

# Mt. Vernon High School

**Brooke Tharp**  
Principal

*Engage, Educate and Empower Today's Students*

**Stan Wilkison**  
Assistant Principal

**Anita Glaze**  
Assistant Principal



**Kacie Grimm**  
Director of Counseling

## Physical Education I or Physical Education II Credit Waiver

The Indiana State Board of Education has provided flexibility to adapt the high school physical education requirements for students who demonstrate proficiency through other means.

### **PROGRAM AND REQUIREMENTS:**

- One (1) PE credit will be given for a complete season of:
  - o Any MVHS sponsored IHSAA sanctioned sport
  - o Competition Cheerleading
  - o Marching Band
  - o Dance Team

All of these activities are within the framework of lifetime physical activities and fitness.

- Students can earn one (1) credit in PE I **or** one (1) credit in PE II for any of the above activities.
- Retroactive credits will not be awarded. It is the responsibility of the student to get the form completed and turned in after completing the activity.
- A complete season is defined as: **first practice to final event**. The student must remain on the active roster the entire season or the duration of the activity.
- Disciplinary suspensions from the team or activity may result in forfeiture of credit as determined by the coach, director, or sponsor.
- A minimum of seventy-five (75) hours of moderate to intense physical activity in your sport or activity is required.
- At the conclusion of the season or activity, the coach, director, or sponsor will validate completion on the waiver form.
- The form must be completed and turned into the guidance office within 2 weeks of the end of the activity or deadline established by the high school administration.
- A grade of A will be granted to all students who meet the requirements for the alternative credit unless an adjustment is made by the physical education teacher in consultation with the coach, director, or sponsor.

### **THINGS YOU MUST DO:**

- ✓ The PE Waiver Form must be completed by the student and the coach, director, or sponsor at the completion of the activity.
- ✓ The student must turn the PE Waiver Form into the counseling center within 2 weeks of the completion of the activity.

## PE Waiver Completion Form

*"Defending the Shield Daily"*

8112 N 200 W Fortville, Indiana 46040

Telephone 317/485-3131 Fax 317/485-3154

