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ADULT CLASSES
EARLY CHILDHOOD FAMILY EDUCATION
YOUTH CLASSES



@PLSASCommEd

FALL Community FEST

**Prior Lake
High School**

**September 18
6 - 8:30 p.m.**

7575 150th St. W. Savage, MN 55378

Scan or call for more info:



952-226-0310

Fun for all ages

Food

Local Businesses

Non-profits

Children's Activities

FREE to attend



Contact Us

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Our Office Will Be Closed

September 4, November 22, 23, 24,
December 25, 26, 29, January 1.

During this time, please register online
or mail your registration.

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confirmation notes for specific location
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District Locations for Evening and
Weekend Classes:

Hidden Oaks Middle School

15855 Fish Point Rd SE, Prior Lake

La ola del lago at Grainwood

5061 Minnesota St SE, Prior Lake

Prior Lake High School

7575 150th St W, Savage

Twin Oaks Middle School

15860 Fish Point Rd SE, Prior Lake



Cooking

Marvelous Macarons (Ages 16+)

Instructor: Nancy Burgeson

This lovely cookie is so popular right now and they will make wonderful gifts (if you can part with them)! You will make 3 varieties of macarons and have a pretty selection of them to take home.

Tue, September 19 6-9 pm

#3529A 1 session \$59

Twin Oaks Middle School Room 308

NEW! The Incredible Cake

Instructor: Nancy Burgeson

What's better than chocolate, caramel, pecans and more! A wonderful 2-layer cake that you will mix, bake, and create in class. With help from Nancy each student will take home a lovely, gooey chocolate creation that you will have made to share with family and friends--if you can part with it that is! **Please bring a cake carrier or a box in which to take your cake home.**

Tue, October 17 6-9 pm

#3530B 1 session \$59

Twin Oaks Middle School Room 308

NEW! Scrumptious Pies and Tarts

Instructor: Laurel Severson

Nothing beats a homemade pie or tart! Served hot or cold, loaded with fruit or bursting with a creamy texture, you may combine the filling with a simple food processor-pastry (or make pastry by hand). A lattice top is not only pretty, but with class tips easy to create. You will mix and match your favorite fruits and berries for artistic/tasty tarts. Pucker up for classic Lemon Meringue Pie which is only one of many treats. Expect a number of wonderful recipes featuring fruits, nuts and maybe a shiny glaze for tarts to tempt you, your family and friends. There will be tips galore to ensure that you have success every time. Sample creations in class and bring a container to transport more samples home. Expect to master fruit pies, custard, cream pies and spectacular tarts.

Sat, September 30 9 am to 1 pm

#3270B 1 session \$59

Twin Oaks Middle School Room 308

NEW! Cooking Beans in the Instant Pot

Instructor: Kirsten Olson Madaus

Are you ready to take your bean game from basic to BOOM? Sick of the soak? Kirsten will show you how to take those dry beans from neglected shelf-dwellers to savory superstars in record time with the help of the Instant Pot—no overnight soaking required! You'll be amazed at how versatile, economical, and easy it is to whip up a batch of beans for any occasion—whether you're meal prepping for the week or entertaining guests. Join Kirsten live online via Zoom as she demonstrates BBQ Baked Beans, Greek Salad with Black Eyed Peas, One Pot Lebanese Lentils and Rice, Borracho Beans, Hummus, and more! Class will be recorded and extensive recipe handout with pressure cooking tips and tricks provided.

Thu, September 21 6:30-8 pm

#3268A 1 session \$39

Live Online Course

Cooking

NEW! Focaccia, Stromboli & Calzones! Oh My!

Instructor: Tess Georgakopoulos

What makes a Focaccia a Focaccia, a Stromboli a Stromboli, and a Calzone a Calzone? Discover the answer to these questions as you participate in this fun-filled cook-along class as we dive into the world of unique rolled & stuffed pizzas, and marvelous focaccia bread! Learn how to make your own homemade Focaccia bread, a wonderful rolled pizza called a Stromboli, and stuffed pizzas, known as Calzones with homemade pizza dough! Experience the rave reviews from previous participants of the instructor's pizza classes yourself as you learn how to make your own pizzas with her step-by-step instruction. Take out pizza may just become a thing of the past! On the Menu: Stromboli, Calzones, wonderful Focaccia bread, and an OUT-OF-THIS-WORLD Pizza Sauce. The instructor will provide step-by-step guidance and instruction help to ensure the process is as simple as can be. Participants can personalize their pizzas and focaccia bread with toppings and fillings of their choosing.

Sat, September 30 4-6:30 pm
#3504A 1 session \$39
Live Online Course



NEW! Escape to the Mediterranean!

Instructor: Tess Georgakopoulos

Escape to the Mediterranean with the flavors of Greece in this live online cook-along class! Learn how to create a classic full flavored mouth-watering Mediterranean meal for your family and you. Or better yet, have your family or significant other join you as you create the taste of Greece in your kitchen! On the menu: Greek Grilled Chicken Souvlaki (skewers), Tzatziki (traditional Greek yogurt dipping sauce), Greek Veggie Rice, homemade pita bread, drizzle dressing, and Greek Salad Dressing too! Have your questions answered by our instructor, and interact with other participants as you cook-along with Tess to create a mouth-watering memorable meal and watch your confidence in cooking grow! Tess' step-by-step cooking instruction is unique and flexible as she is able to support people at all levels of cooking experience.

Tue, October 24 6-8 pm
#3504B 1 session \$35
Live Online Course

NEW! Holiday Copycat Cinnabon® Rolls & Hot Cocoa Bombs

Instructor: Tess Georgakopoulos

Homemade sweets and treats are always wonderful around the holidays and throughout the year as well. Add two wonderful treats to your holiday celebration as you learn to create freshly baked homemade Cinnamon Rolls, and luscious, velvety Hot Cocoa Bombs! Make them for your family for a memorable holiday breakfast or wrap them up with bows and gift them to those you hold dear. After keeping her Copycat Cinnabon® (Cinnamon Roll) recipe a secret for MANY years, the instructor has decided to share it for the first time with those that register for this class! She has often been told that her rolls are considered BETTER than actual Cinnabon® rolls. You will love these billowy, warm, luscious, gooey rolls topped with cream cheese frosting that is out-of-this-world-delicious. Also, if interested, learn how to create a wonderful winter treat known as Hot Cocoa Bombs as the cinnamon rolls are rising! BUT Shhhhh!!!! Remember, Tess is only making her Copycat Cinnabon® recipe available to participants of this class!

Sat, December 2 4-6:30 pm
#3504C 1 session \$39
Live Online Course



NEW! Swedish Meatballs & Hand-Pulled Noodles

Instructor: Tess Georgakopoulos

Swedish meatballs are a holiday tradition enjoyed by many families around the world. Have you ever wondered what Swedish meatballs are, or wondered how they are made? Have you ever enjoyed the perfect bowl of noodles and couldn't get enough? Create a memorable mouth-watering holiday meal for your family by registering for this class where Tess will guide you through the process of making the most delicious Swedish meatballs seasoned to perfection and bathed in a savory-velvety cream sauce. Then have the pleasure of serving them over your own HAND-PULLED NOODLES! Follow along step-by-step as the instructor guides you through each of her recipes while sharing secrets for making everything about this meal from scratch!

Sat, December 9 4-6:30 pm
#3504D 1 session \$39
Live Online Course

Cooking

NEW! Shrubs: the Drink, Not the Plant!

Instructor: Heather Novak

Shrubs are a drink from colonial times that have become more popular with the numbers of vinegar based or fermented drinks on the market today. Shrubs are typically made with cider vinegar or red wine vinegar, a herb or fruit and sugar. The resulting mix is allowed to “mellow” for a week or more and then added to sparkling water, an alcoholic basic or drank straight up. Some shrubs are created hot and others cold. Each has their distinctive flavoring and most people prefer one over the other. Come taste and discover how to make a fruit based shrub and learn the principals of making your own shrubs for your own cocktails and mocktails this fall. **Bring a quart sized canning/mason jar with a lid to class.**

Thu, September 21 6:30-8 pm

#3284 1 session \$39

Twin Oaks Middle School Room 308

Air Fryer Advanced

Instructor: Kirsten Olson Madaus

If you thought air fryers were just for making crispy fries or reheating pizza, think again! Get ready to level up your air frying skills as Kirsten’s demonstration takes you on a journey through the ins and outs of air fryer cooking, showing you how to create a wide variety of dishes without turning on your stove. You’ll learn how to whip up delicious and healthy meals in no time, all without sacrificing flavor or texture. Whether you’re an omnivore, a veggie fanatic, or a dessert enthusiast there are recipes for everyone. This live class will be recorded so you can rewatch at your convenience. Kirsten Madaus is an air fryer aficionado and she’s here to teach you all her tips and tricks for getting the most out of your appliances.

Thu, Oct. 5 & 12 6:30-8 pm

#3268B 1 session \$49

Live Online Course

Oktoberfest

Instructor: Jeff Sandino

Kick off your fall German style with fresh baked pretzels. You’ll enjoy “Sauerbraten” tender pot roast in a tangy sweet and sour sauce, beef rouladens stuffed with pickles, bacon and onions in red wine sauce, pork blade steak braised with sauerkraut, and “Weiner Schnitzel” tender breast of chicken, lightly breaded with a squeeze of fresh lemon and parsley. Side dishes will include spaetzle, potato pancakes, potato dumplings, mashed potatoes and braised red cabbage. We’ll finish with a classic black Forest cake, it’s sublime. This course is primarily demonstration.

Tue, October 3 5:30-8:30 pm

#3266 1 session \$59

Shakopee High School, Room SE110

100 17th Ave W, Shakopee

NEW! Fall Soups

Instructor: Heather Novak

Did you know the word “Soup” has history — the word being derived from “sop” or “sup,” which consisted of a slice of bread on which broth was poured. Our soups have become more complex and richer than in the past, but on a cold fall day, a warm bowl of soup is restorative. Come and prep 3 different soups in class, finishing them at home. Chicken Wild Rice, Tomato Basil Bisque, and Hearty Beef and Vegetables. **Bring 3 soup pots, a slow cooker, large 12-14 cup bowls, a cutting board and your favorite chopping knife with you to class.**

All soups can be adapted for gluten free or vegan if requested.

Fri, October 6 6:30-9 pm

#3278B 1 session \$69

Twin Oaks Middle School Room 308

NEW! Instant Pot Holiday Hacks

Instructor: Kirsten Olson Madaus

Looking for a way to shake up your holiday cooking routines and impress your guests with some delicious, time-saving dishes? From turkey stock to cranberry sauce, make ahead mashed potatoes to sweet pumpkin cheesecake, Kirsten’s cool cooking hacks will simplify your kitchen efforts during the hectic holiday season. Discover how to turn your pressure cooker into a holiday miracle worker from the comfort of your own home in this live cooking demonstration. An extensive recipe handout is included.

Thu, November 2 6:30-8 pm

#3268C 1 session \$29

Live Online Course

Sourdough

Instructor: Heather Novak

Sourdough became popular over the last year as a healthier alternative to regular white or whole wheat bread. Although it has comparable nutrients, the lower phytate levels mean it is more digestible and nutritious. The prebiotics also help to keep your gut bacteria happy, and it may be less likely to spike blood sugar levels. Come to this class and make a dozen sourdough muffins and go home with other bread recipes and a small amount of starter to continue making sourdough at home. **Bring a quart glass jar with a lid to class.**

Tue, October 10 6:30-8 pm

#3278 1 session \$39

Twin Oaks Middle School Room 308

Tantalizing Thai

Instructor: Jeff Sandino

You’ll begin by preparing Vietnamese summer rolls served with both hoisin and peanut sauce for dipping. Vietnamese spring rolls follow with pork, shrimp, and glass noodles stuffed in rice paper and fried to a golden brown, served with the classic nuoc cham dipping sauce. You’ll then prepare Pad Thai blending the vibrant flavors of Thailand with rice noodles using shrimp, eggs, chilies, garlic, basil, scallions, bean sprouts, sesame oil, lemon and crushed red pepper flakes. For dessert, Thai lime custard topped with fresh whipped cream.

Wed, November 1 5:30-8:30 pm

#3577 1 session \$59

Twin Oaks Middle School Room 308

Truffles! Chocolate Candies for All Occasions

Instructor: Nancy Burgeson

Don't be confused by the truffle mushroom! These are beautiful candies that you will make yourself. Each student will leave class with a lovely box of candy that you can give as a gift or just hide them and eat them on your own! *Optional truffle kits (\$20) will be available for purchase at class for future candy making projects. We are sorry, but nut allergies can not be accommodated for in this class.

Wed, November 8 6-9 pm

#3259 1 session \$59*

Twin Oaks Middle School Room 308

Holiday Cookies & Treats: Bake & Take

(Ages 15+ or 10+ w/Adult)

Instructor: Heather Novak

The holidays are best with family and friends. Sweet treats, bars and cookies are at every gathering. Be prepared for your next holiday "get-together" with this class and bring a friend for more baking fun. We will mix, bake, decorate and prepare 10 different holiday treats completely from scratch using the freshest ingredients such as creamy butter, rich chocolates and nuts. No holiday is complete without sprinkles, spices and peppermint. They are also all freezable so that you can eat them later in the season if desired. **Please bring containers, wax paper and parchment in which to bring 10 dozen treats home.** Students ages 10-14 may take class with a paying adult if working together on one batch.

Sat, December 2 8 am to 12:30 pm

#3503 1 session \$99/person

Twin Oaks Middle School Room 308

Lefse

Instructor: Laurel Severson

This wonderful Norwegian delicacy is made for banquets, holidays, weddings and all special occasions. If you are Norwegian and missed recording Grandma's recipe, tips and techniques, this is the class for you! Learn the fine points in making the dough, cooking, storing and of course how to serve lefse with a bit of history and humor. Plan to sample your fresh, warm creations with traditional fillings plus take home finished lefse and dough to bake them and share with family and friends.

Tue, November 14 6-9 pm

#3270A 1 session \$55

Twin Oaks Middle School Room 308

NEW! Monthly Meal Planning

Instructor: Kirsten Olson Madaus

Are you tired of staring blankly into your fridge, wondering what to make for dinner? Do you find yourself constantly ordering takeout or making the same boring meals on repeat? Fear not, hungry friend, because Kirsten is here to spice up your kitchen game in one fun-filled weekend! Whether you're a beginner or a seasoned home cook, this live online class is perfect for anyone who wants to take their meal planning to the next level. From "a Month of Meatless Mondays" to "Taco Tuesdays Ten Ways" to "Souper Sundays", there's something for everyone. Kirsten believes that meal planning should be fun! She will share her favorite tips and tricks for making meal prep a breeze—from grocery shopping to prepping ingredients in advance—in a handout full of recipes. The live classes will be recorded so you can rewatch at your convenience.

Sat & Sun, December 2 & 3 3-4 pm

#3268D 2 sessions \$49

Live Online Course

Four Famous Cookies

Instructor: Laurel Severson

Learn to create the rolled Norwegian cookie, Krumkakes made with cream, butter and cinnamon or sometimes flavored with vanilla. For generations, Minnesotans have purchased their irons to bake krumkakes from local manufacturer Nordic Ware in St. Louis Park. Italian Pizzelles are also baked on top of the stove using an iron but are a flat, anise-flavored cookie or they may also be vanilla flavored. The chewy, almond Swedish Sandbakkelse are delicate golden brown in color and are baked in tiny tins to resemble tarts. Finally, we will master deep fried Rosettes - fragile, paper thin Scandinavian delicacies dusted with confectioners' sugar. Expect great recipes plus the many tips and techniques that will make your baking a success! **Please bring containers to bring your creations safely home.**

Mon, December 4 6-9 pm

#3524 1 session \$59

Twin Oaks Middle School Room 308

NEW! Chicken Marsala vs. Chicken Limone

Instructor: Jeff Sandino

Begin with bruschetta topped with fresh mozzarella cheese, skinned roma tomatoes and sweet roasted bell pepper sprinkled with fresh basil and drizzled with olive oil. You'll prepare "Chicken Marsala" with fresh sauteed mushrooms in a sweet Marsala butter sauce. We'll see how that measures up against "Chicken Limone" topped with a chardonnay, lemon, butter sauce with capers. Both entrees are paired with "Spaghetti Aglio Olio", tender garden vegetables tossed with olive oil, garlic, and Romano cheese. We'll finish with "Diplomatico", a divine combination of rum and espresso soaked pound cake, rich chocolate mouse and fresh whipped cream.

