

## **LETTER FROM SUPERINTENDENT**



Where did the school year go? I think we all ask that every year at this time. It seems like we were just preparing for the start of the year and now we are already in the last 30 days of the school year. As I write this newsletter it almost feels like summer with 80degree temperatures. Hopefully, by the time you are reading this newsletter, the temperatures are about the same and Mother Nature has not turned us back to colder temps.

Spring brings with it a lot of activity and excitement. We see spring concerts, field trips, spring athletic events, Prom, High School Graduation, planning for summer school, many other activities, and of course, kids getting excited about summer break. While there are many students in our district doing great things all the time, I wanted to take a moment to recognize a few groups who, throughout the

late winter and into the spring, were able to show off their talents as qualified for the state music competitions, state FBLA competitions, and the World Robotics competition. This just goes to show that hard work and dedication pay off for these students. Congratulations!

As we head through the spring and head into summer, we are working very hard at looking at what our future looks like. As you all know, we went to a referendum in the spring to exceed the revenue cap which would have authorized the District to levy additional taxes for operations. Even though a successful referendum would have seen property taxes go down, the referendum was not successful. With the referendum not being successful, we are now looking for myriad ways to reduce our expenditures. We will have to look at everything: transportation costs, building maintenance delays, academic programs, extracurricular programs, staffing, and equipment purchases, to name a few. We may have to look at reducing bus routes which could mean longer times for students being on buses. We may have to look at fees for things like field trips and participation in extracurricular activities. We may have to eliminate some extracurricular expenditures by reducing athletic equipment and uniform budgets and even looking at reducing contests. We may have to look at not rehiring staff positions when we have retirements or resignations, which then leads to larger class sizes and greater workloads. While we never want to see opportunities impacted, the reality is, with the failure of the referendum and without a significant increase in state aid in the form of spendable dollars, we will see impacts on programs and opportunities. As we await what our state government is going to do, we will continue to build on the aforementioned list of possible cuts that could come to fruition if we do not see additional dollars. We will be looking at as many efficiencies as possible, but the reality is, there is not a lot more left to cut that will not begin impacting the academic and extracurricular opportunities for our students.

#### **Community Newsletter May 2023**

Inside this Issue:	
Arcadia Education Foundation	2
School Board Note	3
Immunizations	3
National Honor Society Civic Engagement & Leadership Conference	4 4
Reading Incentive	5
Raiders ARK	5
Staff Awards	6
2023 Retirees	6
Valle Dual Language Program	7
Sports Highlights	8
Note to 2023-24 Athletes	8
Miss Arcadia Pageant	10
Musicals Need Help	11
Masquers Perform	12
New Raiders Market	14
4th Grade to Capital	14
5th Grade Art	15
Project Close-Up	15
23-24 School Calendar Little Raiders	16
Childcare Center	17
Boletin de Mayo	18
Inmunizacion	19



### FROM YOUR SUPERINTENDENT CONTINUED

#### (Continued from page 1)

I want to close by saying congratulations to the Class of 2023. The Class of 2023 certainly has experienced many things in their four years of high school. Their freshmen year started off as any other year does for freshmen. They were coming to high school for the first time, experiencing everything new about high school. Some were meeting new friends as our public school and private school students came together to become the Class of 2023. The 2019-2020 school year moved along as most do and then March came and the Class of 2023 was about to begin experiencing high school as no other group had ever experienced high school. Schools were closed in mid-March of that spring and never reopened for in-person instruction for the remainder of that school year. Once fall rolled around, the Class of 2023 was back in school, but it looked very different. Everyone was wearing masks, we were social-distancing, some students were learning in person and others chose to be online, and we were trying to figure out what events should happen and which ones could not. We made it through 2020-2021 and pushed our way back to "normal" in the summer of 2021 and the Class of 2023 got to experience full and nearly "normal" school years in 2021-2022 and 2022-2023. While things certainly looked and felt different for the Class of 2023 at many different times during their high school career, it is the hope that all of our students can take some lessons away from their experiences to help them make great decisions in the future. Regardless of the challenges faced, the lessons learned will benefit our students for a lifetime.

