

Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture’s (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, refer to *Guidance for School Wellness Policy Triennial Assessment*. For additional worksheets, visit the “[What’s Next](#)” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

Section 1 (Strong Policies and Aligned Practices). If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

Our district has excellent standards-based nutrition education curriculum and integrates these concepts into multiple subjects beyond health education. Our school meals program has fully implemented the HHFKA regulations by following guidelines and serving scratch made meals with a variety of fresh fruits and vegetables to encourage more students to take those options. Additionally, the district does not sell snacks that are non-compliant.

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Section 2 (Create Practice Implementation Plans). If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

The district's Wellness Committee needs to be more active and include more stakeholders. This will be implemented in SY 22-23. Our policy states recommendations for food-free fundraising, but there is no one monitoring it. Additionally, the district encourages nonfood based rewards, but it is not required. Stronger implementation around that will be explored by the Wellness Committee.

Section 3 (Update Policies). If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Overall, the policy scored fair when compared to the model policy, and met Federal guidelines. The district will explore further strength to the policy and determine if changes need to be submitted for BOE approval.

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Section 4 (Opportunities for Growth). If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Longer physical education at all levels.
More comprehensive nutrition education at the secondary level.
Ensuring meals used as a reward meet nutrition standards
Stronger Wellness Committee.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx.



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