

# 2023-2024 ATHLETIC DIRECTOR UPDATE



# CCP AGENDA

- UIL Info.
- Legislative Council Update
- Areas of Focus
- Beginning of the Year
- Eligibility
- Contest Rules/Regs
- Camps/Offseason



# UIL Athletic Staff



Director of Athletics  
Ray Zepeda



Assistant AD  
Joseph Garmon



Assistant AD  
AJ Martinez



Assistant AD  
Grace McDowell



# Athletic Staff Responsibilities

## Joseph Garmon

Team  
Tennis

Cross  
Country

Basketball

Soccer

Spring  
Tennis

Track &  
Field

## AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

## Grace McDowell

Volleyball

Spirit

Swim &  
Dive

Basketball

Softball







# 2023-2024 UIL LEGISLATIVE COUNCIL UPDATE



# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.



# What's New For 2023-24...

- **6th Grade Participation** – Pilot program that allows 1A and 2A schools to use sixth graders to field as many as two (2) teams under this rule. This change allows schools, who qualify to use sixth graders based on participation levels already prescribed in the rule to field two teams. Be aware of first day participation levels prescribed for the allowance of sixth graders. **If you are at or above those standards, you cannot use 6th graders.** Also, once a school qualifies to use sixth graders under this rule, it would qualify to use sixth graders for any activities that follow on the calendar.
- **Baseball Post Season** – Pilot for post season in Conference 5A and 6A requiring a two-out-of-three series unless both schools agree to a single game. Applies to all post-season rounds prior to the state tournament.
- **Golf** – Allows the head golf coach and the assistant golf coach to actively coach during the course of play for all tournaments including district, regional, and state competition.
- **Junior High** – Amendment to junior high track meet start times that allows for two of the allowable six junior high meets to start no earlier than 2:00p.m.
- **Soccer** – Allows for 2A schools who sign up for participation in soccer to be placed in a 4A district for competition.





# What's New For 2023-24...

- **Flat Fee Schedule and Travel Reimbursement** – Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)
  - **Soccer Officials Fee Adjustment Coming This Week**
- **Waiver Fee**– No fee for waivers this year!
- **Basketball Playoff Required Fee**- 16% fee not being paid to the UIL-Forms will be updated (Football Playoff Fee Still a Requirement)
- **Heat Illness Guidance**-New heat illness prevention recommendations approved by Medical Advisory Committee. Recommended use of WBGT in your heat plans. Sent to schools late June.
- **HB 3308**-Parents now have the ability to hold their students back in grades 1-8 without impacting 4 year HS eligibility.
  - Will count as being retained-Ineligible the first six weeks of the school year.
  - Still must comply with age and all other UIL eligibility requirements



# 23-24 UIL Staff Study Items

From June 2023 Legislative Council

**Standing Committee On Athletics approved the following proposal in Concept for Approval in October**

- A proposal to allow coaches to coach their athletes in an All-Star game

**Standing Committee On Athletics Authorized the Staff to Study the Following Proposals**

- A proposal to extend the December game limitation rule to Thanksgiving break
- A proposal to increase the number of athletes from regional to state from two to three in Spring Tennis
- A proposal to add boys volleyball as a UIL sanctioned activity

**Standing Committee On Athletics Authorized the Staff to Continue to Monitor the Following Proposals**

- A proposal to allow 1A schools to participate in additional tournaments in exchange for individual games
- A proposal to allow the district champion home field advantage in the first round of soccer playoffs



# 2023-2024 AREAS OF FOCUS



# AREAS OF FOCUS (UIL STAFF)

## Collaboration, Communication & Consistency

- Regular communication and collaboration with coaching associations & coaches
- Be consistent within our communication (Coaches will get the same answer regardless of which UIL staff member they call)
- Clearly communicate processes, rules, and areas of needed attention

