

Electronic Resource:

www.teenhealthandwellness.com

Username and password information for all electronic resources were given out the first week of school. If you need another copy of this, contact Ms. Byrne: pbyrne@rhcsd.org

BIOGRAPHRAPHY

Chaz Bono—Bio BONO

A biography of celebrity Chaz Bono, focusing on his struggle to come to terms with his sexual orientation and gender identity and his role as an advocate for LGBTQ rights.

Laverne Cox—Bio COX

A biography of actress Laverne Cox focusing on her struggle to come to terms with her gender identity, her work as an activist, and her success as the first openly transgender actor nominated for an Emmy award

Ellen Degeneres—BIO DEG

Looks at the life and career of gay television personality and comedian, Ellen DeGeneres.

Caitlyn Jenner — BIO JEN

A biography of athlete and television personality Caitlyn Jenner, focusing on her struggle to come to terms with her gender identity and her role as an advocate for transgender individuals.

Being Jazz: My Life as a (Transgender) Teen— BIO JEN

An autobiography of Jazz Jennings in which she shares her experiences of transitioning from male to female and becoming an advocate for transgender youth.

Rachel Maddow-BIO MAD

Looks at the life and career of gay political commentator and television and radio personality, Rachel Maddow.

NONFICTION BOOKS

***LGBTQ+ athletes claim the field: Striving for Equality* by Kristin Cronn-Mills - Call Number 796.06 CRO**

Presents a history of the long struggles of LGBTQ+ athletes to gain acceptance, describing some of the famous athletes from the past who were unable to reveal their gender and how social practices have changed and benefited current LGBTQ+ athletes

***Gay & Lesbian History for Kids: The Century-Long Struggle for LGBT rights with 21 Activities* by Jerome Pohlen - Call Number 323.3 POH**

Presents personal stories and first-hand accounts of the struggle for civil rights in the LGBT community. Includes twenty-one activities, such as poetry writing and monologue performance.

***Gay Rights Movement* by Eric Braun- Call Number 323 BRA**

Describes the key people and events that have paved the way for the modern gay rights movement and how members from the LGBTQ+ community have joined the cause to advocate for equal rights.

***LGBTQ+ athletes claim the field: striving for equality* - by Kristin Cronn-Mills
Call Number 796.06 CRO**

Presents a history of the long struggles of LGBTQ+ athletes to gain acceptance, describing some of the famous athletes from the past who were unable to reveal their gender and how social practices have changed and benefited current LGBTQ+ athletes

***My Shot: Balancing it all and Standing Tall* by Ella Della Donne - Call Number 706.32 DEL**

The professional basketball player and 2016 Olympic gold medalist shares her inspirational story of overcoming the challenges of competitive sports through balancing hard work and the support of family.

***Pride: The Story of Harvey Milk and the Rainbow Flag*- Call Number 979.4 SAN**

Traces the history of the Gay Pride Flag, from its beginnings with social activist Harvey Milk and designer Gilbert Baker to its spanning of the globe and its role in today's world."

***Queer There and Everywhere- 23 People Who Changed the World* by Sarah Prager
Call Number 306.76 PRA**

Looks at twenty-three individuals who were either lesbian, gay, bisexual or transgender who fought, created and loved on their own terms.

FICTION BOOKS:

***Simon vs the Homo Sapiens Agenda* by Becky Abertalli FIC ABE**

Sixteen-year-old Simon is not open about being gay. He is blackmailed into being a “wingman” for one of his classmates after the classmate discovers his secret.

***Drum Roll Please* by Lisa Jenn Bigelow Call Number FIC BIG**

Summer brings a lot of big changes for Melly, her parents split up, her best friend ditches her, and Melly finds herself unexpectedly falling for another girl at music camp. To top it all off, Melly's not sure she has what it takes to be a real rock n' roll drummer. Will she be able to make music from all the noise in her heart?

***One Man Guy* by Michael Barakiva Call Number Paperback Rectangle B**

When Alek's high-achieving, Armenian-American parents send him to summer school, he thinks his summer is ruined. But then he meets Ethan, who opens his world in a series of truly unexpected ways"--Provided by publisher.