Tue, December 5 5:30-8:30 pm

#3578 1 session \$59

Twin Oaks Middle School Room 308



Creative Corner

Adult Pottery (Ages 18+)

Instructor: Holly Bozaich

Hand-build a clay project, or try out the potter's wheel! Feel free to bring a beverage and get creative. Lots of project options to choose from, or create your own work of art. Class includes clay, glazes, tools, and firing. *Pick up your project approximately 3 weeks later.*

Fri, September 15 6-8:30 pm
#3105A 1 session \$49

Thu, October 12 6-8:30 pm
#3105B 1 session \$49

Fri, October 13 6-8:30 pm
#3105C 1 session \$49

Thu, November 16 6-8:30 pm
#3105D 1 session \$49

Fri, November 17 6-8:30 pm
#3105E 1 session \$49

Thu, December 14 6-8:30 pm
#3105F 1 session \$49

Fri, December 15 6-8:30 pm
#3105G 1 session \$49

Location: Pottery by Holly,
 4264 Colorado St Se, Prior Lake

No Mistakes Watercolor

Instructor: Dar Brooks

Think you are not creative? Then this class is for you! Come loosen up and be spontaneous while learning simple ways of mastering the medium. This class is designed so beginners and experienced watercolor artists will enjoy success. Learn watercolor techniques that will take you to the next level. See exciting demonstrations including: creating a focal area, value systems and how to use line and color to create depth and impact in your paintings. Reference materials and brushes will be available for student use. **Please bring watercolor supplies, paper towels, a notebook and 140# cold press watercolor paper. Please bring a lunch.** *A starter kit can be pre-ordered by calling Dar at 612-940-2094.

Fri, Sept. 15 to Oct. 13
 11 am to 2:30 pm
#3361A 4 sessions \$99*
 La ola del lago CE Classroom 291

Fri, Oct. 27 to Nov. 10
 11 am to 2:30 pm
#3361B 3 sessions \$75*
 La ola del lago CE Classroom 291

Fri, Nov. 17 to Dec. 8 *No class: Nov. 24*
 11 am to 2:30 pm
#3361C 3 sessions \$75*
 La ola del lago CE Classroom 291



NEW! Beginning Oil Painting

Instructor: Vanessa Merry

This class is designed for those interested in learning the timeless art of Oil Painting. Artists love oil paints for their rich colors, durability, and their slow drying time, which allows plenty of time to work on a painting. In this class, we will go through the basics of oil painting, from choosing your materials, color studies and theory, blending, creating glazes and washes, painting shadows, and creating contrast and texture in your paintings. The goal of this class is to learn to create your own paintings whatever style you choose to paint in. *Supplies will be discussed at first class, supply fees are dependent on student selections and may range from \$50-\$75.

Tue, October 3 to 24 6-8 pm
#3435A 4 sessions \$99*
 La ola del lago Art Room 260

Creative Corner

Paint Like The Masters

NEW! Edward Munch “Apple Tree in the Garden”

Instructor: Vanessa Merry

In this class you will paint like Munch! You will learn a bit of history about Expressionist art as you create a painting inspired by Munch’s Apple Tree in the Garden following step-by-step instructions. An 8 x 10 inch canvas and all supplies included.

Thu, September 21 6-8 pm
#3435B 1 session \$49
La ola del lago Art Room 260



NEW! Bertha Morisot “Peonies”

Instructor: Vanessa Merry

In this class you will paint like Morisot! You will learn a bit of history about Impressionist art as you create a painting inspired by Morisot’s Peonies following step-by-step instructions. An 8 x 10 inch canvas and all supplies included.

Wed, November 15 6-8 pm
#3435D 1 session \$49
Twin Oaks Middle School 607 Art

NEW! Marc Chagall “The Big Wheel” (La Grande Roue)

Instructor: Vanessa Merry

In this class you will paint like Chagall! You will learn a bit of history about Surrealist art as you create a painting inspired by Chagall’s The Big Wheel (La Grande Roue) following step-by-step instructions. An 8 x 10 inch canvas and all supplies included.

Thu, October 26 6-8 pm
#3435C 1 session \$49
La ola del lago Art Room 260



Seed Mosaic: A Minnesota Tradition

Instructor: Erin Stahl

Every year the Minnesota State Fair showcases seed mosaics created by artists from all over the state. In our seed mosaic workshop, you will continue this great tradition by creating your own works of seed art. You will learn about the history and techniques of mosaic art and create a design of your own! Once completed, you will share your design with the group and share this Minnesotan art form with your family.

Wed, September 20 6:30-8 pm
#3192 1 session \$29/person
\$49/pair
Twin Oaks Middle School 607 Art



NEW! Needle Felted Gnome **Instructor: Vanessa Merry**

Create a fun decorative gnome out of wool roving. Learn to use felting needles, Core wool, and colorful felt batting to create a cute little gnome that can be for your home or be given as a gift.

Wed, October 11 6-8 pm
#3435E 1 session \$49
La ola del lago Art Room 260

Did you know?

Most adult Community Education classes are appropriate for ages 15+ unless otherwise noted.



Creative Corner

NEW! Watercolor Leaf Prints (Ages 6-10 w/Adult)

Instructor: Erin Stahl

Using watercolor paints and leaves, create a unique and vibrant composition. After a lesson about the history of watercolors and art techniques, try your hand at a creative process that is part printmaking and part watercolor painting.

Mon, September 25 6-7:30 pm

#3193B 1 session \$29

Diamondhead Education Center - Rm 1025
200 West Burnsville Pkwy

NEW! Acrylic Pouring: Up North

Instructor: Lisa Van Wyk

You've watched the videos, now discover the magical world of acrylic pouring for yourself! Using fluid acrylics and pouring medium, our instructor will show you how to produce the same beautiful abstract artwork you've seen on Pinterest. Create an acrylic pour on a 12" wooden cut-out. Choose between three options: Outline of Minnesota, Bear, or Fish. A tray to carry your painting home in is provided.

Mon, October 2 7-8:30 pm

#3435 1 session \$55

La ola del lago Art Room 260

Macrame Plant Shelves

Instructor: Erin Stahl

Enjoy a blast from the past with the once-again popular art form, Macrame. A fixture of every 1970's home, this art form is making a comeback on the contemporary art scene. You will learn a variety of knot-tying techniques to create a unique macrame plant shelf.

Fri, November 17 6-9 pm

#3193A 1 session \$39/Adult +1 child

\$59/Adult +2 children

Diamondhead Education Center - Rm 1025
200 West Burnsville Pkwy

Bob Ross Method of Oil Painting (Ages 13+)

Instructor: Michael Tischendorf

Do you remember Bob Ross from his *Joy of Painting* series on PBS? Follow the step-by-step instruction to create your very own 20 x 16 masterpiece in the Bob Ross method of oil painting. Enjoy the relaxed approach in creating landscapes that will include mountains, lakes, hills, rivers, trees and sunsets. Even if you have never painted before, you will walk away with your very own unique piece of art that will amaze your family and friends. All supplies included in tuition. Different/Unique painting each session.

Mon, Sept. 25 - Aurora Borealis

6-9 pm

#3436A 1 session \$79

La ola del lago Art Room 260

Mon, Oct. 23 - Mountains of Grace

6-9 pm

#3436B 1 session \$79

La ola del lago Art Room 260



Highway DIY Charcuterie Boards and More (Ages 16+)

Instructor: Kurt Dugas

Everyone of any skill level can become a craftsman and create beautiful, functional, and artistic projects for your home! You will learn how to transform a slab of wood into a work of art while making memories with family or friends. Choose from four projects and six types of wood, all of which can be personalized with custom laser engraving for an additional fee.

Sat, October 7 10 am to 1 pm

#3191A 1 session \$65

Fri, November 17 7-10 pm

#3191B 1 session \$65

Sat, December 9 2-5 pm

#3191C 1 session \$65

24471 Helena Blvd, New Prague

NEW! Indoor Succulent Garden

Instructor: Erin Stahl

Large spirals built into the Great Salt Lake and an entire crater worked into an observatory, the Earthworks movement has left its mark on the Southwest. Embody this spirit, but on a scale fit for your coffee table. Using repurposed materials and beautiful small succulents, we will explore the history of Earthworks, and elements of art and landscape design to create a succulent garden that brings joy and light into your home.

Thu, October 12 6-7:30 pm

#3193C 1 session \$49

Diamondhead Education Center - Rm 1026
200 West Burnsville Pkwy

Creative Corner

NEW! Northern Lights Partner Painting (Ages 5+ w/Adult)

Instructor: Vanessa Merry

This class is a fun morning out for you and your child to paint together. No experience is needed, this class is about spending quality time with your child and having fun. Each person is provided a 16 x 20 canvas, acrylic paints, and all the supplies needed to create their own masterpiece that can stand alone or be hung side-by-side for a combined work of art. The instructor will lead you step-by-step through the painting.

Sat, December 9 10 am to 12 pm
#3435G 1 session \$65/Adult + 1 child
\$79/Adult + 2 children
Twin Oaks Middle School 607 Art



NEW! Holiday Acrylic Pour

Instructor: Vanessa Merry

Pour painting is an innovative way to use acrylic paint to create an art piece. In this class you will learn the process of mixing acrylic paints with other materials to give it a more fluid consistency so that it can be poured directly onto a canvas. You will learn how to add details to your painting to make it resemble a winter scene. An 8 x 10 canvas and all the supplies for the pour are included. **Please bring a box or tray to bring your canvas home in.**

Thu, November 30 6-8 pm
#3435F 1 session \$49
La ola del lago Art Room 260



NEW! Custom Glass Mosaic: Suncatcher or Lamp (Ages 12+)

Instructor: Lindsey Guetter

Glass mosaic sounds like a challenging art form however in this class you will learn how it can be fun and easy! Look through the idea book, browse the patterns and stencils and choose from dozens of colors of pre-cut glass. With the help from the instructor, you will create a colorful suncatcher or table lamp. The first evening will be designing and attaching the glass to your project. **The second night is using grout, so make sure to dress for a mess and bring some old towels.**

Mon, Dec. 4 & 11 6-9 pm
#3330 2 sessions \$89/6" Suncatcher
\$99/10" Suncatcher
\$105/8x8 Lamp
\$115/ 4x9 Lamp

Twin Oaks Middle School Room 607 Art

NEW! Wet Felted Luminaria

Instructor: Vanessa Merry

Bring a glow to your home with a stunning luminaria. Work with wool roving and wet felt techniques to create a 3D luminaria.

Tue, December 5 6-8:30 pm
#3435H 1 session \$59
Diamondhead Education Center - Rm 1025
200 West Burnsville Pkwy

Adult/Child Mandala Rock Art (Ages 6-10 w/Adult)

Instructor: Erin Stahl

Keep calm and relax by learning the art of mandala rocks. In this workshop, you will learn the history and meaning behind mandala art, and apply that knowledge to your own mandala rock art. You're sure to enjoy this serene workshop, and want to share your newly-discovered art form with friends and family.

Thu, December 7 6-9 pm
#3437 1 session \$49
Diamondhead Education Center - Rm 1025
200 West Burnsville Pkwy

Computers and Technology

Excel for the Absolute Beginner

Instructor: Mike Wilson

Instructor will demonstrate how to navigate and interface with Excel's basic features. See how to create a simple contact list. You will view how to use calculations such as auto-sum and see how to generate simple formulas. Also, learn to use the fill handle, sort existing data, merge and center, move cells and ranges, and wrap text. Enter your instructor-led classroom with 3 simple clicks from your e-mail!

Sat, September 30 10-11 am
#4021A 1 session \$20

Wed, October 4 10-11 am
#4021B 1 session \$20

Fri, November 3 2-3 pm
#4021C 1 session \$20
Live Online Course

Microsoft Word: The Very Basics

Instructor: Mike Wilson

Your instructor will break down the functions of Microsoft Word and present them to you in a clear, sensible and enjoyable way! We will briefly look at the free and paid version of word processors. Then the instructor will open and show basic functions in Microsoft Word. We will go on to explore saving, alignments, bullets, numbering, and indents. *Not for Apple/Mac users.* Take this class by Zoom in the comfort of your home!

Thu, September 14 1-2 pm
#4020A 1 session \$20

Sat, October 7 9-10 am
#4020B 1 session \$20

Wed, November 8 6-7 pm
#4020C 1 session \$20

Fri, December 1 6-7 pm
#4020D 1 session \$20
Live Online Course

Getting More Out of Microsoft Word

Instructor: Mike Wilson

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. *Not for Apple/Mac users.* Enter your instructor-led classroom with 3 simple clicks from your e-mail!

Thu, September 21 1-2 pm
#4020E 1 session \$20

Sat, October 14 9-10 am
#4020F 1 session \$20

Wed, November 15 6-7 pm
#4020G 1 session \$20

Fri, December 8 6-7 pm
#4020H 1 session \$20
Live Online Course

NEW! The Easy to Learn iPad Class

Instructor: Mike Wilson

Take this fun and informative iPad class! We will explore the practical uses of your iPad and how to use the features! You will learn how to navigate, use apps, work with e-mail, take pictures, go online, and do more as time permits. Your instructor's iPad screen and features will be clearly displayed over Zoom. *Not for Android tablet users.*

Sun, November 12 1-4 pm
#4221A 1 session \$55

Wed, December 13 1-4 pm
#4221B 1 session \$55
Live Online Course

Our Favorite iPhone Tips

Instructor: Nice Guy Technology

Join us and learn some of our favorite tips and tricks for the iPhone. You will learn things that make using your iPhone easier, more efficient, and extra delightful. **Please bring your iPhone with you to class.**

Thu, September 28 10 am to 12 pm
#4212A 1 session \$29/person
\$49/pair

La ola del lago CE Classroom 291

iPhone App: Camera

Instructor: Nice Guy Technology

This class will cover several tips and tricks that will help you take stunning photos and videos right from your iPhone, including the various settings on your camera & filters. **Please bring your iPhone with you to class.**

Thu, October 5 10 am to 12 pm
#4212B 1 session \$29/person
\$49/pair

La ola del lago CE Classroom 291



@PLSASCommEd

NEW! Decluttering the Photo, Video & Keepsake Overload

Instructor: Amy Storch

Discover easy steps to simplify your phone, computer, or boxes filled with important memories. This class will cover tips and shortcuts for easier sorting, organizing and scanning of old photos or documents as well as information on the latest cloud storage options so you can enjoy or share what matters most. During class, you'll develop your own simple personal photo plan for moving forward and getting it done.

Tue, October 17 6-8 pm
#3021 1 session \$39
La ola del lago CE Classroom 291

Computers and Technology

NEW! Tech Self Defense

Instructor: Nice Guy Technology

Learn tech self-defense techniques that can help you fight off a scammer or hacker who is trying to separate you from your money, passwords, or personal information. The bad guys are getting more sophisticated each year that passes by and you need to know how to protect yourself.

Thu, October 12 1-3 pm
#4212D 1 session \$29/person
\$49/pair

La ola del lago CE Classroom 291

NEW! Plan for Your

Digital Legacy

Instructor: Nice Guy Technology

Plan for your digital legacy to make life easier for those left behind. Join this class to learn how to come up with a set of clear instructions and a plan that your loved ones will thank you for after you are gone.

Thu, October 26 10 am to 12 pm
#4212E 1 session \$29/person
\$49/pair

La ola del lago CE Classroom 291



NEW! Keep Your Private Stuff Private

Instructor: Nice Guy Technology

Join this class to learn how to protect your private information and data. We will cover the latest in technology privacy & security so you feel comfortable keeping your information private and ensure your data is secure. You will walk away with 5 practical things you can do when you leave the classroom to increase your online privacy.

Thu, October 12 10 am to 12 pm
#4212C 1 session \$29/person
\$49/pair

La ola del lago CE Classroom 291

NEW! Intro to Online

Genealogy

Instructor: Jen Shaffer

There has never been a better time to start discovering your family's history. Gone are the days of traveling to courthouse basements and archives. You can now research easily from your own home. Join the instructor as she teaches you how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

Tue, October 3 6:30-7:45 pm
#3028A 1 session \$35
La ola del lago Room 274

NEW! Level Up Your Genealogy Research: Moving Beyond MyHeritage & Ancestry.com

Instructor: Jen Shaffer

MyHeritage and Ancestry.com are the biggest research sites, but what do you do when they don't have the information that you're looking for? This course covers how to use the Family Search catalog, working with autosomal DNA for known and unknown family lines and other repositories to use beyond the large genealogy platforms.

Tue, October 10 6:30-7:45 pm
#3028B 1 session \$35
La ola del lago Room 274



COURSES START EVERY MONTH

Online learning is fun, enjoyable and a very productive way to learn. Millions of people are learning online each year. After you register, you will be given a web address with easy-to-follow instructions to follow to get into your virtual classroom. You may participate any time of day or evening with online reading, listen and see presentations and self-quizzes. You will get to know and engage with the instructor and other participants. It's easy and fun.

UGotClass offers online courses in Business, Data Science, Leadership, Management, Marketing, Social Media, Technology, Training for K-12 Education and more.

Take classes when you are available in the comfort of your home.



Register today at
<http://bit.ly/3qqjpLG>



Discover New Things

Make & Take Fall Container

Instructor: Sailer's Greenhouse

Sailer's Greenhouse will supply everything you need to create a beautiful harvest container for your home. Their expert gardening staff will help you create a colorful fall arrangement using cold tolerant annuals, perennials, kale and more!

Tue, September 19 1 session \$45

#3427A 5-6 pm

#3427B 6-7 pm

Sailer's Greenhouse 1610 170th St E, Shakopee

NEW! Paranormal Investigating 101

Instructor: Heidi Steffens

You've seen it on TV, now you can learn the basics of ghost hunting and paranormal investigations. You'll see evidence from actual investigations, discover what equipment works best, and learn ethics and proper investigation techniques. What does it take to run an investigation? We'll cover what you need to know from start to finish. You'll even have a chance to get hands-on experience with equipment and techniques during a mini-investigation at the end of class.

