

# Gateways High School



## Curriculum Guide

2023-2024

*Together, we can make a difference!*

# Introduction

Welcome to GHS! We are so happy you have chosen GHS! There are many options to meet graduation requirements so please let us know your needs to find your pathway.

The purpose of this curriculum guide is to provide students and parents with a brief description of all required and elective offerings at Gateways HS. The actual courses scheduled each quarter are dependent on adequate student sign up, facilities, teacher preparation, and other features associated with organizing the educational program; Therefore, every course may not be available every year. Additional information about a specific course may be obtained by contacting our Transition Specialist, Counselor, and/or Administration.

Please use the guide to help you make choices that reflect the future goals and ambitions. Students are encouraged to be informed and make wise decisions and choices about their high school education.

Our Transition Specialist, Dropout Prevention Specialist, and Administrators are available to help plan your high school classes.

**Parents are urged to call our office at (541) 744-8862 for any questions they may have regarding their student's course selections.**

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# Staff Contact Information

Main Office: 541-744-8862

## Administration:

Lesa Haley	Principal
Lynnette Walters	Assistant Principal

## Office and Support Staff:

Jody Barnhart	Office Specialist
Jennifer Casco	Administrative Secretary
TBD	Administrative Secretary
Shannon Biggar	Attendance//Health Aide
Carolina Chavez	Student & Family Resource Coordinator
Dave King	GHS Dean of Students
Manny Chavez	GHS Campus Monitor
Dan Silver	Mental Health Specialist
Gabe Mickola	Counselor /Academic Advisor
TBA	School Psychologist
TBA	Career and College Transition Specialist
Bradley Barnhart	Day Lead Custodian
Ken Boone	Night Custodian
Amy McGinnis	Cafeteria Manager
Brenda Johnson	Cafeteria Asst. Manager

## GHS Teachers:

TBD	Science
Elliott Freeman Fireheart	Math
Fred Merwin	Social Studies/Computers
Lindsay Lander	Arts
Kevin Bragg	Language Arts
TBD	PE/Health
Melinda Brady	Title Support/Child Development/ Math

## SPSOnline Teachers:

Amy Hughes	Science/Math/Health/PE
Stacy Wiedenmann	Language Arts/Social Studies
Sarah Felt	Language Arts/Soc Studies/Electives
Jil Dickison	Language Arts/Social Studies/Spanish
Christine Gentile	Science/Math
Megan Beard	Online Language Arts/Soc. Studies

Alternative Education/Special Education Staff:

Angela Gonzalez	Special Education Case Manager
Rae Hasselbach	Special Education Case Manager
Michael Smith	Intensive Tutoring Program Teacher
Christine Grose	Homebound Teacher
TBD	GED Teacher
Holly Cook	EA/SPED Case Management Ass't.

Child Development Staff:

Jessica Branson  
Kellie Chambers  
Linh Hinton  
Heather Swartley

All staff can be reached via email at <[first name.last name@springfield.k12.or.us](mailto:first name.last name@springfield.k12.or.us)>

# Information

## Academic Counseling:

Staff is available at Brattain Campus to work with students and parents to provide academic, career, and personal guidance. Students are encouraged to meet with appropriate staff to discuss graduation, college and career goals, and to schedule classes. Parents are always welcome to call Brattain Campus with questions. A comprehensive academic plan will be developed for each student.

**Term Schedules:** Gateways High School divides the academic year into four quarter terms of approximately nine weeks each. A term class is worth .25 credit. Students should be enrolled in seven classes each quarter. An administrator must approve requests for fewer than seven classes.

## Graduation Requirements At A Glance

Content	Requirements
English	4.0
Math	3.0
Social Studies	3.0
Health	1.0
Physical Education	1.0
Fine Arts, Applied Arts, & World Languages, CTE	3.0
Electives	6.0
TOTAL	24.0
Demonstrate proficiency in Essential Skills	<ul style="list-style-type: none"><li>• Read and comprehend a variety of text</li><li>• Write clearly &amp; accurately</li></ul>
Personalized Learning to prepare for post-high school graduation	<ul style="list-style-type: none"><li>• Education Plan &amp; Profile</li><li>• Career Related Learning Experiences</li><li>• Extended Applications</li><li>• Career Related Learning Standards</li></ul>

## HIGH SCHOOL FOUR-YEAR PLANNING WORKSHEET

Springfield School District Required Courses	Year Completed			
	9	10	11	12
<b>(LA) English (4 credits)</b>				
1. English 9 A & B				
2. English 10 A & B				
3. American Literature A & B				
4. English Electives OR AP English Literature				
<b>(MA) Mathematics (3 credits)</b>				
1. Geometry A & B				
2. Algebra I A & B				
3. Algebra 2 OR Practical Math ( Financial Algebra)				
<b>(SC) Science (3 credits)</b>				
1. Physical Science/NGSS Physics				
2. Chemistry				
3. Biology				
<b>(SS) Social Studies (3 credits)</b>				
1. Global History				
2. US History A (20 Century) and US History B (Nuclear Era)				
3. Government				
4. Economics OR AP Economics OR Sociology OR Psychology or Social Studies Electives				

(PE) Physical Education (1 credit) -				
(HE) Health (1 credit) -				
(AAF) Applied Fine Arts / World Language / Career Technical Education (3 credits)				
1.				
2.				
3.				
(OS) Electives (6 credits)				
1.				
2.				
3.				
4.				
5.				
6.				
Personalized Learning Requirements-Naviance Tasks				
HS Project: Extended Application Reflection Essay				

## **COLLEGE & CAREER READINESS**

The Brattain Campus College and Career Center is open to all students who are seeking assistance in the post high school planning process. We are available for individual consultation by appointment.

**Questions?** If there are any questions about internships, job shadows, employment, or college entrance, contact College & Career Coordinator at 541-744-8862.

### **Brattain Campus Post High School Planning Nights**

Please see your counselor for more information.

