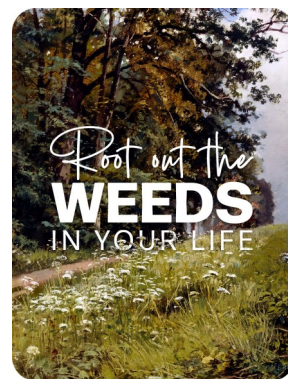


JULY 23 • 2023

SIXTEENTH SUNDAY IN ORDINARY TIME



8601 Wolftrap Rd., Vienna, VA 22182-5026
P: 703.938.2828 • F: 703.938.2829
www.olgcva.org • www.olgcschool.org
*Administered by the Oblates of
St. Francis de Sales*

Mass Schedule

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm

Sunday 8am, 10am (online),
12pm (en español), 5pm

View Mass Online

www.youtube.com/c/StreamingOLGC

Chapel open for prayer

Mon - Fri, 9am - 5pm

Confessions Saturdays 9:00am

or by appointment

Office Hours

Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

*"To be faithful, we
must live simply."*

— Saint Jane de Chantal

*"Para ser fieles,
debemos vivir con
sencillez."*

— Santa Juana de Chantal

Good Stewards of Our Blessings

The plans for The Cornerstone Project have benefits for all parishioners and school families. We will continue to build on our foundation to secure the future of our spiritual home, address critical maintenance issues, and enhance our fellowship and ministry spaces, all while making our campus safer and more functionally sound.

The success of our campaign will allow us to complete projects that will positively affect the lives of our parishioners, students, and staff and will position OLGC for vibrant growth and fellowship. As you prayerfully consider supporting The Cornerstone Project, we hope you will reflect on what our growth and progress means to you, your family, and those in our faith community.

Planning Your Contribution

This chart serves as a guide as you prayerfully consider your level of support and reflects how a larger pledge contribution becomes more attainable when planned over a monthly or quarterly basis.

Total Pledge	Suggested 20% Initial Payment	Five Annual Payments	Twenty Quarterly Payments	Sixty Monthly Payments
\$100,000	\$20,000	\$16,000	\$4,000	\$1,333
\$ 75,000	\$15,000	\$12,000	\$3,000	\$1,000
\$ 50,000	\$10,000	\$ 8,000	\$2,000	\$ 667
\$ 25,000	\$ 5,000	\$ 4,000	\$1,000	\$ 333
\$ 15,000	\$ 3,000	\$ 2,400	\$ 600	\$ 200
\$ 10,000	\$ 2,000	\$ 1,600	\$ 400	\$ 133

Pledge schedule based on five-year term

In the last three months, OLGC has been the recipient of gifts spanning from \$5-\$500,000 in one-time gifts or pledges over 3-5 years. Each gift moves us closer to our goal and every penny impacts the ongoing infrastructure projects on campus. Your participation and your engagement in this initiative helps OLGC to be more strategic in our timeline and execution of these intended projects.

See page two for ways to give and for a pledge form.



The Cornerstone Project

Ways to Support The Cornerstone Project

OLGC is inviting parishioners, school families, and friends of the parish community to prayerfully consider making a sacrificial and meaningful gift to The Cornerstone Project, one that is above and beyond your annual offertory support. To achieve our campaign goal of \$12 million, our success is dependent on the number of parishioners who commit to investing in the future of our spiritual home. Together, we can look forward in hope and reach our goal.

There are five ways to give to The Cornerstone Project:

FAITH DIRECT GIFT

Recurring gifts can be scheduled through Faith Direct using a credit card, debit card or bank account. One-time gifts can also be made electronically. Faith Direct also offers the ability to establish an electronic pledge with multiple payment terms. www.olgcva.org/support/give.

CHECK

If you prefer to donate by check, please send your contribution to the Office of Advancement at OLGC

8601 Wolftrap Road, Vienna, Virginia 22182. Please notate "The Cornerstone Project" in the Memo field.

CAPITAL PLEDGES

Pledges can be fulfilled with a 20% down payment and installments between 3-5 years. See chart on page 1.



