WHAT'S ON THIS SUMMER







www.lovetreorchy.co.uk



Aberdare Park scavenger hunt









Barry Sidings scavenger hunt









Dare Valley Country Park scavenger hunt





Darran Park scavenger hunt







Ynysangharad War Memorial Park scavenger hunt









Beach scavenger hunt Rainy day scavenger hunt





A festival of archaeology



Thursday 27th July Session 1 – 10.30 – 12.30 Session 2 – 1:30 – 3.30

The School Summer Holidays are almost here... bring your mini archaeologists to find out about the World of Iron Age Celts here at A Welsh Coal Mining Experience.

There will be two sessions on the day, 10.30 – 12.30 and 1.30 – 3.30. With only 60 spaces available, booking is advised. <u>Tickets can be purchased here.</u> Adults go free and each child ticket is £3. Rhondda Heritage park.





Come to along to our Summer Family Fun Day Out. Featuring Paw Patrol's Marshall and Chase, Paddington Bear and more of your favourite characters for live performances and lots of FUN!

!! Discounted tickets available for a limited time only!

Mark Sunday 23rd July



Margam Country Park

Book Now









Nature Explorers Summer Programme Meadow Street Community Garden









Tuesday 25th of July

10.30am - 12pm

Get growing with muddy buddies

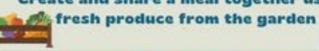
Seed sowing planting and using hand tools



Tuesday 1st of August 10.30am - 12pm

Harvesting and campfire cooking

Create and share a meal together using



Tuesday 8th of August 10.30am -12pm

Mini beasts and crafty critters

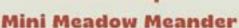


Learn about mini beasts and create one of your own



Tuesday 15th of August

10.30am - 12pm



Explore flowers in the meadow



Tuesday 22nd of August

10.30am - 12pm

Den building in the woodland

Help build a den and set up camp around the fire



Tuesday 29th of August

10.30am - 12pm

Natures Colours and Shapes

Use the garden and woodland to inspire and create art



Free family friendly activities, suggested for ages 4 years to 7 years but all ages are welcome, children must be accompanied by an adult.

> Location: CF37 10D Trefforest (adjacent to tin plate allotments) Booking is essential, book on eventbrite https://tinyurl.com/57ue6btx for further information contact info@pontupriddtowncouncil.gov.uk







IF YOU LOVE FOOD, YOU'LL **LOVE MERTHYR** FOOD FESTIVAL







PENDERYN SQUAR MERTHYR TYDFIL TOWN CENTRE





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

INDOOR FUN

























Aberdare Park & Boating Lake
Free parking in the streets
around the park
Playarea, splash park, peddle boat hire,
cafe & lots of space for a picnic

Aberavon Sea Front
Play area, splash park,
nice flat path along the coast
Pay & display parking or free parking

Bryn Bach Park Free parking Play area, crazy golf, bike hire & cafe

Bailey Park, Abergavenny Playarea, flat walk around the fields Great place for conker picking Lots of car parks in the area Barry Sidings Country Park
Free parking
Playarea, walking & bike trails
Lovely food in the cafe, lots of picnic areas

Brecon Boathouse
Pay & display parking
Playarea, large field, boat hire
arcade & cafe
Walk into brecon town from here or
visit Llanfaes icecream parlour

Brecon Beacons National Park
Visitors Centre
Pay & display parking
Lots of routes to follow
over the mountain, play area, cafe
& picnic areas

Bute Park
Pay & display parking
Picnic areas, cafe, trails, sculptures
& woodland playarea

Big Pit National Museum Pay & Display Parking Underground tours, museum, cafe & picnic areas

Blackpill, Swansea Pay & display parking Lido, playarea, cafe, lots of space for a picnic & right by the beach

Cwmcarn Forest
Pay & display parking
Parking by the visitor centre where
there's a cafe, playarea & trails to walk
or bike ride
There's also Cwmcarn Forest Drive, this
is £8 a car where there's a 7 mile
drive with stops along the way to playareas,
picnic stops & trails

Caldicot Castle
Free Entry
Beautiful maintained castle to
explore, playarea, picnic areas,
gift shop & cafe

Cyfarthfa Castle & Playarea Free Parking Playarea, splash park, cafe trails through the forest & museum £2.50 for adult, free for children

Cardiff Bay Barrage
Pay & display parking
Walking & bike paths, skate park,
outside gym & sandy playarea

Cwmbran Boating Lake Free Parking Great place for a walk or bike ride, paddleboat hire, cafe & playarea Cardiff Museum
Free entry
Pay & display parking
Great place for a rainy day, lots to see

