



ESY 2023 Newsletter

NEWMARK
High School

Principal’s Message



Ms. Borea and Nick

It’s hard to believe that Newmark High School Extended School Year Program has come to an end. Our students were engaged in many different activities, and we offered a diverse spectrum of classes and programs that targeted emerging skill development. Our freshman became familiar with our program and have a better sense of what the school year will be like. They also went on weekly Community Services trips and are ready to take on the new school year.

The Academic portion of our program focused on Summer Reading, Math, Science, Art, and Fitness. Our sophomores had the pleasure of working at two different horse farms and our Juniors had the opportunity to develop their work skills at Spectrum. Our upperclassmen had developed their work skills through various work programs and had fun navigating New York City excursions.

The pictures in this newsletter will give you some insight into the fun we all had during ESY. We welcomed our new students to our program and they all did a great job adjusting and meeting new friends.

We continued to experience and witness example after example of profound growth in our students as they took on new challenges. We are very proud of their accomplishments this ESY!! We hope you all enjoy the rest of your summer, be safe and we cannot wait to see everyone back on Thursday, September 7, 2023.

Sincerely,

Gina M. Borea

Gina M. Borea
Principal



The 2024 Senior Class

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**NHS Back To School
Night Save the Date!**
Wednesday, September 27, 2023
Details Coming Soon!

Newmark High School:
Gina M. Borea
Principal

Dr. Regina M. Peter &
Ms. Cynthia Allman
Executive Directors

Announcements

Happy Summer!!!

Thank you for checking your email this month for your ESY Friday Backpack News and Parent Alerts. Be on the lookout for your 2023-24 School Year Friday Backpack News and Parent Alerts beginning again on Friday, August 18, 2023. The first day of school is Thursday, September 7, 2023.

Stay in the Loop

- Make sure Newmark has your most current email address.
- If you are not receiving your weekly email, please check your Spam filter or folders.
- Add Newmark Education to your safe sender list.
- Visit the school website for up to date information and resources – [newmarkeducation.com](https://www.newmarkeducation.com)

Questions? Please contact forms@newmarkeducation.com



Marek

2023-24 School Forms – Fall 2023 Checklist

View School Year Checklists to access, menus, calendars and additional medical forms at <https://www.newmarkeducation.com/current-parents/forms-2023-24>

- ☑ If you have already completed your **2023-24 Registration Forms** for ESY, you do not need to submit again for Fall 2023.
- ☑ Any medical form requiring a Physician's signature must be submitted to Nurse Carroll prior to the start of school on **September 7, 2023**.

Sports Participation Update: Newmark High School requires all students participating in athletic activities (soccer, cross country, winter track, spring track) during the 2023-24 School Year to have current physical and other required forms on file in the school nurse's office before a student can participate in any practice or competition. These forms and more information can be found on the school website: <https://www.newmarkeducation.com/current-parents/forms-2023-24>

- ☐ Sports Physical Form - required
- ☐ Concussion Form – required
- ☐ Sudden Cardiac Death Sign Off Sheet - required
- ☐ Opioid Use & Misuse Parent Consent Form - required
- ☐ Health History Update – *required if student participates in multiple sport activities during the school year (ex. If high school student plays soccer in the fall and then wants to participate in Spring Track)*

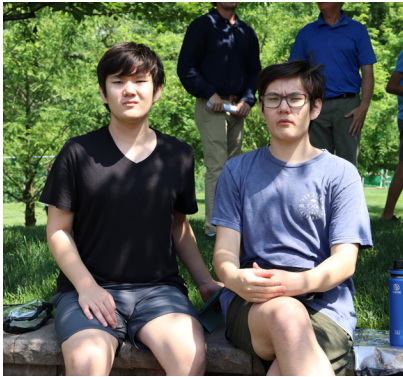
Questions: Please email Nurse Carroll at ecarroll@newmarkeducation.com

Save the Dates!

- **First Day of School:** Thursday, September 7, 2023
- **Mandatory New Parent Meeting:** Wednesday, September 13, 2023 - for new parents only
- **Newmark High School Picture Day:** Wednesday, September 27, 2023
- **Newmark High School Back To School Night:** Wednesday, September 27, 2023
- **Newmark Fall Celebration:** TBD

ESY Scrapbook

First Day of ESY



Henry and Richard



Matthew, Daven and Lars



Fun during break!



Ready for ESY!



Looking forward to a great first day!



