



Athletic Newsletter

Incoming 7th and 8th grade

July 2023

ONLINE ATHLETIC REGISTRATION IS NOW OPEN

Start Dates/Tryouts for **2023-2024**

Incoming 7-8th grade Fall Sports

Registration for the 2023-24 school year is now open. Please keep in mind if your child will be participating in sports for the 2023-24 school year, the student must pass a PIAA physical exam. Physicals must be administered by a doctor **June 1, 2023 or after** and they cannot tryout for a sport unless the online registration and physical is complete at least 2 weeks before tryouts begin. Online registration includes a CIPPE Physical (PIAA section 7), this will be uploaded to your online registration. Instructions for registration were emailed out on June 1st and on the tab below under Registration.

- **Fall** registration is due **2 weeks** before your first practice/tryouts
- **Winter** registration is due by **November 3, 2023**
- **Spring** registration is due by **February 19, 2024**

A missed tryout opportunity may occur if you fail to meet the deadlines

**** Section 7 is uploaded by you to your Student Central account, no forms to be turned in.**

Below you will find the link to registration information:

- [Student Central Kick Off Letter](#) - this gives you the basics of how the system works
- [Getting Started Guide for Students & Parent/Guardian](#) - this will give you step by step instructions.

Fall Starting Dates: 2023-2024 ** dates are subject to change

- **Aug. 7, 2023** - High School Football Mandatory Heat Acclimation and Varsity Boys Golf
- **Aug. 14, 2023** - High School Regular Season/First Practice
- **Aug. 28, 2023**—8th grade Football **Aug. 29, 2023**—7th grade Football
- **Sept. 5, 2023** - Middle School Sports, First Practice/Tryouts



SPECIFIC MIDDLE SCHOOL COACH CONTACT INFORMATION

2022-23	Last Name	First Name	Email
Cross Country-Boys' (7/8th Grade)	Karalius	Victoria	vkara@spring-ford.net
Cross Country-Girls' (7/8th Grade)	Short	Amy	ashor@spring-ford.net
Cheerleading Fall (8th Grade)	Yurko	Tara	tmey9@hotmail.com
Cheerleading Fall (7th Grade)	Stanton	Ayannah	
Football Coach (8th Grade)	Souder	Ryan	rsoud@spring-ford.net
Football Coach (7th Grade)	TBD		
Field Hockey Coach (8th Grade)	Jacobs	Zoe	zjaco@spring-ford.net
Field Hockey Coach (7th Grade)	MacMillian	Taylor	tmacm@spring-ford.net
Soccer Coach-Boys' (8th Grade)	Ruiz	Zachary	zruiz@spring-ford.net
Soccer Coach-Boys' (7th Grade)	Worrall	Edgar Jon	eworr@spring-ford.net
Soccer Coach-Girls' (8th Grade)	Davis	Hope	hdavi@spring-ford.net
Soccer Coach-Girls' (7th Grade)	Malloy	A.J.	amoll@spring-ford.net
Volleyball Coach-Girls' (7/8th Grade)	Shields	Elizabeth	eshie@spring-ford.net
Volleyball Coach-Girls' (7/8th Grade)	Drummer	Gabrielle	gdrum@spring-ford.net

Please continue to check the web site for coaches listed as TBD, we will update as they are hired.

GENERAL INFORMATION

We will no longer have the second 7th grade teams for the following sports:

- Boys and Girls Soccer
- Boys and Girls Basketball
- Baseball
- Softball

SPECIFIC MIDDLE SCHOOL TRYOUT INFORMATION

Volleyball—7/8th grade—Coach Liz Shields and Coach Gabrielle Drummer

8th Grade Volleyball Tryouts will take place September 5-7. 7th Grade tryouts will be September 8, 11 and 12. Tryouts are held from 3:00-5:00pm each day at the 7th Grade Center.

Email 8th grade questions to: eshie@spring-ford.net Email 7th grade questions to: gdrum@spring-ford.net **Specific Volleyball Tryout Info will be emailed in late Aug/early Sept to those who have completed both online registration and health forms.

Girls Soccer—8th Grade—Coach Hope Davis

8th-grade girls' soccer tryouts will be held from Wednesday 9/6 through Friday 9/9 from 3:00-4:30pm. Specific tryout information will be emailed to those who have completed online registration and all health forms. Email questions to hda-vi@spring-ford.net

Football—7th Grade—Coach Tim Seislove

7th grade football tryouts will begin on Tuesday, Aug. 29 – Thursday, Aug. 31. Athletes should wear shorts, t-shirt, and athletic shoes. More information will be sent out via email to parents who have completed their athletic registration on the Spring-Ford Athletic Web Site.

