## Mt. Vernon High School

**Brooke Tharp** 

Engage, Educate and Empower Today's Students

Stan Wilkison

**Assistant Principal** 

Anita Glaze

Principal

Assistant Principal



Kacie Grimm

Director of Counseling

### Physical Education I or Physical Education II Credit Waiver

The Indiana State Board of Education has provided flexibility to adapt the high school physical education requirements for students who demonstrate proficiency through other means.

#### PROGRAM AND REQUIREMENTS:

- One (1) PE credit will be given for a complete season of:
  - o Any MVHS sponsored IHSAA sanctioned sport
  - o Competition Cheerleading
  - o Marching Band
  - o Dance Team

All of these activities are within the framework of lifetime physical activities and fitness.

- Students can earn one (1) credit in PE I or one (1) credit in PE II for any of the above activities.
- Retroactive credits will not be awarded. It is the responsibility of the student to get the form completed and turned in after completing the activity.
- A complete season is defined as: first practice to final event. The student must remain on the active roster the entire season or the duration of the activity.
- Disciplinary suspensions from the team or activity may result in forfeiture of credit as determined by the coach, director, or sponsor.
- A minimum of seventy-five (75) hours of moderate to intense physical activity in your sport or activity is required.
- At the conclusion of the season or activity, the coach, director, or sponsor will validate completion on the waiver form.
- The form must be completed and turned into the guidance office within 2 weeks of the end of the activity or deadline established by the high school administration.
- A grade of A will be granted to all students who meet the requirements for the alternative credit unless an adjustment is made by the physical education teacher in consultation with the coach, director, or sponsor.

#### THINGS YOU MUST DO:

- ✓ The PE Waiver Form must be completed by the student and the coach, director, or sponsor at the completion of the activity.
- ✓ The student must turn the PE Waiver Form into the counseling center within 2 weeks of the completion of the activity.

## **PE Waiver Completion Form**

# Mt. Vernon High School

Brooke Tharp Principal	Engage, Educa	ate and Empo	tudents	Stan Wilkison Assistant Principal	
Anita Glaze Assistant Principal					Kacie Grimm  Director of Counseling
This form must be signed by the of the season. It must be returnended.				_	nd by the student at the end eks after the season has
Name		Grade	<u>.</u>	ID#	
This student has earned one (1) following approved extra-currie		ne) PE I	PE II	by particiţ	pating in one of the
Fall Semester		Win	ter/Spring Se	emester	
Cross Country Cheerleading (Competer Football Golf (Girls) Marching Band Soccer Tennis (Boys) Volleyball  This PE credit was earned during	,		Baseball Basketball Dance Team Golf (Boys) Softball Swimming & Tennis (Girls Track & Field Wrestling	) d	·
This student met the requirement.  1. Completing and active the sport or activity.  2. Having no discipling	tively participating in checked above for a	moderate to in minimum of 7:	tense physical a 5 hours , and	·	ntire season for
Coach/Sponsor Signature	Date	Student Si	gnature		Date
I grant the credit for Physical E	ducation I or Physical	Education II a	s indicated in th	e above descr	iption.
Physical Education Teacher	Date				
For Counseling Center On Date Completion Form Rec	•	By:_			
Credit Earned: Yes Date Credit Placed on Trans	No	 Bv:		171111111111111111111111111111111111111	