***Ivy Aberdeen's Letter to the World* by Blake Call Number FIC BLA**

Twelve-year-old Ivy Aberdeen's house is destroyed in a tornado. In the aftermath of the storm, Her mom seems to forget she exists as she is busy with the twins. Until their house is rebuilt, Ivy is going to stay with another family. However, Ivy begins to develop feelings for another girl at school. Then her personal notebook and sketchbook go missing. Could things get worse?

***The Pants Project* by Cat Clarke Call Number FIC CLA**

Eleven-year-old Liv fights to change the middle school dress code requiring girls to wear a skirt and, along the way, finds the courage to tell his moms he is meant to be a boy.

***Ashes to Ashville* by Sarah Dooley Call Number FIC DOO**

Twelve-year-old Fella is swept away on a wild road trip by her older sister Zany to fulfil their late mother's dying wish.

***Better Nate Than Ever Book 1* by Tim Federle - Call Number FIC FED**

An eighth grader who dreams of performing in a Broadway musical concocts a plan to run away to New York and audition for the role of Elliot in the musical version of "E.T."

***Five, Six, Seven, Nate Book 2* by Tim Federle - Call Number FIC FED**

Now on Broadway as a second understudy for E.T., Nate Foster keeps in close contact with his best friend, Libby, as he faces his Nemesis, Jordan Rylance, and his own insecurities, as the cast member with the least training and experience.

***Symptoms of Being Human* by Jeff Garvin - Call Number FIC GAR**

A gender-fluid teenager who struggles with identity creates a blog on the topic that goes viral and faces ridicule at the hands of fellow students"--Provided by publisher.

***Lily and Dunkin* by Donna Gephart - Call Number FIC GEP**

McGrother, born Timothy McGrother, is a girl. But being a girl is not so easy when you look like a boy. Especially when you are in the eighth-grade. Norbert Dorfman, nicknamed Dunkin Dorfman, is bipolar and has just moved from the New Jersey town he's called home for the past thirteen years. This would be hard enough, but the fact that he is also hiding from a painful secret makes it even worse. One summer morning, Lily Jo McGrother meets Dunkin Dorfman, and their lives forever change.

***George* by Alex Gino - Call Number FIC GIN**

When people look at George, they think they see a boy. However, she knows she's not a boy. She knows she's a girl. George thinks she will have to keep this secret forever. Then her teacher announces that their class play is going to be *Charlotte's Web*. George really, really, REALLY wants to play Charlotte. The teacher says she can't even try out for the part, because she's a boy. With the help of her best friend, Kelly, George comes up with a plan. Not just so she can be Charlotte—but so everyone can know who she is, once and for all.

***Rick*, by Alex Gino- Call Number FIC GIN**

Eleven-year-old Rick Ramsey has generally gone along with everybody, just not making waves, even though he is increasingly uncomfortable with his father's jokes about girls, and his best friend's explicit talk about sex; but now in middle school he discovers the Rainbow Spectrum club, where kids of many genders and identities can express themselves--and maybe among them he can find new friends and discover his own identity, which may just be to opt out of sex altogether.

***The Other Boy* by Hennessey - Call Number: FIC HEN**

Twelve-year-old Shane Woods is just a regular boy. He loves pitching for his baseball team, working on his graphic novel, and hanging out with his friends. But Shane is keeping a big secret. Something that he is afraid could make a big difference with some of his friends. Shane's world crashes around him when a classmate threatens to reveal that secret. Can Shane ignore the hate and show the world that he's still the same boy he was before?

***The Misfits* by James Howe Call Number FIC HOW**

Four students who do not fit in at their small-town middle school decide to create a third party for the student council elections to represent all students who have ever been called names

***Totally Joe* by James Howe - Call Number: FIC HOW**

As a school assignment, a thirteen-year-old boy writes an alphabiography--life from A to Z--and explores issues of friendship, family, school, and the challenges of being a gay teenager.

***Whispers* by Howard Call Number FIC HOW**

Eleven-year-old Riley believes in the whispers, magical fairies that will grant you wishes if you leave them tributes. Riley wishes bullies at school would stop picking on him, and that Dylan, his 8th grade crush, liked him. But most of all, Riley wishes for his mom to come back home. She disappeared a few months ago, and Riley is determined to crack the case. He even meets with a detective, Frank, to go over his witness statement time and time again.

***My Most Excellent Year: A novel of love, Mary Poppins and Fenway Park* by Steve Kluger
Call Number: FIC KLU**

Three Boston teens, about to become seniors, learn important lessons about friendship, love, family, and themselves as they work to complete an English assignment on their "most excellent year."

