



Come on in and have some fun with Ella! This water exercise class is sure to increase your heart rate as you 'splash' your way into a great workout!

(a medium to high intensity workout)

Wednesday's in August

August: 9th, 16th, 23rd, 30th

6:15-7:00pm

**Cost: \$24 for all classes
Drop in: \$8 per class**

Use our QR Code to register online!



If pool is closed due to holidays, weather or mechanical failure; class will not be rescheduled
Minimum amount of participants are required to hold classes!

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

<p>Any Questions Contact 592-1076</p> <p>Mail/Drop Off Form to:</p> <p>Lodi CREW Attn: Natalie Price 115 School St; Lodi, WI 53555</p>	<p>Name: _____</p> <p><input type="checkbox"/> All classes \$24 <input type="checkbox"/> Drop in: \$8 per class</p> <p>Method of Payment: <input type="checkbox"/> Check (make payable to Lodi CREW) <input type="checkbox"/> Cash (drop off only)</p>	<p>_____ Name</p> <p>_____ Address</p> <p>_____ Phone</p> <p>_____ Email</p> <p>_____ Emergency Phone & Name</p> <p>_____ Signature</p>
<p><u>Explode with Ella – Water Aerobics – Summer 2023</u></p>		