Financial Aid Night & Scholarships – varied October through April

FAFSA Completion Nights - varies October through April



## INTERNSHIPS & JOB SHADOWS:

Brattain Campus has partnered with several local businesses in the area to provide internships and job shadows in a variety of areas to meet student interests. This is a great way to explore possible careers, meet with local employers, gain valuable knowledge, and skills. Some internships upon completion have even led to students obtaining employment.



See your counselor for more information.

## SCHOLARSHIPS:

Whether you are interested in going to a trade school, community college, or university, there are many scholarships available to help with financial costs. Don't let the cost be the reason you don't follow your passion. There is a way! Please see the counselor or transition specialist for more information.

## OREGON PROMISE:

Oregon Promise is a state grant that helps to cover tuition costs at any Oregon community college for recent high school graduates and GED® test graduates. **Students must apply during their senior year or immediately after GED® test completion.** [Find your deadline here.](#)



Oregon Promise does **not** cover the full cost of college attendance; see award amount details below. Oregon Promise is administered by the Higher Education Coordinating Commission Office of Student Access completion.

Students must meet all of the eligibility and application requirements:

- Complete an [Oregon Promise Grant Application](#) by the [appropriate deadline](#).
- File a [Free Application for Federal Student Aid \(FAFSA\)\\* or Oregon Student Aid Application \(ORSAA\)](#) and list at least one Oregon community college.
- Be a recent Oregon high school graduate or GED® test graduate.
- Have a 2.50 cumulative high school GPA or higher, or a 145 grade on all GED® tests.
- Be an Oregon resident for at least 12 months prior to college attendance.
- Have no more than [90 college credits](#) completed or attempted.

- Students may be subject to eligibility requirements based on their [Expected Family Contribution](#) (EFC).
  - Students who graduate from high school between March 1, 2023 and June 30, 2023 or GED test graduates who graduate between October 1, 2022 and June 30, 2023 can start applying NOW. Renewal students do not submit another application, but simply submit the 2022-23 FAFSA or ORSAA by June 1, 2022.
- \* Some students may be selected to [verify information on their FAFSA](#). If a student has been selected for verification and they have questions, they should contact their college's financial aid office. Students must complete verification promptly, or they risk losing their Oregon Promise award.

For more information please see a counselor or transition specialist.

## Sources of Strength

### Mission

Our mission is to provide the highest quality evidence-based prevention for suicide, violence, bullying and substance abuse by training, supporting, and empowering both peer leaders and caring adults to impact their world through the power of connection, hope, help and strength.



### Sources of Strength is...

A best practice youth suicide prevention project designed to harness the power of peer social networks to change unhealthy norms and culture, ultimately preventing suicide, bullying, and substance abuse. The mission of Sources of Strength is to prevent suicide by increasing help seeking behaviors and promoting connections between peers and caring adults. Sources of Strength moves beyond a singular focus on risk factors by utilizing an upstream approach for youth suicide prevention. This upstream model strengthens multiple sources of support (protective factors) around young individuals so that when times get hard they have strengths to rely on.

### Vision

We believe that many strengths are more powerful than one, and our united goal is to activate and mobilize these strengths in ways that positively change individuals and communities.

## **SOURCES OF STRENGTH PEER LEADERSHIP**

**Length & Credit: One Semester/.5 credit**

**Prerequisites: None**

**Grade Level(s): 10-12+**

As a Peer Leader for Sources of Strength, you will help support a school culture promoting wellness, resilience, and relationships. This will be accomplished by facilitating campaigns and activities at GHS which promote a positive, supportive environment for every student. Themes include positive friends, mentors, healthy activities, generosity, spirituality, family support, medical access, and mental health.

## **Cosmetology Program of Study**

Courses Cover:

- Hairstyling/Barbering/Nails/Esthetics
- State Laws & Regulations
- Prepare for Oregon Cosmetology Exam

Eligibility:

- Live within the SPS attendance boundary
- Students must be in good academic standing
- Have good attendance and behavior
- Must be an 11th grade students
- On Track to graduate
- Apply and be accepted into the program
  - [Cosmetology Application Link](#)

## **Year 1:**

### **Foundations of Cosmetology 1 A: Semester 1**

Beginning skills and knowledge preparing students to meet the ORegon State Board of Cosmetology statues in barbering and hair design.

### **Foundations of Cosmetology 1 B: Semester 2**

Continuing skills and knowledge preparing students in all aspects of hair design and barbering while working in a salon atmosphere.

### **Cosmetology 1 A/B ( Full year)**

Emphasizes preclinical safety and sanitation state rules and regulations, hair design, hair styling, barbering, haircutting, hair coloring and industry business skills.

\*This course is taken simultaneously with Foundations of Cosmetology A/B

## **Year 2:**

### **Cosmetology 2 A/B (Full Year)**

#### **Prerequisites: Cosmetology 1 A/B**

Safety, annotation, state rules, regulations and intermediate & advanced skills and knowledge related to individual primary focus of content in the area of cosmetology.

### **Cosmetology 2 Lab A/B**

#### **Prerequisites: Cosmet**

Advanced skills and knowledge related to the salon industry. Students will work in a salon setting concentrating on their particular area of focus. Students will work on manikins, and/or clients from the public to meet or exceed clinical operations.

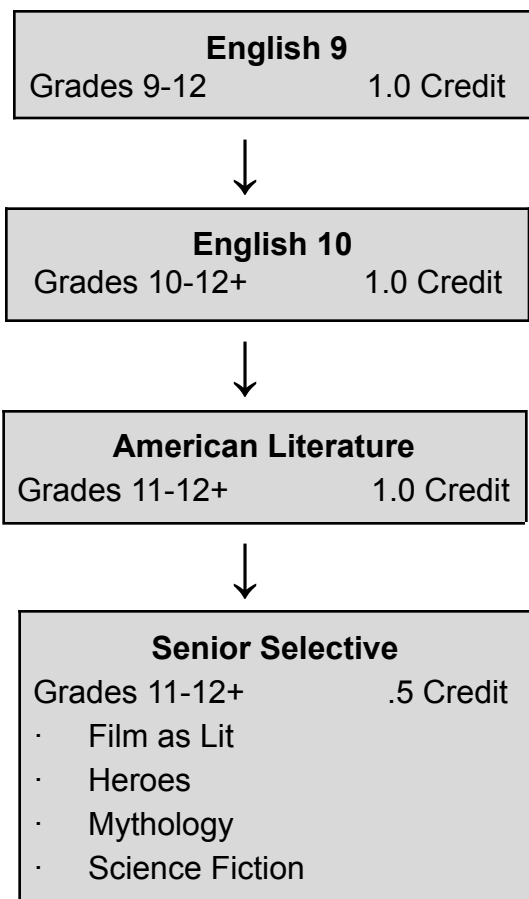
# CORE CLASSES



# Language Arts (LA)

Four (4) credits of Language Arts are required for graduation.  
(Not every class will be offered every term or every year)

