



2023-2024 DHMS Physical Education Schedule

<u>Dates</u>	<u>6th grade</u>	<u>7th grade</u>	<u>8th grade</u>
8/30 – 8/31	Intro	Intro	Intro
9/5 – 9/20	Softball	Football	Golf
9/21 – 10/9	Football	Soccer	Tennis
10/10 – 10/27	Soccer	Tennis	Football/Soccer
10/30 – 11/14	Swimming	Volleyball	Fit/Aux.
11/15 – 11/30	Swimming	Fitness Room	Volleyball
12/4 – 12/15	Volleyball	Swimming	Health
12/18-12/22	Exploratory Days	Expl Days	Expl Days
1/3 – 1/17	Health	Swimming	Badminton/PP
1/18 – 2/1	Fitness Room	Basketball	Skiing
2/2 – 2/20	Winter Activities	Swimming	Basketball
2/21 – 3/5	Basketball	Skiing	Swimming
3/6 – 3/20	Swimming	Floor Hockey	Fit/Aux
3/21 – 4/10	Swimming	Health	Floor Hockey
4/11 - 4/24	Floor Hockey	Fit/Aux/Games	Swimming
4/25 – 5/13	Tennis/LaX	Softball	Lifetime Act
5/14 – 5/30	Track and Field	Lacrosse	Softball
5/31 – 6/5	Exploratory Days	Expl Days	Expl Days

