



PANTHER football



2023 – Parent Handout

Important Resources

Touchdowners Website – www.slppantherfootball.com – program info

SLP Athletics Website – <https://www.springlakeparkschools.org/activities-athletics> – registration

NW Suburban Conference Website – <https://www.nwsconference.org> – game schedules

Fall Camp Outline – other than Gold Card Blitz players will remain on campus during Fall Camp

Mon 8/14	Tues 8/15	Wed 8/16	Thurs 8/17	Fri 8/18	Sat 8/19
8am-3pm	8am-8pm Pictures 1pm Gold Cards 3-8pm	8am-3pm	8am-1:30pm	8am-3pm	Off
Mon 8/21	Tues 8/22	Wed 8/23	Thurs 8/24	Fri 8/25	Sat 8/26
8am-3pm	8am-2pm	1pm-7pm Back to FB 5:30pm	8am-2pm	9 th 9am-12pm - Scrmg @ SLP JV/V 8am-1pm	9 th Off JV/V 8am-12pm Scrmg @ SLP
<p>School schedule starts 8/28 9th M-F 3-6, games usually on Thursday (no Saturdays for the 9th grade team) JV/V M-F 3-6, Saturdays 8-12 (roughly), team meetings and JV games. Lifting 2 mornings a week, 7am JV/V will practice on Labor Day, tentatively 2-5pm</p>					

Fall Camp Needs

Players need to bring a lunch/snacks/water each day, players will remain on campus during practice times.

Equipment needs – school colors

- Padlock - Cleats - Girdle (color doesn't matter)
- White crew length socks for games – look like a team
- Gloves are *optional*, if a player chooses to wear gloves they must be school colors.

Position Assignment & Playing Time

Position Assignments - Coaches make positions assignments based on the best interest of the team.

Playing Time

- 9th grade – in good standing, may not be equal (Participatory)
- JV – in good standing, may not be equal (Preparatory)
- V – in good standing, our goal is to win (Performance)

Injuries

Athletic Trainer – Sarah Boo – Works in partnership with TCO

Doctor visit – need note – cleared to play

ACT like a Champion

Parents Role

- monitor academics – 3.0 GPA or better
- support your athlete, the TEAM and the program
- be respectful in the stands and community

Protocols for Concerns

- 24 Hour Rule
 1. Player talks to position coach.
 2. Players talks to head coach
 3. Player/Parent/Coach Meeting
 4. Director of Athletics gets involved

Communication

Coach Stewart sends a weekly email, if you have not gotten any emails during this summer please email jstewa@district16.org to be added to the distribution list.

Booster Club

Touchdowners – support various program enhancements and contribute to the player experience
Variety of opportunities to be involved

Next Meeting – August 21st 6pm at the HS

Fundraising

- Running a HS program is expensive – we have great support from the school district for our needs
- Our fundraising supports enhancing the player experience and program
 - Hudl, Practice Jerseys, Extra Coaching Stipends, JV/V Meals
- Gold Cards – Discount Card
 - Blitz Night Tuesday August 15th – grades 9-12 event

Contact info

JV/V - Coach Stewart – jstewa@district16.org

9th Grade - Coach Potthoff – dpotth@district16.org

Touchdowners – slppantherfootball@gmail.com

Athletic Trainer – Sarah Boo – sboo@district16.org

Game 1 - @ Moorhead

- 9th 2:30 Kick Off – will be departing around 9
 - All 9th in good standing will travel
 - May stay for V game if with parent
- V 6:30 Kick Off – will be departing around 12
 - All JV/V in good standing will travel
 - JV game will be on Friday 2pm @ SLP
 - Players are expected to travel home with the team