## English Course Progression:



## Elective Support Class:

**LA Support +**

10-12+      Elective .5 credit

## **ENGLISH 9 A & B**

Length and Credit: Year / 1.0 credit

Prerequisite: None

Grade Level(s): 9

A course in literature and composition with the emphasis on western culture and its writings. Students will read short stories, poems, a Shakespearean play, and an epic poem, and learn to analyze literary elements and techniques. Regular writing instruction and practice will emphasize basic technology, sentence parts, punctuation and grammar, along with essay writing. Students will grow in their understanding of and facility with the five-paragraph essay

## **ENGLISH 10 A & B - H102201/H102202**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: None

Grade Level(s): 10-12+

English 10 is the continued study of literature and composition. Students will read short stories, nonfiction, poems, a play, and learn to analyze literary elements and techniques from varied cultures and perspectives. We will also study standard sentence structure, paragraphing, correct spelling, punctuation, capitalization, usage, and different types of essay writing.

## **AMERICAN LITERATURE A & B - H102511/H102512**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: English 10

Grade Level(s): 11-12+



[illegible]



## **MYTHOLOGY- H10258**

Length and Credit: One Semester/ .5 credit

Prerequisites: English 10

Grade Level: 11-12+

This course focuses on the genre of mythology. Students determine the underlying assumptions and values within the selected works and also examine the structure, techniques, and intentions of the genre being studied. Oral discussion is an integral part of these genre-oriented courses, and written compositions are required. Students will study myths from a variety of cultures.

## **SCIENCE FICTION - H10263**

Length and Credit: One Semester/ .5 credit

Prerequisites: English 10

Grade Level: 11-12+

This course offers students a sampling of literature from the science-fiction genre. Students will discuss the values, perspectives, and messages interwoven with the fictional stories, and write paragraph responses and essays analyzing the novels, short stories, poems, and films studied in class. Class discussion will also be a part of this course. Several written compositions will be required.

## **LA SUPPORT- XXXXX**

Length and Credit: Year Long/ .5 + credit (ELECTIVE CREDIT ONLY)

Prerequisites: Teacher recommendation

Grade Level: 10-12+

This course will provide intensive instruction and practice in reading skills for students who score at non-proficient levels on SBAC and have not completed Oregon Essential Skills reading work samples. Content of the course will be based on a diagnosis of each student's needs for instruction. Students will be given opportunities to develop and apply reading, vocabulary, and writing skills through guided, shared and independent reading. Instruction in test-taking skills, including comprehension strategies for reading content-area texts will be emphasized. Reading work samples will be offered.



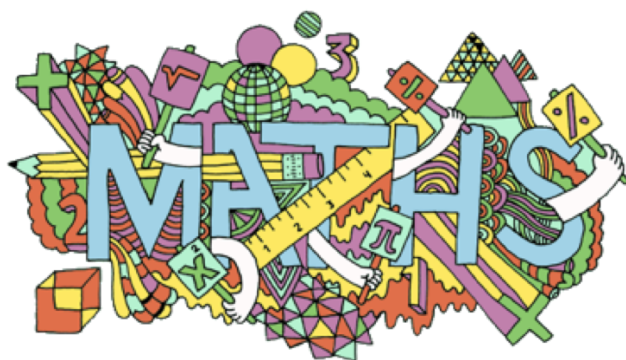
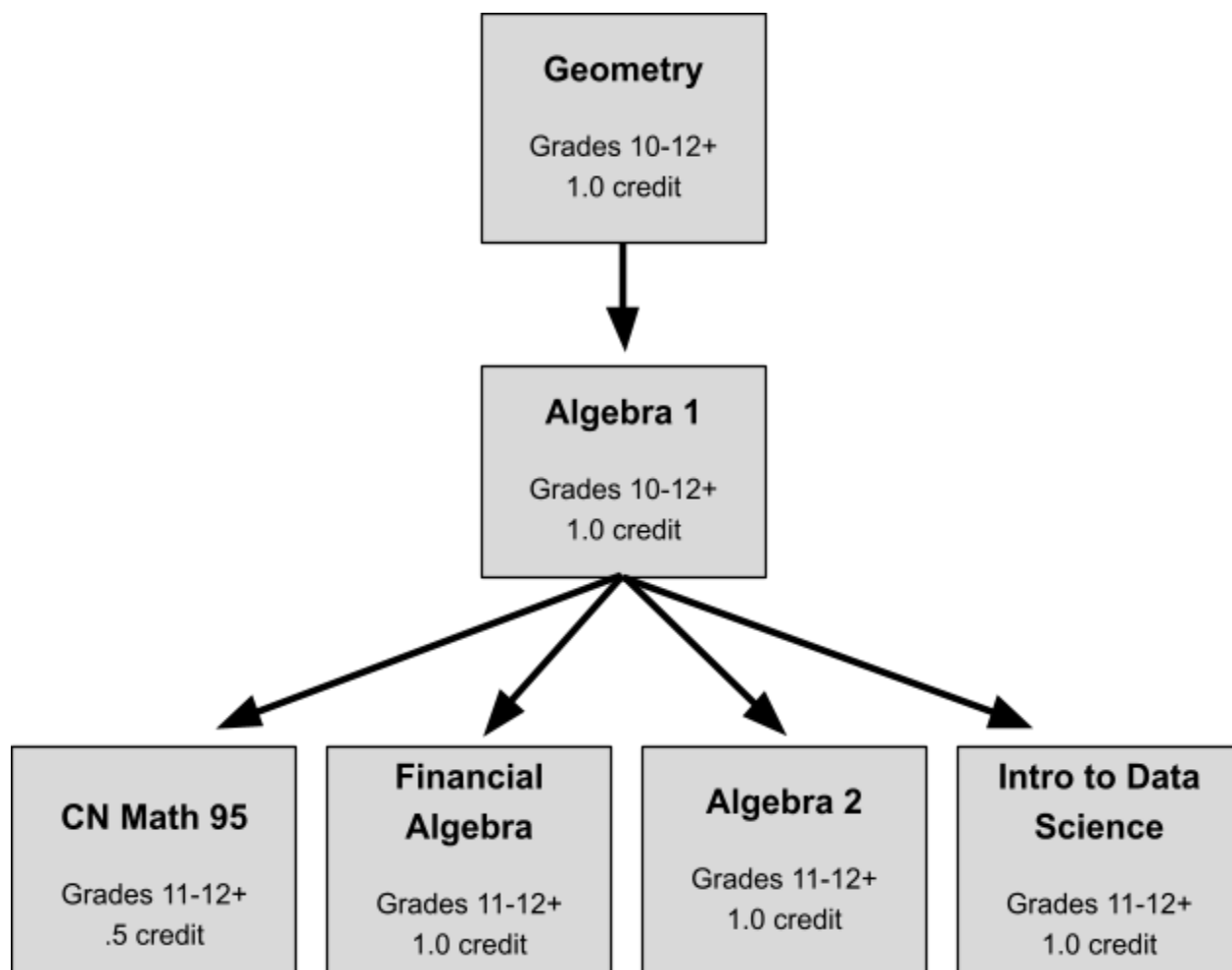
## **Mathematics (MA)**

