2023-2024 Tomball High School Afterschool Meals Menu

Available 2:35 – 3:35 pm

Every Tuesday, Wednesday & Thursday

No Cost to Students!

Tuesday	Wednesday	Thursday
Chili & Cheese Burrito or Cheesy Pull-Aparts or Wowbutter & Jelly Sandwich Scoops Tortilla Chips Vegetable Juice or Fresh Veggie & Ranch Dip Fresh Fruit or Fruit Cup Milk	Chili & Cheese Burrito or Cheesy Pull-Aparts or Wowbutter & Jelly Sandwich Fresh Veggie & Ranch Dip Fresh Fruit or Fruit Cup Cookie Milk	Chili & Cheese Burrito or Cheesy Pull-Aparts or Wowbutter & Jelly Sandwich Scoops Tortilla Chips Fresh Veggie & Ranch Dip Fresh Fruit or Fruit Cup Milk

A minimum of 3 food groups must be selected out of the 5 food groups offered (Grain, Meat, Vegetable, Fruit, Milk)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and through the Federal Relay Service at (800) 877-8339.To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights 400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: Program.lntake@usda.gov This institution is an equal opportunity provider.12/09/2022