



**Old Rochester Regional High School
Guidance Office
Junior Year TO DO List**

- Begin/continue researching and visiting colleges. Think about “fit” - size, location, majors, athletics, etc.
- Pay attention to “Accepted Student Profiles” at each college/university (average GPA and standardized test scores of accepted students – how does your profile match?)
- Sign up for the SAT. Use www.sat.org/register. Suggested test dates are May or June. See the College Board website for registration deadlines and test dates. Some students take the ACT in addition to, or in place of the SAT. Students can register at www.actstudent.org. Colleges accept either/or. Have scores officially sent from collegeboard and/or ACT to colleges. If you qualify for free/reduced lunch please see your counselor for a fee waiver.
- Verbally ask teachers/counselors/coaches/etc. for letters of recommendation (2 teacher letters from different subject areas, a counselor letter, and possibly the “other” letter). Then, using Naviance, you must electronically request your teacher(s) in order for them to upload your letter(s) to Naviance. Teachers and counselors' letters of recommendation will be sent to colleges electronically through Naviance.
- Create/update your resume and complete the Senior Questionnaire in the “About Me” tab on Naviance.
- Add college names that you may be interested in applying to in the “Colleges I Am Thinking About” section of Naviance.
- Refer to Naviance and the guidance website for college open house information, college representative informational sessions, and scholarship information. It is updated every 7-10 days.
 - If you are a student athlete planning to participate in DI, DII or DIII sports at the collegiate level you must register with the NCAA Clearinghouse at www.ncaa.com.
- Make an appointment with your counselor to discuss your plans.

Throughout this process be mindful that colleges are looking for students who:

1. Maintain rigor up to and through senior year in courses geared towards one’s potential major / career interest(s)
2. Are active in school activities and/or the local community
3. Demonstrate Interest (schedule campus tours, reach out to college admissions, attend college fairs, etc)

*Naviance activities will be completed during Bulldog Block sessions with counselors