Perkiomen School July 2023

HOLLENBACH HEADLINES

Monthly Athletic NewsLetter



Boys Lacrosse finished strong in the 2023 season.

Coach Spotlight: Terry Mangan

Elevating Boys Lacrosse at Perkiomen School

As Terry Mangan wraps up his second year as an assistant boys' lacrosse coach and Associate Director of Admissions and Financial Aid, he reflects on why he loves being a part of the Perkiomen community.

He says that because of its size, Perkiomen is a welcoming environment that offers students and staff a unique opportunity to get to know everyone on campus. It also fosters an environment where students and faculty are free to be who they are.

Mangan's coaching philosophy is to help athletes improve their game and achieve their goals, and he enjoys watching students and players working hard to do their best. This enables them to have the best experience possible on and off the field, as well as make great friends and memories in the process.

A particular highlight for him during the current lacrosse

season included the team's hard-fought win over Westtown. He says, "the game was a barn burner to the end and it was a game not many picked us to win. Our team played with toughness and resilience, and we had so many guys do things to contribute to the victory. I always like winning big games on the road because I love a fun bus ride home!"

Mangan played goalie at Roanoke College and went on to become head coach at Lafayette College for 10 seasons, where he was named Patriot League Coach of the year. He also coached at the University of Massachusetts, Hobart College, and the University of Pennsylvania. Prior to joining the staff at Perkiomen, he served as an assistant coach at St. John's University in New York. In addition to his coaching tenures, Mangan was the head coach of the North team at the 2011 North-South game.



Kara Dellinger

Letter from the Athletic Director: Mike Kruger

Although summer on campus at Perkiomen is quieter than the school year, there's always something happening in Hollenbach. We have students on campus working with Coach Bixler in the weight room, and students in the gym practicing basketball, volleyball, and using the baseball batting cages. It's exciting to see our studentathletes preparing for their upcoming seasons, while our **Athletic Department staff** work on behind-the-scenes details that will make the year run smoothly. If you're going to be on campus, please let us know - we always love connecting with our alumni and families!

News



Academic All Americans

Two Perkiomen School Student-Athletes were named to the NHSCA Academic All-American list. The National **High School Coaches** Association honors student athletes from across the nation for their academic and athletic achievements. Each student selected to the list must carry a 3.6 GPA on a 4.0 GPA scale as well as have significant athletic achievement during the year. This year, only 1,036 student-athletes were chosen to be honored across the entire country.

The two students selected from Perkiomen School were Bobby Rosenberger '23 (St. Francis University: basketball), Gavin Arcuri '23 (Vassar College: lacrosse). The two members of the class of 2023 that were chosen will all go on to continue their athletic careers in college in their respective sports. Congratulations to these student-athletes!

FOLLOW US:

Twitter:
@PerkAthletics
Instagram:
@perkathletics



Student Spotlight: Brenden McLeod



Finding Balance as a Student-Athlete

As Brenden McLeod, a senior from New Market, Ontario, Canada, prepares for his senior year at Perkiomen, there is a lot he is grateful for. An accomplished lacrosse player, Brenden plays on a Canadian club team Evolve Elite during the summer. They travel throughout the US, playing competitive matches and gaining critical exposure for the recruiting process. During the academic year, Brenden not only plays for the Panthers, but also strengthens his skills playing midfield on HHH, a Philadelphia club team.

McLeod, who is committed to play lacrosse at Lindenwood University, speaks highly of Coach Kruger and Coach Mangan. "They have been so helpful in connecting me to college coaches in the lacrosse world. And, I've become a much better player because of them. I have a stick in my hand, improving everyday. I wouldn't be the player I am without Coach Kruger and Coach Mangan."

Brenden also speaks highly of the team culture created by the coaches. He values knowing that the coaches pick the team up if they are having a down day, and always make sure the team is on the same page.

When he's not on the lacrosse field or in the weight room, McLeod is busy in the Innovation Center. As a part of the Entrepreneur Institute, he's learned a lot about how to run a business. At Perkiomen, Brenden has found the balance of being a true student athlete. He knows that in order to stay on top of his schoolwork, it's important to use morning conference time to work on homework or meet with teachers to go over questions. Brenden shares, "At Perk, someone is always willing to help you - you just need to advocate for yourself. That's how I do well in the classroom and on the field."

We can't wait to see Brenden in the classroom and on the field at Perk this year. Let's go Panthers!