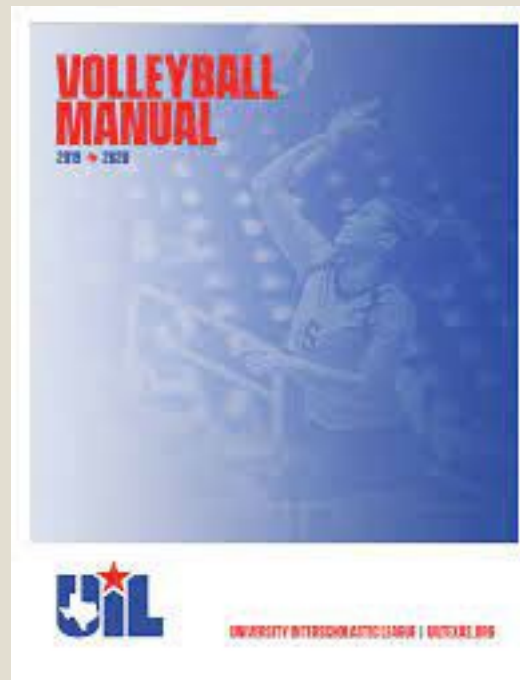
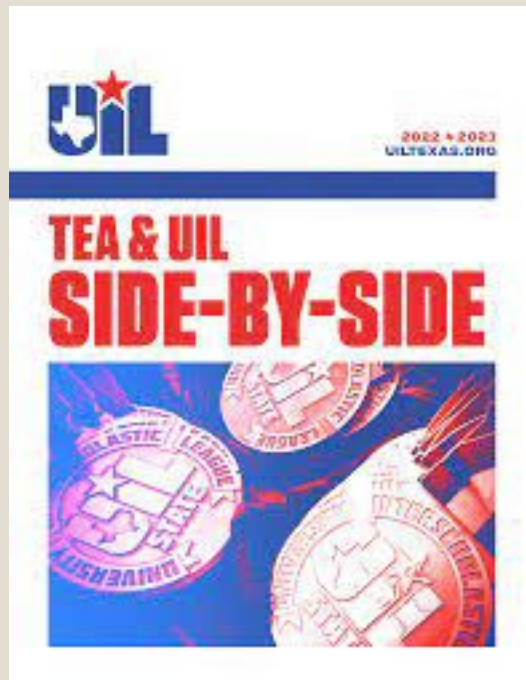
***\*If we are not meeting your needs, call us on it. We want to hear from you and support you in the best way that we can.***



# AREAS OF FOCUS (COACHES)

## 1. Increase Understanding of and Compliance to UIL Rules and Procedures

- Read UIL/TEA Side-by-Side prior to your sports season (All coaches)
- Read Sports Manual
- Utilization of checklists
- Removal of situational ethics-Hold yourself/your organization to the HIGHEST OF STANDARDS



UIL Coaches' Checklist Volleyball 2023-24		
CHECKLIST	REFERENCE LINK	COMPLETION DATE
✓ PRE-SEASON		
Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
Review Volleyball Manual	<a href="#">Volleyball Manual</a>	Prior to 1 <sup>st</sup> Practice
Update Coach's Name in MaxPreps	<a href="#">MaxPreps</a>	Beginning of school year
UIL yearly coaching requirements (CCP & TEC) (manual, p. 11)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
Student participation required forms. Keep on file (manual, p. 13)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
Varsity participation required forms. Keep on file (manual, p. 13)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
Review rules regarding eligibility for athletic contests (manual, p. 12)	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
Review Volleyball Plan (manual, p. 9-10)	<a href="#">Volleyball Plan</a>	Prior to 1 <sup>st</sup> Practice
Review UIL rule changes (manual, p. 6-7)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
Review NFHS rule change (manual, p. 8)	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
Complete PAF's and file with UIL Office • Apply/Complete any necessary Waivers and file with UIL	<a href="#">PAF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
Submit Varsity Team Eligibility Form to District Chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
Practice begins		July 31
Scrimmages allowed		August 4
Matches allowed - 3 matches (or dual matches) allowed in calendar week; only 1 match during school week, 2nd and 3rd played outside the school week, Friday and Saturday		August 7
Matches (or dual matches) allowed - 2 matches / calendar week; 1 match during school week		August 21
Update schedule and record on MaxPreps	<a href="#">MaxPreps</a>	Ongoing
✓ POST-SEASON		
Print and review Post Season Handbook	<a href="#">Post Season Handbook</a>	
District Certification by District Chair	<a href="#">Certification Instructions</a>	October 28
Advancing team's coach must report scores on MaxPreps	<a href="#">MaxPreps</a>	





# AREAS OF FOCUS (COACHES)

## 2. Focus on preseason & in-season eligibility processes

- 2 coaches verify all eligibility processes
- PAPF's **first year** of attendance- **ALL NEW STUDENTS NOT IN FEEDER PATTERN**
- Factually & fully complete the PAPF when sending school
- Thoroughly verifying residence & contact previous school
  - Home Visit
  - Utility Bills
- Appropriate use of automatic bypass (Must do due diligence)
- DEC Appropriate Utilization

**III. LAST SCHOOL OF PARTICIPATION CERTIFICATION AND RELEASE:** Section III must be completed for any new student in grades 9-12 who has ever participated in baseball, basketball, cross country, football, golf, soccer, softball, swimming and diving, team tennis, tennis, track and field, volleyball or wrestling in grades 8-12 at another school in the United States or Mexico before they are eligible to participate at the varsity level at the new school. Please check the appropriate responses below. **If any of questions 1-5 are marked 'Yes', a full meeting of the District Executive Committee (DEC) would be required only if requested by a member of the committee in the new district. If question 6 is marked 'Yes', a full hearing of the DEC is required in the new district.**