Three (3) credits of Mathematics are required for graduation.

(Not every class will be offered every term or every year)

Essential skills can be met by passing a state test, passing another ODE-approved test, or completing two work samples during completion of regular math classes.

### **Mathematics Course Sequence:**



## **GEOMETRY A & B - H204401/H20402**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: None

Grade Level(s): 10 -12+

This required high school math course emphasizes congruence and similarity, symmetry, deductive logic, and properties of geometric figures and solids. Students apply geometry foundations, transformation geometry, and right-triangle trigonometry to real



world problems. The course will include the use of applications through mathematical modeling that supports the interconnectedness of math to other disciplines and to community-based problems.

### **ALGEBRA 1A & 1B- H204301/H204302**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: None

Grade Level(s): 11 -12+

Algebra 1 topics include evaluating rational algebraic expressions, solving and graphing first degree equations in two variables and inequalities in one variable, translating word problems into equations, solving systems of equations with two variables, simplifying exponential expressions, performing operations with polynomials, factoring polynomials, solving quadratic and exponential equations, and graphing quadratics and exponential functions.

### **ALGEBRA 2A & 2B- H204551/H204552**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: Geometry and Algebra 1

Grade Level(s): 11-12+

Algebra 2 topics include operations with rational and irrational expressions; factoring of rational expressions; in-depth study of linear equations and inequalities; quadratic equations; solving systems of linear and quadratic functions; graphing of constant, linear, and quadratic equations; properties of higher degree equations; operations with rational and irrational exponents; conic sections; trigonometric and circular functions, inverse, and graphs; trigonometric identities and equations; solutions of right and oblique triangles; complex numbers; and numerical tables.

### **FINANCIAL ALGEBRA A & B-H204391/H204392**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: Algebra 1

Grade Level(s): 11-12+

Financial Algebra is an advanced algebra class with financial applications. Topics covered include discretionary expenses, banking services, stock market analysis, business models, amortization and depreciation, income tax, home ownership, and annuities.



## **COLLEGE NOW MATH 95- H204509**

Length and Credit: Semester/ .5 credit

Prerequisites: Algebra 1

Grade Level(s): 11-12+

Topics include equations, function notation, polynomials, coordinate graphing, rational equations, radical equations, exponents, quadratic functions, exponential and logarithmic functions, inequalities and problem-solving methods.

## **INTRO TO DATA SCIENCE-204911/204912**

Length and Credit: Year-Long/ 1.0 credit

Prerequisites: Algebra 1

Grade Level(s): 11-12+

Through IDS lessons, students function as researchers by making truly unique findings about the world around them. Students collect their own data, and examine data from formal sources, learn to generate hypotheses, fit statistical and mathematical models to data, implement these models algorithmically, evaluate how well these models fit reality, and think computationally while learning to program with data.

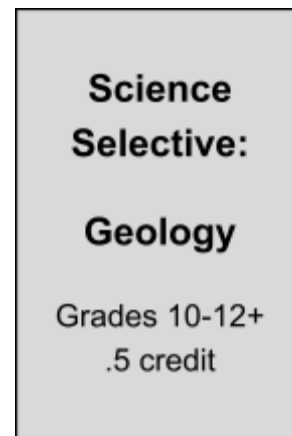
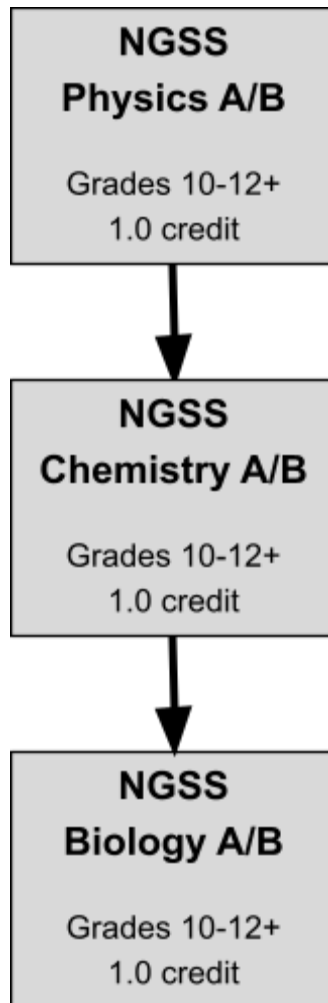
As a statistics course, successful completion of IDS validates Algebra II. IDS is for students who possess sufficient mathematical maturity and quantitative reasoning ability, and have successfully completed a first-year course in algebra. The best time to take IDS is after finishing the first-year algebra and geometry requirements.