Catching up with friends



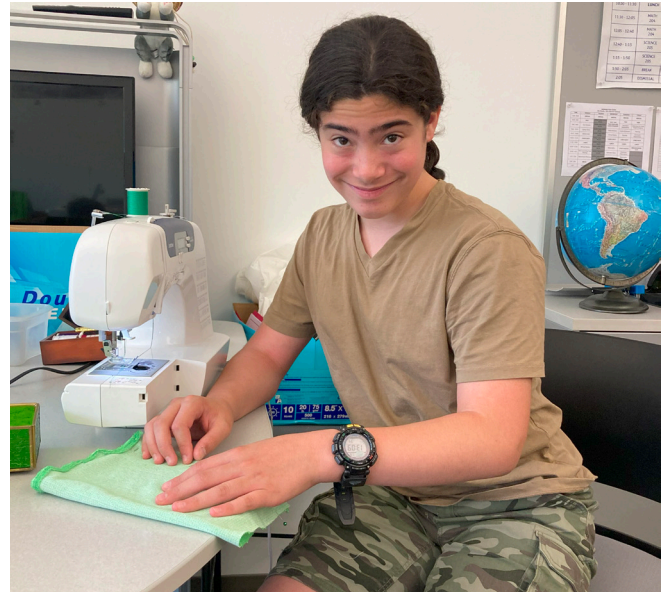
Layla, Sydney and Parker

ESY Scrapbook

Community Service Trips



The Freshman Class helping at St John's



Nicco making a Dog Blanket



David



Making snack bags



Newmark HS Students helping weed the garden



Hard at work

ESY Scrapbook

Community Service Trips



CJ and Noah organizing pantry items



Reba and Lars cleaning the



Jordan, Sullivan, Nick and Justin helping seeding



Making Toiletries



Tyler



Sullivan



Justin



Newmark HS Students distributing toiletries

ESY Scrapbook

Horse Farm Trips



Hanging at the Horse Farm



Matthew



Daven



Henry riding a horse



Elias

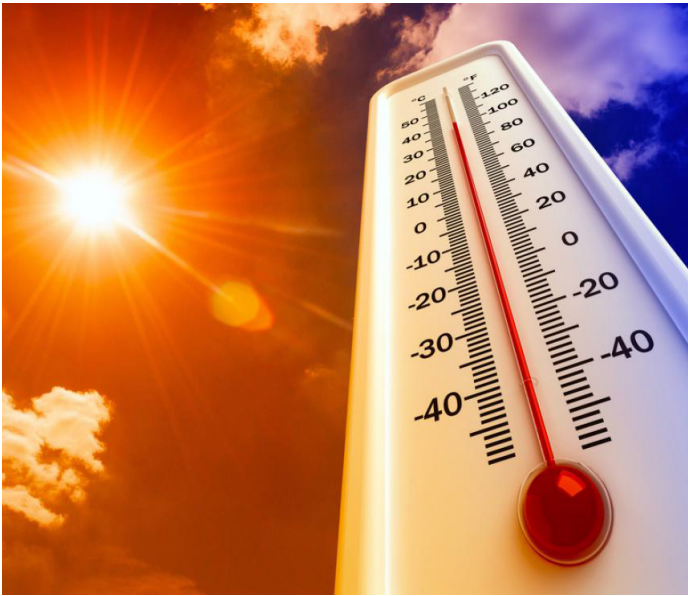


Layla and Bryan



Beth brushing a horse

We had a great ESY this year and all the students seem to really enjoy our program. As our ESY program comes to an end, and summer break begins for our students, I'd like to share some health safety information on heat stress in children and bug safety.



Heat Stress in Children:

The intensity of activities in hot weather that last 15 minutes or more should be reduced whenever high heat and humidity reach critical levels. Before prolonged physical activity, your child should be well hydrated. During the activity, periodic drinking should be enforced, for example, every 20 min. 5oz.-9oz of cold water or a flavor sport drink even if a child does not feel thirsty. Also remember to drink after the activity is completed.

Clothing should be light colored and lightweight, also limited to one layer of absorbent material to facilitate evaporation of sweat. Sweat saturated shirts should be replaced by dry garments, so bring extra shirts along.

Bug Safety:

Don't use scented soaps, perfumes or hair spray on your child. Avoid areas where insects nest or congregate, such as stagnant pools of water, uncovered food and where garden flowers are in bloom. Avoid dressing in bright colors or flowers prints. To remove a visible stringer from the skin gently scrap horizontally with a credit card or your fingernail.

Combination sunscreen/insect repellent should be avoided because sunscreen should be applied every 2 hours, but insect repellent should not be reapplied. Insect repellent containing DEET are most effective against ticks, which can transmit Lyme Disease, and mosquitoes which can transmit West Nile Virus and other viruses.

The concentration of DEET in products may range from less than 10% to 30% (which is the maximum strength), which varies from product to product so please read the labels. DEET should not be used on infants under 2 months of age. Do not use DEET on the hands of young children; avoid applying to areas around the eyes and mouth. Do not use DEET over cuts, wounds or irritated skin. Wash treated skin with soap and water after returning indoors and wash treated clothing. Avoid spraying in enclosed areas; do not use DEET near food.

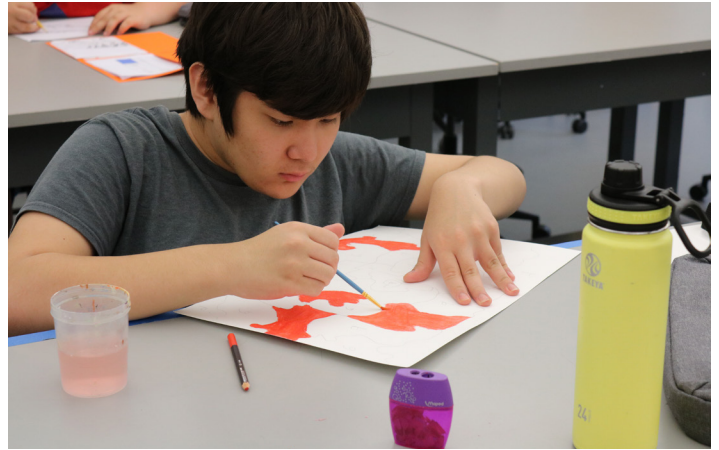


ESY Scrapbook

Summer Fun



Newmark HS Students participating in the Prisms of Reality Program



Henry in Art Class



The Travel Program Trip to NYC



The Travel Program Trip to NYC



Prisms of Reality Program



Andrew in Art Class