



Dear Parents and Campers,

Thank you for choosing to be a part of the United Swim Club/Maclay Swim Camp at Maclay! We are so excited to start up the summer season with our first camp!

We are excited to have your child registered for **Swim Camp beginning Monday, July 31st. This camp runs Monday through Friday from 9:00am until 12:00pm.** Our Summer Camp team has spent the last several months preparing for an awesome summer for your camper. Please review the information below before the first day of camp.

**For swim camp questions contact Pavel Sankovich Psankovich@maclay.org
For general camp questions contact summercamps@maclay.org**

What to bring to camp each day:

- Sunscreen (check www.ewg.org to see if your sunscreen is safe)
- Swimsuit and towel
- Goggles and swim cap (for long hair). You can purchase the cap at the pool.
- Water bottle
- A healthy snack

Daily activity: Children will stay at the pool area for the duration of the swim camp, 9:00 - 11:50 am. They will have 2 small breaks to change, rest and refill their water bottles if needed.

Camp's daily schedule will be consistent throughout the week with activities varying by day:

8:50 - 9:00 drop off

9:00 – 9:10 dryland warmup (or 15-20 min. swim test on Mondays only)

9:10 – 9:50 pool activities (drills)

10 minutes bathroom/water break

10:00 – 10:50 pool activities (drills + free play)

10 minutes bathroom/water break

11:00 – 11:45 pool activities (games, relays, free play)

11:45 – 12:00 pickup

Arrival procedures for campers:

- Enter from Maclay Road and veer to your left. The Lanier Aquatics Center is located adjacent to the Dining Hall & Performance Center. Please drop off between 8:50 and 9:00am. Do not get out of the car. Someone will be there to greet your camper and get them checked in. If you arrive late, call Coach Rudo at (850) 567-8709 and someone will come out front to get your child. PARENTS ARE NOT ALLOWED ON THE SWIM DECK.
- **Early drop off (pre-registered only): There is no early drop off this week.**

Pick up procedures for campers:

- Please pull up to the Dining Hall east doors (facing the grass parking lot) between 11:50am and 12:00pm. Do not get out of the car. Someone will be there to radio for your child to be escorted out to your vehicle. If you need to pick up prior to 12:00pm please call Coach Rudo at (850) 567-8709 and someone will walk your child out to you. **Make sure you know your family's PIN (4-digit number) to pick up the camper.**
- **There are no extended day options available for the week of July 31st. All campers must be picked up by 12:00..**

Camp safety:

Maclay has a registered nurse on campus to help support the safety and wellness of our campers. All campers must sign a waiver, produce immunization records, and follow our safety protocols. Before arrival to camp each morning, please screen your child for presence of acute illness symptoms. Any camper with symptoms present will be asked to stay home until symptoms have resolved (without the use of medication) for at least 24 hours. As always, seek medical attention and testing when appropriate.

The following is a list of symptoms:

- Fever ≥ 100.0 or chills
- Nausea or vomiting
- Diarrhea
- Cough
- Congestion or runny nose*
- Shortness of breath or difficulty breathing*
- Fatigue
- Muscle or body aches
- Headache*
- New loss of taste or smell

** We understand some of these symptoms are present with chronic medical conditions (i.e., migraines, allergies, asthma, etc.) Please have medical conditions and diagnoses listed on camper's medical form prior to enrollment.*

Thank you for practicing and modeling good hand hygiene and staying home when sick.

Please communicate with the Health Center if you are keeping your child home for illness and/or injury related reasons so that we may discuss our return to camp guidelines related to specific diagnoses. For these discussions or any questions about our health and safety protocols please contact the Health Center at 850-893-5030 or healthcenter@maclay.org