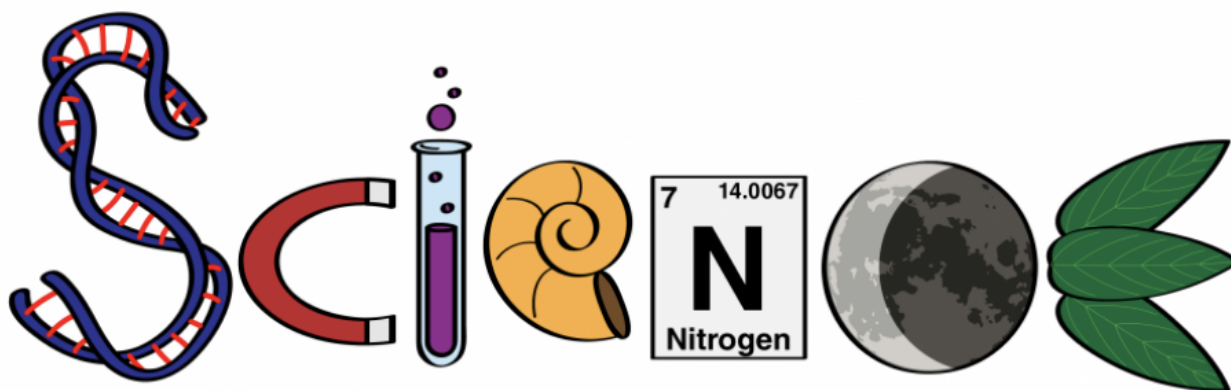
## **Science (SC)**

Three (3) credits of Science are required for graduation.

(Not every class will be offered every term or every year)

### **Science Course Sequence:**





## **NGSS PHYSICS A & B-H1753251/H175352**

Length and Credit: Year/ 1.0 credit

Prerequisite: None / Required course

Grade Level(s): 10-12+

The NGSS Physics course focuses on the core ideas of physics: motion, forces, momentum, energy, waves, and electromagnetism while



simultaneously teaching problem solving skills, innovation, design, and critical thinking. NGSS Physics is a highly engaging, lab-based course where students engage in frequent scientific inquiry and engineering design while emphasizing data collection, analysis, communication which lays the foundation for future high school science courses. Students will use technology to collect and analyze data as well as use data mines and simulations when direct observation or collection of data is not possible. This class is the first science class of the three-year science sequence.

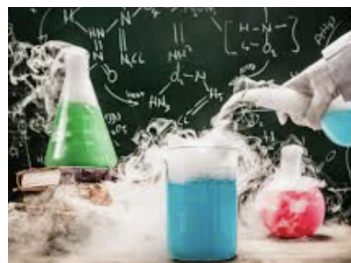
## **NGSS CHEMISTRY A & B-H1752241/H1752242**

Length and Credit: Year/ 1.0 credit

Prerequisite: None / Required course

Grade Level(s): 10-12+

The NGSS Chemistry course focuses on the core ideas of chemistry: atomic structure, periodic trends, chemical reactions, and chemical bonding emphasizing the



connections between scientific practices and engineering design. NGSS Chemistry is a lab-based course designed to challenge and further develop problem-solving, scientific literacy and communication skills. This class is the second in the three-year science sequence; content and skills learned in NGSS Physics are built upon during NGSS Chemistry.

## **NGSS BIOLOGY A & B-H1755141/H1755142**

Length and Credit: Year/ 1.0 credit

Prerequisite: None / Required course

Grade Level(s): 10-12+

Biology courses will focus on the nature of science in the study of chemistry of life, cell biology, genetics, evolution, classification, and ecology. This is a lab-based course which allows many hands-on opportunities to link biological concepts to the real world. This class is the third in the three-year science sequence; content and skills learned in NGSS Physics and NGSS Chemistry are built upon during NGSS Biology.

## **GEOLOGY-XXXXX**

Length and Credit: Semester/.5 credit

Prerequisite: None

Grade Level: 10-12+

This course will take a detailed look at minerals, rocks, rock formations, plate tectonics, seismology, thermal energy, earth history, climate, hydrology and oceanography. The second half of the semester covers the application of these topics as they apply to various regions of Oregon.





# Social Studies

Students need three (3) credits of Social Studies to graduate.

Required class is Government .5 credits and then 2.5 additional social studies classes.

## Social Studies Options

### Global Studies

Grades 9-12+ .5- 1.0 credit

### Economics

Grades 11-12+ .5 credit

### US History

Grades 10-12+ .5-1.0 credit

### US Government

Grades 10-12+ .5 credit

### Sociology

Grades 11-12+ .5 credit

### Psychology

Grades 11-12+ .5 credit



## **ECONOMICS - H27370**

Length and Credit: One semester Long- .5 credits

Prerequisites: None

Grade Level: 11-12+

This course examines the American economic system and factors that affect the U.S. economy, including the role of supply, demand, scarcity, competition and government intervention. Students will investigate both micro and macroeconomics. Through exploring different economic principles students will learn how to be wise consumers and avoid many of the financial pitfalls that will come in adulthood.



## **GLOBAL HISTORY - H27310**

Length and Credit: One semester- .5 credits –

Prerequisites: None

Grade Level: 10-12+

This course offers an introduction to global history from the age of Industrialization through the first half of the 20th century. Key areas of study include the impact of Imperialism, World War I, nationalism and revolution, the Holocaust and World War II.

## **GLOBAL STUDIES: WORLD AT WAR: H27319**

Length and Credit: One semester- .5 credits –

Prerequisites: None

Grade Level: 10-12+

This course will study topics of populations, disease, food supply, human rights, economic development and the arms race as forces uniting or dividing the world today. World geography is emphasized.