***See You at Harry's* by Johanna Knowles - Call Number FIC KNO**

Twelve-year-old Fern feels invisible in her family, where grumpy eighteen-year-old Sarah is working at the family restaurant, fourteen-year-old Holden is struggling with school bullies and his emerging homosexuality, and adorable, three-year-old Charlie is always the center of attention, and when tragedy strikes, the fragile bond holding the family together is stretched almost to the breaking point.

***Openly Straight* by Bill Koningsburg - Call Number FIC KON**

Tired of being known as "the gay kid", Rafe Goldberg decides to assume a new persona when he comes east and enters an elite Massachusetts prep school--but trying to deny his identity has both complications and unexpected consequences.

***Backstagers and the Ghost Light* by Andy Mientus - Call Number FIC MIE**

When Jory transfers to St. Genesius Prep, he joins the stage crew and discovers the magic that happens backstage but when some cast members play with a Spirit board, the ghost light goes out and strange things begin to happen.

***Marco Impossible* by Hanna Moskowitz – Call Number Paperback Rectangle M**

Two best friends and junior high students attempt to break into the high school prom so that one of them can confess his love for the adorable bass player of the prom band"--
Provided by publisher.

***Kissing Kate* by Lauren Myracle – Call Number - FIC MYR**

Sixteen-year-old Lissa's relationship with her best friend changes after they kiss at a party and Lissa does not know what to do, until she gets help from an unexpected new friend.

***October Mourning: A Song for Matthew Shepard* by Leslea Newman**

Call Number FIC NEW

Relates, from various points of view, events from the night of October 6, 1998, when twenty-one-year-old Matthew Shepard, a gay college student, was lured out of a Wyoming bar, savagely beaten, tied to a fence, and left to die.

***The Best Man* by Richard Peck - Call Number FIC PEC**

Archer has four important role models in his life--his dad, his grandfather, his uncle Paul, and his favorite teacher, Mr. McLeod. When Uncle Paul and Mr. McLeod get married, Archer's sixth-grade year becomes one he'll never forget.

***Between Mom and Jo* By Julie Anne Peters - Call Number FIC PET**

Fourteen-year-old Nick and his two mothers face prejudice, work problems, alcoholism, cancer, and finally separation

***Gracefully Grayson* by Ami Polonski - Call Number Paperback Triangle P and FIC POL**

Grayson, a transgender twelve-year-old, learns to accept her true identity and share it with the world.

***And Tango Makes Three* by Justin Richardson - Call Number FIC RIC**

At New York City's Central Park Zoo, two male penguins fall in love and start a family by taking turns sitting on an abandoned egg until it hatches. Based on a true story

***Carry On: The Rise and Fall of Simon Snow* by Rainbow Rowell – Call Number FIC ROW**

Simon Snow is the worst Chosen One ever! At least, that is what his roommate, Baz, says. Simon can rarely make his wand work properly and he often accidentally sets things on fire. To make matters worse for Simon, his girlfriend has just broken up with him; his mentor has been avoiding him. Also, there is a magic-eating creature that looks like Simon running around scaring people. Simon is wondering why his evil roommate hasn't returned to school to make fun of him about all of these disasters. Where has Baz gone?

***Aristotle and Dante Discover the Secrets of the Universe* by Benjamin Saenz**

Call Number FIC SAE

Fifteen-year-old Ari Mendoza is an angry loner with a brother in prison, but when he meets Dante and they become friends, Ari starts to ask questions about himself, his parents, and his family that he has never asked before.

***The Inexplicable Logic of My Life* by Benjamin Saenz - Call Number FIC SAE**

The story is set in an American town near the border with Mexico. It features a teenage boy who has suffered the loss of his mother. At fifteen, he is now questioning everything in his life.

***So Hard to Say* by Alex Sanchez - Call Number FIC SAN**

Thirteen-year-old Xio, a Mexican American girl, and Frederick, who has just moved to California from Wisconsin, quickly become close friends, but when Xio starts thinking of Frederick as her boyfriend, he must confront his feelings of confusion and face the fear that he might be gay.

***They Both Die at the End* by Adam Silvera – Call Number FIC Sil**

Mateo Torrez and Rufus Emeterio have just been notified by the government alert system that today is their End Day, the day they will die. They have decided to live their last day to the fullest, and they have met up using the Last Friend App. Together they are now faced with overcoming fears and living a lifetime in just a few short hours.