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
1. Was there any conflict or dissatisfaction between the student, his/her parents, and the athletic/academic supervisors at the school?	
<input type="checkbox"/>	<input type="checkbox"/>
2. Was this student recruited to attend another school or was any undue influence exerted upon this student or family to change schools?	
<input type="checkbox"/>	<input type="checkbox"/>
3. Did this student quit an athletic activity or program while enrolled in your school? <b>If yes, attach explanation to DEC.</b>	
<input type="checkbox"/>	<input type="checkbox"/>
4. Was this student ever suspended or removed from your school athletic program? <b>If yes, attach explanation to DEC.</b>	
<input type="checkbox"/>	<input type="checkbox"/>
5. Would the student be prohibited from participation in athletics had they not changed schools? <b>If yes, attach explanation to DEC.</b>	
<input type="checkbox"/>	<input type="checkbox"/>
6. Based on your knowledge of the student and their circumstances, is this student changing schools for athletic purposes? <b>If yes, attach explanation to DEC.</b>	

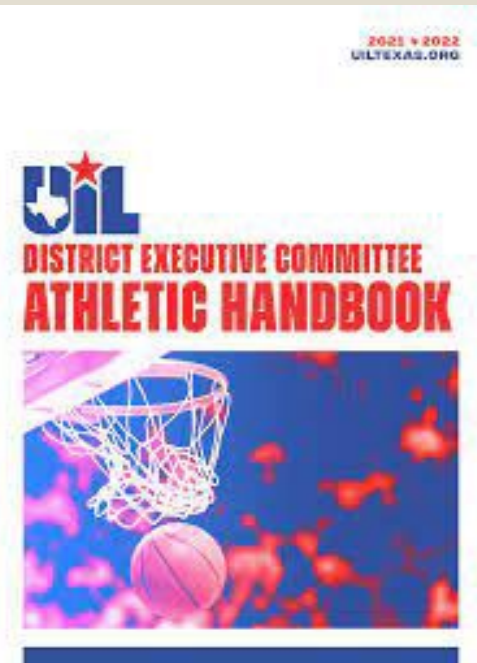
Print Name of Former superintendent or designated administrator \_\_\_\_\_

Print Name of Former principal or coach \_\_\_\_\_

\*Signature of Former superintendent or designated administrator **(\* two signatures required)** \_\_\_\_\_ AND \*Signature of Former principal or coach \_\_\_\_\_

Date Signed \_\_\_\_\_

Last School of Participation: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_



# AREAS OF FOCUS (COACHES)

## 3. Sportsmanship

- **Starts with the COACH**
  - Power of personal example
  - Athletes and Spectators will take their lead.
  - Have a plan and be strategic in coaching good sportsmanship
    - Student-Athletes
    - Parents
  - Have a plan for adverse situations/Drill the plan
- **Athletes**
  - Appropriate sportsmanship is a requirement.
  - Instill a respect for game officials and opponents
- **Spectators/Parents**
  - Cannot selectively ignore issues with spectators/parents.
  - Requires effective game administrators.





# SPORTSMANSHIP

3199 Player Ejections in 22-23

**\*50% increase last 5 years**

291 Official initiated fan ejections

**\*45% increase last 5 years**

210 Coaches Ejections 22-23

**\*40% increase last 5 years**

Soccer 1179 player ejections

Football 1057 player ejections

Baseball 335 player ejections (163)

**\*TASO reports that they are losing 20% of new officials after their first year of work.\***





**POSITIVE OUTCOMES  
REQUIRE  
POSITIVE  
ATMOSPHERES!**



# How will we support you?

- **CCP-Deep Dive**
  - (How can we train coaches in a more effective manner?)
- **Ongoing Coaches Education**-What would effective ongoing training and info. look like? Ideas?
- **Game Administrator Training**
  - (Possible Accessible Training Module-Aktivate)
- **PAPF-DEC-Portal Training**
  - (THSADA Regional Meeting Opportunities)
- **Communication with Official's Associations**





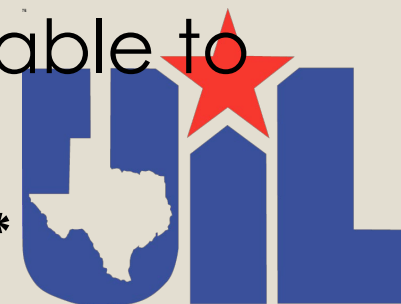
# **2023-2024 BEGINNING OF THE YEAR PROCEDURES & REMINDERS**



# 2023-2024 REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **TASO-3X** Rule, Game Administrator/Coach not involved in a game 1X
- **Lone official pay-1.5x** pay
- **Live streaming** - During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.