As the K-12 school careers of the Class of 2023 are coming to a close, it should not be looked at as an ending, but a new beginning. Regardless of what your plans are after high school, each of you will go out and have many opportunities to make great contributions to society. Take the lessons you have learned and apply them to your future. Be great, Class of 2023! #ArcadiaStrongTogether

#### **ARCADIA EDUCATION FOUNDATION**



The Arcadia Education Foundation is an independent board, affiliate of the School District of Arcadia, non-profit 501(c) 3 organization that was established in 1988. The State Bank of Arcadia generously donated \$1,000 to start the foundation and it continues to be built entirely by community and business supporters of education in Arcadia. The sole purpose of the Arcadia Education Foundation is to fund the School District of Arcadia projects and programs that would not otherwise be possible with the state budget.

In 1988, the founding four board members, Henry (Hank) Schultz, Ken Sonsolla, Glen Bawek, and Kevin Manley had a dream of being able to support the School District of Arcadia without impacting their

state aid. These four members along with the community grew the foundation one event and donation at a time. Over the past 35 years, the foundation has raised over \$3.2 million dollars. Today the foundation has over \$983,000 in their account and they continue to provide over 30 scholarships each year. Majority of the scholarships are paid for by interest earned on the account.

If you are interested in donating to the Arcadia Education Foundation please contact Kevin Manely at 608-323-7501. Donations can be made to the foundation anonymously in honor or in memory of an individual or event.

### FROM THE SCHOOL BOARD PRESIDENT—PAUL SERVAIS



Congratulations to Dana Conrad and Brian Steinlicht on their re-election to the school board in April and welcome to new board member Tonya Rebhahn! We would like to thank Vicente Moreno for filling a vacant seat by appointment for 5 months. Time well spent!

School board meetings are the 3rd Monday of the month at 6pm in room 219 at the High School. Please join us to hear what is going on in our school district. If you would like something on the agenda, we need to know about a week in advance to consider it. (Note: May's regular meeting is a week early, May 8th)

It's hard to believe the 2022-23 school year is just about over. We hope everyone has a joyous summer!

### IMMUNIZATIONS

#### LuAnne Hoesley, RN & Molly Schultz, RN

#### STUDENT IMMUNIZATION LAW—AGE/GRADE REQUIREMENTS

The following are the minimum required immunizations for each age/grade level. It is not a recommended immunization schedule for infants and preschoolers. For that schedule, contact your doctor or local health department.

If you have any questions or concerns, please call District Nurses: LuAnne Hoesley, R.N. at 323-3315, extension 3113 or Molly Schultz, R.N. at 323-3315, extension 2190; the LaCrosse County Public Health Department at 608-785-9723, extension 220; or your child's primary health care provider.

Grade/Age	Number of Doses					
Pre-K (ages 2 through 4 yrs) <sup>1</sup>	4 DTaP/DTP/DT <sup>2</sup>		3 Polio	3 Hepatitis B <sup>6</sup>	1 MMR <sup>7</sup>	1 Varicella <sup>8</sup>
Kindergarten through Grade 5	4 DTaP/DTP/DT/Td <sup>2,3</sup>		4 Polio⁵	3 Hepatitis B <sup>6</sup>	2 MMR <sup>7</sup>	2 Varicella <sup>8</sup>
Grades 6 through 12	4 DTaP/DTP/DT/Td <sup>2</sup>	1 Tdap⁴	4 Polio <sup>5</sup>	3 Hepatitis B <sup>6</sup>	2 MMR <sup>7</sup>	2 Varicella <sup>8</sup>