Wed, September 13 7-9:30 pm

#4428A 1 session \$49 La ola del lago CE Classroom 291

NEW! Paranormal Investigating 102

Instructor: Heidi Steffens

You've learned the basics in Paranormal Investigating 101, now let's put your skills to the test with a full investigation! We'll split into groups to investigate and come together at the end to compare notes. Bring any equipment you may have to use during class. We will have a few pieces of equipment to borrow as well. **Pre-requisite: Paranormal Investigating 101.**

Mon, October 16 7-9:30 pm

#4428B 1 session \$49 WestWood Elementary Media 503

NEW! Tarot Retreat

Instructor: Heidi Steffens

Bring your tarot cards for a fun day of exploring tarot in many different ways! Take a walk on the fool's journey and how it makes the meanings of the deck easy to learn. We'll look at layers of interpretations when it comes to the cards and we'll have fun with simple readings during class. **Bring your own lunch or select class fee to include lunch.** *Additional options available to purchase a boxed set of tarot cards and a guidebook.

Sat, January 20 9 am to 4 pm

#4428C 1 session \$99* (no lunch)

\$109 (includes lunch)

Twin Oaks Middle School Media 708

NEW! Basic Soap Making

Instructor: Heather Novak

Homemade soaps are so pretty and useful both for ourselves and to give as a gift. In this class, we will make butter based and/or glycerin soaps from a base that has already been cured, cutting out the lye curing process. You will customize your soap with essential oils, fragrance, color or add ins! Give as a gift or keep for yourself. **If you have a silicone baking mold that you wish to use for your soap please bring it.**

Tue, November 28 6:30-8:30 pm

#3176 1 session \$49

Twin Oaks Middle School FACS 308

Discover New Things

Conversational Spanish: Beginner Part 1 (Ages 18+)

Instructor: Futura Language Professionals

Always dreamed of learning Spanish or refreshing your high school Spanish? Then this class is for you! The primary focus of the class will be on building conversational tools in Spanish through interactive practice and exercises. Vocabulary topics will include common greetings and introductions, pronunciation, numbers, food, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb *estar* conjugation, gender of nouns, and plurality. Participants will learn how to carry on small conversations in Spanish and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences, and names in Spanish. *Ability to access zoom and basic working computer knowledge essential.*

Mon, Oct. 23 to Nov. 27 6-7 pm
#3037A 6 sessions \$129
Live Virtual Course

Tue, Oct. 24 to Nov. 28 6-7 pm
#3037B 6 sessions \$129
Live Online Course

Get Paid to Teach English

Instructor: Gina Henry

Learn how Gina has taught her way around the world & paid for vacations and travel to over 98 countries. Teaching English is a high paying career or simply a great way to go on vacation for free. English is the world's business & travel language. If you speak English, you can teach conversational English! Learn about the best paying jobs, qualifications, teaching English online, certification programs & specific hiring organizations. Tuition includes instructor's 100-page digital book (a value of \$39.95).

Sat, September 30 11 am to 2 pm
#3082A 1 session \$49
Live Online Course

Conversational Spanish: Beginner Part 2 (Ages 18+)

Instructor: Futura Language Professionals

Learning a language is a lifelong journey and now you are on your way! Keep up the momentum in Beginner Spanish Part Two. Continue with practical conversational components and builder phrases in Spanish enabling you to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar components will include weather, seasons, dates with months, days of the week, family vocabulary along with the verbs *ser* and *tener* conjugations. Culture discussions will include the importance of food, family, and friendships in Spanish speaking countries. Applicable to new students and previous Beginner Part 1 Spanish conversation participants. *Ability to access zoom and basic working computer knowledge essential.*

Tue, Oct. 24 to Nov. 28 6-7 pm
#3037C 6 sessions \$129
Live Online Course

The Assassination of President John F. Kennedy: An In-Depth Analysis

Instructor: David Yorks

This year marks the 60th Anniversary of President Kennedy's assassination. This course will exam the discrepancies between the Warren Commission, that investigated the assassination for ten months and published their findings in September 1964; along with the conclusions reached by the US House of Representatives that investigated the assassination for thirty-one months and published their report in March 1979. The participants will develop a rounded perspective regarding many of the controversies surrounding the assassination of President Kennedy. Each of the sessions will have ample time for participant comments and questions.

Tue & Wed, Oct. 24 & 25 6:30-8:30 pm
#3086 1 session \$19/person
\$29/pair

Twin Oaks Middle School Room 207

Conversational Spanish: Intermediate (Ages 18+)

Instructor: Futura Language Professionals

¿Habras un poquito Español? Then this course is for you! Intermediate Spanish is specifically designed for the adult learner who has taken some Spanish in the past but wishes to improve conversational skills. Grammar and vocabulary concepts will include present tense AR verb conjugation, infinitive verbs, future tense with the verb IR, adverbs of frequency, useful prepositions, and more. Participants will practice conversation skills including learning how to make plans and discussing preferences in Spanish. Culture discussions will cover holiday traditions and celebrations in Spanish speaking countries. Like all Futura classes, a dynamic interactive approach will be used to keep the class fun and exciting! Appropriate for new students and previous Spanish Conversation participants.

Wed, Oct. 25 to Dec. 6 6-7 pm
No class Nov. 22
#3037D 6 sessions \$129
Live Online Course

The Secrets of Travel-Hacking

Instructor: Gina Henry

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you 1 million+ reward points a year. All the major reward programs will be detailed. Tuition includes instructor's 100-page digital book the Secrets of Travel Hacking - Free Air, Hotels & Cash Back (a value of \$39.95).

Sat, October 7 11 am to 2 pm
#3082B 1 session \$49
Live Online Course

Discover New Things



NEW! Craft Beer Brewing at Boathouse Brothers (Ages 21+)

Instructor: Emmett Swartout

Join the crew at Boathouse Brothers Brewing Co. and learn about the process behind creating small-batch, local craft beers. From malt preparation to hop selection, you'll help with the process along the brewing path as we take one of our flagship brews from grain to tank. Class includes one free pint and a pizza lunch provided during the event. **Closed toed shoes required for participation.**

Sun, December 3 12-4 pm

#3289 1 session \$39

Boathouse Brothers Brewing Co.
16211 Main Ave SE, Prior Lake

So You Want to Be Anti-Racist (Ages 18+)

Instructor: The Hope Speaks Project

This six week virtual course is offered to anyone looking to deepen their understanding of what it means to be anti-racist. Participants will be given tools to engage in uncomfortable conversations, develop their racial literacy, and begin to unpack how race operates in their everyday lives often without consent and/or acknowledgement, all the while building the muscles to move into action!

Thu, Nov. 2 to Dec. 14 7-8:30 pm

No class: Nov. 23

#4452 6 sessions \$69

Live Online Course

NEW! Antique Appraisal Event with David Schlueter

Have you ever wondered what your family heirlooms are worth? Join us for a thirty-minute appraising presentation followed by an appraisal of at least one item per participant. You'll be assigned a 10-minute time slot in the order you registered to have your item appraised. Once everyone has had their item valued, Certified Appraiser David Schlueter will examine additional items as time allows. Examples of items that can be appraised are antiques, fine jewelry, costume jewelry, precious gemstones, all art, and coins. This is for items you can easily carry in, no firearms or Beanie Babies. **Please name the one item you would like appraised on the registration form, and email a photo and description of the item if you can, to jnagy@plsas.org as soon as possible.** *Coffee and treats will be provided.*

Sat, November 4 10 am to 1 pm

#4454 1 session \$29

Eagle Creek Elementary
6855 Woodward Ave, Shakopee

Partner Dancing for All Occasions (Ages 18+)

Instructor: Deanna Constantine

No matter the occasion, you'll be prepared to dance! Taking steps from classic ballroom dances, you'll learn mini-routines that are easy to remember & danceable to all your favorite songs. Rock, jazz, blues, country, pop hits & more, these routines work to all genres. Get dancing to improve your physical, emotional & cognitive health. Add spark & romance to your relationship with a dance class date night! If you think you have no rhythm and two left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. **Dress Casual.**

Wed, Oct. 18 to Nov. 8 7-8:30 pm

#3109 4 sessions \$65/person

\$130/pair

Eagle Creek Elementary School, 6855 Woodward Ave, Shakopee

NEW! Gift Wrapping 101

Instructor: Kimberlee A Wedel

Do you enjoy shopping for your loved ones but dislike wrapping their gifts? Do you enjoy gift wrapping but produce a package that looks less than perfect? Learn how to expertly wrap a box that reflects your creative spirit! You will be provided with a shirt box, wrapping paper and ribbon. Please bring a gift you would like to wrap that would be able to fit into the size of a shirt box. We will also provide you with all the materials and resources like tape and scissors plus the expertise of a Dayton's gift wrapper to create the gift you will be proud of! You will also learn the best stores to buy your materials. There will be some time for one-on-one instruction if needed. Let's wrap!

Tue, December 5 6:30-8 pm

#3415A 1 session \$29

Twin Oaks Middle School Media 708

NEW! Gift Wrapping 201

Instructor: Kimberlee A Wedel

So, you think you can wrap? This class is for those who feel like they wrap well but struggle with wrapping oversized box or odd sizes. In this class you will learn how to do a "piecer" (multiple sheets of paper), how to creatively use large ribbons and how "toppers" and tags can be used to make an even better masterpiece. The recipient will never want to open this beautifully adorned package! No personal gifts will be wrapped in this session, but you will gain a lot of wrapping knowledge! Gift Wrapping 101 is not required to attend, but highly encouraged. Some one-on-one teaching will be available during the class. Let's make gift wrapping fun again!

Thu, December 7 6:30-7:30 pm

#3415B 1 session \$25

Twin Oaks Middle School Art Room 607

Discover New Things

NEW! The Refugee Experience - Learning Through Simulation (Ages 18+)

Instructor: Sam Ouk, PLSAS Director of Equity and Inclusion

These sessions take participants through real life scenarios of what refugee families endure during times of war. Participants learn about events of the Killing Fields in Cambodia through simulating lived experiences of the Killing Field Survivors who resettled in Rochester, MN during the 1980s. The participants will group up and pretend to be a refugee family. Each family will make decisions around life and death scenarios provided to them that have been modeled from real life situations. At the end of the two simulations, we will discuss what it takes for families and students to move on and find closure after experiencing such horrific traumas. We explore what schools, teachers and the community can do to help provide a positive acculturation experience for refugees and avoid certain mistakes that will lead to cultural dissonance and young refugees experiencing the feeling of loss of hope. The guiding question to this discussion is, "What happens when hope dies?" Even though the stories used in this simulation are particular to Cambodian refugees who survived the Killing Fields, the experiences and discussions to follow will be relevant to all refugees and people who work with refugees. It is recommended to attend both sessions.

Session A: The Killing Fields Simulation - What Drives People to Become Refugees - Class participants will play the role of 17 Killing Field survivors. The class will learn what happened to these individuals and the reason behind certain events that took place during the Killing Fields. After the simulation, we will also discuss what drives the decision for refugees to leave everything they know behind to start life over in the United States. Through discussion, the audience will learn when a refugee journey ends.

Session B: The Refugee Journey and the Resettlement Experience in America - Class participants will experience, first hand, a refugee's journey. Participants simulate being a refugee family. Through simulation, the audience learns when a refugee journey ends and whether or not they are capable of making the right decisions to help their family survive. After the simulation, we will discuss what the community can do to help refugees successfully resettle in the United States and avoid cultural dissonance that can lead to misunderstanding and conflicts.

#3085 Tue & Thu, October 3 & 5 6:30-8:30 pm

1 session \$10 (Attending one night only)

2 sessions \$15 (Attending both nights)

Twin Oaks Middle School Media Room 708



55+ SCOTT COUNTY EXPO

October 20, 2023, 9am-1pm

Jordan High School

600 Sunset Dr, Jordan, MN 55352

Contact:

Cullen Bahn

cbahn@isd717.org

952.492.4223



- CONTINENTAL BREAKFAST
- VENDOR EXHIBITS
- ENTERTAINMENT
- LUNCH
- PRIZE DRAWINGS
- HEALTH SCREENINGS

FEATURING:

THE HOLY ROCKA ROLLAZ!

Take an authentic trip back to the fantastic 50s with the music of Buddy Holly, Chuck Berry, Johnny Cash, Elvis Presley, and many more!

TO REGISTER:

Fee - \$15

Online: bit.ly/3Offn7m

Mail: Attn: Cullen Bahn, 500 Sunset Dr., Jordan, MN 55352

Registration deadline: Oct 6

Driver Discount Program (Ages 55+)

Prior Lake-Savage Community Education partners with the Minnesota Highway Safety and Research Center to offer accident prevention courses for drivers 55+.

Insurance Discounts

Minnesota State Law requires all insurance companies to provide an approximate 10% auto premium reduction for persons 55 and over that successfully complete a Driver Improvement course. To qualify for the discount, you must take an 8-hour course. To maintain the discount, MN allows the 4-hour Refresher course once every 3 years. *There is NO written or behind-the-wheel tests given in either 8-hour or 4-hour refresher course.*

Registration

Payment is required when you register.

- ONLINE www.priorlakesavagece.com
- CALL 952-226-0310
- MAIL the completed registration form from the back of this catalog
- IN-PERSON 5061 Minnesota St, Prior Lake
- FAX the completed registration form from the back of this catalog to 952-226-0379.

There are no refunds if you are unable to attend the class.



8-Hour Driver Discount Program

Instructor: MN HWY Safety Center

This course provides information to help adults 55+ drive violation and crash free as we age. This is a classroom course, there is no driving or other testing involved. If you have not taken an 8-hour course this is the class for you. Contact your insurance agent if you are unsure of the course you need.

Mon & Tue, October 2 & 3
5-9 pm
#6014A 2 sessions \$28
La ola del lago CE Classroom 291

4-Hour Driver Discount Program

Instructor: MN HWY Safety Center

This accident prevention course is taught by MN Hwy Safety Center trained instructors. The class will explore changes in laws, the latest vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention.

Tue, September 26
5-9 pm
#6067A 1 session \$24

Tue, October 10
9:30 am to 1:30 pm
#6067B 1 session \$24

Tue, October 24
5-9 pm
#6067C 1 session \$24

Tue, November 7
9:30 am to 1:30 pm
#6067D 1 session \$24

Thu, December 7
9:30 am to 1:30 pm
#6067E 1 session \$24
La ola del lago CE Classroom 291



UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

LOCATION



La ola del lago at Grainwood, 5061 Minnesota St, Prior Lake.
Parking on the west side lot. Enter through Door 14N.



Fitness, Health & Wellness

Intro to Yoga

Instructor: Christina Henkel, PT, RYT

Have you ever wanted to take a yoga class, but didn't feel comfortable? Or, do you have pain or an injury and you don't know if yoga will hurt or help? Try this introductory session! Learn yoga poses and principles that can help with stress, flexibility, strength & posture. Modifications & advancements will be shown which makes this class open to all. It is recommended participants can get up and down from the floor unassisted. **Please bring a yoga mat and a water bottle.**

Thu, Sept. 14 to Oct. 12 6:30-7:30 pm
#6199A 5 sessions \$55
 PhysiYo,
 8646 Eagle Creek Cir,
 Suite 101/109, Savage

Chair Yoga

Instructor: Christina Henkel, PT, RYT

Chair yoga is a gentle practice in which postures are performed while seated and/or with the aid of a chair. It is a great form of yoga for beginners or anyone who wants to focus on a gentle practice, has balance issues or issues getting up and down from the floor.

Thu, Sept. 14 to Oct. 12 12-12:45 pm
#6199B 5 sessions \$55
 PhysiYo,
 8646 Eagle Creek Cir,
 Suite 102/109, Savage

Aqua Exercise

Instructor: Alice Sachs

Join us for an hour plus of VIGOROUS aquatic exercise! Water aerobics is beneficial for many reasons. First, it's low-impact. Second, it's an activity that focuses on range of motion and strength building. Third, it's cardiovascular exercise that can assist with weight control. No swimming skills necessary. Sign up today and experience the results for yourself! **Not required, but if you have 1 or 2 pound hand weights, bring them along.** Using light weights increases your workout considerably!