Cosmeston Lake County Park
Pay & Display parking
Playarea, cafe, picnic areas,
bike or walk around the lake &
a medival village to explore

Crickhowell Park Right by the town & river, large grounds, playarea all by the castle ruins

Dare Valley Country Park Free Parking Walking & bike trails, playarea & cafe Forest Fawr
Just past Castle Coch
Free parking
Forest walk with wooden sculptures

Garwnant Visitor Centre Pay & display parking Walking trails, playarea, picnic areas & cafe

Goytre Wharf Great place for a walk along the canal, boat hire & cafe

Garden Festival Owl Sanctuary
Parking at the festival lake &
follow the path up to visit the owls, eagles
& more
Lovely place to visit &
grateful for donations

Llys Nini RSPCA Free parking Nature trails, playareas & events through the school holidays

Llangattock Park
Free parking in street
layarea, lots of space for a picnic
& walk to the river

Linda Vista Gardens, Abergavenny Pay & display parking st through Castle Meadows to a garden picnics, cafe,natural play area & swing

Merthyr Mawr Sand Dunes Pay & display parking Took a sledge here to go down the dunes, follow the paths to Ogmore beach Margam Country Park £7.20 per car, then free entry A full day out here Playareas, fairytale village, cafe, gardens to explore & have a picnic

Museum Of Cardiff
Free entry
By St Davids Arcade & smaller than the
other museum but lots of exhibits
to see & activities for children

Parc Cwm Darran
Pay & display parking
Walking & bike trail around the
lake, playareas, follow the path to
a waterfall

Porthkerry Country Park
Pay & display parking
Lots of pathways to walk, one that
leads to a pebble beach
Playarea, cafe & picnic areas

Pontypridd Park & Lido
Pay & display parking
Big playarea, lots of open space to spend
the day, cafe & there's a lido (book in
advance)

Pontypool Park
Play area, dry ski slope, gardens,
Ice house & Shell grotto and lots
of space for a picnic

Porthcawl Sea Front
Pay & display parking or street parking
Play area, walks to the beach, rock pooling,
arcades

Pencoedtre Park, Barry Play area, skate park & splash park Not far from the seaside Rowlestone Court Farm Free Parking £2 entry, under 12s free Nature trail walks, playareas, cafe & picnic areas Popular camping site

Roath Park
Street Parking
Large lake to walk around, paddleboat
hire, conservatory to visit (small charge)
to see exotic plants, terripins & birds,
playarea & cafe

St Fagans £6 parking, free entry Great place for a walk, picnic areas & playareas Love going around the old houses

Skenfrith Castle
Free parking in local area
Remains of a castle to explore,
large grounds for a picnic,
next to a river to have a dip

Swansea Waterfront Museum Free Entry Only small but shows some lovely exhibits, activities throughout the school holidays, places to walk &

sit around the marina

Singleton Park Pay & display parking Big grounds & gardnes to walk, playareas & not far from the beach

South Wales Aviation Museum £10 adults, free child entry for every paying adult or £2.50

Rainy day activity, packed with historical aircraft, some your able to climb aboard

The Old Station Tintern
Pay & display parking
Lovely place for a walk, playarea,
picnic areas & cafe

Thorn Hill Farm Shop Free Parking Take away cakes, family run farm shop, farm animals & playarea

Tredegar Park
Pay & display parking
Playarea, lots of space for a picnic

Victoria Park Street parking Playarea, splash park, cafe & lots of space for a picnic

Follow for days out ideas on Facebook or Instagram

@familyoffour_walesandmore





RCT WALKING ROUTES

https://www.rctcbc.gov.uk/EN/Residen t/SportsandLeisure/SportRCT/Whatsin myarea/Walkingroutes.aspx#Rhondda

Rhondda Mynydd Gelliwion · Start point: Barry Sidings Countryside Park ROUTE VIDEO ROUTE MAP · Route length: 9.5km Cwm Clydach Lake Walk · Start point: Car park near Cambrian Lakeside ROUTE MAP ROUTE VIDEO · Route length: 5.4km Darran Park Circular walk · Start point: Beech Street park entrance ROUTE MAP ROUTE VIDEO · Route length: 4km Maerdy Reservoir Walk · Start point: The Gateway memorial ROUTE MAP ROUTE VIDEO · Route length: 9km Pen Pych Waterfall walk · Start point: Pen Pych forest car park BOTLLE AIDEO · Route length: 5km Ty'n-y-Bedw forest walk . Start point: Treorchy High Street ROUTE MAP ROUTE VIDEO · Route length: 6.5km Cwm Hafod Walk · Start point: Rhondda Heritage Park ROUTEMAP · Route length: 2.5km **Bwlch-y-Clawdd Circular Walk** · Start point: Treorchy library ROUTE MAP . Route length: 12.3km Blaencwm Lower Level Walk . Start point: Pen Pych forest car park ROUTE MAP ROUTE WIDEO · Route length: 3km

