

ATHLETIC PRESEASON GUIDE



PAPERWORK

Physical

- To be completed every 2 years by a physician

Annual Form

- To be filled out every school year

Athletic Packet

- To be filled out every season you wish to participate in

Proof of Health Insurance

High School ONLY

****You MUST submit all 4 of these forms to the athletic trainer BEFORE tryouts.****

Middle School ONLY

****Submit all 4 forms to the coach at tryouts. You MUST hand a completed physical to the coach to participate in tryouts.***

TRYOUT CARD

High School ONLY

Once the Physical, Annual Form, and Athletic Packet are COMPLETELY filled out, the athlete is responsible for turning them into the athletic trainer BEFORE tryouts.

****Please see the dates the athletic trainer will be available on the next slide. ****

The athlete will be granted a 'tryout card' once their forms are approved as accurately completed by the school athletic trainer. At tryouts the athlete is to give their 'tryout card' to the coach in order for them to participate. If the athlete does not have a tryout card, they cannot participate until one is turned in to the coach.

The 'tryout card' is issued as a way to streamline the paperwork for our coaches. Instead of 3 forms, the coach gets one simplified form of vital information that is always carried in case of emergency.

TRYOUT CARD

High School ONLY

A 'tryout card' is issued for every sport.

For example: If you participate in football, basketball, and track, then you must be issued a separate 'tryout card' for all 3 sports: a football 'tryout card', a basketball 'tryout card', and a track 'tryout card'.

The dates provided on this slideshow are in regards to student-athletes participating in a fall sport.

ATHLETIC TRAINER

Brynn Bicknell

Available Dates For Tryout Cards

July 26th @ 10:00am - 12:00pm

@ 5:00pm-7:30pm

August 1st @ 5:00pm - 7:00pm

Brynn is also available for questions/concerns 2:30pm-4:30pm MOST school days.

TRYOUT DATES

High School - Fall

Cheer.....Aug 7th-11th @ 9:00am-12:00pm : High School Gym

Cross Country.....Aug 7th @ 3:45pm-5:15pm : High School Track

Football.....Aug 7th @ 8:00am-12:00am : High School Weight Room

Aug 12th @ 8:00am-10:30am : High School

Girl's Golf.....Aug 7th-11th @ 9:00am-11:00am : Innsbrook Golf Course

Boy's Soccer.....Aug 7th-11th @ 7:00am-9:30am : High School Soccer Practice Field

Softball.....Aug 7th @ 3:30pm-6:00pm : High School Softball Field

Volleyball.....Aug 7th-11th @ 3:00pm-5:00pm : High School Gym

TRYOUT DATES

Middle School - Fall

Cheer.....Aug 22nd @ 2:30pm-4:00pm : Middle School Cafeteria

Cross Country.....Aug 14th @ 3:45pm-5:15pm : Middle School

Football.....Aug 14th @ 4:00pm : Middle School Cafeteria

Softball.....Aug 14th-16th @ 5:00pm-6:30pm : Middle School Softball Field

Volleyball.....Aug 14th-16th @ 4:00pm-5:30pm : Middle School Gym

ELIGIBLE GRADES

Middle School Only

Intramural Basketball.....5th & 6th

Basketball.....7th & 8th

Cheer.....6th & 7th & 8th

Cross Country.....6th & 7th & 8th

Football.....7th & 8th

Softball.....6th & 7th & 8th

Track.....6th & 7th & 8th

Volleyball.....7th & 8th

FALL SPORTS PARENT MEETING

August 10

6:00PM to 7:00PM

At the High School

**This is open to all Middle School & High School
parents whom have a student-athlete in a fall sport.**

SEASON SCHEDULES

**SEASON SCHEDULES ARE
POSTED ON THE DISTRICT
WEBSITE.**

SOCIAL MEDIA UPDATES

Facebook and Twitter are used to update parents/spectators of last minute cancellations and changes.

Look to follow the Facebook pages:

Wright City R-II Schools

Wright City High School

Wright City Middle School

Look to follow the Twitter page:

WCWildcats1

Coaches will share sport-specific page handles during informational communications.



WHILE YOU'RE HERE

Athletic Boosters

The Wright City Athletic Boosters is always looking for parent volunteers to work concessions for home games.

Contact: wcathletes@gmail.com

Family Passes

Family Passes will be available to purchase this August. This pass can be used for admission to home games for athletic events that take place in the 2023-2024 school year. Please visit the 'Family Pass' tab on the district website under 'Athletics'.