## **GOVERNMENT - H27365**

Length and Credit: One semester- .5 credits –

Prerequisites: None

Grade Level: 10-12+

This course will focus on the key principles of the Constitution. Those principles will be applied to past and current events. The interpretation of the Constitution changes as society changes. Students will analyze the course of these changes. An emphasis will be placed on studying how the Constitution is applied at the local, state and federal levels.

## **US HISTORY A:20th Century H27323**

Length and Credit: One semester- .5 credits –

Prerequisites: None

Grade Level: 10-12+

The course covers US History from 1875-1945. The course begins by building background for students regarding the US after the Civil War and ends with the end of World War II. Embedded within the course are lessons addressing ethnic groups, genocide and the holocaust.

## **US HISTORY B: NUCLEAR ERA H27324**

Length and Credit: One semester- .5 credits –

Prerequisites: None

Grade Level: 10-12+

Modern U.S. History courses examine the history of the United States from the end of World War II through the present time. These courses typically include a historical review of political, military, scientific, and social developments.



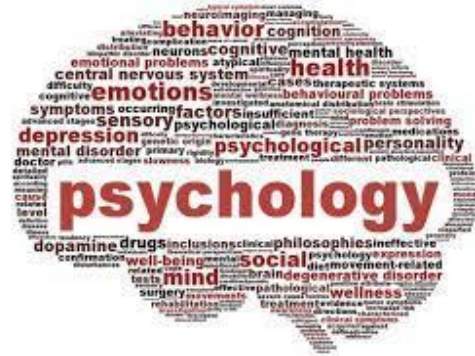
## **PSYCHOLOGY**

Length and Credit: Semester / .5 credit

Prerequisite: None

Grade Level(s): 11, 12

Psychology courses introduce students to the study of individual human behavior. Course content typically includes (but not limited to) an overview of the field of psychology, topics in human growth and development, personality and behavior, and abnormal psychology.



## **SOCIOLOGY**

Length and Credit: Semester / .5 credit

Prerequisite: None

Grade Level(s): 11, 12

Sociology explores the interactions of individuals, groups, communities, organizations, cultures and societies to study human behavior and experiences. Course content will include examining dynamics in a variety of human institutions, groups like families, ethnicity, gender, religious groups, and others.

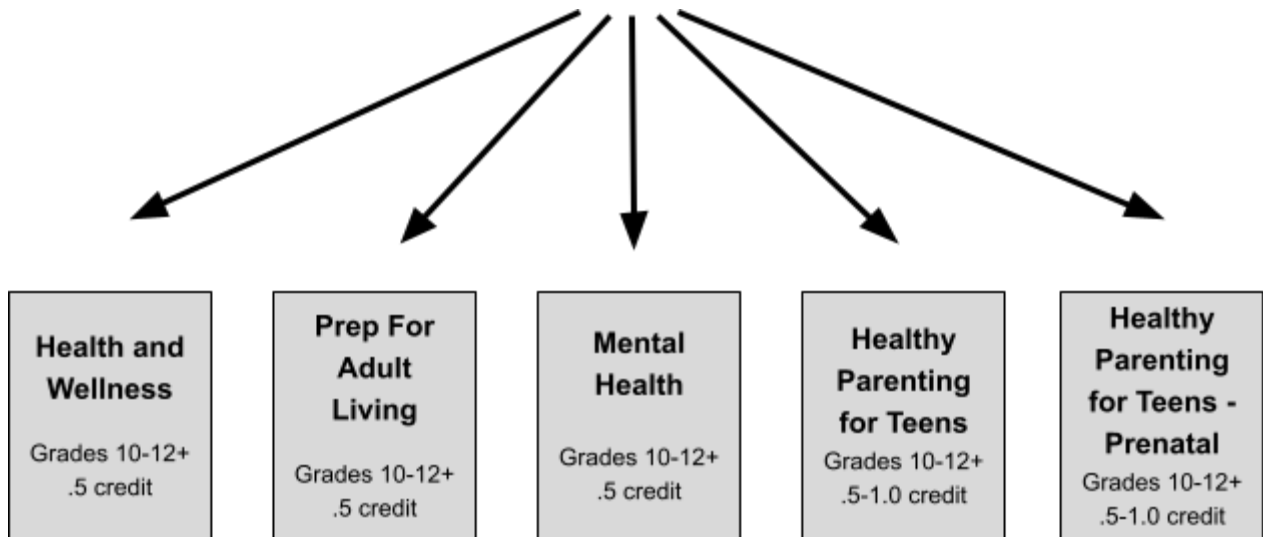


# Health (HE)

One (1.0) credit of Health is required for graduation.  
(Not every class will be offered every term or every year)



## HEALTH



## **HEALTH AND WELLNESS - H17895**

Length and Credit: One Semester/.5 credit

Prerequisites: None

Grade Levels: 10-12+

The curriculum for this class was developed by the University of Oregon to help provide instruction for some soft skills that are essential for success in school, work, and life in general. These skills include the promotion of mental, emotional, and social health, including self-awareness, communication, finding and utilizing personal strengths, mindfulness & other coping skills for stress management, goal setting, and concepts of diversity and personal identity. This class will also, with time permitting, explore potential post-high school education options and career exploration.

## **PREPARATION FOR ADULT LIVING - H14571**

Length & Credit: One Semester/.5 credit

Prerequisites: None

Grade Level(s): 10-12+

This class will focus on the promotion of mental, social, and emotional health, sexual health, the promotion of healthy eating, and the prevention and control of disease. This class will also cover prevention of drug, tobacco, and alcohol use and abuse, the effects on the brain and body, and suicide prevention.

## **MENTAL HEALTH - H14572**

Length and Credit: One Semester/.5 credit

Prerequisites: None

Grade Levels: 10-12+

The mental health curriculum is designed to help students understand how the brain functions, how chemicals can alter the brain chemistry, personality and development, the importance of sleep, dreams and sleep cycles, mental illness and treatment, and violence and addiction.



