Perkiomen School June 2023

HOLLENBACH HEADLINES

Monthly Athletic NewsLetter



Letter from the Athletic Director: Mike Kruger

Welcome to our first edition of the Hollenbach Headlines, named after our very own Hollenbach Athletic Center, the hub for all things athletics at Perkiomen! This monthly newsletter will keep you up-to-date on all the exciting things that are happening in Perkiomen Athletics.

In my first year as Athletic Director, our teams, coaches, and fans have demonstrated why this is such an energizing time in Perkiomen history. Perk played in 15 championships at either the league or state level and won 8. We had 17 athletes sign college letters of intent, hosted a national level basketball tournament for the first time, and opened the HAC Shack - a concession stand in Hollenbach Athletic Center encouraging all of our fans to stay longer to watch games and raise the level of energy in the stands. And, building on the tremendous work of Ken Baker over his long career, we have enhanced the Athletic Department in service of our student athletes. Justine Segear will remain an Assistant Athletic Director, Kyle Bixler '00, P '25, '27, '29 joined us as our first full time Director of Strength and Conditioning last fall, and Kerrie Kosakowski will move from a teacher into a role as an Assistant Athletic Director on July 1 while continuing to serve as Head Coach of girls basketball.

Our student athletes have continued to lift up Perkiomen with our sportsmanship, integrity, and work ethic on the fields and courts. We had more teams play sponsored games this year to support community service or national causes than in the past. Perk hosted meets and tournaments throughout the year with class, and I truly believe that this group of student athletes has elevated the standard and quality of athletics at Perkiomen.

As our program grows and we enhance our facilities, we will raise Perkiomen's reputation as a stellar place for student-athletes to develop and compete at a high level. Our Athletic Department and coaches will continue to provide the best experience possible for each of our student athletes, fostering an environment that emphasizes hard work and character development, promotes teamwork and sportsmanship, and allows students to risk becoming their best.

I hope you're as excited as I am about the future of Perkiomen athletics.

Panthers Take the Next Step to College Athletics

- Cheyenne McCloud Soccer -St. Joseph's University
- Thomas Haugh Basketball -University of Florida
- Bobby Rosenberger Basketball
 St. Francis
- Bella Baringer Lacrosse -Flagler College
 Barana Baran
- Isaac Pena Baseball -St. Thomas Aquinas
- Shane Baird Baseball Widener University
- Christian Vanelli Baseball -Lebanon Valley College
- Chris Catania Baseball Penn State Harrisburg
- Will Brown Lacrosse Queens University of Charlotte
- Jon-Luke Duley Lacrosse High Point University
- Tyler Merchant Lacrosse Catholic University
- Toren Choudri Baseball -Lafayette College
- Juan Sanchez Baseball -Neumann University
- Brigid Scanlon Basketball -St. Francis
- Mia Stock Basketball Bloomsburg University
 Patrick Downes Basketball -
- Gavin Arcuri Lacrosse Vassar College

Ursinus College



Signing Day Celebrations

Perkiomen School Student Athletes take the next step to play college athletics.



Recaps

- Girls XC wins the Penn-Jersey Championship
- Boys Soccer claims the Commonwealth Cup Championship
- Girls Tennis claimed the Penn-Jersey Championship
- Volleyball takes first in the Independent Volleyball league
- Softball claimed the Penn-Jersey Championship
- Boys Tennis won the Penn-Jersey Champonship
- Golf claimed the Penn-Jersey Championship
- Prep Boys B-Ball won the Great Atlantic League Championship
- National B-Ball claimed their first ever PAISAA Championship
- Girls B-Ball won their first ever PAISAA game
- Baseball advanced to the PAISAA State Championship game



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Coach Spotlight: Kerrie Kosakowski



Kara Dellinger P '23, '25 Taking Girls Basetball to the Next Level

Having just finished her second year as girls basketball coach and U.S. History teacher at Perkiomen School, Kerrie Kosakowski is looking forward to moving into her new role as Assistant Athletic Director. Although teaching was a new experience that pushed her beyond her comfort zone, she feels that being in a classroom enabled her to get to know students outside athletics by allowing her to build a relationship with them on a new level.

She observes that our school's tight-knit community is special because each faculty and staff member knows what is going on with just about every student. That familiarity fosters an environment where students can feel comfortable and confident to be willing to tackle challenges, just as she did by taking on a new role as teacher.

Finding confidence to take chances plays perfectly into Kosakowski's coaching philosophy, which is to teach students and athletes that it is okay to be uncomfortable on the court.

"Not only do I want my players to know their Perkiomen experience

is bigger than basketball, I want them to learn they are stronger than they think. The growth and self-awareness that they gain prepares them for the next-level," says Kosakowski.

Getting to that next level is how Perkiomen's girls basketball team won their first game in the PAISAA state tournament. That winning moment remains to be her favorite since she has been coaching here. "Being a part of that win, doing it for the first time in Perkiomen's history, and sharing it with the players was great," says Kosakowski. "So much hard work goes into the season, and I push the girls when they make mistakes, yet there is so much joy when it goes right."

Kosakowski loves basketball and felt fortunate to play while she attended Ramapo College in New Jersey, where she served as team captain for her junior and senior years. Prior to joining Perkiomen she served as assistant coach at Widener University and Williams College, whose team earned a spot at the Sweet 16, before the tournament was cancelled due to the pandemic.