

Tomball Independent School District Intermediate Breakfast Menu

AUG

MENU 2023



We are now hiring for kitchen jobs!

- Part-time
 - Medical Benefits
 - Daytime Schedule
 - Holidays off
 - Weekends off
- Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.



Updated 8/1/2023
www.SquareMeals.org

MONDAY

To add money to a student's account:
www.schoolcafe.com

Our unit breakfast consists of 3 or more components, at least one must be a fruit or vegetable

Welcome to the 2023-2024 school year

21 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancakes Fruits & Milk

28 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancakes Fruits & Milk

TUESDAY

Student Breakfast:
\$1.50

Adult Breakfast:
\$3.10

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

15 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

22 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

29 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

WEDNESDAY

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

All breakfast cereals and pastries contain at least 51% whole grain.

16 Beef Kolache or Cereal or Mini Pancakes Fruits & Milk

23 Beef Kolache or Cereal or Mini Pancakes Fruits & Milk

30 Beef Kolache or Cereal or Mini Pancakes Fruits & Milk

THURSDAY

Households must reapply every year to maintain free or reduced price meals if eligible

1% White Milk and Fat-Free Chocolate Milk are offered daily.

17 Chicken & Waffles or Cereal or Mini Waffles Fruits & Milk

24 Chicken & Waffles or Cereal or Mini Waffles Fruits & Milk

31 Chicken & Waffles or Cereal or Mini Waffles Fruits & Milk

FRIDAY

For more information visit our website <https://www.tomballis.d.net/apps/pages/child-nutrition>

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

18 Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

25 Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

Now Hiring! Open Positions:
<https://www.tomballis.d.net/about-tisd/departments/child-nutrition/child-nutrition-jobs>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.

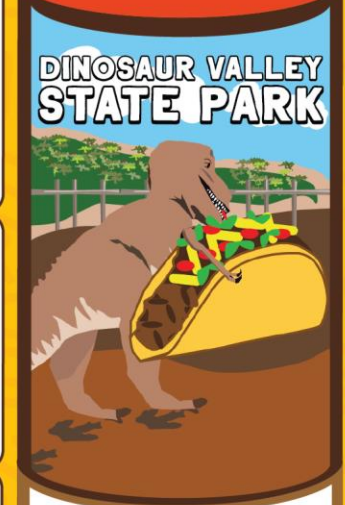


Food and Nutrition Division
National School Lunch Program

Tomball Independent School District Intermediate Lunch Menu

AUG

MENU 2023



Each student is given an ID number badge

- It serves as their meal account
- Required to be used for every food transaction
- Also used when riding the bus!



TOMBALL
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MONDAY

To add money to a student's account:
www.schoolcafe.com

TUESDAY

Student Lunch:
\$2.75

Adult Lunch:
\$4.60

WEDNESDAY

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

THURSDAY

Households must reapply every year to maintain free or reduced price meals if eligible

FRIDAY

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

1% White Milk and Fat-Free Chocolate Milk are offered daily.

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

Welcome to the 2023-2024 school year

15 Taco Tuesday or Enchiladas or Chicken Popper Salad
Vegetables, Fruits
Milk

16 Steak Fingers or Chicken Drumsticks or Chicken Popper Salad
Vegetables, Fruits
Dinner Roll & Milk

17 Pizza Slice or Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

18 Cheeseburger or Chicken Sandwich or Chicken Popper Salad
Vegetables, Fruits
Milk
Frozen Friday Fun Treat!

21 Orange Chicken or Teriyaki Chicken or Chicken Popper Salad
Vegetables, Fruits
Brown Rice & Milk

22 Taco Tuesday or Bean & Cheese Pupusa or Chicken Popper Salad
Vegetables, Fruits
Milk

23 Mac & Cheese or Chicken Nuggets or Chicken Popper Salad
Tomato Soup
Vegetables, Fruits
Milk

24 Pizza Slice or Baja Fish Sticks or Chicken Popper Salad
Vegetables, Fruits
Milk

25 Cheeseburger or Corndog or Chicken Popper Salad
Vegetables, Fruits
Milk
Frozen Friday Fun Treat!

28 Pasta & Meatballs or Cheesy Breadsticks or Chicken Popper Salad
Vegetables, Fruits
Milk

29 Taco Tuesday or Enchiladas or Chicken Popper Salad
Vegetables, Fruits
Milk

30 Steak Fingers or Chicken Drumsticks or Chicken Popper Salad
Vegetables, Fruits
Dinner Roll & Milk

31 Pizza Slice or Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

For more information visit:
<https://www.tomballisid.net/apps/pages/child-nutrition>



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National School Lunch Program



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Welcome to the 2023-2024 school year

21 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

28 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk

TUESDAY

Student Lunch:
\$2.75

Adult Lunch:
\$4.60

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

15 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

22 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

29 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk

WEDNESDAY

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

16 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

23 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

30 Breaded Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk

THURSDAY

Households must reapply every year to maintain free or reduced price meals if eligible

1% White Milk and Fat-Free Chocolate Milk are offered daily.

17 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

24 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

31 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk

FRIDAY

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

18 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

25 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

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