Tue & Thu, September 7 to 21
 6:30-7:45 pm
#5401A 5 sessions \$40

Tue & Thu, October 3 to 19
 6:30-7:45 pm
#5401B 6 sessions \$48

Tue & Thu, Oct. 31 to Nov. 21
 6:30-7:45 pm
#5401C 7 sessions \$56

Tue & Thu, Nov. 30 to Dec. 19
 6:30-7:45 pm
#5401D 6 sessions \$48

Tue & Thu, January 9 to 25
 6:30-7:45 pm
#5401E 6 sessions \$48

Nicollet Junior High,
 400 E 134th St, Burnsville, MN

Shinrin Yoku - Forest

Bathing (Ages 15+)

Instructor: David Motzenbecker

Join us on an immersive, meditative and awe-inspiring Japanese forest bathing experience. Feel nature's fractals, sounds and sensations reduce your stress and anxiety and enhance your focus. Give yourself permission to slow down and connect your senses to the healing beauty of our green forested spaces. **Dress for the weather.**

Sat, September 16 9-11 am
#6286A 1 session \$45
 Murphy Hanrehan Park,
 15501 Murphy Lake Blvd, Savage

Sun, October 15 2-4 pm
#6286B 1 session \$45
 Cleary Lake Park,
 18106 Texas Ave, Prior Lake

Goat Yoga (Ages 6+ w/Adult)

Instructor: Tracey Miller

Do you love goats? Yoga? If so, this is for you! Goats are playful, loving, stress-relieving and therapeutic animals. Join us for a healthy mind and healthy body at this one of a kind class where you will learn and practice yoga, while falling in love with a goat! Yoga mats provided. **Please wear comfortable clothing.**

Sat, September 23 12-1 pm
#6278 1 session \$30
 Gray Hobby Farm, 16375 Creekwood Rd,
 Prior Lake

Fitness, Health & Wellness

Wednesday Night Pickleball (Ages 18+)

No Instructor: Open Play

Pickleball is a combination of badminton, ping pong and tennis. Pickleball is FUN and a great workout. Pickleball is easy to learn. A beginner can enjoy a game without formal instruction. People of all ages and athletic abilities enjoy playing pickleball. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed, Sept. 20 to May 22 6:30-8:30 pm
No Pickleball: Oct. 18, Nov. 22, Dec. 20, 27, April 3

Drop in rate \$5 (Pay at the door)

Twin Oaks Middle School Blue Gym

Men's Wednesday Night Basketball (Ages 18+)

Adult men are welcome to come and play recreational basketball on pickup teams. It's a great workout and builds cardiovascular efficiency. This program is on-going throughout the year, September 2023 to May 2024 (Subject to cancellation). Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed, Sept. 20 to May 22 6-8 pm
No Basketball: Oct. 18, Nov. 22, Dec. 20, 27, April 3

Drop in rate \$5 (Pay at the door)

Twin Oaks Middle School Jerebek A/B

Free Indoor Walk/Run

Indoor walking at the PLHS Activity Center will be available M-Th evenings during cold weather months. Preregistration is required. You will be added to an email list to receive notifications of changes and updates. Park and enter through upper level entrance, door 1N. Strollers allowed. Children must be supervised at all times. Walkers, please be considerate of runners. Dates and times subject to change based upon high school activities. No walk/run when school is not in session. **No food/beverages allowed, water only.**

Mon-Thu, October 23 to April 2 6-8 pm
Prior Lake High School Indoor Track

NEW! Low Impact Interval Training

Instructor: Christina Henkel, PT, RYT

Want to get the benefits of interval training without high impact? This low-impact interval training class is designed to improve cardiovascular fitness, strength, endurance and flexibility. The class starts with a warm-up period followed by a series of short intervals of exercises, with rest or flexibility exercise in between. The class will end with a cool-down period to reduce soreness and prevent injury. Come join us for group training in a supportive environment! **Please bring a mat and a water bottle.**

Thu, Oct. 26 to Dec. 7 5:15-6:15 pm

No class: November 23

#6199D 6 sessions \$65

PhysiYo,

8646 Eagle Creek Cir,

Suite 102/109, Savage

NEW! Understanding Alzheimer's and Dementia

Instructor: Alzheimer's Association

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Mon, October 2 6:30-7:30 pm

#4226A 1 session FREE

Live Online Course

NEW! Healthy Living for Your Brain and Body

Tips from the Latest Research

Instructor: Alzheimer's Association

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Wed, December 6 6:30-7:30 pm

#4226C 1 session FREE

Live Online Course

Flow (Vinyasa) Yoga

Instructor: Christina Henkel, PT, RYT

This class connects movement to breath in a sequence of yoga poses that flow together. Both mental and physical wellness will be addressed with decreased stress and increased flexibility and strength. This class can be tailored to your own pace, so all fitness levels will benefit. However, it is recommended that students in this class are able to get up and off the floor unassisted to participate. **Please bring a yoga mat and a water bottle.**

Thu, Oct. 26 to Dec. 7 6:30-7:30 pm

No class: November 23

#6199C 6 sessions \$65

PhysiYo,

8646 Eagle Creek Cir,

Suite 102/109, Savage

NEW! 10 Warning Signs of Alzheimer's

Instructor: Alzheimer's Association

Alzheimer's and other dementia's cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

Mon, November 6 6:30-7:30 pm

#4226B 1 session FREE

Live Online Course

Fitness, Health & Wellness

NEW! Managing Anxiety in a Modern World

Instructor: Talia Sage

Break free from racing thoughts, feeling overwhelmed, over-thinking, and analysis paralysis. Join certified Life Coach and NLP (Neuro-linguistic Programming) Practitioner Talia Sage, as we combine psychology and spirituality. We will explore the science behind stress & anxiety and what it does to the body, how to recognize the anxiety spiral within your body using the chakra system, and introduce you to techniques that you can use to help rewire your nervous system and mind, helping you to better manage anxiety and take back control of your life.

Thu, October 5 5:30-8:30 pm
#6114 1 session \$59
Shakopee West Middle School,
Learning Commons
200 10th Ave. E, Shakopee

NEW! Have Your Heard of a Death Doula?

Instructor: Ann Viveros

Let's talk about death & learn about the support of a Death Doula. I welcome you to explore the mystery of death and dying with me. Learn about the growing trend to have a Death Doula by your side. I believe in the importance of restoring death to its sacred place in the beauty, mystery and celebration of life. **Bring a comforting hot tea, coffee or water & we'll have a conversation about a topic that is often not talked about until it is upon us. You'll leave with information to spur these valuable conversations with loved ones.**

Sat, October 14 10 am to 12 pm
#3440B 1 session \$39
Diamondhead Education Center,
Senior Center, Door 11
200 West Burnsville Parkway, Burnsville

NEW! Navigating Challenging Behaviors

Instructors: Leah Thompson & Patrice Wardlow

Are you tired of battling with your children? Are daily kid struggles wearing you down? It's time to use Navigations Parenting's Compass Approach! Navigations Parenting's owners, Leah & Patrice will lead you through a step-by-step guide to mastering challenging behaviors. This approach will get your



family back on track so you can create a more peaceful and happier home. Tantrums, explosive outbursts, big emotions, power struggles, biting, hitting, defiance, talking back, you name it, The Compass Approach can handle it all!

Wed, Oct. 25 & Nov. 1 6-8 pm
#2404 2 sessions \$84
Shakopee High School, Room C121A
100 17th Ave W, Shakopee

NEW! Meditative Mandala Art

Instructor: Ann Viveros

Integrate the wisdom of meditation and the joy of art into this mandala making, meditative healing arts experience. No previous art or meditation experience needed. On the surface we are creating a beautiful circular art based on repetition and pattern. However, the experience can go much deeper. Through guided inquiry and observation, the mandala making process becomes a tool for deep inner contemplation and healing and the mandala becomes a physical representation of the inner journey. You will leave with a beautiful hand created mandala and a sense of accomplishment, as well as ideas for further contemplation. Everyone is invited to bring a favorite poem, quote, affirmation or verse to add to your mandala or simply to hold in your awareness while drawing. Materials are provided for use in class. *Additional materials may be available to purchase from the instructor.

Tue, September 19 6-8 pm
#3440A 1 session \$39*
Diamondhead Education Center,
Room 2022
200 West Burnsville Parkway, Burnsville



NEW! CPR/AED/First Aid

Instructor: Emily Millard

Would you love to take a CPR/AED/First Aid course but it never seems to fit into your schedule? Well here is your opportunity! We offer an online option paired with an in-person Certification Completion to become certified in CPR/AED/First Aid. Here is how to get started:

Enroll in this course then follow these steps to purchase your online trainer.

1. Register at <https://elearning.heart.org>
2. Click on Courses and Heartsaver then choose Heartsaver Basic - Heartsaver First Aid CPR AED Online
3. Click purchase and complete online course within 60 days of in-person certification class.
4. Print and bring your Certificate of Completion to the in-person certification class.

Thu, October 26 6-8 pm
#6000A 1 session \$129
La ola del lago CE Classroom 291



This extraordinary series is designed to help people contemplating starting their own business. The seminars encompass how to get started, marketing strategies and ideas, financial management and developing a business plan. Facilitators are experienced business professionals, both active and retired, who can provide one-to-one assistance. These seminars are presented in collaboration with SCORE South Metro, and counselors to America's small business, a resource partner of the U.S. Small Business Administration (SBA).

Startup Basics

Instructor: Jim Gasper, South Metro SCORE

Test a business idea and identify the key factors that influence startup success. Gain an overview of the skills and tools needed when deciding to start a business, advantages and disadvantages of owning a business, the most profitable form for specific businesses and the fundamentals of formation, organization, marketing, cash flow and funding sources.

Wed, October 25 6:30-8 pm
#4200A 1 session \$30
 All 4 sessions \$99
 Twin Oaks Middle School Room 205

Business Concepts

Instructor: Young Lan Bebus, South Metro SCORE

Review your understanding of business concepts and gain step-by-step guidance in researching your idea, market and competition. Identify your target markets, describe your products and services and collect key competitive information to support a feasible plan.

Wed, November 8 6:30-8 pm
#4200B 1 session \$30
 All 4 sessions \$99
 Twin Oaks Middle School Room 205

Marketing Plan

Instructor: Greg Geisler, South Metro SCORE

Learn marketing, communication methods and tools to maximize customer reach. Understand pricing strategies, positioning, differences between features and benefits and choose the correct sales channel and exercise your strategies.

Wed, November 15 6:30-8 pm
#4200C 1 session \$30
 All 4 sessions \$99
 Twin Oaks Middle School Room 205

Financial Projections and Funding Sources **Instructor: Jim Hanzlik, South Metro SCORE**

Review sales and prices, financial risks and rewards, true startup costs, ongoing operating expenses, setting benchmarks for tracking progress and organization of all your financial information. Discuss how to finance your business, accounting, banking relations and monthly preparation and review of financial statements.

Wed, November 29 6:30-8 pm
#4200D 1 session \$30; All 4 sessions \$99
 Twin Oaks Middle School Room 205

Visit www.priorlakesavagece.com - 952-226-0310

Home and Finance

Savvy Social

Security for Couples

Instructor: Rolf White

The social security decisions spouses make when they are in their 60's will determine the amount of total income they receive over their lifetime-including the lifetime of the spouse who lives the longest. This workshop will cover some little known rules that can help married couples get more out of the Social Security system.

Mon, September 25 6:30-8 pm
#4249A 1 session \$19/person
\$29/pair

Thu, December 14 6:30-8 pm
#4249B 1 session \$19/person
\$29/pair

La ola del lago CE Classroom 291

NEW! Need to Know Changes to the College Process

Instructor: Cozy Wittman

This past year has resulted in some of the most significant changes to the college planning process in decades. Admission trends have changed how colleges admit students. There are substantial changes to the FAFSA and college financial aid that may make college more expensive. Schools have gone ACT/SAT optional, but not necessarily when they award scholarships. Attend class to learn how these changes may impact your family, and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships and financial aid. If you are the parent of a HS student in grades 9-11, this is incredibly important info you will not want to miss.

Mon, October 2 7-8 pm
#3087 1 session \$19
Live Online Course

Savvy Social

Security for Women

Instructor: Rolf White

Social Security is one of the few income sources that keeps up with inflation and lasts for life. But most women fail to maximize their benefits because they don't understand the little-known rules that can help them get more out of the system. Learn how to take advantage of spousal benefits, survivor benefits, divorced-spouse benefits, and even divorced-spouse survivor benefits and why women who are married should make the decision about when their husbands should apply for social security.

Thu, October 12 6:30-8:15 pm
#4249C 1 session \$19/person
\$29/pair

La ola del lago CE Classroom 291

Medicare Made Simple

Instructor: Desiree Ascheman

Are you new to Medicare? Do you currently have Medicare but don't fully understand what it is or the options for additional coverage? Navigating the world of Medicare can not only feel overwhelming but it also can be confusing. This class will help explain the basics of what Medicare is, what the options are for additional coverage as well as when the different enrollment periods are. No need to bring anything, except for your questions, and perhaps a pen and paper. It's a great time to learn about all the different Medicare options available to you!

Fri, October 6 10-11 am
#4174A 1 session FREE

Fri, December 1 10-11 am
#4174B 1 session FREE
La ola del lago CE Classroom 293A

Taxes in Retirement

Instructor: Rolf White

Understand how different sources of retirement income are taxed so you can get more bang for your buck in retirement.

Thu, November 30 6:30-8 pm
#4249D 1 session \$19/person
\$29/pair

La ola del lago CE Classroom 291

NEW! Credit 101: Understanding, Building and Improving Your Credit Score

Instructor: Bridget Ische

Whether you're just starting to build your credit or looking to improve your existing score, this seminar will provide you with the knowledge and tools you need to take control of your financial future. So join us for Credit 101 and start your journey towards financial success today! Topics covered will include: Understanding what credit is and how it works; The importance of credit in our financial lives; How to read and understand your credit report; The factors that determine your credit score; Tips for building and improving your credit; How to maintain good credit and avoid common mistakes; Strategies for achieving a perfect credit score.

Tue, October 10 6-7:30 pm
#4176 1 session \$19/person
\$29/pair

La ola del lago CE Classroom 291

NEW! Should I Stay in My Home or Go?

Instructor: Hillary J. Slama

Move or stay? That is the question. Should I stay and remodel my current home or should I take advantage of the current market conditions and sell. Hear from a local real estate agent, a mortgage lender and a home stager/designer on what to consider when making this decision.

Wed, October 11 6-7:30 pm
#4254A 1 session \$19/person
\$29/pair

La ola del lago CE Classroom 291

Sat, October 14 10-11:30 am
#4254B 1 session \$19/person
\$29/pair

Twin Oaks Middle School Room 205

Home and Finance

How to Cut the Cable Cord

Instructor: Ron Timm

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or have much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, how to get TV from your computer to your television, and much, much more. Find out why and how millions of TV watchers are ditching cable forever!

Thu, September 21 7-8:30 pm
#4248 1 session \$35/person
\$60/pair
La ola del lago CE Classroom 291

NEW! VA Home Loan Benefits and Myths

Instructor: Kelly Overgard

Attention all veterans and family members! Learn the truth about the amazing benefits available with the VA Home Loan. 0% down is not the only benefit. Disabled veterans may be eligible for additional assistance. Kathy Young, RE/MAX Preferred, Mandi Vote, State Farm Insurance, Dustin Zroka, TruBlue Total House Care and Kelly Overgard, Kevnik Mortgage will share their expertise and answer your questions. *Dinner and a beverage included in your course fee.*

Tue, October 24 6-8 pm
#4255 1 session \$15/person
\$25/pair

Loon's Landing,
12925 Eagle Parkway, Savage

How to Win with Investment Properties

Instructor: John Mazzara

Ever considered becoming a landlord or investing in real estate but need more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations and information to put in a lease. You will also learn all aspects of becoming a landlord including buying, selling and renting.

Thu, October 26 7-9 pm
#4168 1 session \$19/person
\$29/pair

La ola del lago Room 274

Earn Extra Money Mystery Shopping

Instructor: LeeAnne Krusemark

Have you seen ads telling you how to become a shopper, but only if you send them a lot of money? You do not have to pay to begin your new career in this exciting field. **(Participants must also attend "How to Start Any Home Business + 250 Home Business Ideas" for a clear understanding of this endeavor).** You will learn how to sign up with many legitimate mystery shopping companies WITHOUT FEES, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Informative handouts for future use are included in class fee, including a list of 25 legitimate companies you can work for.

Wed, October 4 5-6 pm
#4250A 1 session \$25
Live Online Course

How to Start Any Home Business + 250 Home Business Ideas!

Instructor: LeeAnne Krusemark

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover: more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, how to take tax deductions (this workshop included!) Informative handouts for future use are included in class fee.

Wed, October 4 6-8 pm
#4250B 1 session \$35
Live Online Course

Make Money with a Virtual Assistant/Word Processing Business

Instructor: LeeAnne Krusemark

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. **(Participants must also attend "How to Start Any Home Business + 250 Home Business Ideas" for a clear understanding of this endeavor).** There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included.

Wed, October 4 8-9 pm
#4250C 1 session \$25
Live Online Course

The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

Youth After School (Gr. K-5)

Jr. NBA Basketball Camp (Gr. K-5)

Instructor: DASH Sports

DASH Sports Jr. NBA basketball skills camps provide players a well-rounded basketball experience covering a broad range of skills training and skill-based games. Players will be taught how to properly shoot, pass, dribble, and play defense in a fun and positive environment. This camp features 3 days of basketball skills training and instruction and 1 day of instructor led games/scrimmages. Each player will also receive a customized Jr. NBA jersey (you get to pick the NBA team and your name and number will be printed on your jersey) with registration. Athletes should bring a water bottle and a snack. Balls are provided.

*Participants must register at least two weeks prior to receive a jersey. Any registrations after will be notified when their jersey will be ready to be picked up.