## **HEALTHY PARENTING FOR TEENS - XXXXXX**

Length & Credit: One - Two Semester/.5 - 1.0 credit

Prerequisites: None

**Grade Level(s): 10-12+**

This class is designed for parenting students. Course topics will cover a wide range of both health and parenting issues. Postnatal care, health and emotional well-being of young parents, child development, best parenting practices, healthy nutrition for both parent and child, stress management, and parental/adult roles will be a part of the curriculum. This class may also include information on identifying sources of academic assistance, career exploration, financial management, and connecting students to community resources and programs.

## **HEALTHY PARENTING FOR TEENS - PRENATAL - XXXXXX**

Length & Credit: One - Two Semesters/.5 - 1.0 credit

Prerequisites: None

**Grade Level(s): 10-12+**

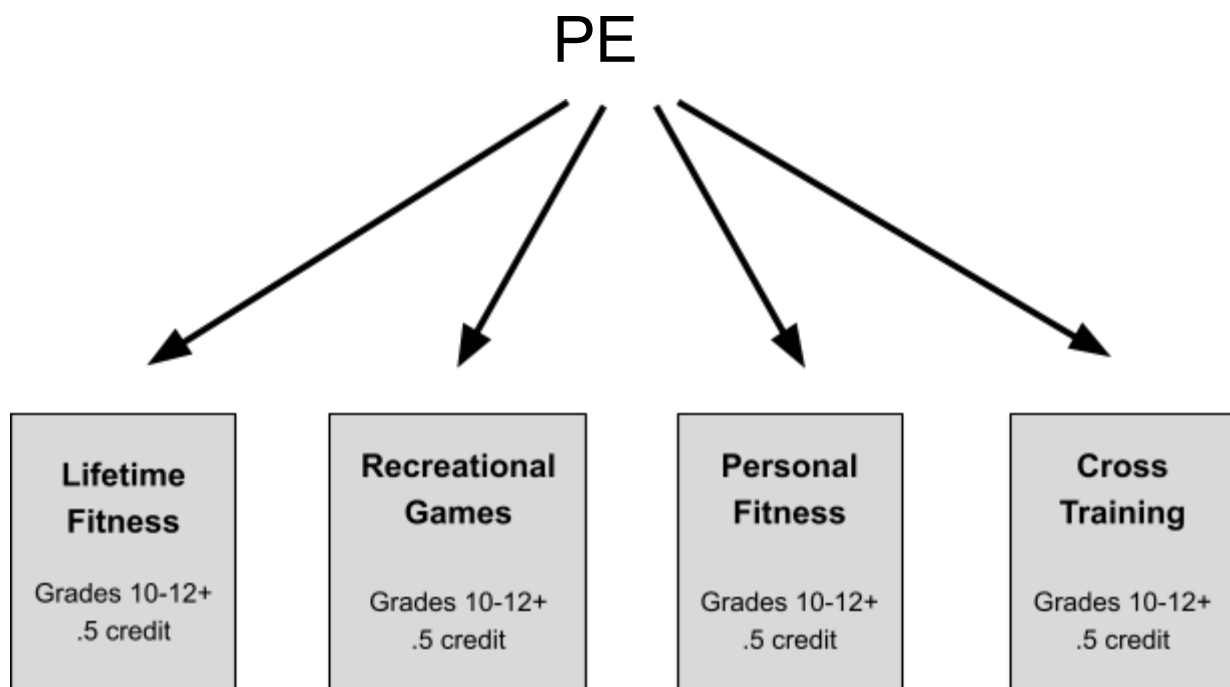
This class is designed for pregnant students. Course topics will cover a wide range of both health and parenting issues. We will focus on Prenatal/postnatal nutrition, healthy pregnancy, fetal development, prenatal exercise, birthing classes, relaxation techniques, breastfeeding and newborn care, health and emotional well-being of young parents, stress management, financial management, and parental/adult roles.





# Physical Education (PE)

One (1) credit of PE is required for graduation.  
(Not every class will be offered every term or every year)





### **LIFETIME FITNESS - H23688**

Length & Credit: One Semester/.5 credit

Prerequisites: None

Grade Level(s): 10-12+

This is the introduction class to physical education at Gateways High School. This should then help in choosing post high school types of activities that will make lifelong fitness a reachable goal. Individual/dual, team, aerobics, and weight training are included. Students will use self-identified data to drive their fitness needs.

### **RECREATIONAL GAMES - H23674**

Length & Credit: One Semester/.5 credit

Prerequisites: None

Grade Level(s): 10-12+

This class is designed to encourage students' physical activity throughout their lifetime. This course provides the opportunity for students to participate in a variety of recreational activities to spark an interest in a lifelong activity. It will consist of a variety of net games and recreational sport activities. Modified daily recreational activities that may include, but not be limited to, flag football, ultimate frisbee, badminton, basketball, volleyball, handball, softball, golf, bowling, yard games, and soccer.

### **PERSONAL FITNESS - H29797**

Length & Credit: One Semester/.5 credit

Prerequisites: None

Grade Level(s): 10-12+

This is an individualized needs program that allows students to create a fitness program that best fits their needs. Students will engage in lessons about the 5 components of fitness, and use exploratory lessons to create their fitness programs. Students will be introduced to a variety of aerobic, anaerobic, endurance, and flexibility focused programs/routines.

### **CROSS TRAINING**

Length & Credit: One Semester/.5 credit

Prerequisites: None

Grade Level(s): 10-12+



This class is an excellent way to cross train for a particular sport, tone up, increase your fitness level, and have fun while you see results. A variety of aerobic activities are offered that include walking, jogging, HIIT exercises, and cardio-respiratory endurance training, as well as some anaerobic activities such as weight training, yoga, plyometrics.

## **Applied Arts/Fine Arts/ World Languages/Electives**



## **DESIGN - H11067**

Length and Credit: One semester/ .5 credit

Prerequisites: NONE

Grade Level(s): 9-12+



Design is the foundation for all visual arts. Students will focus on the elements of design and principles of art by creating a variety of 2-dimensional projects using a wide range of materials. This course will also explore historical and cultural art examples. Potential class fee per semester.