- 1. Children 5 years of age or older who are enrolled in a Pre-K class should be assessed using the immunization requirements for Kindergarten through Grade 5, which would normally correspond to the individual's age.
- 2. D = diphtheria, T = tetanus, P = pertussis vaccine. DTaP/DTP/DT/Td vaccine for all students Pre-K through 12: Four doses are required. However, if a student received the 3<sup>rd</sup> dose after the 4<sup>th</sup> birthday, further doses are not required. Note: A dose four days or less before the 4<sup>th</sup> birthday is also acceptable.
- DTaP/DTP/DT vaccine for children entering Kindergarten: Each student must have received one dose after the 4<sup>th</sup> birthday (either the 3<sup>rd</sup>, 4<sup>th</sup>, or 5<sup>th</sup> dose) to be compliant. Note: a dose four days or less before the 4<sup>th</sup> birthday is also acceptable.
- 4. Tdap is an adolescent tetanus, diphtheria, and acellular pertussis combination vaccine. If a student received a dose of a tetanus-containing vaccine, such as Td, within five years before entering the grade in which Tdap is required, the student is compliant and a dose of Tdap vaccine is not required.
- 5. Polio vaccine for students entering grades Kindergarten through 12: Four doses are required. However, if a student received the 3<sup>rd</sup> dose after the 4<sup>th</sup> birthday, further doses are not required. Note: a dose four days or less before the 4<sup>th</sup> birthday is also acceptable.
- 6. Laboratory evidence of immunity to hepatitis B is also acceptable.
- 7. MMR is measles, mumps, and rubella vaccine. The first dose of MMR vaccine must have been received on or after the 1<sup>st</sup> birthday. Laboratory evidence of immunity to all three diseases (measles and mumps and rubella) is also acceptable. Note: A dose four days or less before the 1<sup>st</sup> birthday is also acceptable.
- 8. Varicella vaccine is chickenpox vaccine. A history of chickenpox disease or laboratory evidence of immunity to varicella is also acceptable.

DEPARTMENT OF HEALTH SERVICES Division of Public Health P-440021 (7/2018) STATE OF WISCONSIN <u>Wis. Stat. § 252.04</u>

LACROSSE COUNTY HEALTH DEPARTMENT—IMMUNIZATIONS ONLY FOR STUDENTS WITHOUT HEALTH INSURANCE

For appointment—Call 608-785-9723

#### **NATIONAL HONOR SOCIETY**



On November 7, 2022, eight seniors and fifteen juniors from Arcadia High School were inducted into the National Honor Society. These students join nine seniors who were inducted last year. All thirty two members have maintained grade point averages of 3.33 or higher, filled and excelled in leadership positions, completed at least 30 hours of community service and have extraordinary attendance and discipline records. During the traditional candle lighting ceremony, each member also pledged to complete a specific duty to enrich the Arcadia School district and community.

#### Seniors- Two Year Members

Jacy Boberg
Ashley Gallo
Matilda Konkel
Mario Lopez
Tristan Lyga

Ainsley Marsolek Tegan Michalak Alyssa Schank Connor Weltzien Kealey Ziegeweid

#### Introduction of New Members: First Year Seniors

Merissa Breska Abbie Maciosek Brayan Munoz Candelas Inari Terrazas Sherlyn Veliz

Maribel Arciniega Maria Braun Lauren Conrad Simon Haines Jaicee Kolstad Yariza Luna Juarez Casidi Pehler Kanah Slaby

Ithzel Cossio Sotelo Carson Martin

#### First Year Juniors

**Dulce Ventura** 

Jordan Rotering

Samantha Berg Eldon Bunders Marianna Garcia Sienna Jensen-Schaffner Cole Lockington Crystal Maldonado Mendoza

NATIONAL

HONOR SOCIE

Congratulations to all of our 2023 NHS inductees!

### **CIVIC ENGAGEMENT AND LEADERSHIP CONFERENCE**



On April 4th, nearly 40 Arcadia High School students attended the Civic Engagement and Leadership Conference at Winona State University. The students were nominated by their teachers as leaders or potential leaders in their school and community. At the conference, the students attended breakout sessions hosted by Winona State students. Session topics included resume building, adapting to college, developing your identity, self-care, advocacy, social justice and creative writing, among Arcadia students participated in others. engaging conversation about youth leadership and education with students and staff from other

Participants also learned about civic engagement, pluralism and local high schools and Winona State students. multilingualism during the conference. The conference was planned by Dr. Amy Hornby Uribe and Dr. Linda D'Amico and students of the Global Studies and World Languages & Ethnic Studies departments of Winona State University. In addition to being fun, the conference was a wonderful learning and networking opportunity for Arcadia's students, and we are looking forward to next year's conference.

### **RED CARPET READING INCENTIVE PROGRAM**

The Red Carpet Reading program is something new that the elementary school introduced to encourage kids to read more. The program ran from March 16th to April 13th. Each night they asked the students to read or be read to a minimum of 15 minutes and record the title, minutes read, and have an adult's signature on a provided sheet. Every student that returned a completed reading log received a



donated prize coupon to <u>Kwik Trip</u>, <u>Oasis Bowling Alley</u>, <u>MM San Juan LLC</u>, <u>Howard's Hardware Hank</u>, <u>Newcomb</u> <u>Valley</u>, <u>or Pizza HUT</u>. In addition, students also had a chance to win free books and bookmarks. The reading slips were entered into a drawing to win the **GRAND PRIZE**: <u>a limo ride to McDonald's to have lunch</u>. The more the students read, the more tickets they got for a chance to win the **GRAND PRIZE**.

