

R 5333 MANAGEMENT OF DIABETES IN SCHOOLS

A. Definitions

1. "Individualized emergency healthcare plan" means a document developed by the school nurse, in consultation with the parent/guardian of a student with diabetes and other appropriate medical professionals, which is consistent with the recommendations of the student's healthcare providers and which outlines a set of procedural guidelines that provide specific directions about what to do in a particular emergency situation and is signed by the parent or guardian and the school nurse.
2. "Individualized healthcare plan" means a document developed by the school nurse, in consultation with the parent/guardian of a student with diabetes and other appropriate medical professionals who may be providing diabetes care to the student, which is consistent with the recommendations of the student's health care providers and which sets out the health services needed by the student at school and is signed by the parent/guardian and the school nurse.
3. "School" means an elementary or secondary public school located within this State.
4. "School employee" means a person employed by a school district.

B. Individualized Emergency Healthcare Plans (IEHP) and Individualized Healthcare Plans (IHP)

1. The parent/guardian of a student with diabetes who seeks diabetes care while at school shall inform the school nurse who shall develop and individualized healthcare plan and/or an individualized emergency healthcare plan for the student provided that:
 - a. the parents/guardians of the student annually provide to the board of education written authorization for the provision of diabetes care as may be outlined in the IEHP and the IHP including authorization for the emergency administration of glucagon and, if requested by the student's parents/guardians in accordance with section C herein, authorization for the student's self management and are of his/her diabetes; and:



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- b. if a request is made by a student's parent or guardian pursuant to section C herein, the student's physician or advanced practice nurse provides written certification to the board of education that the student is capable of and has been instructed in, the management care and of his/her diabetes.
2. The IHP and the IEHP developed in accordance with section (B)(1) above, shall be updated by the school nurse prior to the beginning of each school year and as necessary in the event that there is a change in the health status of the student.
3. Each IHP shall include, and each IEHP may include, the following information:
 - a. The symptoms of hypoglycemia for that particular student and the recommended treatment;
 - b. The symptoms of hyperglycemia for that particular student and the recommended treatment;
 - c. The frequency of blood glucose testing;
 - d. Written orders from the student's physician or advanced practice nurse outlining the dosage and indications for insulin administration and the administration of glucagon, if needed;
 - e. Times of meals and snacks and indications for additional snacks for exercise;
 - f. Full participation in exercise and sports, and any contraindications to exercise, or accommodations that must be made for that particular student;
 - g. Accommodations for school trips, after-school activities, class parties, and other school-related activities;
 - h. Education of all school personnel who may come in contact with the student about diabetes, how to recognize and treat hypoglycemia, how to recognize hyperglycemia, and when to call for assistance;
 - i. Medical and treatment issues that may affect the educational process of the student with diabetes; and
 - j. How to maintain communications with the student, the student's parent/guardian and healthcare team, the school nurse, and the educational staff.



C. Self-Administration of Diabetes Medication

1. Upon the written request of the parent or guardian and as provided in a student's IHP, a school district shall allow the student to attend to the management and care of the student's diabetes as needed in the classroom, in any area of the school or school grounds, or at any school-related activity if the student has been evaluated and determined to be capable of doing so as to reflected in the student's IHP.
2. The student's management and care of his diabetes shall include the following:
 - a. Performing blood glucose level checks;
 - b. Administering insulin through the insulin delivery system the student uses;
 - c. Treating hypoglycemia and hyperglycemia;
 - d. Possessing on the student's person at any time the supplies of equipment necessary to monitor and care for the student's diabetes;
 - e. Compliance with the required procedures for medical waste disposal in accordance with district policies and as set forth in the IHP; and
 - f. Otherwise attending to the management and care of the student's diabetes.

D. Notifications

1. The Principal shall post a reference sheet identifying signs and symptoms of hypoglycemia in students with diabetes. The reference sheets will be posted in plain view in the main office, the faculty room, the cafeteria, the gymnasium, the dance studio, and the health services areas.
2. The Principal and School Nurse shall, for each student with diabetes whom a school bus driver transports, provide the driver with a notice of the pupil's condition, information about how to treat hypoglycemia, emergency contact information, and parent/guardian contact information.



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3. The School Nurse shall obtain a release from the parent/guardian of a diabetic student to authorize the sharing of medical information between the student's physician or advanced practice nurse and other healthcare providers. The release shall also authorize the School Nurse to share medical information with other staff members of the school district as necessary.

N.J.S.A 18A:40-12.11 through 18A:40-12.21

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