SECURITIES

One-time charitable gifts of stocks, bonds, or mutual funds that have appreciated offer tax advantages and can be a great way to provide a significant gift to OLGC.

CORPORATE MATCHING GIFTS

A matching gift program provided through an employer or board membership may allow a donor to increase the value of their gift.



Cornerstone Project dollars are already at work this summer making improvements to the Narthex roof, installing new HVAC systems in the school, and preparing classrooms for new floors. There is still much to be done, and every dollar helps ensure our facilities will be here for generations to come.

HELP SECURE THE FUTURE OF OUR LADY OF GOOD COUNSEL

Use this card to pledge your support for OLGC. The card can be mailed to The Office of Advancement at OLGC, 8601 Wolftrap Road, Vienna, Virginia 22182, or dropped off at the Administration building during business hours. For assistance, contact advancement@olgcva.org

To make your gift now, scan the QR code at right to visit the Cornerstone page on our website.



THE CORNERSTONE PROJECT PLEDGE COMMITMENT



Date: _____
Name: _____
Address: _____
Phone: _____
E-mail: _____

In support of The Cornerstone Project, I/We pledge the following:

☐ \$100,000 ☐ \$75,000 ☐ \$50,000 ☐ \$25,000 ☐ \$15,000 ☐ \$10,000 ☐ \$5,000
☐ Other: \$ _____

Payable as follows:

☐ Annually ☐ Quarterly ☐ Monthly

Timeframe:

☐ 5 yrs ☐ 4 yrs ☐ 3 yrs ☐ 2 yrs ☐ 1 yr

Payment Method:

☐ Faith Direct ☐ Check ☐ Electronic Funds Transfer

☐ Check this box and the Office of Advancement will contact you to establish your gift.

One Catechist's View

Admittedly, eighteen years ago when I first volunteered for the CCF program, it was not for the holiest of reasons. My oldest son was complaining so bitterly about attending "Saturday School" that I tried the misery loves company approach.

Two years as an Assistant Catechist, two years as a Co-Catechist, through 3 different grades, armed with the teacher's manual, limited internet back then, and the Holy Spirit, I was ready to try being a catechist.



A few weeks into the year, my Assistant Catechist came and said that she received a call from another parent asking what was going on, as her son suddenly wants to come to CCF.

Yes! Having students excited to come to CCF became my mission: learning about the faith, developing a relationship with God, showing

each student how very much they are loved.

There were some hiccups (that Ten Commandments lap book no one finished), but there were many more successes (the Jeopardy game that students wanted to keep playing well after class was over and those sullen students at the beginning of the year that turned into the ones frantically waving their hand to answer a question).

Volunteering for CCF made me a better Catholic (researching about Saint Who?), parent (oh, it's not just my child that behaves like this), and member of the OLGC community (meeting the families).

Battling lung cancer, I am not sure whether God plans for me to return to the classroom in September. So I would ask that you prayerfully consider becoming a volunteer. Try my baby steps approach as an assistant first. Or jump all in as a Catechist. You may just find it to be one of the greatest blessings in your life.

LYNN WALLACE

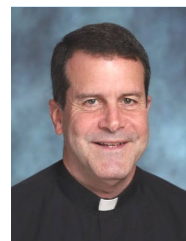
If you would like to know more about CCF or to sign up to be a Catechist, please contact Amy McKinnon at amckinnon@olgcv.org.

Preschool Openings

OLGC has a limited number of preschool spots available for the 2023-2024 school year. For more information, please contact Laura Wood, Preschool Director, at preschool@olgcschool.org.



Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." —Matthew 19:14



**FR. MATT'S
MUSING:
JULY 14**

Freedom

July is a month of anniversaries. Both of my sisters were married during this month. It is also a month of national celebrations. On July 4th, we celebrated our nation's birthday...

Read more at [bit.ly/
FrMattsMusing-July14](https://bit.ly/FrMattsMusing-July14)

Enroll Now for Religious Education!

