

Dear Field Hockey Player,

Preseason for all fall sports will begin on Monday, August 14th. Coach Hoh will be the Varsity field hockey coach. All practices will be either on the high school turf or the grass field in front of the school. Below is the Harriton Field Hockey Preseason Schedule and the expectations for the Fall 2023 season. Players should be available to be at ALL practices and in good physical shape (7:45 mile) starting the first week of preseason. We strongly encourage all players to stay active this summer. If anything changes, we will be sure to communicate to everyone- please check emails regularly!

Medical Form/Parent Permission:

The school district requires each athlete to have a physical form dated on or after June 1st, 2023. Those who do not have a physical completed prior to preseason cannot participate in a fall sport until it is handed in. The form is available at [Harriton HS Fall Athletic Registration \(CIPPE\) - 2023-24 | ArbiterSports \(familyid.com\)](#). If you need any assistance, contact the athletic Secretary at 610-658-3976

Players NOT on the Mailing List: If you know of someone who is interested in playing field hockey, please let us know and we can add them to our list! Please email both coaches.

Varsity Coaches-

Coach Hoh- hohj@lmsd.org

JV Coach

Game Schedule: Digitalsports

Equipment needed:

- Physical Forms
- Mouth Guard
- Shin Guards
- Socks or Shin Guard Covers
- Sneakers
- Cleats
- Field Hockey Stick
- Water Bottle
- Pinnie (Red/white)
- Sun Screen
- Snacks
- No Jewelry

Schedule (If anything changes, I will email):

Week 1: 8/14- 8/19- Tryouts

8/14- Monday

12:00pm- Auditorium (All Sports Meeting)

4:00pm-7pm- Practice on turf/ Run Mile

8/15- 8/18 (Tuesday-Friday)

4:00pm-7pm- Practice on turf

8/19- Saturday

Scrimmage @ West Chester Rustin (Red Pinnies and black socks)

V- 8:00 am

JV- 8:00 am

Bus departs: TBD

Week 2: 8/21-8/25- Tryouts

8/21- Monday

4:00pm-7:00 pm- Practice on turf

8/22 - Tuesday

Scrimmage vs Upper Dublin

V- 4:15 pm

JV- 5:15 pm

8/23 - Wednesday

4:00pm-7:00 pm- Practice on turf

8/24 - Thursday

4:00pm-7:00 pm- Practice on turf (Teams and Uniforms)

8/25 - Friday

Game @ West Chester East

V- 10:00 am

JV- 11:30 am

Bus departs: TBD

Week 3: 8/28-9/1

Start of regular season from this point forward

Practices will be 4-6pm (we may also have later start practices as well to allow for more turf time). I will send weekly schedules for practices and games.

If you have any questions, please feel free to reach out.

Coach Hoh

Harriton Field Hockey