## **DIGITAL ARTS :**

Length and Credit: One semester-Year/ .5 credits-1.0

Prerequisites: NONE

Grade Level(s): 9-12+

This class is an introductory survey course that exposes students to tools and processes used to create digital video, audio, animation, and special effects. Students use software such as Adobe Premiere, Photoshop, Illustrator, and Garageband to create several digital art projects.

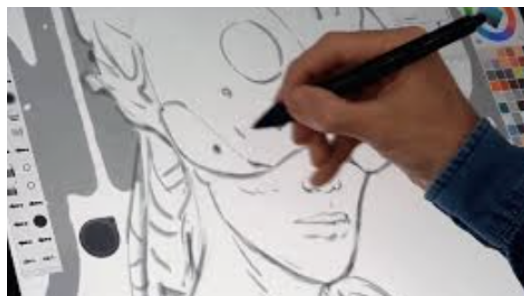
## **DRAWING- H111163**

Length and Credit: One semester-Year/ .5 credits-1.0

Prerequisites: NONE

Grade Level(s): 9-12+

Everyone can draw! Drawing is a skill that requires patience and practice. The main focus will be learning how to draw from observation using a variety of basic drawing techniques. Students will also be exposed to the concepts of composition and perspective. Charcoal, pen and ink, graphite and pastel are among the drawing materials that will be explored. Art history and art appreciation will also be an essential part of this course.



## **PAINTING - H11069**

Length and Credit: One semester-Year/ .5 credits-1.0

Prerequisites: NONE

Grade Level(s): 9-12+

Students will explore different painting styles and techniques through study of historical and cultural examples. A variety of materials including watercolor, tempera and acrylics will be used. Students will also learn color theory and color mixing, as well as methods of creating perspective and depth in their work.

## **ADVANCED DRAWING AND PAINTING - H11062**

Length and Credit: One Semester / .5 credit

Prerequisites: One semester of Drawing and Design and Painting

Grade Level(s): 10-12

This class is designed for students who want to continue and further the skills they have developed in Beginning Drawing and Painting. The class will be exploring paint, pastels, pen and ink and water- colors. Emphasis is placed on creating the illusion of depth on a flat surface using and continuing the use of the laws of seeing.

## **GRAPHIC DESIGN 1- H110674**

Length and Credit: Length and Credit: One semester/ .5 credits

Prerequisite: None

Grade Level: 9-12+

Graphic Design 1 introduces students to the software and tools used in Graphic Design, as well as basic fundamental computer concepts necessary to succeed in Media Arts classes and careers. This class is perfect for a student interested in using computers to create art and is an introductory class for the Media Arts pathway.

## **INTRO TO ART-**

Length and Credit: Year-long/ 1.0 credit

Prerequisites: None

Grade Level(s): 9-12+

This course is designed to instruct beginning art students in drawing, painting, and printmaking. Students will become familiar with principles of design and elements of art while completing a variety of assigned projects and experimenting with different media and processes. In addition to art production , students will be introduced to art history, art criticism and aesthetics.



# World Languages

## **SPANISH I: H121311/12**

Length & Credit: Year Long/1.0 credit

Prerequisites: None

Grade Level(s): 10-12+

This course emphasizes oral proficiency as a means of self-expression and communication with others. Students will use basic vocabulary words and simple sentences in creative, hands-on activities. Cultural and geographical learning is an integral part of the curriculum.

## **SPANISH 2:**

This class builds on the language skills from Spanish 1 and will review vocabulary associated with friends, family, home, school activities, personality, food and clothing. We will learn new vocabulary to talk about summer and winter vacation activities, and how you spend your free time. Spanish 2 will cover more detailed grammar and we will be learning how to conjugate verbs in the present tense and the preterite (past) tense. Cultural lessons will be included as an integral part of the curriculum.

\*Will be offered Asynchronous through SPSONline

# OTHER ELECTIVE OPPORTUNITIES



## **COOPERATIVE WORK EXPERIENCE (CWE):**

Length and Credit: .5 - 2.0 credits

Prerequisites: None

Grade Level: 11-12+

CWE is an opportunity to obtain work experience through either a paid employment position. Students will apply skills learned in the classroom to on-the-job situations. Students will receive .5 credit for 120 hours worked in an approved and documented job (maximum 2.0 credits awarded)

## **Long Term Volunteer:**

Would you like to have an opportunity to volunteer in our community and earn .5 credits for 36 hrs of long term volunteer experience? Please see your counselor for more information.

## **PERSONAL FINANCE:**

Length and Credit: One Semester/.5 credit

Prerequisites: None

Grade Level: 10-12+

In this course, students will learn money management skills. Areas of study include personal financial planning, financial and banking services, budgeting, investments and retirement planning, insurance protection, credit management, income tax preparation, renter's rights and responsibilities, and major consumer purchases.



## **COMPUTER APPS**

Length and Credit: One Semester/.5 credit

Prerequisites: None

Grade Level: 10-12+

In this course, students will learn basic technology skills needed for success in school, at home, and in the workplace. Students will develop/reinforce keyboarding skills and utilize both Microsoft Office and Google Apps to create reports, business letters, spreadsheets, and presentations.

## **INDEPENDENT STUDY (LEARNING LAB):**

Length and Credit: Varied

Prerequisites: Counselor Recommendation

Grade Level: 10-12+

Students will have an opportunity to recover credit towards graduation utilizing an online program, "PEAK", and small group instruction for previous classes they failed. There also may be original credit opportunities online for students who are behind in credit or want to take a class GHS is not offering that is available with SPSONline.



# Night School

## **NIGHT SCHOOL CLASSES-in person**

**Prerequisites:** Counselor Recommendation

**Length/Credit:** Varies

**Grades:** 10-12+

Night School will be offered each quarter for students who are behind in credit. Classes will be 2 hours in duration for 2 nights a week and earn .5 credit.

Example: Math - Mon/Wed evenings - 4pm-6pm for 4 weeks and earn .5 credit

\*See counselor for more information