2918f_Five Hawks Room: Gym
Mon, Nov. 27 to Dec. 11
3:05-4:05 pm 3 sessions \$85

2918f_Glendale Room: Gym
Tue, Nov. 28 to Dec. 12
3:55-4:55 pm 3 sessions \$85

2918f_Jeffers Pond Room: Gym
Mon, Nov. 27 to Dec. 11
3:55-4:55 pm 3 sessions \$85

2918f_WestWood Room: Gym
Wed, Nov. 15 to Dec. 13
No class: Nov. 22 & Dec. 6
3:50-4:50 pm 3 sessions \$85

Sat, Sept. 16 to Oct. 14 5 sessions \$85
2918f_Gr. K-1 9-9:45 am

Sat, Sept. 16 to Oct. 14 5 sessions \$89
2918f_Gr. 2-3 10-11 am

2918f_Gr. 4-5 11:15-12:15
Twin Oaks Middle School Gym Jerebek

Fantastic Fall Art (Gr. K-5)

Instructor: Abrakadoodle

In this fantastic art class, we'll sculpt some colorful fall trees and mount them on painted canvas board, make a Halloween cat collage, paint with scissors like Matisse, use chalk and oil pastels to create an Octopus and more. This class has it all: painting, collaging, sculpting, and learning how to work with chalk and oil pastels. Hope you can join us for this fall art class.

2806Af_Five Hawks Room: Art
Fri, Sept. 29 to Oct. 27
3:05-4:05 pm 4 sessions \$75

2806Af_Jeffers Pond Room: Art
Tue, October 3 to 24
3:55-4:55 pm 4 sessions \$75

2806Af_La ola del lago Room: Art
Wed, Sept. 20 to Oct. 25
No class: Oct. 4 & 18
3:50-4:50 pm 4 sessions \$75

2806Af_Redtail Ridge Room: Art
Mon, October 2 to 23
3:00-4:00 pm 4 sessions \$75

Homemade Gifts from the Heart (Gr. K-5)

Instructor: Abrakadoodle

Get a head start on the holidays with this fun gift making class. This year we'll paint a fancy gingerbread house on canvas board, sculpt a silly snowman, paint some penguins, create a mosaic evergreen tree and more. These projects are perfect gifts for your friends and family or keep them for yourself! Our most popular class of the year! All new gifts for 2023.

2806Bf_Jeffers Pond Room: Art
Tue, Nov. 21 to Dec. 12
3:55-4:55 pm 4 sessions \$75

2806f_La ola del lago Room: Art
Wed, Nov. 8 to Dec. 13
No class: Nov. 22 & Dec. 6
3:50-4:50 pm 4 sessions \$75

2806Bf_Redtail Ridge Room: Art
Mon, Nov. 13 to Dec. 11
No class: Nov. 20
3:00-4:00 pm 4 sessions \$75



NEW! After School Soccer Skills (Gr. K-5)

Instructor: Dash Sports

DASH Sports soccer camps provide players a well-rounded soccer experience covering a broad range of soccer skills training (dribbling, passing, shooting, & defense) and skill-based games. Players will receive instruction in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Camp ends with a scrimmage on the final day. Athletes should bring a water bottle (spikes and shin guards are optional). Balls are provided.

2652f_Five Hawks Outdoor Field
Mon, Sept. 11 to Oct. 9
No class: Sept. 18
3:05-4:05 pm 4 sessions \$75

2652f_Glendale Outdoor Field
Tue, Sept. 12 to Oct. 10
3:55-4:55 pm 5 sessions \$85

2652f_Hamilton Ridge Outdoor Field
Fri, Sept. 15 to Oct. 13
3:55-4:55 pm 5 sessions \$85

2652f_Jeffers Pond Outdoor Field
Thu, Sept. 14 to Oct. 12
3:55-4:55 pm 5 sessions \$85

2652f_La ola del lago Outdoor Field
Mon, Sept. 11 to Oct. 9
No class Sept. 18
3:50-4:50 pm 4 sessions \$75

2652f_Redtail Ridge Outdoor Field
Wed, Sept. 13 to Oct. 11
No class Oct. 4
3:00-4:00 pm 4 sessions \$75

2652f_WestWood Outdoor Field
Wed, Sept. 13 to Oct. 11
No class Oct. 4
3:50-4:50 pm 4 sessions \$75

Youth After School (Gr. K-5)

NEW! Draw It! (Gr. K-5)

Instructor: Young Rembrandts

Create amazing, new drawings! Students will build their drawing skills and develop new techniques. Beginners are welcome!

2556Af_Five Hawks Room: Art
Thu, Sept. 28 to Nov. 2
No class: Oct. 19
3:05-4:05 pm 5 sessions \$79

2556Af_Glendale Room: Art
Thu, Sept. 28 to Nov. 2
No class: Oct. 19
3:55-4:55 pm 5 sessions \$79

2556Af_Hamilton Ridge Room: Art
Tue, Oct. 31 to Nov. 28
3:55-4:55 pm 4 sessions \$65

2556Af_Jeffers Pond Room: Art
Mon, Oct. 2 to 30
3:55-4:55 pm 5 sessions \$79

2556Af_La ola del lago Room: Art
Mon, Oct. 30 to Nov. 27
No class: Nov. 20
3:50-4:50 pm 4 sessions \$65

2556Af_Redtail Ridge Room: Art
Tue, Oct. 3 to 31
3:00-4:00 pm 5 sessions \$79

2556Af_WestWood Room: Art
Fri, Sept. 29 to Nov. 3
No class: Oct. 20
3:50-4:50 pm 5 sessions \$79

Brick Builders (Gr. 1-5)

Instructor: {YEL}

Build a smashing hammer, a hill racer, a fishing rod, and more using LEGO® bricks. Use these LEGO® brick models to explore STEM concepts. The {YEL!} Teach It!...Practice It!...Play It! method engages students to create and innovate. LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

2714f_La ola del lago Room: Art
Tue, Nov. 7 to Dec. 19 *No class: Nov. 14*
3:50-4:50 pm 5 sessions \$89

2741f_WestWood Room: Art
Mon, Sept. 25 to Oct. 30
3:50-4:50 pm 6 sessions \$89



NEW! Winter Celebration (Gr. K-5)

Instructor: Young Rembrandts

Get ready for winter break! Our cartoon celebration is a fun after school activity perfect for your smart and innovative child. Energize your kid's schedule and enroll now. Beginners are welcome!

2556Bf_Five Hawks Room: Art
Fri, Dec. 1 to 15
3:05-4:05 pm 3 sessions \$49

2556Bf_Glendale Room: Art
Thu, Nov. 30 to Dec. 14
3:55-4:55 pm 3 sessions \$49

2556Bf_Hamilton Ridge Room: Art
Tue, Dec. 5 to 19
3:55-4:55 pm 3 sessions \$49

2556Bf_Jeffers Pond Room: Art
Mon, Dec. 4 to 18
3:55-4:55 pm 3 sessions \$49

2556Bf_La ola del lago Room: Art
Mon, Dec. 4 to 18
3:50-4:50 pm 3 sessions \$49

2556Bf_Redtail Ridge Room: Art
Tue, Dec. 5 to 19
3:00-4:00 pm 3 sessions \$49

2556Bf_WestWood Room: Art
Fri, Dec. 1 to 15
3:50-4:50 pm 3 sessions \$49

Chess (Gr. K-5)

Instructor: Twin Cities Chess

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

2851f_Five Hawks Room: Media
Tue, Oct. 3 to Dec. 5
No class: Nov. 7 & 14
3:05-4:05 pm 8 sessions \$115

2851f_Glendale Room: Art
Mon, Oct. 2 to Nov. 27
No class: Nov. 20
3:55-4:55 pm 8 sessions \$115

2851f_Hamilton Ridge Room: Art
Wed, Sept. 27 to Dec. 20
No class: Oct. 4, 18, Nov. 1, 22, Dec. 6
3:55-4:55 pm 8 sessions \$115

2851f_Jeffers Pond Room: Art
Wed, Sept. 27 to Dec. 20
No class: Oct. 4, 18, Nov. 1, 22, Dec. 6
3:55-4:55 pm 8 sessions \$115

2851f_La ola del lago Room: Art
Fri, Oct. 6 to Dec. 15
No class: Oct. 20, Nov. 10, 24
3:50-4:50 pm 8 sessions \$115

2851f_Redtail Ridge Room: Media
Fri, Oct. 6 to Dec. 15
No class: Oct. 20, Nov. 10, 24
3:00-4:00 pm 8 sessions \$115

2851f_WestWood Room: Media
Tue, Oct. 3 to Dec. 5
No class: Nov. 7 & 14
3:50-4:50 pm 8 sessions \$115

Queen's Gambit Chess Tournament (Ages 5+)

More information on page 32.

Registration Open Until Filled

KIDS' COMPANY

2023-2024

Before and After School Child Care
6:30 AM - School Start | School End - 6:00 PM

Drop-In Care for registered families

2, 3, 4, & 5-day Schedule Options
Located in all elementary schools
Kindergarten - 5th Grade

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KIDS' COMPANY

Join Our amazingly awesome Team!

KIDS' COMPANY

- Before School Assistants
- After School Assistants
- After School positions for High School students
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Apply Today! plsas.org

Youth After School (Gr. 6-12)

Middle School Archery (Gr. 6-8)

Instructor: Three Rivers Park District in Partnership with Scott County

Join instructors from the Outdoor Recreation School to learn how to safely shoot a compound bow. Students will build their skills through interactive archery games and challenges. Safety, history and proper shooting techniques will be covered in this series. All equipment is provided. Unless weather is severe, this is a rain or shine, outside program. *One-way transportation provided to Cleary Lake Park.* **Bus Departs at 2:15 pm from the lower level of Twin Oaks Middle School. Parents are responsible for pick up at 4 pm at Cleary Lake Park (18106 Texas Avenue, Prior Lake).** **Dress for the weather.** (Class size is limited to 10, so register early).

Mon, Sept. 18 to Oct. 9 2:30-4 pm
#2842 4 sessions \$159
Cleary Lake Park,
18106 Texas Ave, Prior Lake

Middle School Golf (Gr. 6-8)

Instructor: Cleary Lake Park

Don't miss your tee time, join Middle School Golf! Golf is for you whether you are a beginner or you have a lot of experience. Package includes group lessons from a golf instructor, time on the driving range and putting green, and one tee time per week for those of you that the Cleary Lake staff feel could complete a round. *One-way transportation provided to Cleary Lake Park for the 2:30 pm session only.* **Bus Departs at 2:15 pm from the lower level of Twin Oaks Middle School. Parents are responsible for pick up from the golf course (18106 Texas Avenue, Prior Lake).** **Please bring your own clubs. Dress for the weather.**

Tue/Thu, Sept. 12 to Oct. 5
8 sessions \$245
#2778A 2:30-4 pm (Transportation)
#2778B 4-5:30 pm (No Transportation)
Cleary Lake Park,
18106 Texas Ave, Prior Lake

ZAPS ACT Test Prep (Gr. 10-12)

Instructor: Doorway to College

ZAPS test-preparation seminars are carefully designed to help you do your personal best on the ACT. Students who complete the ZAPS seminar—and practice the tips and strategies at home—typically raise their ACT scores by 2 or more points. You will be taught strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the test. You will receive a comprehensive Study Guide and 24 practice tests with detailed answer explanations. **Please bring a calculator and two pencils to the seminar.**

Mon & Tue, October 2 & 3
2 sessions \$115
#4006A 3:15-5:45 pm
#4006B 6-8:30 pm
Prior Lake High School Room: D225/227



Driver Education (Ages 14.5-18)

Classroom: Students age 14.5+ can start Driver Education classes. Upon completion of the 30 hours of classroom, student will receive a Blue Completion Card.

Fee: \$220

Permit Test: After completing classroom requirement of 30 hours and age 15+, students can test for permit at a DMV testing station.

Behind the Wheel: After receiving a permit, students schedule three 2-hours Behind-the-Wheel lessons with A+ Driving School (ISD719 classroom provider) or another provider.

Driver's License: Students age 16+ with a permit for a minimum of 6 months, completed Behind the Wheel Lessons, and Supervised Driving Log can test for a license at a testing station.

Supervised Driving Log:

- Option A: Student logs 50 hours/3,000 minutes including 15 hours/900 minutes night driving.
- Option B: Parent(s)/Guardian(s) attend Point of Impact class then student logs 40 hours/2,400 minutes including 15 hours/900 minutes night driving.

In-Person (30 Hours of Classroom): Location: Prior Lake High School Room A115 Times: 3:15-6:15 pm

6100-1A	Sept. 11, 12, 13, 14, 15, 18, 19, 20, 21, 22	
6100-1B	Sept. 25, 26, 27, 28, 29, Oct. 2, 3, 5, 6, 9	No class: Oct. 4
6100-1C	Oct. 10, 11, 12, 13, 16, 17, 23, 24, 25, 26	No class: Oct. 18, 19, 20
6100-1D	Oct. 30, 31, Nov. 2, 3, 6, 7, 8, 13, 14, 15	No class: Nov. 1, 9, 10
6100-1E	Nov. 27, 28, 29, 30, Dec. 1, 4, 5, 7, 8, 11	No class: Dec. 6

Online (30 Hours of Classroom): Location: Live Online Zoom Meet Times: 3-6 pm, 4-7 pm, 6:15-9:15 pm

6100-2A	Sept. 13, 14, 18, 19, 20, 21, 25, 26, 27, 28	No class: Sept. 15, 22
6100-2B	Oct. 2, 3, 4, 5, 9, 10, 11, 12, 16, 17	No class: Oct. 6, 13
6100-2C	Oct. 25, 26, 30, 31, Nov. 1, 2, 6, 7, 8, 9	No class: Oct. 27, Nov. 3
6100-2D	Nov. 13, 14, 15, 16, 20, 21, 27, 28, 29, 30	No class: Nov. 17, 22, 23, 25
6100-2E	Dec. 4, 5, 6, 7, 11, 12, 13, 14, 18, 19	No class: Dec. 8, 15

Point of Impact for Parent/Guardian (Optional - See Supervised Driving Log Above):

Online/Virtual (7-8:30 pm) - Fee: \$10

2914A Tue, September 26

2914B Tue, December 12

Youth Nights & Weekends (Ages 4-18)

Kid's Pottery (Ages 5-10)

Instructor: Holly Bozaich

Hand-build a fun pottery project led by Miss Holly. Includes glazing, tools, and firing. Pick up your project in approximately 3 weeks. Potter's wheel will not be used in this class.

Sat, September 16 1-2:30 pm
#3105A 1 session \$39

Sat, October 14 1-2:30 pm
#3105B 1 session \$39

Sat, November 18 1-2:30 pm
#3105C 1 session \$39

Sat, December 16 1-2:30 pm
#3105D 1 session \$39

Pottery by Holly, 4264 Colorado St Se,
Prior Lake



Prior Lake-Savage
Community Ed is on
Instagram!
@PLSASCommEd

NEW! Mom & Me Pottery (Ages 5+ w/Adult)

Instructor: Holly Bozaich

Hand-build a clay project, or try out the potter's wheel! Many projects to choose from, or make your own unique creation. Includes glazes, tools, and firing. Pick up your project approximately 3 weeks later.

Sat, September 9 1-2:30 pm
#3105Af_Mom & Me 1 session \$39

Sat, October 7 1-2:30 pm
#3105Bf_Mom & Me 1 session \$39

Sat, November 11 1-2:30 pm
#3105Cf_Mom & Me 1 session \$39

Sat, December 9 1-2:30 pm
#3105Df_Mom & Me 1 session \$39

Pottery by Holly, 4264 Colorado St Se,
Prior Lake

NEW! Child's Play Theater: The Princess and the Pea by Anita Larsen (Gr. 2-12)

Instructor: Andy Velishek

No one knows more about the dreary life of being a servant than orphaned Lizzie, the maid at Madame Bombazine's Royal Academy of Royalty. At the beck and call of the shallow student princesses and the bullying Madame Bombazine, Lizzie's cheery personality defies her dismal life, but makes her a favorite of all the shopkeepers. Then grandmotherly Oldma steps in with a little magic. When shy Prince Robert comes along, Oldma wisely steps aside to allow the magic of love to smooth a course confused by the power of a small green vegetable — the pea. Once a cause of irritation under multiple mattresses, now the pea has become a royal allergen. Around peas, some royals sneeze while others expire.

Sat, Sept. 30 to Nov. 18 8:30 am to 12 pm
No class: Oct. 21

Performances: Nov. 18 - 1:30 & 6:30 pm

#2868 7 sessions \$129

Twin Oaks Middle School Auditorium

Unlimited FUN Obstacle Course (Gr. K-3)

Instructor: Fitness Boomers

Get ready for a fun-filled fitness journey with us. Have a blast with a variety of different fitness based activities and fun games and jumping challenges and loads of FUN! Learn balance, flexibility, agility, coordination, speed and sportsmanship. Creativity will be encouraged throughout the class in a safe and fun environment with upbeat music. At the end, relax with a quick mindfulness activity!

Tue, Oct. 3 to 24 6:30-7:30 pm

2597A 4 sessions \$85

La ola del lago Gym

Tue, Nov. 21 to Dec. 12 6:30-7:30 pm

2597B 4 sessions \$85

La ola del lago Gym

Tennis (Ages 4-11)

Instructor: Carlson Tennis

The quickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing quickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Tennis participants may be invited to compete in tournaments outside of Tennis sessions. These competitions are not sponsored by Community Education, and additional fees may apply.

