

YOUTH OPIOID AWARENESS CHECKLIST

KNOW THE FACTS

7.2% of high school seniors report having misused prescription opioids

Centers for Disease Control & Prevention

In 2015, over **70%** of adolescent overdose deaths involved opioids

Department of Health & Human Services

90% of adults with substance use disorders began using before age 18

Partnership to End Addiction.gov

SIGNS OF SUBSTANCE MISUSE

Changes in behavior, sudden lack of hygiene, changes in mood, appetite, sleep, relationships, and rapid weight loss

Indiana Department of Health

Changes in grades, skipping classes and school, loss of interest in normal activities that used to bring joy

Indiana Department of Health

Missing money and possessions, loose change with powder on it, and empty ziploc baggies

Indiana Department of Health

COMMON HIDING PLACES FOR OPIOIDS

Battery compartments of electronic devices such as:

Alarm clocks

Graphing calculators

Gaming consoles

Get Smart About Drugs.gov

Inside highlighter caps

Inside shoes

In candy wrappers/containers

Get Smart About Drugs.gov

Behind posters in room

Inside heating vents

Get Smart About Drugs.gov

Inside the seams of stuffed animals

Inside car compartments

Get Smart About Drugs.gov

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KNOW THE RISK FACTORS

Family History of Substance Use

Association with peers who use

Centers for Disease Control & Prevention

Presence of mental illness

Childhood abuse and trauma

Failure in school

Youth.gov

Family rejection of sexual orientation or identity

Disconnection from school/community

Youth.gov

KNOW THE PROTECTIVE FACTORS

Parent or family engagement

Family support and Structure

Healthy parental monitoring

Centers for Disease Control & Prevention

Emotional regulation skills

Good peer relationships

High self-esteem

Good coping skills

Youth.gov

Community and social engagement

Positive norms

Setting clear expectations

Physical and mental safety

Youth.gov

RESOURCES FOR PARENTS AND THEIR TEENS

Visit:

**hendrickshealth
partnership.org/resources
to view local substance
use/addiction, mental
health, and behavioral
health resources.**

**Free 24/7 Opioid Overdose
Reversal Medication (Naloxone) Boxes**

Brownsburg Public Library

450 S Jefferson St, Brownsburg, 46112

Box Location: East Entrance, right-hand side

Journey Church of Avon

5250 E US Hwy 36 #430, Avon, 46123

Box Location: Main entrance, left-hand side

Family Promise Hendricks County

238 N Vine St, Plainfield, 46168

Box Location: Main Entrance, left-hand side

**Prescription Medicine Safe
Disposal Box Locations**

Plainfield Police Department

Avon Police Department

Brownsburg Police Department

Hendricks County Sheriff's Department

Hendricks Regional Health YMCA
(301 N. Satori Parkway, Avon, 46123)

Sources:

- www.getsmartaboutdrugs.gov/content/hiding-places
- <https://youth.gov/youth-topics/risk-and-protective-factors>
- nida.nih.gov/sites/default/files/opioid_factsforparents.pdf
- www.cdc.gov/mmwr/volumes/69/su/su6901a5.htm
- www.cdc.gov/healthyyouth/substance-use/index.htm

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