

## SHAC Meeting Minutes- April 20, 2022

**4:01 - 4:05** Call to Order by Brandyn Quay, welcome and opening remarks.

- The meeting was brought to order and the purpose of today's meeting was shared.
- Attendance was taken by Leslie Morgan.

Move to approve minutes by Tom Musselman seconded by Rhonda Dickson.

### **4:05 Presentations**

- 4:05 - 4:30 Living Well Aware
- 4:30 - 5:00 Heritage Keepers

### **5:00 - 5:30 Discussion**

Can we get the following stats for our district? Dalen stated they would work on getting this information for us BEFORE the upcoming vote so that we can all make an informed decision. The group also asked that Leslie include a synopsis of HB 1525 and TEC 28.004 in the minutes so that they can be reviewed beforehand (all of these are in the our binders if anyone wants to read them)

- What are the last 15/20 years of teen pregnancy rates here?
- Obesity - what is the rate here for that?
- When was health at the high school stopped? about 4 years ago, 2018; state law changed & we needed space for other programs in the school day
- ESL numbers in the district? We know that information sent home to parents needs to be in Spanish, what about curriculum needs in the school?
- Do we have bilingual health in 8th grade? not right now
- Bilingual at lower levels, ESL at the upper levels ( they have support in their classes, some students have an aide that translates for them during class periods). FISD always sends home a Spanish version, we need this for our health curriculum as well for Spanish speaking parents.
- Vaping rates in district, drug, alcohol, substance abuse rates in the district?
- There are several supplemental programs given through the school in regards to drug/alcohol use throughout the school year via the school counselors and the campus police.

- We all agreed that we want the health curriculum to stress healthy relationships between students and their parents - training on apps for parents, making parents aware of what is happening on devices, in schools, ect.
- We all agreed that it is important for the curriculum/SHAC & our schools to empower, equip and teach parents & students.
- Some of these programs are comprehensive (health, mental health & sexual health), some are supplemental (just sexual health)
- We would like feedback from teachers, what works best for them? paper, electronic, etc (Gina Seracen shared feedback from Tara Inman)
- Feedback from Julie Sifford & Patrica Smith: In the elementary technology isn't a huge piece, interaction is best but technology certainly helps. students stay engaged when we change it up
- Tara Inmans comments via Gina Seracen - she would prefer a curriculum that is technology based with supplemental paper/worksheets and videos are helpful for some instruction as well.

#### Dalen

- He will gather stats for all of us & email them out.
- He is planning to sit down with Robyn - they will go through the programs that we've looked at and how they line up with TEKS & TEC. He and Robyn will make sure & verify that they line up before they go up for a vote. We will ONLY vote on programs that meet that criteria.
- We are voting to propose to the board which curriculum we want for our students in regards to overall health curriculum (including mental and sexual health)
- We will also vote if we will offer sexual in FISD - Human sexuality and abuse related content is OPT IN; anything else is opt out (mental health, etc) based on specific topics being discussed per TEC 28.004
- What we decide here (as a SHAC) is a proposal to the board, the board makes the final decision based on recommendations from SHAC
- Dalen shared a concern from a campus principal - worried that with the opt in students will be accidentally taught sexual health. This will be a non issue because students not OPTED IN will not be in class during the human sexuality

portion of health. Logistically, FISD will need to figure out how they will handle separating students.

Tom Musselman proposed paper voting & a group consensus agreed this was a good option for us next week. It should include the following: name & position (parent, community member or staff), options listed out so that we can vote on each item. These will be turned in to Leslie and the executive committee will tally the votes together and then announce what decision was made.

Procedural standpoint - if parent majority isn't here we won't be able to vote

We will vote on major health curriculum, yay or nay to human sexuality, then vote on human sexuality, 3rd level, do we also want the supplemental program being offered

Executive committee will come up with a paper voting system for the upcoming vote

**Our current choices: (these will change if they do not line up with TEKS & TEC)**

**McGraw Hill, Goodheart Wilcox & Esteem** offer comprehensive health - health, mental and sexual health

**Heritage Keepers & Living Well Aware** - supplements to a health and mental health program

**Spark** - PreK thru 5th PE & Health Curriculum

### **5:30 Upcoming Meetings & Agenda**

April 27 - vote on bylaws and curriculum

- Vote on if Human Sexuality will be offered in FISD
- Vote on what health curriculum (from the 5 we have been presented with) will be taught at FMS and at FHS if FHS implements a health curriculum.
- Vote on using SPARK for the Pre-K through 5th P.E. & Health curriculum
- Vote on updates to the By-Laws