We also displayed the number of minutes each grade level read. The grade level that recorded the most reading minutes received an extra celebration.

We know this is a busy time of year, and we wanted to help parents not to neglect those few minutes of reading with their child each night. We are thrilled with the growth and enthusiasm we are seeing among our students at

### **RAIDERS ARK – AFTER SCHOOL PROGRAM**

Raider's ARK (Academics Reinforcing Knowledge)

Arcadia School District's After School Program is for 1<sup>st</sup>-5<sup>th</sup> Grade students. Raider's ARK serves 55-65 students Monday - Thursday from afterschool until 5:30pm with academic enrichments, snacks, craft activities, STEM experiments, social skills training, physical recreation and homework help! Transportation home is also included and there are no fees for Raider's ARK!

Raider's ARK has had a wonderful year of fun and learning! Students had a busy winter sledding and being outside playing and creating. Spring has finally arrived and we will be focusing on additional community service opportunities and STEM activities outside. We have started our seeds and are looking forward to watching our flowers grow. Partnerships with Winona State University- Nursing and Nutrition students, and UW- Extension Youth and Family Education have provided students with fun educational activities, too! We are also hoping to go for an airplane ride before the end of the year and learn a little more about the science of aviation.

If you would like to learn more about Raider's ARK, would like to volunteer, or to sign up your students for next year, please contact Nancy Boehm, Community Learning Center Coordinator, at 608-323-3315 ext 3242 or Jackie Deniz at the elementary at 608-323-3315 ext 2501.

school, and we know that is a direct result of the time spent with them at home. We have come across several resources that reinforce the importance of reading regularly at home and the impact this has on a child's academic development. We want to remind everyone the positive effect that just 15-20 minutes of reading each night can have on a child's future. In a resource from www.specialed resource.com it says

this about reading:

- It doesn't matter the genre reading 20 minutes a day impacts your life,
- If you read to your child 20 minutes a day starting in kindergarten, they will have heard 1.8 millions per year,
- By 6th Grade, your child will read for 851 hours,
- In 1987 a study was conducted by Nagy and Herman. The results were astonishing, For the time commitment of just 20 minutes per day spent reading, students scored in the 90th percentile on standardized test. However, there are tons more benefits of reading, and they go far beyond just test scores.

Thank you to the local businesses that donated to this reading incentive program. As always, we are very grateful for your generous support.



We hope you have a great spring- Enjoy the sunshine, read a good book with your children, and enjoy some time outdoors!!!

### ASD STAFF STRONGER TOGETHER AWARD WINNERS

Each month all staff members have the opportunity to nominate their peers for the School District of Arcadia Stronger Together Award. The purpose of the Stronger Together Award is to recognize employees who serve our district in an exceptional manner by collaborating with staff, inspiring students and engaging families. Congratulations to all 2022-2023 award winners!



KIM PRONSCHINSKE ELEMENTARY PARAPROFESSIONAL



MARIAH HAINES ELEMENTARY SPECIAL ED TEACHER



CARMEN RAMIREZ MIDDLE SCHOOL ADMIN. ASSISTANT



SAMMI PUTZ CHILD CARE CENTER TEACHER ASSISTANT



DANI SIPOS MS & HS SCHOOL BAND TEACHER



KATHY BRENNY MIDDLE SCHOOL PARAPROFESSIONAL



MACKENZIE HUTCHINS ELEMENTARY 2ND GRADE TEACHER



JACEY WOZNEY HIGH SCHOOL EL TEACHER

### **CONGRATULATIONS TO OUR 2023 RETIREES**



Carol Rumpel-5th Grade Teacher-25.55Years of Service -Mrs. Rumpel says she will miss the most the daily

#### VALLE DUAL LANGUAGE PROGRAM



The Valle Dual Language program is preparing for our second cohort of students! In January, we conducted parent informational meetings and opened the application process. The response exceeded our expectations this year as we had more applicants than seats available in our program. Therefore we conducted a lottery to form the class and a waitlist. Families are confirming their decision by filling out and returning a dual language contract that acknowledges understanding of and agreement to the Valle Dual Language program's mission and goals to support the learning process. Language learning takes time and families have to understand that it is at least a 5

year commitment.

