


# NOVEMBER | 2023



## Mini Marauder Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Mac and Cheese Baked Beans Fresh Fruit White Milk	<b>31</b> Quesadilla Broccoli Fresh Fruit White Milk	<b>1</b> Pizza Slices Green Beans Fresh Fruit White Milk	<b>2</b> French Toast and Sausage Patty Sweet Potato Wedges Fresh Fruit White Milk	<b>3</b> Chicken Poppers Mashed Potatoes Fresh Fruit White Milk
<b>6</b> Mini Corn Dogs Baked Beans Fresh Fruit White Milk	<b>7</b> Lunch Kit Cucumbers Fresh Fruit White Milk	<b>8</b> Rotini and Meat Sauce Broccoli Fresh Fruit White Milk	<b>9</b> Hamburger Corn Fresh Fruit White Milk	<b>10</b> Mozzarella Sticks with Marinara Sauce Mini Peppers Fresh Fruit White Milk
<b>13</b> Chicken Sandwich Tater Tots Fresh Fruit White Milk	<b>14</b> Soft Taco Refried Beans Fresh Fruit White Milk	<b>15</b> Protein Power Broccoli Fresh Fruit White Milk	<b>16</b> Alfredo Pasta Green Beans Fresh Fruit White Milk	<b>17</b> Holiday Meal! 
<b>20</b> Teriyaki Dippers with Dinner Roll Broccoli Fresh Fruit White Milk	<b>21</b> Calzone Assorted Vegetables Fresh Fruit White Milk	<h3>Thanksgiving Break</h3>		

### Build a Meal

Each student's meal will contain the following components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk

Protein Power: Yogurt, String Cheese, Grain

Lunch Kit Choices: Pizza or Turkey, Cheese and Crackers

### Meal Prices:

Breakfast: \$2.25  
 Lunch: \$3.50  
 Adult: \$4.80  
 Extra Milk: \$0.50