

ANNUAL COMPLIANCE REPORT REGARDING FOOD AND BEVERAGES 2022/2023

State law in Ohio requires each school district board of education to adopt and enforce nutrition standards governing the types of food and beverages available for sale on the premises of its school. The standards specified for beverages and food are minimum standards.

Dan Cox, Director of Business Operations, Jennifer Waldeck, Food Service Coordinator and Great Oaks Food Service staff ensure that our district meets the Nutritional Standards set forth by The Ohio Department of Education (ODE), Office of Child Nutrition and the U.S. Department of Agriculture (USDA).

The Nutritional Guidelines and Restrictions must be observed during the regular school day, as well as during periods before and after the school day in which students are participating in school-sponsored extracurricular activities, academic or enrichment programs.

The Nutritional Guidelines apply to all food and beverage items available for sale to students.

The restrictions apply only to “A la carte” items, which are individually priced food and beverage items available for sale to students through (1) A SCHOOL BREAKFAST OR LUNCH PROGRAM, (2) VENDING MACHINES LOCATED ON SCHOOL PROPERTY, OR (3) A SCHOOL STORE.

Great Oaks Career Campuses have adopted and is enforcing a nutrition standards policy that considers the requirements of Ohio Revised code 3313.814 and governs the types of food and beverages that may be sold on the premises of its school.

BOARD POLICY 5114 FOOD SERVICES AND FREE REDUCED-PRICE MEALS

BOARD POLICY 5144.1 FOOD STUFF – AVAILABILITY

BOARD POLICY 5144.2 STUDENT WELLNESS AND NUTRITION PROGRAM

Great Oaks Career Campuses participate in the National School Lunch and Breakfast Programs. Great Oaks Career Campuses agree to comply with the following guidelines regarding Nutritional Standards set forth by The Ohio Department of Education (ODE) and the United State Department of Agriculture (USDA).

NUTRITIONAL GUIDELINES

LUNCH MEAL PATTERN	AMOUNT OF FOOD PER WEEK (MINIMUM/DAY)
Menu Component	Grades 9-12
Fruit (cups)	5 (1)
Vegetables (cups)	5 (1)
Dark Green	0.5
Red/Orange	1.25
Beans/Peas (legumes)	0.5
Starchy	0.5
Other vegetables	0.75
Additional vegetables to reach total	1.5
Grains (oz eq) Must be Whole Grain-Rich	10-12 (2)
Meat/Meat Alternative (oz eq)	10-12 (2)
Fluid Milk (cups) 1% unflavored and fat free flavored or unflavored	5 (1)
Other specifications based on the average for a 5-day week	
Calories	750-850
Sodium (mg)	≤ 1420 mg
Saturated Fat % of total calories	Less than 10%
Trans Fat	Nutrition label or manufacturer specifications Must indicate zero grams of <i>trans</i> fat per serving.

BREAKFAST MEAL PATTERN	AMOUNT OF FOOD PER WEEK (MINIMUM/DAY)
Menu Component	Grades 9-12
Fruit (cups)	5 (1)
Vegetables (cups)	0
Grains (oz eq) Must be Whole Grain-Rich	9-10 (1)
Meat/Meat Alternative (oz eq)	0
Fluid Milk (cups) 1% unflavored and fat free flavored or unflavored	5 (1)
Other specifications based on the average for a 5-day week	
Calories	450-600
Saturated Fat % of total calories	Less than 10%
Sodium (mg)	≤ 640 mg
Trans Fat	Nutrition label or manufacturer specifications Must indicate zero grams of <i>trans</i> fat per serving

The placement of vending machines is prohibited in classrooms where students are provided instruction with the exception of instructional spaces where students are also served a meal.

The restrictions must be observed during the regular school day as well as during periods before or after the school day in which students are participating in school-sponsored extracurricular activities, academic or enrichment programs or latchkey programs.

The restrictions apply only to “a la carte” items which are individually priced food and beverage items available for sale to students through (1) a school breakfast or lunch program, (2) vending machines located on school property, or (3) a school store.

Each school district must designate staff to be responsible for seeing that the district or school meets the food and beverage standards it adopts. The staff must prepare and submit to the ODE an annual compliance report.

In addition, the district Board of Education must schedule a presentation on the report at one of its regular meetings. Copies of that report must be made available to the public upon request.

Great Oaks Career Campuses have adopted the following standards governing the sale of food and beverages sold in schools in accordance with Senate Bill 210.

(Ohio revised code 3313.816 amended by Ohio House Bill 153)

Policy 8500, 8510, 8531, 8540.

BEVERAGES SOLD IN SCHOOLS

GRADES	BEVERAGES			
Schools composed of grades 9-12	Water	Milk	12 oz or less of 100% fruit juice or 100% fruit juice diluted with water (with or without carbonation) and no added sweeteners that contain no more than 160 calories per 8 ounces.	<ul style="list-style-type: none">• 20 oz or less calorie-free, flavored water (with or without carbonation)• 20 oz or less flavored and/or carbonated beverages that are labeled to contain less than 5 calories per 8 oz, or less than 10 calories per 20 oz. (These may include caffeinated beverages and beverages with added sweeteners, carbonation or artificial flavoring).• 12 oz or less flavored and/or carbonated beverages that are labeled to contain less than 40 calories per 8 oz, or less than 60 calories per 12 oz.