

# AUGUST | 2023



## Trigg County High School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p> 	<p>1</p> 	<p>2</p> 	<p>3</p> 	<p>4</p> 
<p>7</p> 	<p>8</p> 	<p>9</p> 	<p>10</p> <p>Hamburger or Cheeseburger Or Buffalo Chicken Stuffed Sandwich Baked Beans, French Fries Lettuce &amp; Tomato Cup, Pineapple, Apple, Milk</p>	<p>11</p> <p>Popcorn Chicken Or Pizza Scalloped Potatoes, Steamed Broccoli, Veggie Cup, Roll Apple Slices, Sidekick, Milk</p>
<p>14</p> <p>Wing Dings or Stromboli Or Chef Salad Potato Emojis, Green Beans Garden Salad, Roll Strawberry Cup, Orange Wedges, Milk</p>	<p>15</p> <p>Pizza Or Ham Wrap Box Or Chef Salad Corn, Garden Salad, Banana, Apple, Milk</p>	<p>16</p> <p>Chicken Sandwich or Turkey Sub Box Or Chef Salad Tater Tots, Green Peas Lettuce &amp; Tomato Applesauce, Orange Wedges, Milk</p>	<p>17</p> <p>Beefy Rotini &amp; Garlic Knot Or Hamburger/Cheeseburger Or Chef Salad Italian Blend Veggies Garden Salad Pineapple, Apple, Milk</p>	<p>18</p> <p>Chicken Tenders or Pizza Or Chef Salad Tater Wedges, Steamed Broccoli, Veggie Cup, Roll Apple Slices, Sidekick, Milk</p>
<p>21</p> <p>Mandarin Orange Chicken Or Fiestada Stuffed Sandwich Or Chef Salad, Fried Rice, Stir- fry Veggies, Garden Salad Mandarin Oranges, Apple, Milk</p>	<p>22</p> <p>Pizza Or Turkey Wrap Box Or Chef Salad, Corn Garden Salad Banana, Apple, Milk</p>	<p>23</p> <p>Chicken &amp; Waffle or Ham Sub Box Or Chef Salad Glazed Baby Carrots Green Beans, Veggie Cup, Applesauce, Orange Wedges Milk</p>	<p>24</p> <p>Hot Dog on Bun or Hamburger/Cheeseburger Or Chef Salad French Fries, Baked Beans, Garden Salad, Pineapple, Apple Milk</p>	<p>25</p> <p>Nachos w/ Beef &amp; Cheese or Pizza Or Chef Salad Spanish Rice, Fiesta Corn/Black Beans, Veggie Cup, Sidekick, Apple Slices, Milk</p>
<p>28</p> <p>Chicken Nuggets or Bosco Sticks Or Chef Salad French Fries, California Blend Veggie Cup, Roll Applesauce, Peach Cup, Milk</p>	<p>29</p> <p>Pizza Or Ham Wrap Box Or Chef Salad Corn, Garden Salad, Banana, Apple, Milk</p>	<p>30</p> <p>Fried Chicken or Turkey Sub Box Or Chef Salad Mashed Potatoes, Green Beans, Veggie Cup Roll, Applesauce, Orange Wedges, Milk</p>	<p>31</p> <p>Fish Sticks &amp; Hush Puppies or Hamburger/Cheeseburger Or Chef Salad Tater Tots, Cole Slaw Garden Salad Apple, Pineapple, Milk</p>	<p>1</p> <p>Burrito or Cheesy Bread Or Pizza Veggie Cup, Refried Beans, Sidekick, Apple Slices Milk</p>

### News

WELCOME BACK  
FROM THE FOOD  
SERVICE STAFF!

Due to nationwide  
supply chain issues,  
menus are subject to  
change without notice.

This institution is an equal  
opportunity provider