



**MISSOURI RIVER
VALLEY CONFERENCE**

MRVC EAST

**CARROLLTON
HIGGINSVILLE
HOLDEN
KNOB KNOSTER
LEXINGTON
RICHMOND**

MRVC WEST

**EXCELSIOR SPRINGS
GRAIN VALLEY
HARRISONVILLE
OAK GROVE
ODESSA
PLEASANT HILL**

ACTIVITIES DEPARTMENT

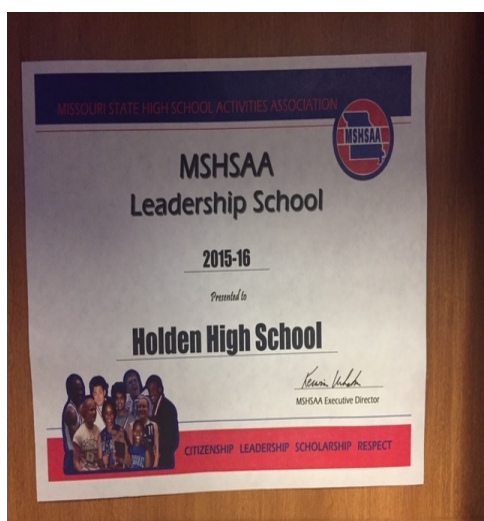
The Holden R-III School District activities programs are a significant part of the total educational experience available to students. These programs enhance learning in the school and contribute to a positive school climate. Participation in extracurricular activities is strongly encouraged because students learn teamwork, develop physically and emotionally, develop a sense of belonging and enhance their self-image.

Participation in activities is a privilege and differs from a student's right to a general high school education. Rules and regulations governing each of the various athletic programs have been established to ensure fairness to all students and to guarantee that the school image resulting from the students who represent their school is a positive one.

The ultimate purpose of extra-curricular activities is to provide a maximum number of students an opportunity to grow as young adults within the structure and framework of organized and disciplined programs. Extra-curricular activities offer a positive and meaningful experience that will enhance the growth and development of all young men and women who participate. The Holden R-III School District is committed to the belief that participation in interscholastic activities is a PRIVILEGE, not a right.

It is our philosophy to take the best student participants and represent Holden Schools to the highest degree. Successful programs are a by-product of commitment, fundamental skills, preparation, training and strength of character. We will strive for success and to win by developing these traits.

5-STAR LEADERSHIP SCHOOLS



Holden High School has been recognized as a 5-star leadership school for the 2011-2012, 2012-2013, 2013-2014, and 2014-2015 school years from the Missouri State High School Activities Association (MSHSAA) and the National Association of Intercollegiate Athletics Champions of Character Program.

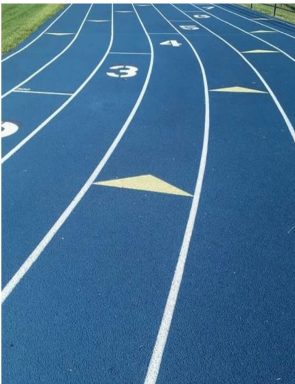
The program has been developed to recognize schools that are actively engaged in developing sportsmanship, character, and citizenship among its student-athletes, coaches, parents, and fans.

Holden High School is one of only 20 high schools in Missouri (approximately 2.6%) that have been recognized as a 5-star leadership school.



PHILOSOPHY

The District Wellness Program recognizes the relationship between student well-being and student achievement as well as the importance of a comprehensive District Wellness Program. The Wellness Committee will develop a wellness program and provide developmentally appropriate and sequential nutrition and physical education as well as opportunities for physical activity. The wellness program will be implemented in a multidisciplinary fashion and will be evidence based.



Wellness Committee Members

Joe Parkhurst, Activities Director

Lisa Baker, Communications Coordinator

Ann Miller, District Accountant

Kristie Daniels, School Nurse

Dale Wescott, Physical Education Teacher

Matt Habermehl, Physical Education Teacher

Christie Mounce, Parent Member

Baseball



Head Coach – David Riley
Assistant Coaches – Charlie Castle,
Anthony Taylor

Number of Participants: HS - 41
Overall Record HS – 15-10
MRVC Record HS - 6-4
JV Record: 11-2
C Team: 5-3

MRVC-East All Conference

1st team

Peyton Seiz
Nathan Hedglin

2nd team

Rylie Rokusek
Clayton Bryant

Honorable Mention

Bill Faust III

Academic All Conference

Clayton Bryant
Bill Faust III
Trever Wamsley
Ozzie Bockover

Missouri Class 3 District 14 All District

Nathan Hedglin
Dylan Kilgore
Peyton Seiz

Played in the District championship game!

Missouri High School Baseball Coaches

Association Academic All State

Bill Faust III
Clayton Bryant

MHSBCA Academic All State Team Award

Made state top 10 list in Class 3 with a
3.15team GPA.

Transportation Cost – \$ 1,790.46
Coaching Salary Cost – \$ 13,213
Equipment Cost – \$ 3, 100
Total Cost of Program - \$ 18,103.46

Track

2016 State Qualifiers: Girls 4x800, Camille Gudde, Kindle Jones, Valorie Slack and Alice Evans, got 10th

Girls 4x200, Kelsie Oswald, Lilly Spring, Maggie Klover and Peyton Corrigan, got 7th

Girls 300 Hurdles, Lilly Spring got 5th

Boys Shot Put, Isaac Hill got 2nd

Boys Discus, Isaac Hill got 5th

Head Coach: Spencer Gudde

Assistant Coaches: Mike Hedrick, Katie Watterson, Dale Wescott, Andrew Wakeman, and

Academic All Conference

Matthew Barker
Griffin Keller
Bailee Bryant
Alice Evans
Grace Fitzferel
Camille Gudde
Kinadie Jones
Kelsie Oswald
Lilly Spring
Delaney VanBlaricon
Lucee Keller
Valorie Slack
Mary-Kate Stehwien

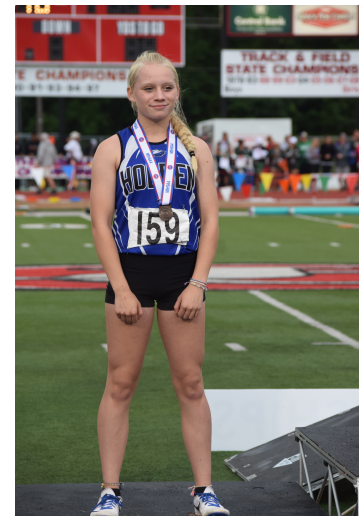


Transportation Cost –
\$ 3,772.54

Coaching Salary Cost –
\$ 21,584

Equipment Cost –
\$ 3, 500

Total Cost of Program –
\$ 28,856.54



Year in Review & Looking to next year

Hosted Special Olympics
18% overall Growth in MS programs
Hosted District Softball
Homecoming Parade
Homecoming Pep Rally
61 Academic All Conference Members!!

Next Year
Hosting District Track
Hosting District Baseball