The Valle students are part of a dual language immersion program designed to foster bilingualism. biliteracv and multiculturally competent leaders. Research compiled nationwide suggests that dual language programs have a positive impact on students' reading achievement in English and Spanish. Bilingualism has benefits for cognitive development and is important for maintaining cultural identity and creating cross-cultural awareness.

Our Valle Dual Language program begins with Kindergartners spending about 80% to 90% of their school day



learning in Spanish. The level of instruction in the non-English language tapers down every grade level. Next year our first cohort of students will move to 1st grade and the percentage will be around 70% of instruction in Spanish and 30% in English. Students begin learning Spanish phonetics in kindergarten. They're learning how to read and write in Spanish before English, but many principles of the two languages are transferable. Early Spanish literacy instruction is different from English and it focuses more on syllables.

In the first few years, it's not unusual for native English speakers in the dual language immersion classroom to have receptive language — students understand the Spanish their teacher is speaking, but they're not quite ready to express themselves in the language. In a few years, however, the students will be switching back and forth between Spanish and English with ease. To learn more about the program please visit www.arcadia.k12.wi.us/valle.

#### **RETIREES** continued

excitement, miles and wonder of interactions of students. She will also miss her 5th grade team and all her co-workers, and she will miss that everyday she was also learning and growing with her students. Carol also has many epic and funny tales. She said one story was, "When I asked a student why he was so mean at recess one day, he told me he was hungry. I assured him I could fix that and he stayed with me every night after school to have a snack before he went home. He moved the next year and I always wondered how he was. Then one day I received a letter that thanked me for caring about him and helping him after school." Carol said about retirement, "I am looking forward to working with my horses. I will revel with the freedom to try this, do that, nurture my creative side, experiment and adventure."

<u>Rick Nelson—Director of Building and Grounds—17 Years of Service</u> Rick is most looking forward to in retirement is to spend more time on his hobby farm raising livestock as well as working on restoring several car and tractor projects that he has not had time to complete. He will miss interacting with all the staff and students and so many from the community and business that have helped him through the years.

#### BEST OF LUCK - WE WILL MISS YOU!

#### **DIVISION 2 WBCA ALL-STAR GAME**

Connor Weltzein and Breah Golden have each been selected to play in the WBCA (Wisconsin Basketball Coaches Association) Division 3 All-Star Game this June at the JustaGame Fieldhouse in the Wisconsin Dells. The allstar games for the girls divisions will be played on Wednesday, June 28<sup>th</sup> and the boys games will be

played on Thursday, June 29<sup>th</sup>. The schedule and times of those games are TBA.

Throughout their high school career, these two have represented the community of Arcadia greatly in the way they performed on and off the court. Connor finished his Senior season with 20.3 ppg and 7.0 rpg while Breah finished the season with 21.4 ppg and 4.7 rpg. Both were deserving of the 1<sup>st</sup> Team All-Conference nominations that they received in the Coulee Conference, and Breah was also fortunate to be named the Coulee Conference Player of the Year!

In being a part of this All-Star Game weekend, both Breah and Connor have the responsibility of raising money for the MACC Fund (Midwest Athletes against Childhood Cancer). For anyone who would like to support these two amazing student athletes, and support a great cause, you can use the following link to find Breah and/or Connor's donation page (<u>https://www.wisbca.org/allstar-game/donation-banner/index.php</u>) or reach out them personally to make a donation.

Good luck Breah and Connor! You make us all very proud!



#### **NOTE TO STUDENT ATHLETES - FROM YOUR CO-ATHLETIC DIRECTORS**

#### NOTA PARA LOS ESTUDIANTES DEPORTISTAS



Any students planning to participate in High School or Middle School athletics next year should make sure they have an up to date physical on record. Typically, physicals are done in the summer. Physicals are good for two years. If you are unsure about the status of your physical, please

contact Julie at the Wanek Center, phone # 608-409-2470 or Wyatt at the high school office ext. 3132. And please utilize the time in the summer to get your physicals, once completed give the copy to Julie at the Wanek Center or to the high school office.

