



The Sherwood Forest Files Home of the Archers



**FEDERAL WAY
PUBLIC SCHOOLS**
Each Scholar. A Voice. A Dream. A BRIGHT future.

February 2023

Sarah Gill, Principal
Doreen Owens, Assistant Principal
Dee Bergstrom, Counselor
Vivian Shields, Nurse

Mikki Hoover, Office Manager
Sheri Borden, Secretary
Vanessa Rodriguez, Office Assistant/SNA
Gwendolyn Pinkney, Family Liaison

Upcoming Events:

January 30	No School-Semester Break
February 1	Choice Enrollment Begins-Honor Choir Practice @ 2:00 Memorial Field Groundbreaking @ 3:30
February 3	Popcom Day
February 7	PTA Skate Night
February 8	Early Release @1:35
February 10	Archer Way Assembly @ 2:30
February 14	School Board Meeting@ Green Gables @ 6:00
February 15	Honor Choir Practice @ 2:00
February 20	President's Day No School
February 22	Early Release @1:35
February 23	2 nd /3 rd Concert
February 24	Scholar Advisory @ 2:05
February 28	School Board Mtg @ 6:00-Woodmont

Our Shared *Strategic Plan* Mission:

In an environment of high expectations, high support, and no excuses, the staff of Sherwood Forest Elementary School will continually learn, lead, utilize data, and collaborate to ensure our scholars have a voice, a dream, & a bright future.

CONTACT US:

Sherwood Forest Elementary School

34600 12th Avenue S.W.
Federal Way, WA 98003
(253) 945-3800

Federal Way Public Schools

<https://www.fwps.org/sherwoodforest>



Scholar in the City-

Our Sherwood Forest Kindergarten Archers Artwork is being displayed at Marlene's Market and Deli. Stop by and check out our student illustrations celebrating Martin Luther King Jr Day. Thank you to Marlene's Deli for supporting our schools!

FWPS STEM EXPLORATION NIGHT 2023

Save the Date for STEM Exploration Night, April 12, 2023

Federal Way Public Schools (FWPS) is proud to announce a return to an in-person event for our sixth annual STEM Exploration Night!

On **Wednesday, April 12, 2022**, from 6-8 pm at **Federal Way High School**, PreK-12 students and families are invited to explore this exciting event to explore the many possibilities through STEM (Science, Technology, Engineering, and Math).

At the event, you can check out booths, engaging and informative panel discussions, interactive activities, and more! The event will spark STEM curiosity in young students and provide further insight into career possibilities for our emerging leaders. Students of all grade levels will find what they need to **explore, prepare, and launch** into one of the many STEM opportunities leading to high-demand careers in our region.

Did you know? By 2030, 87% of high-demand, family-sustaining jobs will require a postsecondary degree or credential, and 67% of those jobs will be STEM-related ¹. It is important for FWPS to provide scholars with the ability to explore opportunities in STEM, which is one of the many pathways to a BRIGHT future!

Take a trip down memory lane by checking out the [recap from our last in-person STEM Exploration Night in 2019](#).



WOW, THE FOREST IS LINED WITH WARMTH!

A big shout out to all the families that donated new and gently used coats.

A TOTAL OF 107 COATS WERE DONATED!

A HUGE thank you to the Soroptomist organization for donating bags and bags of coats. Cheryl Hurst and Luckisha Phillips heard Sherwood Forest was doing a coat drive and they went to town with donations from the community.



KINDERGARTEN ENROLLMENT HAS BEGUN

Kindergarten registration for the 2023-2024 school year is now open. Families with a child who will be five-years-old by Aug. 31, 2023 are welcome to enroll their scholar online at home or may use a computer in the school office. Additional paperwork must be completed at the school to complete the entire registration process.

To enroll online, visit: www.fwps.org/kiosk, and click on the "Student Registration" link to start the process (**make sure to select the 2023-24 school year**). The following documents are recommended at the time of registration:

- Your child's birth certificate
- Proof of your address (rental agreement, purchase agreement, or utility bill)
- Your child's immunization records for measles, mumps, rubella, polio, diphtheria, whooping cough, tetanus, hepatitis B, and varicella (chickenpox)

If your child has life threatening conditions such as allergies, asthma, diabetes, and seizure disorders, a meeting will be scheduled with the school nurse to confirm that all medications, medical supplies, and health care provider orders are in place prior to the first day of school.

It is also suggested that parents provide:

- Two emergency contacts, including addresses and phone numbers
- Physician, dentist, and child care addresses and phone numbers

For further information go to <https://www.fwps.org/Page/7199>

Any questions, please call Sheri Borden, Data Secretary at 253-945-3800

♥ Welcome to Kindergarten

Spanish Translation for February

By Mrs. Rodriguez....

El día de San Valentín es un momento extraordinario para recordar el poder duradero de un amor verdadero.