Do you have a child between the ages of 3 years old and 8th grade not attending a Catholic school? If so, now is the time to register for Faith Formation sessions! Faith Formation plays an essential role in assisting the children to grow in their Catholic identity, in their knowledge of the faith, and in their relationship with Christ and with one another. Registrations received after August 15 will automatically be placed on a wait list.

2023-24 CCF Registration
bit.ly/CCF-in-person-2023-24

2023-24 Homeschool Registration
bit.ly/CCF-homeschool-2023-24

Volunteer Background Checks & Training

For those wanting to volunteer next year with children, please fill out a request form at www.olgcv.org/outreach/serve/volunteer-children.

Required for the following ministries:

CCF (Catholic Christian Formation)
Children's Liturgy of the Word
Coaching/Assistant Coaching
OLGC School Volunteers
Scouting
Youth Ministry
Any volunteers who work with children.

Mass Intentions/ Intenciones de la Misa

Presider schedule available at:
bit.ly/OLGC-Presider-Schedule

Sat. / Sun. July 22 – 23, 2023

+ Janet L. Brett
+ Jim Cotter
+ Lorraine “Lori” Nicole Fagan
Angelina T. Ver
Carlos Soler

Monday, July 24, 2023

8:30am + Martha T. Doerflinger

Tuesday, July 25, 2023

8:30am + Eusebio Bernabe

Wednesday, July 26, 2023

8:30am The Nagurney Family

Thursday, July 27, 2023

8:30am The Cunnane McKee Families

Friday, July 28, 2023

8:30am + Masatake (Taki) Akiyama

Saturday, July 29, 2023

8:30am + Michelle Ann (McKee) Weltens

Sat. / Sun. July 29 – 30, 2023

+ In honor of Blizdenka Schelingova
+ Anthony Sr. & Jr. and
Theresa Bruno
+ Rita Goddard
+ Anthony Cutonilli
+ William & Rances Kotapish

**Please keep those listed in the prayer
intention book and the recently
deceased in your prayers.**

+ John R. Berg, PhD, father of Thomas A.
Berg, father-in-law of Valerie J. Berg,
grandfather of Elizabeth A. Berg,
Kristina M. Berg, and Theresa L. Berg

**Please pray for those for whom
candles are lit:**

Church	In Loving Memory of + Andrea Kowal
Chapel	Special intention for Kate
OL Votive	In Loving Memory of + Antony Champ

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please be in contact with our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

Pastor Rev. Matthew Hillyard, OSFS..... frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS..... mkumar@olgcva.org
Retired Rev. William Metzger, OSFS..... william.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFS..... lfiorelli@oblates.org
Deacon Christopher Moore cgmoores@olgcva.org
School Principal Robin Williams 703.938.3600 rwilliams@olgcva.org
School Admissions & Testing Valerie Taylor 703.938.3600 vtaylor@olgcva.org
Liturgy/Music/Funerals 703.896.7411 liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426.. amackinnon@olgcva.org
Faith Formation Office Jackie Madden 703.896.7415..... jmadden@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409 youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412 .. communications@olgcva.org
Director of Finance Emilynda Clomera 703.896.7402 eclomera@olgcva.org
Records Manager John League 703.896.7413 records@olgcva.org
Child Protection Liaison Christine Moan 703.896.7423 cmoan@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon . advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7418 events@olgcva.org
Events & Fellowship Coordinator Pam Trimble 703.896.7457 .. ptrimble@olgcva.org
Parish Office Manager Maria Romero 703.896.7419..... welcome@olgcva.org
Intentions/Ministry of Care Maria Romero 703.896.7419..... welcome@olgcva.org
RCIA/Adult Sacraments Barb Steele rcia@olgcva.org
Información en español Maria Romero 703.896.7419 welcome@olgcva.org
Pastoral Council (Tina Wickham)..... PastoralCouncil@olgcva.org
Finance Council (Regina Stranix) FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210..... svdp@olgcva.org
Respect Life/Gabriel Project Betsy Argauer 703.255.3744 betstim@gmail.com
Knight of Columbus Santa Maria Council #4654..... www.knightsvienna.org
Counseling Catholic Charities **Consejería** Caridades Catolica 703.425.0109