**5:35** - Adjourn. Motion to adjourn by Patricia Smith and Rhonda Dickson seconded the motion by Wesley Hesker.

## REQUESTED INFORMATION:

### HB 1525 (e) & TEC 28.004 The human sexuality curriculum

1. Must be made available - public domain, district website, campus, and/or secure online website (subsection j)
2. Before adopting materials the Board shall ensure the curriculum materials are:
  - a. **Suitable** for the subject & grade level for which it is intended
  - b. **Reviewed** by academic experts for the grade level intended
  - c. **Shall determine** the content of the districts instruction in human sexuality
3. A school district may not distribute condoms
4. A school district may separate students according to sex for instruction
5. The Board shall determine the specific content of the districts instruction, in accordance with this section
6. **BEFORE** each school year, a school district shall provide written notice to each parent of each student enrolled of their decision regarding *whether the district will provide* human sexuality instruction. The notice must include the following:
  - i. A statement informing the parent of the human sexuality instruction requirements under state law
  - ii. A detailed description of the content of the instruction and a general schedule of instruction
  - iii. A statement of the parents right to
    1. review or purchase the curriculum
    2. remove the student from any part of the human sexuality instruction
    3. Use the grievance procedure concerning a complaint of a violation
    4. A statement that any curriculum materials used for human sexuality is posted on the district's website
    5. Information describing the opportunities for parental involvement in the development of the curriculum, including information regarding SHAC
7. A school district shall make ALL curriculum materials used for human sexuality instruction or instruction relating to the prevention of child abuse, family violence, dating violence and sex trafficking available by public domain:
  - a. provide a copy by mail or email at parent request
  - b. posting the curriculum on the districts website
  - c. allowing a parent to review and/or purchase the curriculum

### HB 1525 (i-2) & TEC 28.004 **BEFORE** a student may be provided with human sexuality instruction a school district **MUST** obtain written consent of the student's parent.

1. May not be included with any other notification or request
2. Must be provided to the parent no later than the 14th day **BEFORE** the date human sexuality begins

### **HUMAN SEXUALITY curriculum MUST:**

1. Present abstinence from sexual activity as the preferred choice of behavior
2. Devote more attention to abstinence than any other behavior
3. Emphasize abstinence from sexual activity, if used consistently & correctly, as the only method that is 100% effective in preventing the following:
  - a. Pregnancy
  - b. Sexually transmitted diseases
  - c. Infection with human immunodeficiency virus or acquired immune deficiency
  - d. The emotional trauma associated with adolescent sexual activity
4. Direct adolescents to a STANDARD OF BEHAVIOR in which abstinence before marriage is the most effective way to prevent the following:
  - a. Pregnancy
  - b. Sexually transmitted diseases
  - c. Infection with human immunodeficiency virus or acquired immune deficiency
5. Teach contraception & condom use in terms of HUMAN USE REALITY RATES instead of theoretical laboratory rates IF contraception and condom use is included in the curriculum

### **HB1525 (d) SHAC must:**

1. Meet at least four times each year
2. 72 hours before the meeting post notice of the date, hour, place & subject of the meeting ( each campus & district website)
3. Make an audio or video recording
4. By day 10 post minutes on the districts website
5. Post audio and/or video on districts website
6. Board of Trustees must establish a process for the adoption of human sexuality instruction
7. Board must adopt a resolution for the SHAC to recommend curriculum materials
8. SHAC must hold two public meetings BEFORE adopting recommendations
9. SHAC must provide recommendations to the Board at a public meeting
10. Board must hold a public vote on the SHACs recommended curriculum

### **TEC 28.004 SHAC duties include recommending:**

1. **Number of hours of instruction to be provided in:**
  - a. Health education in k - 8
  - b. IF the school district requires health education for graduation, the number of hours of instruction in physical education, health education & mental health education
2. **Policies, procedure, strategies & curriculum** appropriate for specific grade levels designed to prevent: physical health concerns (obesity, cardiovascular disease, Type 2 diabetes), mental health concerns including suicide; through coordination of:
  - a. Health education through:
    - i. Physical education
    - ii. Nutrition services

- iii. Parental involvement
- iv. Instruction on substance abuse prevention
- v. School health services, including mental health services
- vi. Comprehensive school counseling program (section 33.005)
- vii. Safe & healthy school environment
- viii. School employee wellness

**3. Appropriate grade levels & methods of instruction for human sexuality**

**4. Strategies for integrating the curriculum components for a coordinated school health program**

- a. School health services, including physical and mental health services, if provided by the campus
  - b. A comprehensive school counseling program
  - c. Safe and healthy school environment
  - d. School employee wellness
  - e. Increasing parental awareness regarding:
    - i. Risky behaviors & early warning signs of suicide risks & behavioral health concerns (mental health disorders & substance abuse)
    - ii. Available community programs & services addressing risky behaviors
  - f. Appropriate grade levels & curriculum instruction regarding opioid addiction & abuse
  - g. Appropriate grade levels & curriculum instruction regarding (must not conflict with TEKS)
    - i. Child abuse
    - ii. Family violence
    - iii. Dating violence
    - iv. Sex trafficking
- 5. Establish a physical activity & fitness planning subcommittee** to consider issues relating to student physical activity and fitness & make policy recommendations to increase physical activity and improve fitness among students
- 6. Annually submit a written report to the board of trustees**