiology, and common diseases of each bodily system. No prior knowledge of biology required. **Book Fee: \$50**

Instructor	Location	Day/Time	Dates	Fee
Joanna Clymer	PAE Room 9	M/W 9:00AM-11:30PM	9/18-10/25	\$116/\$126
Joanna Clymer	PAE Room 7	M/W 6:00PM-8:30PM	9/18-10/25	\$116/\$126

Additional Workforce Courses

Education Academy: Classroom Management

Educational technicians and pre-service teachers develop strategies for classroom management practices across school settings. Course includes an introduction to Positive Behavior Intervention and Supports (PBIS), restorative practices, and responsive classrooms. This course is part of the Education Academy Certificate Program. For information, or the application, please contact: Bridget Kahn, kahnbn@portlandschools.org

Instructor	Location	Day/Time	Dates	Fee
Carla Reyes-Peraza	Remote	M/W 6:00PM-8:30PM	9/18-12/13	\$225/\$235

Education Academy: Becoming a Maine Educator

This course is designed for internationally trained educators. It will cover topics including: laws that make public school free and accessible to all; the role of parents and families; special education; discipline norms and best practices; the different roles of Education Technicians; Maine Department of Education teacher and Ed Technician certification requirements and applying for positions in schools. Lessons will incorporate guest speakers, presentations, classroom discussions, and writing. This course is part of the Education Academy Certificate program. Students must be able to meet state requirements for Education Technician 3 authorization.

Instructor	Location	Day/Time	Dates	Fee
Taika Brand	Remote	M/W 6:00PM-8:30PM	9/18-12/13	\$225/\$235

***Please contact the office to apply and for tuition and scholarship information.*

Education Academy: Teaching that Promotes Student Learning

This is a project-based class taught using Google Meet and Google Classroom. Your final project is to write a lesson plan, and teach twenty-minutes of your lesson plan to our class. Your lesson plan will:

- Promote Student Engagement
- Promote Inclusivity
- Promote Outcomes-Based Learning
- Use Differentiated Instruction
- Use Social & Emotional Learning
- Demonstrate Backwards Design

Readings, discussions, weekly journal reflections, and peer-teaching will be used to assess your learning.

Instructor	Location	Day/Time	Dates	Fee
TBD	Remote	TU/TH 6:00PM-8:30PM	9/19-12/14	\$225/\$235

Commercial Driver's License (CDL) Class B Permit Prep Program

The purpose of the course is to prepare ELL students for the Knowledge portion of the CDL license (permit exam). Students will be using the State of Maine Bureau of Motor Vehicle handbook and online resources to prepare for the multiple choice exam.

Instructor	Location	Day/Time	Dates	Fee
Multiple	PAE/Remote	T/TH/F 9:00AM-11:30AM	9/19-12/15	\$345/\$355

Join the Healthcare Field!

Complete your first step toward becoming a:

- » **Certified Nursing Assistant**
- » **Medical Assistant**
- » **Patient Service Representative**
- » **...and more!**

Our advising team can also help you:

- » **Start a career in healthcare**
- » **Advance in your career if you are a health professional trained in your home country**
- » **Receive support for obtaining your licensing and studying for entrance exams**

Review our course offerings on pages 19-20, or **call us at (207) 874-8155** for more info.

"We are very lucky at PAE to have such a wide range of offerings and partnerships with several local employers, to set students up for direct pathways into in-demand careers in our community."

- Michelle Davenport, Workforce Program Navigator



New Mainers Resource Center



Photo by [Molly Haley Photography](#)

The New Mainers Resource Center is designed to help new Mainers enter the U.S. workforce.

The New Mainers Resource Center (NMRC) is a Portland Adult Education program serving immigrants, refugees, and employers in the Greater Portland area. We work with foreign-trained professionals who have a bachelor's degree or above from their home country.

Services include:

- » **Career guidance** and case management
- » Development and implementation of **individualized professional career or educational plans**
- » Assistance with the credential review process and **Maine licensing requirements**
- » Employer connections and **professional networking**
- » **Job search skills**
- » Workforce training classes and workshops
- » Coordination with other service, training and educational programs
- » Help locating **training programs and resources**
- » **Online computer tutorials**

NMRC provides assistance with credential evaluations and professional licensing.

Learn more at nmrcmaine.org or contact:

nmrc@portlandschools.org | (207) 874-8155

We're now on Instagram!



