



## EMPLOYEE HEALTH SCREENING

### Shawnee Mission School District - Center for Academic Achievement

8200 W 71<sup>st</sup> Street  
Overland Park, KS 66204

### Date and Time

September 14<sup>th</sup> & 25<sup>th</sup>  
1:00PM – 6:30PM

**Tests Include:** Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.

**9 hour fast recommended. Black coffee and water permitted.**

### TO SCHEDULE YOUR ONSITE APPOINTMENT:

1. Go to <https://www.ehealthscreenings.com/signup>.
2. If you have participated in a previous screening facilitated by eHealthScreenings, enter your username and password and click **Submit**. On the following screen under Step 1, enter the Screening Key: **SHA03** and Click to **Select**. If you have not participated in a screening, under the **NOT YET REGISTERED?** box, enter the Screening key: **SHA03** and click **Submit**.
3. If you would like to opt in for a text message reminder, select **Yes**, type in your cell number and click **Submit**. If you do not want the text message reminder, select **No** and click **Submit**.
4. Use the drop-down function to choose your desired location, date and time. Click **Register**.
5. Acknowledge the Health Screening Consent by checking the **"I agree"** box located at the bottom of the consent. Enter first & last name in the Signature section. Click **Continue**.
6. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records. You will also receive a confirmation email with the same information just after scheduling your appointment and 24 hours before your appointment time.

**REMEMBER:** You must fast (no food) for 9 hours before your appointment. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.