



# CARDINAL ATHLETICS

## CROSS COUNTRY

Varsity Coach: Scott Latham (slatham@fwc.org)

MS Coach: Scott Latham (slatham@fwc.org):

- Varsity - @fwcusxc23
- MS - @fwcmsxc23

## VOLLEYBALL

Varsity Coach: Heather Breeding (hbreeding@fwc.org)

JV Coach: Zach Milwood (zachmilwood@gmail.com)

MS Coach: Ashleigh Breeding (abreeding@fwc.org)

- Varsity parents - @fwcvarsity
- Varsity players - @fwcvarsity
- JV parents - @jvfw
- JV players- @fwcjav
- MS - @fwcmsvb23

## FOOTBALL

Varsity Coach: Brady Gunn (bgunn@fwc.org)

MS Coach: Brandon Helm (bhelm@fwc.org)

- Varsity - @23fball
- MS - @fwcmsfb23

## CHEER

Varsity Coach: Chandler Mercer (cmercer@fwc.org)

Varsity Coach: Savannah Goatcher (sgoatcher@fwc.org)

MS Coach: Jennifer Phelps (jphelps@fwc.org)

- Varsity - @vccheer2324
- MS - @mschee2324

## BOYS BASKETBALL

Varsity Coach: Stephen Mawire (smawire@fwc.org)

JV Coach: TBD

MS Coach: Scott Latham (slatham@fwc.org)

- Varsity - @fwcbkb
- JV - @fwcjbkb
- MS - @fwcmsbkb

## GIRLS BASKETBALL

Varsity Coach: John Anderson (janderson@fwc.org)

JV Coach: Denise Madkin (dmadkin@fwc.org)

MS Coach: Jenna Zagala (jzagala@fwc.org)

- Varsity/JV - @vargbb2324
- MS - @msgbb2324

## SWIMMING

Varsity Coach: Cheryl Ashley (cashley@fwc.org)

Varsity - @fwcswi2324

## BOYS SOCCER

Varsity Coach: Christian Vazquez (cvazquez@fwc.org)

MS Coach: Estevan Vazquez (evazquez@fwc.org)

- Varsity - @FWCSOCCER
- MS - @msbosocc24

## GIRLS SOCCER

Varsity Coach: Steve Holcomb (sholcomb@fwc.org)

MS Coach: Colby Wallis (cwallis@fwc.org)

- Varsity - @coachholc
- MS - @msgsoc24

## BASEBALL

Varsity Coach: Rusty Greer (rgreer@fwc.org)

JV Coach: TBD

MS Coach: TBD

- Varsity - @FWCVBSB
- JV - @FWCJVBSB
- MS - @FWCMSBSB

## SOFTBALL

Varsity Coach: Clint Massey (cmassey@fwc.org)

MS Coach: Stephanie Pfeifer

- Varsity - @fwcvarsb24
- MS - @fwcmsb24

## TENNIS

Varsity Coach: Cheryl Ashley (cashley@fwc.org)

- Varsity - @fwctennis

## GOLF

Varsity Coach: John Evans (jevans@fwc.org)

JV Coach: Dr. Kerri Hart (khart@fwc.org)

- Varsity - @fwcva
- JV - @fwcvg

## TRACK & FIELD

Varsity Coach: Ross Roby (rrobby@fwc.org)

MS Coach: Maurice Hairston (mhairston@fwc.org)

- Varsity - @fwctf
- MS - @fwcmstf

## STUDENT ATHLETIC TRAINERS

Varsity Coach: Corry Karlen (ckarlen@fwc.org)

- Varsity - @fwcsa

REMIND: Text the message @\_\_\_\_\_ to the number 81010.