Our website, OLGCVA.org, is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals

Devotional Candles: www.olgcva.org/liturgy-worship

Join the Parish: olgcva.org/register

Schedule an Event: olgcva.org/about-us/facilities

Add Item to Bulletin/Media: olgcva.org/about-us/communications

Mass Intention Request: olgcva.org/liturgy-worship/devotions/mass

Back from Summer Bingo Night

Friday, August 25th, 6 - 9 PM

Counsel Room

Join us for fellowship, dinner and Bingo! Pizzas available for purchase with your Bingo ticket and other concessions will be sold at the event.

This event will likely sell out and we have a capacity limit. Help us by planning in advance!

Purchase Bingo Night tickets on the Bingo Night Webpage olgcv.org/fellowship/bingo-night **TODAY!**



Job Openings

Job openings for aftercare at OLGC school. This is a great part-time job for high schoolers or anyone who enjoys kids. M-F, 3-6 pm (hours are flexible). Contact Carrie Sudduth at csudduth@olgcschool.org to learn more.

Fall Fest 2023!

Sunday September 17th, 11 AM - 4 PM

OLGC Campus

Please mark your calendars for Fall Fest 2023.

There will be food!

Gyros

Hot Dogs

Pizza

Caprese Sandwiches

Popcorn

Cotton Candy

Ice Cream

More!

**PLEASE
JOIN US!**



There will be fun!

50/50 raffle

Cake Walk

Face Painting

DJ

Inflatables

Carnival Games

Rock Wall with Monkey

Motion Jumpers

Beer Tent &

Sunday Football on TV

Tickets and Wristbands available **NOW** at olgcv.org/fellowship/fall-fest.

OLGC Tennis Team

Tennis enthusiasts, this is for you!

Join OLGC Tennis this season and be part of the action. Registration opens on August 23rd, with player evaluations scheduled for the following week.

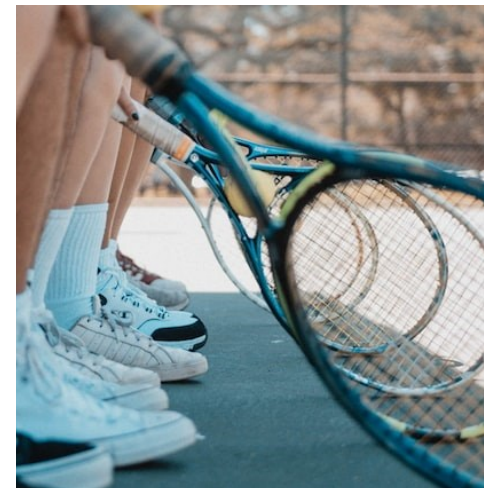
Open to students in grades 4-8, both boys and girls can join our coed teams if they are enrolled in and attending either OLGC School or OLGC's Religious Education programs.

Your support is crucial! Volunteer as a coach, assistant, or line judge during weeknight practices and weekend matches at 1pm and/or 3pm on Sundays. All volunteers

must be Virtus trained. Let's create an unforgettable experience for our student players together!

The tennis season runs from September to early November, offering ample time for skill-building, teamwork, and friendly competition. Secure your child's spot on the team by marking August 23rd on your calendar for registration.

For questions or to learn more, contact Ashley Binkowski at ashleybinkowski@gmail.com. Get ready to serve, volley, and have a smashing time!



Información Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria 703.896.7419, mromero@olgva.org

EL SEÑOR DICE,
"Estoy haciendo algo nuevo."

