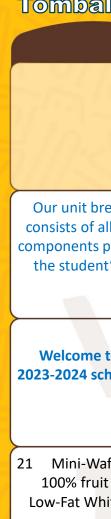
Tomball Independent School District

PreK Breakfast Menu



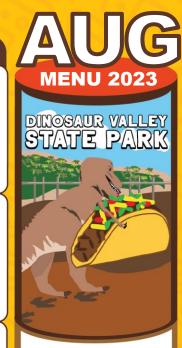
Student Breakfast: \$1.50

Adult Breakfast: \$3.10

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

To add money to a student's account: www.schoolcafe.com



Our unit breakfast consists of all 3 food components placed on the student's tray.

Food Components: Meat/Meat Alternate & Whole Grain, Fruits\Vegetables, Milk

All breakfast cereals and pastries contain at least 51% whole grain.

1% White Milk offered daily.

Menus are Highly Subject to Change due to Ongoing Supply **Chain and Staffing** Issues

Welcome to the 2023-2024 school year 15 Whole Grain Cereal 100% fruit juice Low-Fat White Milk

16 Mini-Pancakes Fresh Fruit Low-Fat White Milk 17 Chicken & Waffle 100% fruit juice Low-Fat White Milk

18 Whole Grain Cereal Chilled Fruit Low-Fat White Milk

Mini-Waffles 100% fruit juice Low-Fat White Milk

22 Whole Grain Cereal 100% fruit juice Low-Fat White Milk

23 Mini-Pancakes Fresh Fruit Low-Fat White Milk 24 Chicken & Waffle 100% fruit juice Low-Fat White Milk 25 Whole Grain Cereal Chilled Fruit Low-Fat White Milk

28 Mini-Waffles 100% fruit juice Low-Fat White Milk 29 Whole Grain Cereal 100% fruit juice Low-Fat White Milk

30 Mini-Pancakes Fresh Fruit Low-Fat White Milk 31 Chicken & Waffle 100% fruit juice Low-Fat White Milk

Now Hiring! Open Positions: https://www.tomballis d.net/abouttisd/departments/child -nutrition/childnutrition-jobs

Each student is given an ID number badge

- It is serves as their meal account
- · Required to be used for every food transaction
- Also used when riding the bus!





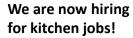




Tomball Independent School District

PreK Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PreK Student Lunch: \$2.50 Adult Lunch: \$4.60	Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com	Households must reapply every year to maintain free or reduced price meals if eligible	To add money to a student's account: www.schoolcafe.com
Our unit lunch consists of all 5 food components placed on the student's tray	Food Components: Meat/Meat Alternate Whole Grain Fruits Vegetables Milk	All 5 food components must be on the tray unless supported by a documented medical or disability need.	All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.	1% White Milk offered daily.
Welcome to the 2023-2024 school year	15 Taco Tuesday	16 Steak Fingers	17 Pizza	18 Chicken Sandwich
	Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits
	Milk	Dinner Roll & Milk	Milk	Milk
21 Teriyaki Chicken	22 Bean & Cheese Pupusa	23 Chicken Nuggets	24 Baja Fish Sticks	25 Cheeseburger
Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits
Brown Rice & Milk	Milk	Breadstick & Milk	Milk	Milk
28 Cheesy Breadsticks	29 Taco Tuesday	30 Steak Fingers	31 Pizza	Now Hiring! Open Positions: https://www.tomballis d.net/about- tisd/departments/child
Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits	Vegetables, Fruits	
Milk	Milk	Dinner Roll & Milk	Milk	



MENU 2023

DINOSAUR VALLEY STATE PARK

- Part-time
- **Medical Benefits**
- Daytime Schedule
- Holidays off
- Weekends off Visit our website for more details!









-nutrition/child-

nutrition-jobs

www.SquareMeals.org