Valentine's Day is an extraordinary moment for recalling the lasting power of a true love~M.F. Moonzajer



Spring Scholar Led Conferences will be Thursday, March 30th and Friday, March 31st. Look for more information to come.



April 3rd-7th-Spring Break-No School



Battle of the Books is coming soon!

Sign-ups in the library

Scholar Advisory

Next Scholar Advisory Meeting Friday, February 24th @2:05 in room 206

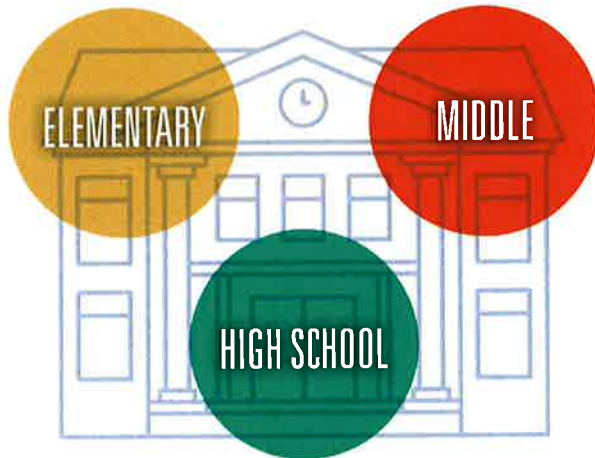




WHO ARE SCHOOL COUNSELORS?

School counselors are certified/licensed educators who improve student success for all students by implementing a data-informed school counseling program.

EMPLOYED AT ALL LEVELS



Also employed in district supervisory positions; and school counselor education positions



SCHOOL COUNSELOR QUALIFICATIONS

- ▶ **Hold, at minimum, a master's degree in school counseling**

- ▶ **Meet the state certification/licensure standards**

- ▶ **Fulfill continuing education requirements**

- ▶ **Uphold ASCA ethical and professional standards**



For more information, resources please visit www.schoolcounselor.org



SCHOOL COUNSELOR'S ROLE

School counselors play an essential role in creating an equitable, inclusive school culture promoting success for all.

- ▶ **Help all students:**
 - apply academic achievement strategies
 - manage emotions and apply interpersonal skills
 - plan for postsecondary options (higher education, military, work force)

- ▶ **Appropriate duties include providing:**
 - individual student academic planning and goal setting
 - school counseling classroom lessons based on student success standards
 - short-term counseling to students
 - referrals for long-term support
 - collaboration with families/teachers/administrators/community for student success
 - advocacy for students at individual education plan meetings and other student-focused meetings
 - data analysis to identify student issues, needs and challenges

IDEAL CASELOAD

250 students per school counselor





February is National Children's Dental Health Month!



We can all agree on the importance of good oral hygiene for a beautiful smile and optimal oral health. Children need to learn proper oral hygiene too—the earlier the better! These tips will help to ensure your child develops good hygiene habits early on.

Help Your Child Brush Their Teeth

Most children lack the coordination to brush or floss their teeth on their own until age 6 or 7. A good rule of thumb is for you to brush your child's teeth until they have reached age 8, or until they have mastered good brushing skills.

- Brush for two minutes. Really focus on the cavity-prone back upper and lower molars.
- Trade off your brushing your child's teeth with them brushing their own teeth. This gives them the chance to develop important skills and you the chance to monitor their progress.
- Allow your child to learn skills from you by watching you brush and floss your own teeth.

Establish a Routine

- Help your child establish a healthy hygiene routine by brushing your teeth with them
- Make teeth brushing fun! Make up a song or have your child choose a favorite song to groove to at teeth-brushing time.
- Brush teeth at least twice a day—after breakfast and before bedtime—with fluoride toothpaste to prevent cavities and gum disease.
- Encourage your child to drink water after eating. This helps to clear food particles.
- Limit snacks, especially sticky ones and slowly dissolving sugary ones.
- Change your toothbrush every three months, or sooner after an illness or if the toothbrush has gotten frayed
- Help your child floss. They sell nifty made-for-kids floss that's on a fun little handle.
- Make a dental appointment for your child every six months for a check-up and cleaning.

Carbonated beverages such as Coca Cola, Pepsi, and Sprite are low in nutrition and high in sugar, acid, and empty calories. Kids who drink more soda are at higher risk for tooth decay.

Please don't hesitate to reach out to our School Nurses' office if you have any questions about dental care or other issues affecting your child's health.

Happy flossing!

Vivian Shields, MS, BSN, RN

School Nurse for Sherwood Forest Elementary

<https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html>

<https://www.mouthhealthy.org/en/babies-and-kids/tips-for-parents>

<https://www.mouthhealthy.org/en/az-topics/b/baby-bottle-tooth-decay>

<https://www.webmd.com/oral-health/guide/brushing-flossing-child-teeth#1>