

August Menu 2023

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
Welcome Back!	15 Crunchy Grass Fed Organic Beef Taco Bean & Cheese Burrito Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	16 Cheese Quesadilla Chicken & Waffles Yogurt & Granola	17 Soft Pretzels with Cheese Dipping Sauce EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & String Cheese	18 Brunch for Lunch (Pancakes) Mozzarella Stuffed Breadsticks Yogurt & Granola Fresh Baked Chocolate Chip Cookie
	21	22	23	24
28 Pasta with Butter Parmesan Sauce & Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	29 Cheese Chili Verde Tamale & Tortilla Chips Crispy Chicken Sandwich Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	30 Grilled Cheese Sandwich Grilled Turkey & Cheese Sandwich Orange Chicken with Jasmine Rice & Fortune Cookie Yogurt & Granola	31 Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll EUSD Cheese Pizza EUSD BBQ Chicken Pizza Oatmeal Benefit Bar & String Cheese	25 Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Macaroni & Cheese Yogurt & Granola Fresh Baked Sugar Cookie
28 Spaghetti with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola Frozen Peach Cups	29 Slow Roasted Grass Fed Carnitas Taco Grass Fed Beef Hot Dog Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	30 Cheese Quesadilla Chicken & Waffles Yogurt & Granola	31 Fiesta Nachos with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & String Cheese	

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items.

No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrees are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrees that contain peanuts or tree nuts; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

Menus are subject to change without notice
This institution is an equal opportunity provider.

Meals are FREE for all EUSD Students

Adults & Visitors:
\$5.00 for Lunch
\$3.00 for Breakfast

Contains Pork:
Gluten Free:
Vegetarian:
Scratch made:

Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

- Monday: Banana Bread
Assorted Cereal
- Tuesday: Mini Belgian Waffles
Assorted Cereal
- Wednesday: Homemade Blueberry Muffin
Oatmeal Benefit Bar
- Thursday: Mini Pancakes
Assorted Cereal
- Friday: French Toast Minis
Banana Chocolate Chip Scone

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

- Mondays: Locally Grown Plums
 - Tuesdays: Pineapple Chunks & Jicama
 - Wednesdays: Super Sliced Apples & Celery
 - Thursdays: Locally Grown Peaches & Organic Farm Lab Cucumbers
 - Fridays: Locally Grown Valencia Orange Slices
- Various dressings are offered daily including Ranch, Italian and option.

What makes EUSD Meals Different?

We use high quality, local, organic, and grass fed ingredients to create scratch made lunches every day. From pizza made entirely from scratch, using organic Farm Lab tomato sauce, to slow roasted organic meats in a variety of entrees like pastas, tacos, and sandwiches.

We take pride in the quality of our meals and ensuring that our students are served the best, most minimally processed food every day. We focus on simple, elevated, kid-friendly meals! Every lunch comes with a salad bar full of local and organic produce, including fruits and vegetables grown at our very own EUSD Farm Lab.