

# AUGUST | 2023

## Mini Marauder Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				4	Pizza Slice Celery Fresh Fruit White Milk
7	Mini Corn Dogs Baked Beans Fresh Fruit White Milk	8	Lunch Kit Cucumbers Fresh Fruit White Milk	9	Rotini and Meat Sauce Broccoli Fresh Fruit White Milk
10	Hamburger Corn Fresh Fruit White Milk	11	Mozzarella Sticks with Marinara Sauce Carrots Fresh Fruit White Milk	12	
14	Chicken Sandwich Tater Tots Fresh Fruit White Milk	15	Soft Taco Refried Beans Fresh Fruit White Milk	16	Protein Power Broccoli Fresh Fruit White Milk
17	Alfredo Pasta Green Beans Fresh Fruit White Milk	18	Calzone Carrots Fresh Fruit White Milk	19	
21	Teriyaki Dippers with Dinner Roll Broccoli Fresh Fruit White Milk	22	Beef and Cheese Dip with Tortilla Chips Refried Beans Fresh Fruit White Milk	23	Chicken and Waffles Strawberry Sauce Cherry Tomatoes Fresh Fruit White Milk
24	Chicken Nuggets Smiley Potatoes Fresh Fruit White Milk	25	Bosco Sticks with Marinara Sauce Snap Peas Fresh Fruit White Milk	26	
28	Mac and Cheese Baked Beans Fresh Fruit White Milk	29	Quesadilla Broccoli Fresh Fruit White Milk	30	Pizza Slices Green Beans Fresh Fruit White Milk
31	French Toast and Sausage Patty Sweet Potato Wedges Fresh Fruit White Milk	1	Chicken Poppers Mashed Potatoes Fresh Fruit White Milk	2	

### **Build a Meal**

Each student's meal will contain the following components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk

Protein Power: Yogurt, String Cheese, Grain

Lunch Kit Choices: Pizza or Turkey, Cheese and Crackers

### **Meal Prices:**

Breakfast: \$2.25  
Lunch: \$3.50  
Adult: \$4.80  
Extra Milk: \$0.50