



August 2023 *Live Interactive Workshops* - Register Today!

WED 8/2 12 PM ET (Toddlers & Preschoolers) [Emotion Coaching for Young Children: Decrease Conflict and Strengthen Connection.](#) Family conflict decreases with strong emotional intelligence and it impacts all of your child's future relationships. The earlier you start the better so join us to learn how to strengthen your young child's emotional intelligence.

WED 8/9 8 PM ET (Essentials) [Navigate Change: Support Your Child Through Transitions.](#) Adjusting to a new school, new friends, new childcare, new family structure through divorce or other family changes can be both positive and daunting at the same time. Join us to discuss supporting kids to cope with changes like these and others.

TUE 8/15 12 PM ET (Back to School Discussion) [Back to School Anxiety: Let's Talk About You.](#) The transition back to school is good news for some families and a challenge for others. The more relaxed routines of summer will be behind us and the demands of school days arrive. Let's talk.

WED 8/16 12 PM ET (Pre-Natal Infant) [Welcome Baby: Create a Secure, Trusting Connection.](#) Babies are born ready to interact and rely on parents, yet many parents feel unprepared to care for a baby. How do you know when your baby is ready to eat, play, sleep? How do you ensure that you and your baby have a secure attachment?

WED 8/16 8 PM ET (Back to School) [Get the Most from Your Child's IEP Meeting: Prepare, Advocate and Find Support.](#) If your child has been referred for a special education evaluation or is already eligible for special education services, back to school means special education team meetings. Many parents find these gatherings stressful, confusing, and sometimes overwhelming. Gain tips on how to prepare, advocate for your child, and support the plan.

TUE 8/22 8 PM ET (Back to School - School Age) [Back to School Success: Inspire Motivation.](#) Does your child seem unmotivated, stressed, or just bored when it comes to school? Are you tired of being the "homework police?" Learn ways to support your child's learning and motivation.

WED 8/23 12 PM ET (Essentials) [Who owns the problem? Hint, it's not you. How to teach problem-solving and resilience.](#) When you recognize who "owns" a problem, you can determine who is responsible for solving it. Once you know which problems are yours to solve and which problems are your child's responsibility to solve, life gets a lot easier and you are on your way to raising a problem solver.

MON 8/28 8 PM ET (Back to School Q&A) [Let's Talk Tips and Tools for a Smooth Transition.](#) Do you get stressed anticipating how your child(ren) will make the transition? Worried about school performance? Dreading that homework police job you fall into? Bring your questions and get practical strategies to start the school year with curiosity and optimism.

Find more proven, parenting support in our [Solutions Libraries](#)