MS Cheer—grades 7th and 8th -- Coach Tara Yurko

MS Cheer will start on Tuesday September 5th. The open gym/tryout dates are September 5-September 7, 3:00-5:00 each day. Please make sure to complete the online sports registration and sports physical. They are due no later than 2 weeks prior to the start of the open gym/tryout start date. Failure to get paperwork in before the start date will result in your child not being able to participate. There will be announcements made at each building during the first week of school with additional information regarding practice location. You can email Coach Tara at tyurk@spring-ford.net with any questions.

Football—8th Grade—Coach Ryan Souder

Practice will begin on Monday 8/28 and go from 3-5:30. Please meet in the 8th grade center main gym after school and bring cleats and athletic attire. Make sure all your physical paperwork is completed in order to practice.



Get a jump on your membership renewal by completing your 2023-2024 **SF Booster Club Membership** now. It is easy to do online at [MEMBERSHIP 2023-24 \(sfboosterclub.net\)](https://spring-ford.net/membership)

SF Spiritwear- We are also having a HUGE SALE on our SF Rams stadium seats! You can find them and other great SF spiritwear at [SHOP NOW \(sfboosterclub.net\)](https://spring-ford.net/shop) We have bucket hats (NEW), garden flags (NEW), string bags, car decals (NEW), tees, and more. We also have GOLD tees that can be pre-ordered now. These are perfect for your HS child to use for a gym uniform this fall. They will arrive soon!

Shopping for a Cause- We have a new easy way to support SF Athletics. It's simple, download the ShopRaise mobile or desktop app and every time you make a purchase at a participating retailer, a percentage will support the SF Booster Club. Click to download and start supporting us with every purchase. <https://shopraise.com/support/sfboosterinc>

TIPS FOR REGISTRATION—BIG TEAMS/STUDENT CENTRAL

Below are a few tips to help you navigate through the athletic registration process.

- If the system is timing out when you try to complete the forms, click “Keep me signed in” when you initially sign in.
- If switching between student accounts, be sure to click the name at the top and sign out before you try to switch.
- PIAA Section 6 Health History can be completed online, Section 7 CIPPE Physical must be uploaded, you can no longer drop them off at the school. You can also upload the Eligibility form and First Aid if you are unable to complete them online.
- All students have an account with Student Central, you need your school email address. This system is case sensitive so be careful how you enter the students email address. (example: MCDANMI-C000@rams.spring-ford.net).
- The initial password to your student account is “bigteams” it is all one word and all lower-case letters.
- To LINK Accounts the student account is created using the students email and it is case sensitive. Be sure you enter (example: MMCDAMIC00@rams.spring-ford.net), the initial password is “bigteams” all one word and lowercase.
- An email will not come from Big Teams to your students email as Spring-Ford does not allow outside emails to their accounts, you can still continue through the questions.
- Be sure to make note of your account emails and passwords as you will need them in the future.
- Feel free to contact Customer Support for Big Teams at: support@bigteams.com
- ** If you registered last year, the system will save your link and contact information, if you don't know your password contact Big teams to reset.

Once you complete the online registration and uploaded your physical, your coaches will be able to see that you have completed your registration and would like to tryout.

As a reminder, students cannot try out until their online registration is cleared. Please log into Student Central/Big Teams and check to be sure your student has been cleared for tryouts. A missed tryout opportunity may occur if the registration is not complete.

Please make sure your contact emails are correct in skyward. Communication goes out through your skyward email.

FREQUENTLY ASKED QUESTIONS

- How do I register for sports?
 - In order to tryout for sports you will need the following items:
 1. Online Registration Completed through Planeths.com —Instructions for this is on the Athletic Web Page: <https://www.spring-ford.net/high-school-athletics>
 2. PIAA Section 7 CIPPE Physical Form—you can find this on the Athletic Web Page on the right side under Athletic Forms. The physical must be administered by a doctor on or after June 1, 2023 and uploaded to your Student Central account. Any physicals dated before that date cannot be accepted.
 3. Registration completed late may result in a missed tryout opportunity.
 4. ** As a reminder we create accounts for each student!
- Where do I turn my forms in to?
 - Forms are no longer turned in, you will need to upload your forms to your Planeths account.
- When do sports start and where does my student report?
 - Start/tryout dates are listed in this newsletter and on our web page.
- Where does my student report?
 - Please contact the coach by email for detailed instructions.
- What does my student need to bring to practice?
 - Please contact the coach by email for specific information about the sport.
- Who is the coach?
 - Coaches are listed on the web site .
- Will physicals be held at the school?
 - We will not be holding physicals at the school. You can use Urgent Care or Patient First. The prices are different for each location so you may want to call around.

Student Activity Fee

Student Activity Fee information is found on the Athletic web page under Student Activity Fee. No payments are required during try-outs. The Activity Fee will be collected through School Pay only after teams are established. You will receive an email from the Athletic Office. Payments must be made online; no cash or checks are accepted.

Parents, please make sure your email address is correct in skyward.

Happy Summer!