***\*\*Further details may be found on the UIL Athletic Homepage\*\****



# COACHES EDUCATION AND TRAINING: REQUIREMENTS

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - **Football Coaches ONLY** – **ATAVUS Best Practices in Tackling certification 1.0 & 2.0**
  - **First Year Coaches ONLY** - **Fundamentals of Coaching in Texas** (C&CR 1202 (L))
  - **Safety/Risk Minimization for Cheerleading Coaches** – local district determines the provider for training, and training must be completed prior to any student contact



# COACHES EDUCATION AND TRAINING: REQUIREMENTS-STATE LAW

- **CPR and First Aid Training** – must have a current certification filed with the district
- **AED Training** – must have a current certification filed with the district
- **Safety Training** – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- **Concussion Training** – training must be completed annually (2 hours every other year/1 hour annually)
- **Key ?-Are your coaches truly prepared to respond appropriately when needed?**
- **HBO Real Sports Episode Sudden Cardiac Arrest**



# STUDENT PARTICIPATION: REQUIRED FORMS

- Pre-Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form





# 2023-2024 Eligibility Reminders



# ELIGIBILITY: **VARSITY ATHLETICS**

## **Meets all requirements of Section 400 & 403**

- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form (If necessary)





## **ELIGIBILITY:** 1<sup>st</sup> Six Weeks Of School Year

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



# ELIGIBILITY: **PAPF** (Previous Athletic Participation Form)

- Required for **ALL NEW** students in grades 9-12 who have:
  - practiced or participated with a former school in grades 8-12 in any UIL athletic activity. If new but did not participate, page 1 only.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Submitted to the UIL office.

**\*\*A PAPF does not have to be 'filed' in the UIL office before a student can participate, it only needs approval from the DEC.\*\***



# ELIGIBILITY: **Sub-varsity & Junior High**

An individual is eligible to participate if they are...

## **Sub-Varsity Eligibility**

- Full time student
- Academically eligible

## **Junior High Eligibility**

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition





# 2023-2024 Contest Rules/Regulations



# CONTEST REGULATIONS

- High School – one contest per *school week*:
  - See specific sport for calendar week limits.
  - Per activity - per student
- Junior High – one contest per *calendar week*:
  - See specific sport for week limits

## DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- Calendar Week: 12:01 am Sunday to Midnight Saturday
- School Week: 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week



# RESCHEDULING GAMES **DUE TO WEATHER**

- **District varsity contests** postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams **may not** play postponed matches / games as an exception to the school week.



# GAMES RESCHEDULING: **EXAMPLE**

- Next available date (that another district game is not scheduled)
  - Game scheduled for Friday, postponed due to icy roads
    - Next available date is Saturday
    - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
  - If weather still exists on Saturday, can push to Monday...district administration determines this.



# GENERAL REGULATIONS

## JUNIOR HIGH / MIDDLE SCHOOL

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants. **(Exception: Amendment to junior high track meet start times that allows for two of the allowable six junior high meets to start no earlier than 2:00p.m.)**
- **ONE** contest in a calendar week, can also play a tournament in same calendar week.
- **Length of Season**: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- **No Post-District Competition**: There shall be no post-playoffs or competition in any athletic event.



# 2023-2024 **PLAYER EJECTIONS**

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
  - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
  - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
- Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
- Any player ejected from a contest is subject to an automatic penalty as described above. Player ejections **cannot** be overturned by a game official and/or chapter. If a coach has a question following a contest with a player ejection, the coach should contact UIL.



# 2023-2024 Camps/Offseason





# 2023-2024 SCHOOL SPONSORED CAMPS

**School Year Limitations:** For students in *grades six and below*: two camps are allowed, per sport, during the school year.

**Summer Limitations:** For all students with the exception of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)



# Team Sports

## PRACTICE REGULATIONS OFF-SEASON

### School is In-Session

- **Strength & Conditioning Instruction** – teams in the off-season are allowed one hour of strength & conditioning instruction outside of the school day.
  - Athletes may only attend one, 1-hour session each day, Monday-Friday.
  - No skill instruction or equipment is allowed during this hour of S&C instruction.
- **Skill Instruction** - is only allowed during the athletic period for off-season sports.



# ENJOY THE PROCESS!!



- Days are long, years are short.
- Mack Brown-"Have to have an **EDGE** each day when you wake up!"
- Have a sense of urgency-
  - Limited opportunity to make a difference. Make the most of your opportunity.
- Find enjoyment in the process of improving the situation for your kids, coaches and community!
- **Have a great year! We are here to help!**





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# Athletic Staff Contacts

