



# **Saturday Anti-Vape Education Sessions (SAVES)**

Students Caught with Tobacco or Tobacco Products and

Students Who Want to Quit Vaping

**Registration Required!**

Held at Calvert County Health Dept.

**975 Solomons Island Road Prince Frederick, MD 20678**

**9:00am to 12:00pm**

9:00am to 10:00 am - Tobacco/tobacco products explained, marketing, chemicals , cost , and break

10:00am to 11:00 am - Nicotine addiction, quit resources, and break

11:00am to 12:00pm - Discussion on stress management and refusal skills by school therapist, Sarah Ayers, LMSW

**2023-2024 School Year**

**September 16**

**October 14**

**November 11**

**December 9**

**February 10**

**March 9**

**April 13**

**May 11**

**June 8**

**Email: [jane.dodds@maryland.gov](mailto:jane.dodds@maryland.gov)**

**Text 410-610-8771 or Call 410-535-5400, ext. 359**

**Tobacco Use Prevention and Cessation Program**

**Paid in part by MD Cigarette Restitution Fund**