Follow us
@portlandadulted

Friends of Portland Adult Education

The mission of Friends of Portland Adult Education

(FPAE) is to **find innovative ways to help adult learners reach their educational and employment goals.** We are extremely grateful to the individuals, corporations, private foundations, volunteers, and partners that have made these projects possible:



- » **Improved student intake process** to reduce the waiting list
- » Established a **Tuition Assistance Program**
- » Supported highly skilled immigrants to **prepare for their careers in Maine**
- » Secured funding for **technology upgrades for teachers and classrooms**
- » Supported **The Street Academy's work with homeless youth**

Friends of Portland Adult Education is a 501(c)(3) organization that supports the efforts of Portland Adult Education.

To donate, please visit our website at www.friendsofpae.org or contact Rob Wood by email at friendsofpae@gmail.com.

PAE Registration Form

Mail or fax completed registration form to:

Portland Adult Education

14 Locust Street, Portland, ME 04101

Phone: (207) 874-8155 Fax: (207) 773-0151

STUDENT INFORMATION

Name: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Other Phone: _____ Birth Date: _____

Email Address: _____ ☐ Male ☐ Female ☐ Non-Binary

COURSE INFORMATION

Course Name	Date/Time	Fee

PAYMENT METHOD

TOTAL: _____

☐ Check (payable to PAE) ☐ MasterCard ☐ Visa

Card #: _____ Expiration Date: _____

Cardholder Signature: _____

Visit portlandadulted.org to view full descriptions and register!

Locations

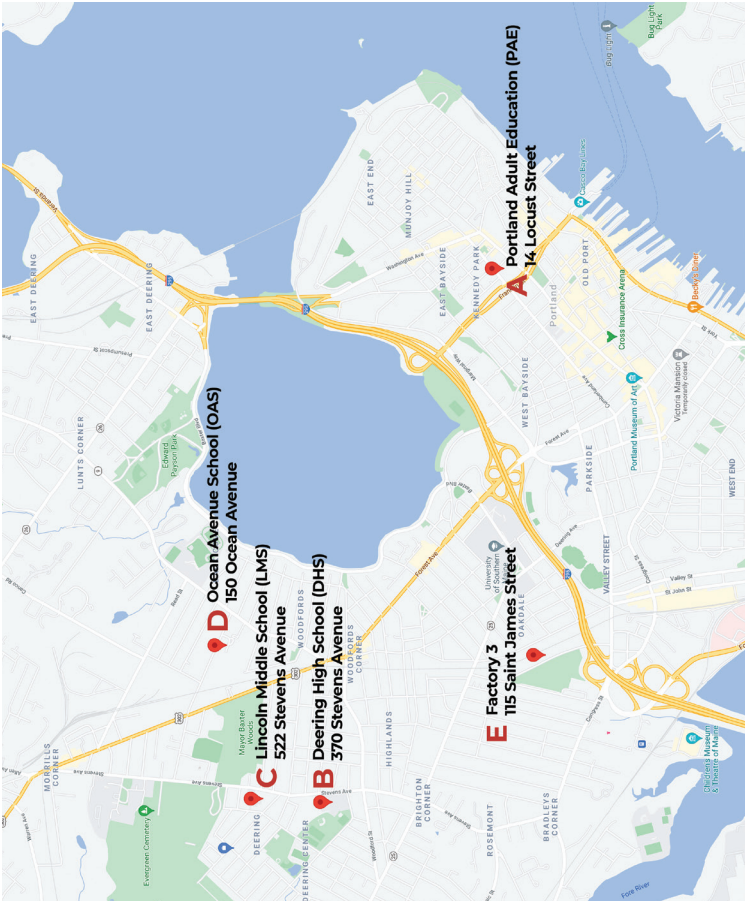
Classes will be offered in-person, remote, or both. **Use the map below** to find the in-person location of your class.

- A.** Portland Adult Education (**PAE**)
Cathedral School, 14 Locust St.
- B.** Deering High School (**DHS**)
370 Stevens Avenue
- C.** Lincoln Middle School (**LMS**)
522 Stevens Avenue
- D.** Ocean Avenue School (**OAS**)
150 Ocean Avenue
- E.** **Factory 3**
105 St. James Street



Find full class descriptions
and more information
about PAE by scanning the
QR code or visiting
www.portlandadulted.org

Portland Adult Education
A Division of Portland Public Schools
14 Locust Street
Portland, ME 04101



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