SACRAMENTO DEL BAUTISMO DE NIÑOS MENORES DE 6 AÑOS:

Comuníquese con Maria Romero 703.896.7419 welcome@olgva.org
Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. olgva.org/sacraments/baptism

CATEQUESIS

¡Inscríbese AHORA para la Catequesis! Deberá registrarse antes del 17 de julio, para poder obtener el descuento de registro temprana en nuestro sitio CCF 2023-24 bit.ly/CCF-in-person-2023-24 o comuníquese con Amy MacKinnon, 703.896.7426, amackinnon@olgva.org.

CONFESIONES

Confesiones en español durante el mes de julio son el sábado 15 y 22 de 9 - 9:30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703.938.2828 o envíe un correo electrónico a frhillyard@olgva.org. No se escuchan confesiones los domingos antes o después de la misa.

CORNERSTONE

El mes de junio lanzamos nuestro Proyecto Cornerstone; Pueden encontrar información adicional en nuestro correo electrónico semanal, en el mostrador de bienvenida o en nuestra página web. Nuestro Párroco P. Hillyard les pide como comunidad en espíritu de oración,

consideren donar y ayuden a recaudar 12.5 millones de dólares. La parroquia tiene urgencia de hacer reparaciones de nuestra instalaciones de la iglesia y la escuela. Recuerde no importa la cantidad solo le pedimos que cada familia se comprometa a apoyarle. Puede usar el código QR. Gracias por su generosidad.



REZAR EL ROSARIO

Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.

VOLUNTARIOS

"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor."
- San Francisco de Sales

Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703.896.7419 o visite nuestra

página web de la parroquia para ver la variedad de formas en que puede ayudar en olgva.org/outreach/serve.

UN CAMINO DE JUBILEO CON MARÍA

A María se le han dado títulos de las Escrituras, de las enseñanzas de la Iglesia y de muchos casos en los que María visitó lugares de la tierra para animar a las personas a pasar más tiempo en oración con Jesús. Hay 12 iglesias en la Diócesis de Arlington que llevan el nombre de María o uno de sus muchos títulos.



Como parte del segundo año de preparación para el Jubileo de Oro, el Obispo Burbidge le anima a visitar estas diversas iglesias y pasar tiempo allí en oración. Estas mini-peregrinaciones lo ayudarán a usted o a su familia a aprender más sobre un título particular de María, conocer la vasta historia de las parroquias de la Diócesis y lo animarán a pasar tiempo en oración con el Señor. Hay una oración para este año de preparación que se encuentra a arlingtondiocese.org/Jubilee/Year-II-Prayer-Card-Spanish.pdf y hermosas reflexiones del rosario para coincidir con este año de preparación que se encuentran aquí: www.arlingtondiocese.org/prayerguides.

Calendar (Subject to change, updates at www.olgcva.org/about-us/calendar)

July 23-30

SUNDAY			23
OLGC Softball	1 - 4 PM	Lower Field	
Grief Support Group	1:30 - 3 PM	SJC-Brisson Rm	
MONDAY			24
Quilters	11 AM - 3 PM	SJC-Brisson Rm	
TUESDAY			25
WEDNESDAY			26
THURSDAY			27
Prayer Shawl Ministry	9:30 - 11 AM	SJC-Brisson Rm	
FRIDAY			28
SATURDAY			29
Confessions	9 - 9:30 AM	Reconciliation Room	
SUNDAY			30
OLGC Softball	1 - 4 PM	Lower Field	
Grief Support Group	1:30 - 3 PM	SJC-Brisson Rm	

"Divorced, Catholic, Now What?"

"Divorced, Catholic, Now What?" is a six-week program that addresses concerns of divorced/separated Catholic men and women. It offers much needed support and helps to answer questions asked as a result

of a separation or divorce. Zoom meetings will begin on Tuesday September 5th through Tuesday October 10th at 7:30 pm. An optional in-person closing gathering is scheduled for Sunday, October 15th at Our Lady of Good Counsel.

Leader: John R. Heard, RN-BC
E-mail OLGCDS@gmail.com for more information.

