


NOVEMBER | 2023



Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Sloppy Joe or Pulled Pork Baked Beans Fresh Fruit Choice of Milk	7 Mac and Cheese with Chicken Fries Broccoli Fresh Fruit Choice of Milk	1 Pizza Slices Green Beans Fresh Fruit Choice of Milk	2 French Toast and Sausage Patty Sweet Potato Wedges Fresh Fruit Choice of Milk	3 Chicken Poppers with Corn Bread Corn Fresh Fruit Choice of Milk
6 Mini Corn Dogs Cucumbers Fresh Fruit Choice of Milk	7 Chicken Drumstick with Biscuit Mashed Potatoes Fresh Fruit Choice of Milk	8 Pasta Bar Broccoli Fresh Fruit Choice of Milk	9 Hamburger Baked Beans Fresh Fruit Choice of Milk	10 Mozzarella Sticks with Marinara Sauce Mini Peppers Fresh Fruit Choice of Milk
13 Chicken Sandwich Tater Tots Fresh Fruit Choice of Milk	14 Walking Taco Refried Beans Fresh Fruit Choice of Milk	15 Sweet & Sour Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	16 Hot Dog Green Beans Fresh Fruit Choice of Milk	17 Holiday Meal! 
20 Chicken Nuggets Smiley Potatoes Fresh Fruit Choice of Milk	21 Bosco Sticks with Marinara Sauce Snap Peas Fresh Fruit Choice of Milk	<h3>Thanksgiving Break</h3>		

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

Mon/Wed/Fri:

- Lunch Kits (similar to lunchables):
 - Pizza
 - Turkey, Cheese and Crackers

Tues/Thurs:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Protein Power: yogurt, grain, string cheese^V

Meal Prices:

Breakfast: \$2.25
Lunch: \$3.50
Adult: \$4.80
Extra Milk: \$0.50