YEPS SUMMER TIMETABLE

YEPS Summer Holiday 2023 Programme - Tonypandy & Treorchy Area (ages 11+) Please only book 2 trips per person – book trips through your school page on Yeps.Wales or on YEPS App

| DAY | WK1 24-28 JULY | WK2 31 - 4 AUG | WK3 7-11 AUG | WK4 14-18 AUG | WK5 21-25 AUG | WK6 28 AUG -01 SEP |
|-----------|---|---|---|--|---|--|
| MONDAY | | | | Ponty Lido Trip 11-3:30pm Book on through the YEPS App or on YEPS, Wales | | |
| TUESDAY | TONYPRINOY SPORTS REQUECT AT Yagot Name Gwyn 2-4066 | TONYPANOY SPORTS PROJECT at Yagol Marti Gwyn 2-4PM | TONYVANDY SPORTS PROJECT at Yagol Hant Gwyn 2-kPM | TONYBANDY SPORTS PROJECT at Yogol faint Gwyn 2-apax | TONVINANCY SPICES PROJECT at Togol Frant Gwyn 2-4PM | |
| | TREHERBERT Sports Project at Baglan Pitch 5:30-7:30PM | TREHERBERT Sports Project at Bagfan Pitch 5:30-7:30PM | TREHERBERT Sports Project at Bagian Pitch 5:30-7:30PM | TREMERBERT Sports Project at Bagfan Pitch 5:30-7:30PM | TREHERBERT Sports Project at Baglan Pitch 5:30-7:30PM | THEHERBERT Sports Project at Baglan Pitch 5:30-7:30PM |
| WEDNESDAY | Aberavon Beach Trip 10-5:30pm Book through the YEPS App or on YEPS Wales | Aqua Park Cardiff Bay Trip 10-3:30001 Book through the YEPS App or on YEPS Wales | 9" August YSTRAD FAMILY FUN DAY at Ystrad Sports Centre 11-2pm | | Flashpoint Rock Climbing Swansea Trip 10:20 – 3:30pm Book through the YEPS App or on YEPS:Wales | |

| | | TON & GELLI YOUTH CLUB at Ton & Gelli Community Centre 6-8pm | TON & GELLI YOUTH CLUB at Ton & Gelli Community Centre 6-Spm | TON & GELLI YOUTH CLUB at Ton & Gelli Community Centre 6-Spm | TON & GELLI YOUTH CLUB at Ton & Gelli Community Centre 6-Spm | TON & GELLI YOUTH CLUB at Ton & Gelli Community Centre 6-Spm |
|--------------------|--|---|--|--|--|--|
| THURSDAY | MOBILE YOUTH VAN & PARKOUR at Treorchy Park 2-4PM | MOBILE YOUTH VAN & BUBBLE FOOTBALL at Treorchy Park 2-4PM & PLANTING THE SEED WORKSHOP | MOBILE YOUTH VAN & NERF WARS at Treorchy Park 2-4PM | MOBILE YOUTH VAN & MULTI SPORTS at Treorchy Park 2-4PM | MOBILE YOUTH VAN & DJ PARTY at Treorchy Park 2-4PM | |
| FRIDAY | TRANSITION DISCO for new year 7's at TON & GELU COMMUNITY CENTRE 6-7:30PM Book through the YEPS App or on YEPS Wales | | MOBILE YOUTH VAN at TREORCHY PARK 6-SPM | | WHAT'S THE ISSUE WORKSHOP at TREORCHY UBRARY 2-4PM | |
| SALUIDAY EVENTS | SKATE JAM at Gelfigaled Park 1-4pm | | GENZFEST - Treorchy | YSTRAD BIG GET TOGETHER at Hen Felin School 11-30M | | |





all ages.



Friends of Treorchy Park

PADDLING POOL

OPENING























SUMMER AT PONTYPRIDD MUSEUM

26.07.23

Children's Arts & Crafts

Free to attend No booking necessary!

28.07.23

Planetarium

Free to attend Pre-booking essential! 16.08.23

Children's Arts & Crafts

Free to attend -No booking necessary!