Little Stars (Ages 4-6) 5:30-6:15 pm

Course description online. 4 sessions \$75

#2866A1 Wed, Sept. 27 to Oct. 25

No class: Oct. 18

#2866A2 Wed, Nov. 1 to 29

No class: Nov. 22

Rising Stars (Ages 7-8) 6:15-7:15 pm

Course description online. 4 sessions \$89

#2866B1 Wed, Sept. 27 to Oct. 25

No class: Oct. 18

#2866B2 Wed, Nov. 1 to 29

No class: Nov. 22

Future Stars (Ages 9-11) 7:15-8:15 pm

Course description online. 4 sessions \$89

#2866C1 Wed, Sept. 27 to Oct. 25

No class: Oct. 18

#2866C2 Wed, Nov. 1 to 29

No class: Nov. 22

La ola del lago Gym

Military Machines (Gr. 1-6)

Instructor: Young Engineers

Your child will learn about synchronous and asynchronous movement, friction and sensor techniques. During the class, they will build independently or in pairs working robotic models of military tank, landmine sweeper, commando soldier and military radar system.

Mon, Oct. 2 to 23 6:30-8 pm

#2991A 4 sessions \$105

Twin Oaks Middle School Room 607 Art

Youth Nights & Weekends (Ages 4-18)

Fencing (Gr. 2-12)

Instructor: {YEL}

Engage, attack, and advance! Learn or improve your fencing skills, play favorite fencing games and earn arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Become an athlete in the “sport of the intellectual athlete!”

Wed, Oct. 4 to Dec. 6

No class: Oct. 18 & Nov. 22

#6113f_Gr. 2-5 6-7 pm

8 sessions \$135

#6113f_Gr. 6-12 7:05-8:35 pm

8 sessions \$179

La ola del lago Cafeteria

Babysitting 101 (Ages 10-13)

Instructor: Emergency Outfitters

This course follows the American Academy of Pediatrics (AAP) – Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, game handouts, babysitting bag and first aid kit. Please bring 2 nut-free snacks, lunch and a beverage to class.

Sat, October 7 8:30 am to 4 pm

#4008 1 session \$89

Twin Oaks Middle School Room 209

NEW! Clay Factory - Fall Mosaic (Ages 5-12)

Instructor: Kidcreate Studio

Clay offers a great sensory experience! This workshop will give your young artist a chance to poke, pound, roll and shape clay into their very own art creation.

Sat, October 7 9 to 12 pm

#2812A 1 session \$45

Twin Oaks Middle School Room 607 Art



NEW! Halloween Candy Scene (Ages 5-12 w/Adult)

Instructor: Kidcreate Studio

Halloween Candy Scene What’s the best part about Halloween? The candy, of course! You and your child will work together to create a spooky graveyard scene out of tons of “sweet” art supplies, including some Halloween candy favorites like candy corn! Kids and grown-ups are welcome to wear their costumes to class.

Wed, October 25 6:30-8 pm

#2812B 1 session \$45/pair
\$20/each addtl. child

Twin Oaks Middle School Room 607 Art

NEW! Cartoon Characters (Gr. 3-8)

Instructor: Young Rembrandts

Learn the basics of cartooning and create your own characters! Each day students will learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action and personification will contribute to your child’s artistic advancement. Young Rembrandts students will immediately apply their new skills in every class to create their own original cartoon characters. Beginners are welcome!

Wed, Oct. 25 to Nov. 15 5:30-7:30 pm

#2566_Cartoon Characters

4 sessions \$109

Twin Oaks Middle School Room 209

Creepy Cupcakes (Ages 5-15)

Instructor: Heather Novak

Learn to decorate cupcakes into scary monsters, spooky spider-webs, and other imaginative creatures, using buttercream frosting and candies. Perfect for kids who love to be in the kitchen and want to learn a little about cake decorating or have an artistic flair. Younger students may need some help from an adult or older sibling. All cupcakes, frosting and cake decorating tips will be provided. Please bring a cupcake tin or 9 x 13 pan to bring your creations home in and your imagination!

Wed, October 25 6:30-8 pm

#2507A 1 session \$45

Twin Oaks Middle School Room 308 FACS

NEW! Candy Land (Ages 5-12)

Instructor: Kidcreate Studio

Every kid loves playing the board game Candy Land by Hasbro®. Whether your Mally Mallo or Giggly Gumdrop, you can go down the rainbow path to Peppermint Forest, the Lagoon of Lord Licorice and Princess Frostine’s Ice Palace! Let your imagination soar as you make your way to King Kandy’s Castle to win! In this class, we will create our own 3D version of the game on a real canvas board.

Sat, November 4 9 to 12 pm

#2812C 1 session \$45

Twin Oaks Middle School Room 607 Art



Youth Nights & Weekends (Ages 4-18)

Jr. NBA Basketball Camp (Gr. K-5)

Instructor: DASH Sports

Full description on page 26 or online.

Sat, Sept. 16 to Oct. 14 5 sessions \$85
2918f_Gr. K-1 9-9:45 am

Sat, Sept. 16 to Oct. 14 5 sessions \$89
2918f_Gr. 2-3 10-11 am
2918f_Gr. 4-5 11:15-12:15
Twin Oaks Middle School Gym Jerebek

NEW! Flying and Driving Machines (Gr. 1-6)

Instructor: Young Engineers

Your child will learn about transmissions, Power and Speed gears and elastic energy. During the class, they will build independently or in pairs working robotic models of rescue helicopter, airplane, forklift, unloading truck and more. *Internationally acclaimed Robotics and STEM programs recognized by Harvard Business School and European Union countries.

Mon, Nov. 6 to Dec. 4 6:30-8 pm
#2991B 4 sessions \$105
Twin Oaks Middle School Room 607 Art



**Prior Lake-Savage
Community Ed is on
Facebook!**
@PLSASCommEd

FAST Kids-Staying Safe at Home (Ages 7-10)

Instructor: Emergency Outfitters

First Aid and Safety Trained Kids covers basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. This course helps prepare children for staying at home alone. Receive a book and construct a home first aid kit.

Sat, November 18 8:30 am to 12:30 pm
#2757 1 session \$65
Twin Oaks Middle School Room 209

Queen's Gambit Chess Tournament (All Ages)

Checkmate! All experience levels are welcome and players are divided into the following groupings by Age: 5-8, 9-12, 13-17 and 18+. Each participant plays five rounds. Registration cost includes pizza and a drink for each participant, as well as trophies, medals and other awards. *This tournament is refereed and run by the Twin Cities Chess Club, in partnership with Shakopee Community Education.*

Sat, November 4 10 am to 2:30 pm
#2851f_Tournament 1 session \$35
Twin Oaks Middle School

NEW! Toon Time (Gr. 3-8)

Instructor: Young Rembrandts

Toon Time is perfect for students who are interested in learning more about the art of cartooning and want to improve their drawing abilities. Whether they're just starting out or have been drawing for years, this class will provide a supportive and nurturing environment where they can explore their passion for art and have fun in the process.

Mon, Nov. 27 to Dec. 18 5:30-7 pm
#2566_Toon Time 4 sessions \$109
Twin Oaks Middle School Room 209

Ornament Making Party (Ages 5-12)

Instructor: Kidcreate Studio

Join us for an ornament making party. We will set up 4 stations, each with a different ornament to make. Your child will be creating an adorable snowman ornament, an ornament inspired by that famous reindeer with the red nose, and so much more!

Sat, December 2 9 to 12 pm
#2812D 1 session \$45
Twin Oaks Middle School Room 607 Art

Hot Cocoa Bombs (Ages 8+ w/Adult)

Instructor: Heather Novak

If you have been on social media at all this year, you know that Cocoa Bombs have been a magical rage. Come learn how to make these beautiful, fun and decadent treats. Recipes will be provided and you will go home with 6 bombs to enjoy or give. Bring a muffin tin to bring your bombs home in.

Tue, December 5 6:30-8:30 pm
#2279B 1 session \$49
Hidden Oaks Middle School 724 FACS

NEW! Holiday Create Night (Ages 5-12 w/Adult)

Instructor: Kidcreate Studio

Christmas is just around the corner. What better way to celebrate than creating masterpieces with your child? Prepare for an evening filled with holiday fun! You and your child will follow easy step-by-step instructions as you create matching portraits of the most famous reindeer of all-Rudolph the Red-Nosed Reindeer! Each parent and child will create their own masterpiece on a real canvas board.

Tue, December 5 6:30-8 pm
#2812E 1 session \$45/pair
\$20/each addtl. child
Twin Oaks Middle School Room 607 Art

Cupcakes and Cocoa (Ages 5+ w/Adult)

Instructor: Kelly Irvin Richtarich

Decorate your cake, and eat it too! Each team will learn techniques, themes, and designs and embellish 6 cupcakes under the direction of a professional cake decorator. Make cupcakes, and enjoy it with a cup of tea. Sip hot cocoa and top off a hot cocoa cake. Enjoy this casual tea party style class with your favorite adult. Feel free to wear a fancy hat and bring your favorite tea cup and apron to class. Each team will go home with 6 of their own beautifully decorated cupcakes. Price is per child.

Thu, December 7 6-8 pm
#2927 1 session \$55
Twin Oaks Middle School Room 308 FACS

Youth Nights & Weekends (Ages 4-18)

Flag Football (Ages 5-10)

Instructor: Skyhawks

Flag Football is the perfect introduction to "America's Game." Learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving you a chance to showcase your skills on the gridiron!

Mon, Sept. 11 to Oct. 9 *No class: Sept. 18*

#2560Af_Ages 5-7 4:30-5:30 pm

4 sessions \$85

Sat, Sept. 23 to Oct. 14

#2560Bf_Ages 5-7 9-9:45 am

4 sessions \$85

#2560Cf_Ages 8-10 9:50-10:50 am

4 sessions \$85

La ola del lago Field Behind School

Speed and Agility

(Ages 8-11)

Instructor: Skyhawks

Skyhawks speed and agility camp is designed for athletes at any skill level looking to improve their current overall athletic performance. Drills and exercises are designed to improve overall quickness, strength, speed, body control, and agility. Increase your speed, and improve your agility and overall quickness with your fast paced drills coordinated by Skyhawks coaches.

Mon, Sept. 11 to Oct. 9 5:35-6:35 pm

No class: Sept. 18

#2531 4 sessions \$85

La ola del lago Field Behind School

Baseball (Ages 6-8)

Instructor: Skyhawks

A great catch! Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Wed, Sept. 20 to Oct. 11 5:40-6:40 pm

#2560A 4 sessions \$85

Twin Oaks Middle School Softball Field

NEW! Pickleball (Ages 6-12)

Instructor: Skyhawks

America's #1 growing sport, pickleball is now available with Skyhawks Sports! Our pickleball program introduces kids to the basics of pickleball in a fun approach. Campers will learn how to serve, hit groundstrokes and volley with instruction from our coaches while we provide a fun atmosphere with exercises and games to help promote the sport of pickleball. This exciting new sport will create lifelong friends and skills that can translate into other sports as well.

Sat, Sept. 23 to Oct. 14 4 sessions \$85

#2989Af_Ages 6-8 10:55-11:55 am

#2989Af_Ages 9-12 12-1 pm

Twin Oaks Middle School Tennis Courts

Soccer (Ages 6-9)

Instructor: Skyhawks

Skyhawks has a variety of soccer programs for parents looking to introduce their children to the fundamentals of the world's most popular sport. Young athletes, gain the technical skills and sport knowledge required for the next progression of soccer. This camp focuses on dribbling, passing, shooting and ball control and uses a wide variety of skill games and scrimmages throughout the week. The final day of camp culminates in a tournament day, where participants can showcase their newly learned skills! **Shin guards are recommended.**

Mon & Wed, Oct. 23 to Nov. 1

#2674A_Ages 6-9 5:15-6 pm

4 sessions \$85

La ola del lago Field Behind School



Basketball (Ages 5-10)

Instructor: Skyhawks

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Sat, Oct. 28 to Nov. 18

#2699Af_Ages 5-7 9:35-10:20 am

4 sessions \$75

#2699Bf_Ages 8-10 10:25-11:25 am

4 sessions \$85

Twin Oaks Middle School Gym C

Floor Hockey (Ages 6-9)

Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stick handling and speed. Specifically designed for beginning and intermediate players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, Nov. 28 to Dec. 19 5:05-6:05 pm

#2666Bf_Ages 6-9 4 sessions \$85

Twin Oaks Middle School Blue Gym C

Volleyball (Ages 6-12)

Instructor: Skyhawks

Volleyball skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for beginning and intermediate players. Instructors will assist you in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. The participant-to-coach ratio is approximately 10:1. **Knee pads recommended.**

Sat, December 2 to 16

#2676Af_Ages 6-8 9:35-10:35 am

3 sessions \$75

#2676Bf_Ages 9-10 10:40-11:40 am

3 sessions \$75

#2676Cf_Ages 11-12 11:45 am to 12:45 pm

3 sessions \$75

Twin Oaks Middle School Blue Gym C

Youth Nights & Weekends (Ages 4-18)

Learn How to Play Dungeons and Dragons (Gr. 6-8)

Instructor: Michael Gillis

The Dungeons & Dragons role-playing game is about storytelling in worlds of swords and sorcery. Like games of make believe, D&D is driven by imagination. It's about picturing a crumbling castle in a darkening forest and imagining how a fantasy adventurer might react to the challenges that scene presents. Learn to create a character, work with others to solve challenges and have fun exploring your imagination.

Sat, Sept. 16 to Dec. 2 9 am to 12 pm
No class: Oct. 21 & Nov. 25
#2993 10 sessions \$199
Twin Oaks Middle School 708 Media

NEW! Dungeons & Dragons 101 with Character Creation (Gr. 3-6)

Instructor: Tech Academy

What's it like to play Dungeons and Dragon? Dungeons and Dragons, a timeless game of fantastical elements such as magic, mythical creatures, and fairies, offers great opportunities to develop problem-solving skills, team-building abilities, and creative thinking that cannot be replicated elsewhere. Start by learning its basics, creating your own character, and embarking on an amazing roleplaying game.

Wed, Sept. 27 & Oct. 4 6-7:30 pm
#2731B 2 sessions \$59
Live Google Meet

Pokemon Game Coding (Gr. 3-6)

Instructor: Tech Academy

Course description online.

Tue, Sept. 26 & Oct. 3 6-7:30 pm
#2731A 2 sessions \$59
Live Google Meet

Multiplayer Minecraft: City Builder (Gr. 1-6)

Instructor: Tech Academy

Course description online.

Tue, Oct. 10 & 17 6-7:30 pm
#2731C 2 sessions \$59
Live Google Meet

NEW! Game Coding: Nintendo Characters (Gr. 2-4)

Instructor: Tech Academy

Learn the fundamentals of coding with Scratch by creating a Nintendo-themed game. Inspire your student to pursue today's most exciting technologies. Scratch uses colorful, visual blocks that fit together like Legos.

Thu, October 12 6-7:30 pm
#2731D 1 session \$35
Live Google Meet

NEW! Star Wars Game Coding (Gr. 2-5)

Instructor: Tech Academy

In this class, we introduce students' programming concepts using Scratch. Learn to create an interactive 2D video game using your FAVORITE Star Wars characters. Scratch is a drag-and-drop creative coding platform developed by MIT.

Thu, November 9 6-7:30 pm
#2731E 1 session \$35
Live Google Meet

NEW! Video Game Design (Gr. 4-8)

Instructor: Tech Academy

This course will give you hands-on experience developing your own game. Students will create their own version of asteroids from scratch, using construct 3, a visual coding platform that teaches students the basics and structure of programming.

Tue, Nov. 21 & 28 6-8 pm
#2731F 2 sessions \$79
Live Google Meet

NEW! Video Production: YouTube Shorts & Instagram Reels (Gr. 2-6)

Instructor: Tech Academy

Learn the art of production video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques.

Sat, Dec. 2 & 9 10:30 am to 12:30 pm
#273H 2 sessions \$75
Live Google Meet

3D Printing: Pokemon (Gr. 3-6)

Instructor: Tech Academy

Course description online

Sat, Dec. 2 & 9 8-10 am
#273G 2 sessions \$99
Live Google Meet

NEW! Minecraft Game Coding from Scratch (Gr. 2-4)

Instructor: Tech Academy

In this class, we introduce students' programming concepts using Scratch. Learn to create an interactive 2D video game using your FAVORITE Minecraft characters. Scratch is a drag-and-drop creative coding platform developed by MIT.

Tue, December 5 6-7:30 pm
#2731I 2 sessions \$35
Live Google Meet

3D Printing & CAD (Gr. 2-5)

Instructor: Tech Academy

Course description online.

Thu, December 14 6-8 pm
#2731J 1 session \$59
Live Google Meet

Video Production for YouTube: Gaming (Gr. 3-8)

Instructor: Tech Academy

Course description online.

Tue, Dec. 20 6-8 pm
#2731K 1 session \$59
Live Google Meet

Halloween Party

Saturday, October 28

2:30-5 pm

Twin Oaks Middle School

Lower Level

Enjoy games, prizes, inflatables, treats, individual and family costume contests, a haunted house and more!