Texts:

- *The Joy of You: Your Life After Divorce* by W. E. Rabior
- *Divorced. Catholic. Now What?* by L. Duffy & V. Frese



Readings for the Week/ Lecturas de la Semana

For the Week of July 23-30, 2023

SUNDAY Sixteenth Sunday in Ordinary Time
Wis 12:13, 16-19; Ps 86:5-6, 9-10, 15-16;
Rom 8:26-27; Mt 13:24-43 or Mt 13:24-30

MONDAY Memorial of Sharbel Makhlef, Priest
Ex 14:5-18; Ex 15:1bc-2, 3-4, 5-6; Mt 12:38-42

TUESDAY Feast of Saint James, Apostle
2 Cor 4:7-15; Ps 126:1bc-2ab, 2cd-3, 4-5, 6;
Mt 20:20-28

WEDNESDAY Memorial of Saints Joachim and Anne, Parents of the Blessed Virgin Mary
Ex 16:1-5, 9-15; Ps 78:18-19, 23-28; Mt 13:1-9

THURSDAY
Ex 19:1-2, 9-11, 16-20b; Dan 3:52-56; Mt 13:10-17

FRIDAY
Ex 20:1-17; Ps 19:8-11; Mt 13:18-23

SATURDAY Memorial of Saints Martha, Mary and Lazarus
Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15; Jn 11:19-27 or Lk 10:38-42

SUNDAY Seventeenth Sunday in Ordinary Time
1 Kgs 3:5, 7-12; Ps 119:57, 72, 76-77, 127-130;
Rom 8:28-30; Mt 13:44-52 or Mt 13:44-46

Monthly Collections

Fiscal Year July 2022—June 2023

	May 2023	June 2023
Offertory	181,919	173,529
<u>Total Budgeted</u>	<u>164,500</u>	<u>164,500</u>
Variance	17,419	9,029
YTD Received	2,264,640	2,438,170
<u>Budget YTD</u>	<u>2,136,649</u>	<u>2,301,149</u>
Variance	127,991	137,021

Weekly & Second Collections

You may give with checks or cash via envelopes, give online at membership.faithdirect.net/VA875, or text amount to 703.810.7674. Thank you.

July Second Collections

16 Mission Cooperative Plan for the Diocese of Karonga

Senior Moments

Marge Van Lierde
Gitkagirl@gmail.com
571.831.3951



EXPLORING TRANSPORTATION AND AGING

Growing older comes with challenges, and most people envision things like failing vision or shakier hands when they think of the aging process. However, one thing that they rarely consider is the loss of opportunities that they previously took for granted.

If you need something at the store, odds are you can simply go and get it at a time that's convenient for you. Older folks, however, may be restricted in their ability to leave the house or find transportation. There are many reasons why a basic task like driving grows more difficult the older people get, and most of us will be affected in some way as we reach our older years. Here are some of the primary reasons why transportation becomes more difficult with age, as well as what we can do about it to support ourselves or an aging loved one.

Mobility: One of the biggest challenges that aging individuals face is a decrease in mobility. As our bodies age, we may not move as quickly or be as coordinated. This can make even formerly simple tasks like walking to the store or the bus stop not only difficult but also dangerous. Powered wheelchairs or assistive caretakers can help to overcome this challenge, as can services such as food and grocery delivery.

Safety: As mentioned above, as mobility declines people may not be safe when they're making trips to go where they need to go. If you are prone to falls, you could seriously

injure yourself attempting to travel on your own. However, other risks also come with age. If a vehicle is in a crash, for instance, an older person is likely to come away with more significant injuries than someone younger.

Time Scheduling: The benefit of traveling using your own car or being able to walk is the ability to do so whenever you wish. Once someone gets older, though, they are often beholden to the schedules at which buses and other public transportation services operate. And if they should find themselves struggling to stay mobile or be on time that day, they may miss the opportunity to travel entirely.



Availability: Even if an older person is always on time for their bus, availability presents a challenge too. Buses and trains may not run during critical hours (late at night or early in the morning). Even rideshare services might not have drivers interested in picking up the request at certain times such as rush hour. Transportation availability is limited when other age limitations come into play.

