



KILGORE ISD School Nutrition Policy Update
also known as Smart Snacks in Schools

- **The Texas School Nutrition Policy is more in line with the Federal Smart Snack Regulations**
- **Schools may sell "NON-Smart Snack foods" during the school day on six (6) days during the year.**
 1. This is 6 days per **CAMPUS**. Principals need to work with PTA/PTO, clubs and booster groups as needed to determine how the 6 days will be used
 2. Campuses will identify the 6 exempt days at the beginning of the year. Please notify the school nutrition department of the dates that were selected for your campus. The school nutrition department will keep a master roster of all exemption dates on file
- **Foods sold to students cannot compete with the NSLP/SBP Lunch program**

This means no one can sell ANY type of food during the meal service period where reimbursable meals are sold or consumed on the school campus—even on exempt days.

*** By no means can normal breakfast and lunch service offered by the school nutrition department be canceled on any school day*
- **HS ONLY—Caffeinated Non-calorie and Low Calorie beverages are now allowed**

Outside of the exempt fundraising days, food SOLD to students during the school day must meet the Smart Snacks Guidelines (school day=midnight to 30 minutes after dismissal). This includes foods sold in vending machines accessible to students during the school day.
- **There are no restrictions on foods given to students**
- **There are no restrictions on food sold outside of the school day (school day=midnight to 30 minutes after dismissal)**

If you have questions, please contact Jennie Hammerbacher RDN LD —KISD School Nutrition Director at 903-988-3900 or email jhammerbacher@kisd.org