\$5/Ages 1-12 (Infants and Adults Free)

Pay online: www.priorlakesavagece.com or at the door

Parent Supervision required for children under 9.

Canned goods and monetary donations accepted for the CAP Agency.



Thank you to our event sponsors:
Prior Lake Savage Optimist Club
Prior Lake Lions Club
Prior Lake VFW
Prior Lake Rotary



Early Learners (Newborn-Age 6)

Music Together

(Newborn-6 yrs w/Adult)

Instructor: Kari Owens, Music Together
Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler in these award winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music makers just by having fun making music themselves. Infants, if not attending with a sibling, pay full tuition. Infants under eight months on the first day of the fall session (born after Jan. 25, 2023) attend free with a paid sibling.

Prior Lake Library - 16210 Eagle Creek Ave SE

Fri, Sept. 8 Free Demo 9:30-10:15 am
Fri, Sept. 15 Free Demo 10:30-11:15 am
Fri, Sept. 29 to Dec. 15
No class: Oct. 20, Nov. 24
#2904C_Prior Lake 9:30-10:15 am
#2904D_Prior Lake 10:30-11:15 am

Savage Senior Living at Fen Pointe - 5950 W 13th Lane

Thu, Sept. 14 Free Demo 10:30-11:15 am
Thu, Sept. 28 to Dec. 14*
No class: Oct. 19, Nov. 23
#2904_Savage 10:30-11:15 am
*Class includes "grandfriends", residents from Savage Senior Living.

10 sessions \$195/first child
\$109/sibling

Acting Fun for Little

Ones (Ages 4-7)

Instructor: Child's Play Theater

Students will learn acting and communication skills through the production of popular children's books. Students will act out a skit related to two or three children's books.

Sat, Oct. 14 to Nov. 18 *No class: Oct. 21*
10:30 am to 12 pm
Performance: Nov. 18 - 1 pm
#2868 5 sessions \$75/person
Twin Oaks Middle School 107 Resource

Wish Upon a Ballet

(Ages 3-6)

Instructor: Mayer Arts

This dance program incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. Children will learn an appreciation of dance and music while developing strength and flexibility.

Tue, Sept. 12 to Oct. 24 9:30-10:15 am
#2610_Pirate Fairy 7 sessions \$85

Tue, Oct. 31 to Dec. 12 9:30-10:15 am
#2610_The Four Seasons 7 sessions \$85
Edgewood School Room 227

Baseball Tots (Ages 3-4)

Instructor: Skyhawks

Baseball Tots is a development program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game.

Wed, Sept. 20 to Oct. 11 4 sessions \$65
#2732Bf_Ages 3-4 4:30-5 pm
#2732Cf_Ages 4-5 5:05-5:35 pm
La ola del lago at Grainwood Field

Hoopster Tots (Ages 3-4)

Instructor: Skyhawks

Hoopster Tots focuses on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Sat, Oct. 28 to Nov. 18 9-9:30 am
#2732D 4 sessions \$65
Twin Oaks Middle School Blue Gym C

Little Stars Tennis (Ages 4-6)

Instructors: Carlson Tennis

Little Stars (Ages 4-6) Agility, balance, and coordination are emphasized. Movement and tracking skills give you the ability to properly handle a racquet and ball. Fun and success are the goals!

See page 30 for dates and times.

Soccer Tots (Ages 3-5)

Instructor: Skyhawks

Super Tots by Skyhawks uses age-appropriate games to engage kids in sports. The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

Mon & Wed, Oct. 23 to Nov. 1
4:35-5:05 pm
#2732E 4 sessions \$65
La ola del lago at Grainwood Field

Superhero & Princess

Fitness (Ages 3-6)

Instructor: Kiley Meyhoefer

Dress up as your favorite superhero or princess! Join us for a fun and interactive fitness class where you can move like superheroes and princesses.

Tue, Nov. 21 to Dec. 12 4:30-5 pm
#2773 4 sessions \$40
La ola del lago CE Classroom 291

Floor Hockey Tots (Ages 3-5)

Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stick handling and speed. Specifically designed for beginner players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, Nov. 28 to Dec. 19 4:30-5 pm
#2666B 4 sessions \$65
Twin Oaks Middle School Gym C

Volleyball Tots (Ages 3-5)

Instructor: Skyhawks

A great way to learn a signature sport! One of the more difficult motor skills to grasp for children, these classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

Sat, Dec. 2 to 16 9-9:30 am
#2732F 3 sessions \$55
Twin Oaks Middle School Blue Gym C

Circle of Friends Preschool (COF)

Why Choose Circle of Friends Preschool?

Preschool is an exciting time in your child's life!

Learning is a social process where children grow through play and exploration. COF Early Learning preschool program focuses on creating a strong foundation for learning. All of our teachers are licensed and help children discover a love for learning!



E-STEM School and
4 Star Rated Program

What Makes Cof preschool so great?

- Curriculum that is intentionally aligned with Kindergarten standards to ensure concepts and skills lay the groundwork for those taught in Kindergarten.
- Core learning areas that are embedded in the curriculum and include language and literacy, mathematics, dramatic play, the arts and learning with nature.
- Highly qualified, licensed teachers who inspire kids and work passionately to help them be Kindergarten ready.
- An on-site licensed school nurse.
- A building that is dedicated to Early Learning Programs
- Numerous opportunities for flow and movement along with two large playground areas.
- Raptor security system.
- Sensory room and break spaces.
- Partnership with Kids Co, onsite, for before and after extended care.
- Emphasis on flexible parent involvement and family support including our Early Learning Advisory Council.

Enrollment

At this time, there are limited openings for the 2023-2024 school year. Information can be found on our webpage: ew.plsas.org For more information call 952-226-0952

KIDS' COMPANY 2023-2024

LAKERS PRESCHOOL CHILD CARE
in partnership with Circle of Friends

✗ Before & After Circle of Friends Preschool Class

new! LAKER 3s PROGRAM
Edgewood | MON - FRI | 6:30 AM - 6:00 PM

Registration Open Until Filled

- ✗ Full-time, all-day child care for our youngest learners
- ✗ Extended hours to meet the needs of working families
- ✗ Flexibility with a dependable 5-day schedule

PRIOR LAKESAVAGE AREA SCHOOLS KIDS' COMPANY

THE fun STARTS HERE

help me



Early childhood development milestones to age 5

Every child is unique. No two children develop, grow and learn at exactly the same pace. And yet children develop in predictable ways. Take notes as your little one learns. Babies and toddlers are growing, learning and changing all the time. It's fun to watch! We suggest you keep track of the new things they do and the milestones they reach. If you are concerned about your child's growth, development or learning, we encourage you to contact us at Help-MeGrowMN.org or 1-866-693-4769

Contact Us

ECFE/Circle of Friends Preschool

Main Office 952-226-0950
Fax..... 952-226-0949
5304 Westwood Dr SE, Prior Lake
Lower Level Entrance, Door 6W

Director of Community Education

Joel Dahl 952-226-0312
joeldahl@plsas.org

Early Learning Coordinator

Erin Metoxen 952-226-0908
emetoxen@plsas.org

Early Learning Assistant Coordinator

Vicki Spieler..... 952-226-0956
vspieler@plsas.org

Lead Building Administrative Assistant

Julie Miller 952-226-0952
jumiller@plsas.org

Building Administrative Assistant

Deb Tribby 952-226-0975
dtribby@plsas.org

Early Learning Parent Educators and Children's Teachers

Becki Fonder..... 952-226-0950
rfonder@plsas.org

Rochelle Barrett 952-226-0950
rbarrett@plsas.org

Early Childhood Special Education

Early Childhood Special Education Coordinator

Lori Parker 952-226-0986
lparker@plsas.org

Early Childhood Special Education Administrative Assistant

Mel Owen 952-226-0980
Fax..... 952-226-0981
mowen@plsas.org



Early Childhood Family Education
Prior Lake-Savage Area Schools

What is ECFE?

ECFE is a program that strengthens families with young children through play, education and support. It is unique to Minnesota.

Did you Know?

ECFE is not just for parents! All special grown-ups are invited to participate in ECFE! Grandparents, nannies, aunts and uncles all enjoy and participate in classes.

Parent/Caregiver Perks:

- Support and encouragement in your role as a parent or caregiver
- Current research-based information on child development
- Peer connection: We are in this together!
- Community connections: Awareness of community resources and support services
- Dedicated time together with your special little one

Child Benefits:

- Forming friendships
- School readiness support
- Dedicated time together with your special grown-up

ECFE Fees:

ECFE uses a sliding-fee scale based upon your household's annual gross income. Scholarships are available for families who live in Prior Lake-Savage Area School District.

Childcare is available during most classes for siblings from 7 weeks to age 6. A child under 7 weeks old may stay with their parent. Register for sibling care at the same time you register for a class. This is a family per session fee, not an individual fee per child.

Early Childhood Screening

All children between the ages 3 and 5 years old need to participate in a screening before kindergarten. Sign up for a screening appointment online at www.priorlakesavagece.com or call 952-226-0975. We look forward to meeting your family



ECFE Registration Information / FAQ

Location of Classes

Edgewood School
LOWER LEVEL ENTRANCE
5304 Westwood Dr SE, Prior Lake
Big round blue tiled building on the NW corner of the campus. NOT Westwood Elementary.

How do I register?

Online: www.priorlakesavagece.com
Discounts cannot be redeemed online.

In-Person: Visit Edgewood School's main office Mon-Fri between 8:00-4:00

Does an adult need to attend?

Yes. ECFE classes require participation from an adult caregiver.

What are the age requirements?

Children must meet the age requirements within the first week of class unless otherwise granted by office or education staff.

ECFE Weather Cancellations

ECFE will follow PLSAS weather related closings. If school is closed or in online learning, ECFE classes are canceled. If school is delayed 2 hours, there will be no morning ECFE classes. These cancellations will not be rescheduled or refunded.

What do I need on the first day of class?

Bring a copy of your child's birth certificate (New ECFE families only) and current immunization records. You may also fax them to Deb Tribby at 952-226-0975 or email them to dtribby@plsas.org. Most clinics will fax records to our office if requested. If your child is behind on immunizations, catch up at:

Scott County Public Health
Valley Green Work Force Center
792 Canterbury Rd S
Shakopee, MN
952-496-8555
By appointment only.



Can I register after the class has started?

Registrations will be accepted until a class has filled. Fees will be prorated. Register early to avoid canceled classes due to low enrollment.

What if my class is canceled?

A class may need to be canceled due to low enrollment. If this is the case, families will be notified by email.

Families affected will receive a full refund.

Cancellation Policy

Cancellations one week prior to the first day of class will receive a full refund, minus a \$10 processing fee.

Cancellations once classes have started are subject to a \$35 processing fee and class fees will be pro-rated if we are able to fill the opening.

Photograph and Video Opt-out

Enrolling in ECFE classes or attending ECFE sponsored activities constitutes permission to take and use pictures and /or videos of yourself and your minor children in PLSAS publications, promotional materials and social media. If you would like to opt-out of this, please contact Kristi Mussman at: kmussman@plsas.org

Class Separation Explanation

Non-separating: Parent educators support interactions in the classroom.

Gradually separating: Grown-ups and parent educators begin the separation process slowly, being sensitive to the readiness of the children.

Flexible separating: Parents and educators decide separation timing together based upon the needs of the group.

Separating: Children spend time with their teacher while grown-ups gather with a parent educator for part of the class in a different room.

Semester 1: September 2023 to January 2024

2023-24 ECFE SLIDING FEE SCALE								
Gross Annual Household Income	Class Category							
	**Class fees will be pro-rated for those who join at a later date							
	A	B	C	D	E	F	G	H
Over \$100,000	\$448.00	\$252.00	\$238.00	\$224.00	\$210.00	\$196.00	\$56.00	\$14.00
\$80,000-99,999	\$384.00	\$216.00	\$184.00	\$192.00	\$180.00	\$168.00	\$48.00	\$12.00
\$60,000-79,999	\$320.00	\$180.00	\$170.00	\$160.00	\$150.00	\$140.00	\$40.00	\$10.00
\$40,000-59,999	\$224.00	\$126.00	\$119.00	\$112.00	\$105.00	\$98.00	\$28.00	\$7.00
\$20,000-39,999	\$192.00	\$108.00	\$102.00	\$96.00	\$90.00	\$84.00	\$24.00	\$6.00
Under \$20,000	\$99.20	\$55.80	\$52.70	\$49.60	\$46.50	\$43.40	\$12.40	\$3.10

FREE - Welcome Baby (Ages 0-12 Months)

This class offers baby bonding time within a comfortable, supportive environment in a community of your fellow new parent peers. A licensed parent educator will support your ride on the new baby roller coaster ride. Whether this is your first baby or your fifth, each child is unique and so is this season of your life.

Tue, Sept. 12 to Oct. 3 8:45-10 am
 Tue, Oct. 10 to Nov. 7 8:45-10 am
 Tue, Jan. 2 to 23 8:45-10 am

Thu, Sept. 14 to Oct. 5 4:30-5:45 pm
 Thu, Oct. 12 to Nov. 9 4:30-5:45 pm
 Thu, Jan. 4 to 25 4:30-5:45 pm

Wed, Sept. 13 to Oct. 4 10:30-11:45 am
 Wed, Oct. 11 to Nov. 8 10:30-11:45 am
 Wed, Jan. 3 to 24 10:30-11:45 am

Non-Separating
 Edgewood School



Music, Movement & More (Ages 1-5 yrs)

Looking for a way to use that abundance of energy your kids have? Here's an ECFE class with a twist! Come join our staff for a night that is sure to use that extra amount of energy. This class will be filled with plenty of large motor play, music, games, a variety of other activities and will wind down with a story and songs. A parent educator will be available for questions and resources. **Please bring indoor tennis shoes and a water bottle.**

Mon, Sept. 11 to Jan. 22
 No class: Nov. 20, Dec. 25, Jan. 1, 15
 10:30-11:45 am
 Non-Separating
 Edgewood School

Mon, Sept. 11 to Jan. 22
 No class: Nov. 20, Dec. 25, Jan. 1, 15
 6-7:15 pm
 Non-Separating
 Edgewood School

Early Childhood Family Education



Little Movers (Ages 12-24 Months)

Everything is new and exciting when your little one begins to explore their world. All experiences offer opportunities to learn. Join this class for helpful strategies to support the transition from baby to toddler from a licensed parent educator, licensed children's teacher and a group of your peers.

Mon, Sept. 11 to Jan. 22 8:45-10 am
 No class: Nov. 20, Dec. 25, Jan. 1, 15
 Non-Separating
 Edgewood School



FREE - Try It Tuesday (Ages 1-5 yrs)

Come try an early childhood class at Edgewood School! Sign up for a free 4-session class and explore our classroom and fun topics like dinosaurs, colors, food, art party, music and movement, animals, vehicles, and more!

Tue, Sept. 12 to Oct. 3 8:45-10 am
 No class: Oct. 31

Tue, Oct. 10 to Nov. 7 8:45-10 am

Tue, Jan. 2 to 23 8:45-10 am
 Non-Separating
 Edgewood School



Stroller Walk (Ages 0-2 yrs)

Do you love spending time outdoors exploring? Then this is the class for you. Come explore local parks around our area. Our licensed children's teacher will be there to offer support and topics for both students and caregivers. You can email our licensed parent educator if you have any additional needs or questions. If Inclement weather, you will be notified and the class will move indoors.

Tue, Sept. 12 to Oct. 3 4:30-5:45 pm
 No class: Oct. 31

Tue, Oct. 10 to Nov. 7 4:30-5:45 pm
 Non-Separating
 Edgewood School



Nature Inside & Out (Ages 1-5 yrs)

Children are natural investigators and this class is designed to bring out the best of their abilities. Weekly age-appropriate explorations will allow them to discover new things in their world and give you a chance to learn more about how environmental education, science, technology, engineering and math (ESTEM) can easily be incorporated into your child's play.

Tue, Sept. 12 to Jan. 23
 No class: Nov. 14, Dec. 26
 10:30-11:45 am
 Non-Separating
 Edgewood School



Little Lakers (Ages 2-3 yrs)

Will your child turn 3 before January 1, 2024? Then this class is for them! Join us in a preschool readiness class; bi-weekly parenting meetings with a licensed parent educator. Parents will drop off their child using the preschool drop off format as you help your child prepare for their future as a preschooler. This is a unique and fun way to prepare for future preschool experience. SIB-CARE AVAILABLE on parenting dates.*Note: Parents will attend the first class with their child.

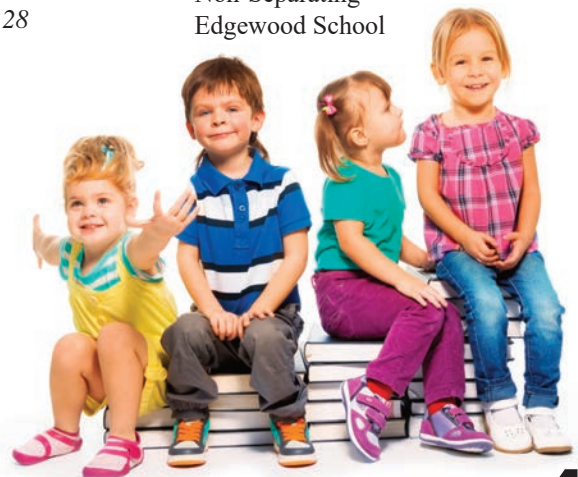
Tue & Thu, Sept. 12 to May 30
 No class: Nov. 23, Dec. 26, 28
 10:30-11:45 am
 Separating
 Edgewood School



Walking Through Nature (Ages 0-5 yrs)

Do you love spending time outdoors exploring? Then this is the class for you. Come explore local parks around our area. Our licensed children's teacher will be there to offer support and topics for both students and caregivers. You can email our licensed parent educator if you have any additional needs or questions. If Inclement weather, you will be notified and the class will move indoors.