Physical Abilities: As we get older, we lose mobility on average. However, even older folks who are still spry and active might face other physical challenges that make transportation difficult or even

impossible. If their body is healthy, but they can't see well, they will still be unable to operate a car safely. The same can be true of someone who is deaf in their advanced age and may be at risk when walking. Even someone whose body is mobile but who suffers from mental challenges or confusion is not safe to continue to seek transportation on their own.

Other People's Attitudes: One of the least talked about challenges that older people face when they're seeking transportation is how other people respond to their presence. It can be difficult to ride public transit if no one is willing to give up their seat. It's certainly true that businesses and transportation services must comply with ADA requirements to make spaces accessible but this does nothing to solve the problem. Many older people face shame and embarrassment when they go out. These attitudes might not have any physical impact on a person's ability to travel, but the social difficulty can discourage older folks from going out at all.

Get the transportation you need: If you're facing social, physical, or scheduling challenges with transportation due to older age, it can be confusing to know what to do next. The Shepherd's Center of Northern Virginia is proud to help families connect with senior transportation services that can make everyone's lives easier and help them stay involved in their communities and activities of life. Call 703.281.0538 for more information.

Elder Wisdom

The best vitamin for making friends is...B-1

16th Annual Pops Camp at Paul VI

Middle School Instrumentalists are welcome.

What do light-hearted rehearsals, a watermelon seed-spittin' contest and superhero costume competitions have in common? The 16th Annual Pops Camp! Mornings from August 7-11, rising 7th-9th grade instrumentalists can have fun, practice, and learn at St. Paul VI Catholic High School in Chantilly. An optional jazz unit is also offered. Professional musicians and high school mentors guide campers on pop selections for last-day concert for family and friends.

Learn more and register today
www.paulvi.net/summercamps.



Game Night in August

Game Night is proving to be very popular! Mark your calendar now for the next gathering on Friday August 18, 6-9:30 pm and come for some fellowship and friendly competition.



DIOCESAN & COMMUNITY NEWS

Diocesan Kings Dominion Day

Join hundreds from across the Diocese of Arlington for a day of faith and fun on Wednesday, July 26! We will begin the day with Bishop Burbidge as the principal celebrant and homilist of the 9 a.m. Mass at St. Mary of the Immaculate Conception in Fredericksburg. After Mass, we will head to Kings Dominion and be ready to go as the gates open! This event is open to

anyone in the Diocese of Arlington. All tickets, at a reduced rate, also include Soak City. Visit www.arlingtondiocese.org/diocesan-kings-dominion-day

Please note: The deadline for parish groups to request tickets is Tuesday, July 25. *Tickets are distributed exclusively online.* Please also take note of the updated Kings Dominion Code of Conduct.

Upcoming Diocesan Events

Visit arlingtondiocese.org/all-events for details

Battle of the Altar Servers
July 25 | 10:30am

Day of Prayer and Healing
July 29 | 9:00am

Praise and Worship Holy Hour for Healing and Conversion in Families
August 8 | 7:30pm

Mass & Rosary in Thanksgiving for the Gift of Human Life
August 19 | 9:00am



A Moment From De Sales: A blog by Fr. Richard R. DeLillio, OSFS, to help readers see the connection between life's everyday happenings and their growth in holiness. Visit website to read www.livetodaywell.org/.

Farm Gleaning

Join Catholic Charities and Commissioned by Christ to support pantries within our Diocese by volunteering for a half-day mission trip to glean fresh vegetables. This is a great family event and an opportunity to help feed the hungry. Saturday, August 15 and Saturday, September 9, from 8-11 a.m. in the Northern Neck at Parker Farms in Colonial Beach, VA, and from 1-3 p.m. at the St. Lucy

Warehouse in Manassas, VA. To sign-up visit www.cbc-missions.org under local missions. For more information, contact the Volunteer Coordinator at maria.rodriguez@ccda.net.



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