12:00 - 15:00

Come along and create summer-themed crafts.

02.08.23

Children's Arts & Crafts

Free to attend -No booking necessary!

04.08.23

Planetarium

Free to attend Pre-booking essential! 23.08.23

Children's Arts & Crafts

Free to attend - No booking necessary!

12:00 - 15:00

Come along and create summer-themed crafts.

09.08.23

Children's Arts & Crafts

Free to attend -No booking necessary!

12:00 - 15:00

Come along and create summer-themed crafts.

30.08.23

Children's Arts & Crafts

Free to attend No booking necessary!

01.09.23

Planetarium

Free to attend Pre-booking essential!

For more information please contact: 01443 490740 or info@pontypriddtowncouncil.gov.uk





Tocyn Haf i Fyfyrwyr

Leisure for Life presents..

Student Summer Pass

Pythefnos o ddefnydd diderfyn o'r gampfa, y pwll nofio, dosbarthiadau ffitrwydd, y cyrtiau badminton/sboncen/ tennis bwrdd a'r cyfleusterau pêl-rwyd a phêl-fasged (gweithgareddau sy'n addas i'r oedran) mewn 12 canolfan.

Two weeks' unlimited access to: gym, swimming, fitness classes, badminton, squash, table tennis, netball and basketball hoops (age-related activities) across 12 centres.

Bydd tocynnau ar werth o 22 Gorffennaf tan 16 Medi

(ac mae modd defnyddio'r tocyn hyd at 30 Medi).

Mae amodau a thelerau yn berthnasol. Mae'r tocyn yn addas ar gyfer myfyrwyr mewn addysg llawn amser yn yr ysgol, coleg neu'r brifysgol. I gael rhagor o wybodaeth, ewch i www.rctcbc.gov.uk/hamddenamoeshaf2023.

Passes are on sale from July 22 to September 16

(use up to September 30)

Terms and conditions apply. Pass is for all full-time students school/college/university. Visit www.rctcbc.gov.uk/leisureforlifesummer2023 for more information.





YEPS







NOFIO AM DDIM YN YSTOD GWYLIAU'R





| | IMPACTORIA IMPACTORIA LLANTRISANT | CANOLFAN CHWARAEON CWM RHONDDA SPORTS CENTRE | CANDLEAN HAMODEN SOBELL LESSURE CENTRE | ABERCYNON | PWAL NORIO BRONWYDD SWIMMING PGOL | CANOLFAN HAMDDEN TONYREFAIL LEISURE | PWIL NOTIO Y DORACHEN HAWTHORN SWIMMING | PWILL NOFIO GLYNRHEDYNOG FERNDALE SWIMMING |
|--------------|---|---|--|-------------|--|--|--|---|
| Llun Mon | 11:15-12:15 | 12:30-13:30 | 11:00-12:00 | 11:00-12:00 | 10:00-11:00 | 14:00-15:00 | 13:30-14:30 | 12:00-13:00 |
| Mawr Tue | 11:15-12:15 | 12:30-13:30 | 11:00-12:00 | 11:00-12:00 | 10:00-11:00 | 14:00-15:00 | 13:30-14:30 | 12:00-13:00 |
| Merch Wed | 14:35-15:45 | 12:30-13:30 | 11:00-12:00 | 11:00-12:00 | 10:00-11:00 | 18:00-19:00 | 13:30-14:30 | 12:00-13:00 |
| lau Thur | 14:35-15:45 | 12:30-13:30 | 11:00-12:00 | 11:00-12:00 | 10:00-11:00 | 14:00-15:00 | 13:30-14:30 | 12:00-13:00 |
| Gwen Fri | 15:00-16:00 | 12:30-13:30 | 11:00-12:00 | 11:00-12:00 | 10:00-11:00 | 14:00-15:00 | 13:30-14:30 | 18:00-19:00 |
| Sad Sat | | 12:00-13:00 | 11:30-12:30 | | | | | 11:00-12:00 |
| Sul Sun | 10:00-11:00 | | | 12:00-12:45 | 11:00-12:00 | 14:00-15:00 | 11:00-12:00 | |

Bydd gwersi nefio cwrs carlam hefyd ar gael drwy gydol gwyliau'r. Cysylltwch â'r ganolfan hamdden yn uniongyrchol am ragor o

Grash course swimming lessons will also be available throughout the school holidays, please contact the Leisure Gentre directly for more information.

CANOLFANNAU HAMDDEN RHONDDA CYNON TAF RHONDDA CYNON TAF LEISURE SERVICES

DOWNLOAD THE APP