Tue, Sept. 12 to Jan. 23
 No class: Nov. 14, Dec. 26
 8:45-10 am
 Non-Separating
 Edgewood School



Early Childhood Family Education



Ones & Twos (Ages 12-36 Months)

These busy-body-babes eagerly experience the world around them with all of their senses, while still desiring a strong connection with their grown-ups to feel secure. Come make connections with others while bonding with your child in an engaging environment. Enjoy the support of a licensed parent educator and licensed children's teacher.

Tue, Sept. 12 to Jan. 23

No class: Nov. 14, Dec. 26

6-7:15 pm

Non-Separating

Edgewood School



Terrific Twos (Ages 24-36 Months)

For twos, the world is their stage and we are the players. Come explore, engage, and learn about our great big world along with your child. In this non-separating class, your toddler will feel supported and secure while developing identity and sense of self. A licensed parent educator and children's teacher, along with your peers, will support your navigation through the growing independence of your child.

Wed, Sept. 13 to Jan. 24

No class: Oct. 18, Nov. 22, Dec. 27

8:45-10 am

Gradual Separating

Edgewood School



Nap Time Chat (Parents Only)

Join our licensed parent educator for this adult only, online class. This class will cover parenting and family topics such as differing parenting styles, anxiety, screen time and many other topics.

Wed, Sept. 13 to Jan. 24

No class: Oct. 18, Nov. 22, Dec. 27

1:30-3 pm

Edgewood School



Families with Multiples (Ages 0-5 yrs)

A special class for twins, triplets, and families of multiples! Parents with multiples face unique parenting challenges and experiences. Come get support from our licensed Children's Teacher and Parent Educator, support staff and other parents with multiples!

Wed, Sept. 13 to Jan. 24

No class: Oct. 18, Nov. 22, Dec. 27

6-7:15 pm

Non-Separating

Edgewood School



Little Lakers - Parent Discussion Time (Parents of Little Lakers Only)

Join our licensed experts, Becki and Ami, for this adult only class. Becki has been a parent educator for many years and Ami is our school psychologist. Bring your questions and wonderings. This class meets every other week.

Thu, Sept. 14 to May 23

No class: Sept. 21, Oct. 5, 19, 26, Nov. 9, 16, 23, Dec. 7, 21, 28, Jan. 4, 18, Feb. 1, 8, 15, 29, Mar. 14, 28, April 4, 18, May 2, 16

10:30-11:45 am

Edgewood School



New Parent Transition Time (Parents only)

The transition into parenthood can feel overwhelming filled with many questions. Talk to other soon to be moms/parents with conversations lead by a parent educator to help guide you. Find ways to get support, talk with other parents in the same phase of life as well as share and get answers to your worries or questions during this transition phase.

Thu, Sept. 14 to Jan. 25

No class: Oct. 19, Nov. 16, 23, Dec. 21, 28

1:30-3 pm

Edgewood School



Pop-Up Series (Ages 2-7)

Week 1-ESTEM: This class features hands on exploration of Environment, Science, Technology, Engineering and Math. Each time, explore a different area,

Week 2-Art Party: Come get messy at school instead of at home! We will explore various art materials such as: glue, paint, play dough, glurch/slime, collage making, and other fun activities. Dress for mess!

Week 3-Movement: Dance, sing and play! This class will be filled with plenty of large motor play, music, and a variety of activities. We will end with a circle time and story. Get your wiggles out and learn new songs!

Week 4-Food: Encourage your child to help with food preparation, try new foods through fun recipes and snacks. Please notify us in advance of any food allergies, sensitivities, or special accommodations.

Thu, Sept. 14 to Oct. 5 6-7:15 pm

No class: Oct. 19

Thu, Oct. 12 to Nov. 9 6-7:15 pm

Thu, Jan. 4 to 25 6-7:15 pm

Non-Separating

Edgewood School

Early Childhood Family Education



Sensory Exploration **(Ages 2-5 yrs)**

Come explore different sensory experiences; slime, water, shaving cream and more! Each week will have a different sensory theme filled with exploration and curiosity. Leave the mess for us to clean up!

Thu, Sept. 14 to Jan. 25

No class: Oct. 19, Nov. 16, 13, Dec. 28

8:45-10 am

Non-Separating

Edgewood School

FREE - Try It Saturday **(Ages 1-5 yrs)**

Come try an early childhood class at Edgewood School! Sign up for a free 4-session class and explore our classroom and fun topics like dinosaurs, colors, food, art party, music and movement, animals, vehicles, and more!

Sat, Sept. 30 8:45-10 am

Sat, Oct. 7 8:45-10 am

Sat, Oct. 28 8:45-10 am

Sat, Jan. 20 8:45-10 am

Non-Separating

Edgewood School



Nature Pop-Up Family Event (Ages 0-7 yrs)

All Classes will include a story and time for participants to engage in nature play. Dress for the weather. If you need extra clothing for your child (rain suit, winter gear, rain or snow boots) please let us know so we can bring items for you.

*If inclement weather, the class will be moved indoors with alternative activities.

Tue, October 24 4:30-5:45 pm

Tue, January 23 4:30-5:45 pm

Non-Separating

Location TBD



Fabulous Fridays **(Ages 1-5 yrs)**

It's FRIYAY!!! Come join the ECFE staff for a fun filled morning full of activities and creative outlets. Join other parents along with a licensed parent educator and licensed children's teacher to support one another through these formative years.

Fri, Sept. 15 to Jan. 19

No class: Oct. 20, Nov. 10, 24, Dec. 22, 29

8:45-10 am

Non-Separating

Edgewood School



Movin' & Groovin' with Dad **(Ages 0-7 yrs)**

Join the ECFE staff one Saturday a month for fun in our large-motor space! We will set up obstacle courses, bikes and trikes, parachutes and more for kids and their grown up to explore and have fun.

Sat, Sept. 30 10:30-11:45 am

Sat, Oct. 7 10:30-11:45 am

Sat, Oct. 28 10:30-11:45 am

Sat, Jan. 20 10:30-11:45 am

Non-Separating

Edgewood School

Early Childhood Screening

Minnesota requires all children to be screened before entering public school kindergarten. The screening is most valuable soon after your child's third birthday and gives you and your child an early connection to PLSAS.

Screening is FREE and includes growth, development, and immunization checks. Your child will be assessed in preschool concepts, communication skills, motor skills and social-emotional skills.

If your child has already been screened in HeadStart, in another school district, or your own medical resource, please provide the screening report. Children only need to be screened one time. Children do not need to be screened if they have an active Individualized Education Program (IEP).

Parents can choose to conscientiously object to screening for their child. If you object, please provide a signed statement indicating your conscientious objection to screening.

**Have your scheduled your
Early Childhood Screening?
Call : 952-226-0975**



Our Mission The mission of the Prior Lake-Savage Area Community Education Services Program is to enhance the quality of life for all citizens by helping to provide opportunities for individuals to reach their full potential and contribute to their communities. To accomplish this mission requires that parents, family, schools, faith communities, businesses, community organizations and all people living within our community work together. This can be done through a cooperative effort in meeting the recreational, educational, social and cultural needs and wants of the community.

Advisory Councils are active task-oriented groups who make recommendations about policies, procedures, program offerings, budgets, and more for ISD 719 Community Education Services programs. Together these groups determine what resources could be utilized to meet the needs and interests of community members without duplicating the efforts provided by others.

If you would be interested in working with a council to address the lifelong learning needs of our district, please call Joel Dahl, Director at 952-226-0312 or email joeldahl@plsas.org to request an application for membership.



WE ARE HIRING

SUBSTITUTE TEACHING STAFF

2023 - 2024 SCHOOL YEAR

Apply Now

www.teachersoncall.com or 952-346-1656

COMMUNITY CONTACTS

**Boy Scouts & Cub Scouts
(Northern Star Council)**
www.northernstar.org

Camp Fire MN
www.campfiremn.org

City of Prior Lake 952-447-9800
www.priorlakemn.gov

**City of Prior Lake
Recreation Dept.** 952-447-9820
www.priorlakemn.gov/recreation

City of Savage 952-882-2660
www.cityofsavage.com

**City of Savage Parks and
Recreation Dept.** 952-224-3420

Girl Scouts (River Valley Council)
800-845-0787
www.girlscoutsrv.org

PLAY www.playinfo.org
(Prior Lake Athletics for Youth)

**Prior Lake-Savage Hockey
Association** www.plsha.com

Prior Lake Soccer Club
www.priorlakesoccer.org

Prior Lake Youth Wrestling
www.priorlakewrestlingclub.org

Scott County Libraries
Prior Lake 952-447-3375
Savage 952-707-1770

South Metro Storm Swim Club
www.mnstorm.org

Three Rivers Park District
763-559-6700
www.threeriversparks.org

U of M Extension - Scott County - 4H
952-492-5410



Early Head Start

Head Start is a CAP Agency Program serving Scott, Carver and Dakota Counties. They offer Preschool Programs for Ages 3 to 5. Children with Special Needs are welcome and there is no cost to income eligible families. There is limited availability. For an application call 651-322-3500 or visit www.capagency.org for more information.

Crisis Nursery

The Crisis Nursery welcomes calls from parents in any situation needing a sympathetic ear, parenting tips or information about community resources. In a crisis situation, the Crisis Nursery may be able to provide short term child care for children ages newborn to 12 years, if their families are residents of Scott or Carver Counties. **Call Crisis Nursery's help line at 612-839-5101.** Trained advocates are available to help during a crisis. If you are interested in displaying brochures, making donations or volunteering as a care provider, **contact the CAP Agency at 952-402-9851.** Make a difference in a child's life!

Parents Forever - Divorce Education

The goal of this workshop series is to achieve a respectful divorce with the least negative impact on children. These sessions are for any person in the process of divorce, considering divorce, in conflict regarding custody or visitations and/or anyone wanting information on divorce, mediation or custody. This series is cosponsored with several family-serving agencies of Carver and Scott Counties.

www.extension.umn.edu/family/parents-forever



Big Brother Big Sister

You can make a positive difference by volunteering your time to a child. Can you help a child THINK BIG? There is always a child in need of your FRIENDSHIP, so don't wait any longer. The FOCUS is not on spending money but spending time with a child, building a trusting friendship. You can share a walk in the park, play games, hobbies, recreational activities, run errands, bake cookies or sit and talk. **Please call 651-789-2400.** Your assistance in helping to recruit volunteers in your community is always most appreciated.

WIC (Women, Infants and Children)

WIC is a nutrition education program for women who are pregnant, nursing or postpartum and for families with infants and children under age five. The program provides nutrition information, counseling for pregnant and nursing mothers and supplemental foods such as milk, cheese, juice, cereals and infant formula to promote good health. WIC eligibility is based on household income guidelines. Appointments must be made in advance. **If you live in Scott County please call 952-496-2125 or check the website at www.capagency.org for more information.**

Supplemental Nutrition Assistance Program

SNAP Formerly know as Food Stamps, helps Minnesotans with low incomes get the food they need for nutritious and well-balanced meals. The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement. If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites. For more information call 1-800-657-3698 or fns.usda.gov.

Are you or is someone you know being abused?

For help or information in Scott and Carver Counties, call 952-873-4214
Visit www.svamn.org

Guidelines and Procedures

Satisfaction Guarantee

Please call the Community Education Office at 952.226.0310 if you are not satisfied with any class or activity in which you participated. We appreciate being notified as soon as a concern is noticed, so that we may have the opportunity to improve the program for all participants.

Class Confirmations

Community Education does not mail class confirmations. If you provide an email address at the time of registration, a confirmation will be emailed to you. We will contact you by phone or mail if there is a change. Please list a daytime phone number so we can reach you if a class is cancelled. If there is a last minute change, signs are posted at each site with your class information including class title, room numbers and times of classes.

Discounts

UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

Special Requests

If special assistance/accommodations is needed to participate in a Community Education Program, please contact us at least 2 weeks prior to start of program to allow enough time for special accommodations. SPED services may be provided based on student qualification.

Student Absences

To be eligible to participate in CE programs, classes or events, students are expected to be in school all day. Students who are ill or miss for other reasons not considered excused absences will not be allowed to participate in Community Education programs that day.

Lost or Stolen Items

CE is not responsible for lost, stolen or damaged items. Please do not bring valuables with you to class.

Participant Waiver

Registration for any class waives all rights and claims for any and all injuries from whatever cause suffered by participation in activities.

Cancellation

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. If we have to cancel a class, every effort will be made to contact all the participants who preregistered. Please include on your registration form a phone number where you can be contacted during the day. Community Education assumes no responsibility for reaching registrants who do not provide an accessible daytime phone number. When ever possible messages will be left on voicemail/answering machines. If an email is provided at time of registration, notifications will also be sent to the address provided.

Classes may be cancelled due to inclement weather or for other unavoidable reasons. These sessions are made up whenever possible. If school closes during the day due to bad weather, Community Education will cancel all activities. Call 952-226-0310 for evening or weekend cancellation information.

Refunds

Class cancellations requested no later than 4:00 pm, five business days prior to the first day of class may be eligible for a refund. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session.

- Class Fee = (\$0-\$29) - Processing fee of \$5 deducted from refund.
- Class Fee = (\$30-\$149) - Processing fee of \$10 deducted from refund.
- Class Fee = (\$150+) - Processing fee of \$20 deducted from refund.

Refunds are not issued after 4:00 pm five business days before a class starts, due to commitments made to instructors. Call or visit the CE office to cancel a registration.

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. Participants will receive a full refund for CE initiated cancellations. Full refunds are also issued for weather cancellations, if a course cannot be rescheduled or if the rescheduled date does not work for the participant.

Privacy

The information requested on the registration forms will be used to verify eligibility as well as determine staff, facility and equipment needs. Your registration information may be provided to school district staff, volunteers, instructors, the school district attorney, insurer and auditor. Your email information is for internal use only and will not be sold or solicited. Photographs or videos of classes in action may be taken and used for district publications and web pages. If you object to having your picture used, please notify the Community Education Office at 952-226-0310 each time you register.

Non-endorsement Policy

Prior Lake-Savage Community Education works with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

All financial seminars are carefully screened to ensure they are strictly informational in nature. Although most seminars are presented by professional financial planners, the design is non-biased and non-sales oriented. You will not be pressured to make a purchase or meet with sales people. We prohibit the direct distribution of flyers, pamphlets or marketing materials that promote specific products, services or companies. We do, however, offer you the opportunity to receive an instructor's business card or you can ask for more information should you have additional, specific questions that go beyond the content or time frame of the seminar. We hope your participation in these programs will be enjoyable. For questions, call Jenny at 952-226-0315.

Tuition Assistance

Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

Exchange of Information

I give my consent to an exchange of my child's information between CE staff and other PLSAS professional staff whenever it may be deemed as beneficial to my child.

Main Adult Contact:

Name: _____ Address: _____ Zip _____

Home Phone #: _____ Cell Phone #: _____

Email for confirmation: _____

Class Participant Information:

1. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

2. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

3. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

4. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

5. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

_____ **I have read and agree to the
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Sam Ouk receives Best Presentation Award

Congratulations to PLSAS Director of Equity and Inclusion Sam Ouk on receiving the Best Presentation Award at the Minnesota English Learner Education (MELEd) Conference for his refugee simulation, "After the Killing Fields."

Ouk's seminar uses the power of simulation to provide a hands-on experience of what refugees have to endure in order to survive and start a new life in Minnesota. Participants analyze true stories of Cambodian Killing Field survivors and the families they have lost along the way.

Recently Ouk presented the simulation at the MELEd Conference where it was voted Best Presentation. The simulation has now been accepted as a "Best of Affiliate" presentation for the 2023 TESOL International Convention and English Language Expo, which will be held March 21 - 24 in Portland, Oregon.

The Refugee Experience -

Learning Through Simulation (Ages 18+)

See page 17 for full description and information on how to register for this award winning presentation.



NEW! Pickleball (Ages 6-12)

Instructor: Skyhawks

America's #1 growing sport, pickleball is now available with Skyhawks Sports! Our pickleball program introduces kids to the basics of pickleball in a fun approach. Campers will learn how to serve, hit groundstrokes and volley with instruction from our coaches while we provide a fun atmosphere with exercises and games to help promote the sport of pickleball. This exciting new sport will create lifelong friends and skills that can translate into other sports as well.

Sat, Sept. 23 to Oct. 14 4 sessions \$85
#2989Af_Ages 6-8 10:55-11:55 am
#2989Af_Ages 9-12 12-1 pm
Twin Oaks Middle School Tennis Courts



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