***Saving Montgomery Sole* by Mariko Tamaki- Call Number FIC TAM**

An outcast teen girl explores the mysteries of friendship, family, faith, and phenomena, including the greatest mystery of all—herself.

***Parrotfish* by Ellen Wittlinger - Call Number FIC WIT**

Grady, a transgendered high school student yearns for acceptance by his classmates and family as he struggles to adjust to his new identity as a male.

***Putting Makeup on the Fatboy* by Bil Wright - Call Number FIC WRI**

Sixteen-year-old Carlos Duarte is on the verge of realizing his dream of becoming a famous make-up artist, but first he must face his jealous boss at a Macy's cosmetics counter, his sister's abusive boyfriend, and his crush on a punk-rocker classmate.

GRAPHIC NOVELS:

***A Quick and Easy Guide to They/Them Pronouns* by Archie Bongiovanni and Tristan Jimerson Graphic Novel 741.5 BON**

Archie, a snarky genderqueer artist, is tired of people not understanding gender neutral pronouns. Tristan, a cisgender dude, is looking for an easy way to introduce gender neutral pronouns to his increasingly diverse workplace. The longtime best friends team up in this short and fun comic guide that explains what pronouns are, why they matter, and how to use them. They also include what to do if you make a mistake, and some tips-and-tricks for those who identify outside of the binary to keep themselves safe in this binary-centric world. A quick and easy resource for people who use they/them pronouns, and people who want to learn more!

***The Witchboy* By Molly Ostertag**

In thirteen-year-old Aster's family, all the girls are raised to be witches, while the boys grow up to be shapeshifters. Anyone who dares cross those lines is exiled. Unfortunately for Aster, he still hasn't shifted. He's still fascinated by witchery, no matter how forbidden it might be. When a mysterious danger threatens the other boys, Aster knows he can help, as a witch. It will take the encouragement of a new friend, the non-magical and nonconforming Charlie, to convince Aster to try to practice his skills. And it will require even more courage to save his family and truly be himself.

The Midwinter Witch by Molly Ostertag

Aster always looks forward to the Midwinter Festival, a reunion of the entire Vanissen family that includes competitions in witchery and shapeshifting. This year, he's especially excited to compete in the annual Jolrun tournament--as a witch. He's determined to show everyone that he's proud of who he is and what he's learned, but he knows it won't be easy to defy traditions. Ariel has darker things on her mind than the festival--like the mysterious witch who's been visiting her dreams, claiming to know the truth about Ariel's past. She appreciates everything the Vanissens have done for her. But Ariel still craves a place where she truly belongs. The festival is a whirlwind of excitement and activity, but for Aster and Ariel nothing goes according to plan. When a powerful and sinister force invades the reunion, threatening to destroy everything the young witches have fought for, can they find the courage to fight it together? Or will dark magic tear them apart?

***The Hidden Witch* by Molly Ostertag**

When Aster's non-magical friend finds herself the target of a curse, Aster and his unconventional talent for witchery must find the source of the curse before more people get hurt.

Lumberjanes by Stevenson (series) Graphic Novels 741.5-Graphic novel series

Nimona by Stevenson Graphic Novel 741.5 STE

Lord Ballister Blackheart seeks to bring down the Institution of Law Enforcement and Heroics with the aid of his new shapeshifting sidekick Nimona.

Drama by Raina Telemeter GRAPHIC NOVELS 741.5 TEL

Callie is in for an emotional roller coaster as she serves on the stage crew for a middle school production of Moon over Mississippi.

***Spinning* by Tillie Walden GRAPHIC NOVELS 741.5 WAL**

NEW!!

Learning to find her voice and follow her own path is very difficult for Tillie. The teen girl has been almost living for skating competitions her entire life and now she is trying to determine who she really is and what she really wants for herself and her life.

***The Prince and the dressmaker* by Jenn Wang GRAPHIC NOVELS 741.5 WAN NEW!!**

Prince Sebastian is looking for a bride--or rather, his parents are looking for one for him. Sebastian is too busy hiding his secret life from everyone. At night he puts on daring dresses and takes Paris by storm as the fabulous Lady Crystallia--the hottest fashion icon in the world capital of fashion!