Schedule appointments with your primary healthcare provider as soon as possible. Appointments fill up quickly during the summer. For uninsured students, St Clare Health Mission in La Crosse offers free sports physicals on Tuesdays and Thursdays evenings 5-7pm. Walk-ins only. Breidenbach Wellness Center in La Crosse offers sports physicals for \$30. Call 608-781-9880 to schedule an appointment.

Please follow the school district of Arcadia on social media for updates on athletic code and registration meetings.

Cualquier estudiante que planee participar en deportes de la escuela secundaria o de la escuela intermedia el próximo año debe asegurarse de tener un examen físico actualizado. Normalmente, los exámenes físicos se hacen en el verano. Los exámenes físicos son válidos por dos años. Si usted no está seguro sobre el estado de su físico, por favor contacte a Julie en el Centro Wanek, teléfono # 608-409-2470 o Wyatt en la oficina de la escuela secundaria ext. 3132. Y por favor utilicen el tiempo en el verano para obtener sus exámenes físicos, una vez completadosentreguen la copia a Julie en el Centro Wanek o a la oficina de la escuela secundaria.

Programe citas con su proveedor de atención médica primaria tan pronto como sea posible. Las citas se llenan rápidamente durante el verano. Para los estudiantes sin seguro, St Clare Health Mission en La Crosse ofrece exámenes físicos deportivos gratuitos los martes y jueves por la tarde de 5 a 7pm. Sólo sin cita previa. Breidenbach Wellness Center en La Crosse ofrece exámenes físicos deportivos por \$30. Llame al 608-781-9880 para hacer una cita.

Por favor, siga el distrito escolar de Arcadia en los medios sociales para las actualizaciones del código atlético y las reuniones de registro.

### **BUMP, SET, SPIKE! - AMS VOLLEYBALL NEWS**

The Middle School volleyball season is right around the corner. For the upcoming volleyball season, all 6th, 7th and 8th grade girls interested in playing should start planning now. Schedule physicals at the earliest convenience for those girls who did not have a physical last year. All girls interested will also need to have their paperwork completed and turned in by the time practice starts. This paperwork can



be found on the school website, under athletics. <u>www.arcadia.k12.wi.us</u> We are looking at starting practice on August 29th at 3:30 pm with some open gyms possible the week of August 21st. Please watch for the August Raider Wolf as any updated information will be shared there. You can also contact Billie Kimek at 608-323-2118(before 8:00 pm please), <u>klimekb@arcadia.k12.wi.us</u> or Deanna Kupietz at 608-864-1113 <u>Kupietzd@arcadia.k12.wi.us</u>.

### AHS NEW POWERLIFTING TEAM

The first year of the Powerlifting team has shown great success! Powerlifting consists of three attempts of the Squat, the Bench Press and the Deadlift in tests of maximal strength. On the platform, it is you and the loaded bar with only the cheering from the crowd, your team and your coach. Powerlifting is about conquering not only the weight that is on the bar, but the voice in your head that you may not be able to do it. It is about finding out what you are truly capable of when you put your mind to something consistently over time.

We had a small group of athletes this year, but through hard work and consistently showing up they showed great improvements throughout the season! These athletes have put in the work and many of them saw great improvements in their strength, some increased their squat 50 lbs from the beginning of the season. We also had one athlete, a freshman, Abbi Wyttenbach, qualify for state and took 15th out of 27 competitors in her weight class!

Because powerlifting is not a WIAA sanctioned sport, all expenses are self funded by the team itself. We were able to host a home meet with the help of the Independence powerlifting team and raised \$900.00. There were 138 lifters competing from all over the area including Holmen, Onalaska, La Crosse, Tomah, Viroqua, Whitehall, and De Soto to name a few.

We will be hosting our 2nd annual Golf Outing on July 8th, 2023 at the Arcadia Country Club with the proceeds helping to pay for athletes entry fees, transportation and equipment (i.e. Belts, Wrist Wraps, Singlets). Our goal is to send athletes not only to the State competition, but to the National competition next year which will be held in Baton Rouge, LA. 4-person 18-hole scramble, shotgun start at 9AM. \$55 per golfer, \$45 for Country Club Members. Entry includes 18 holes of golf, lunch and 5 raffle tickets. Contact Head Coach Jacob Wendt at the Wanek Center or email wendtj@arcadia.k12.wi.us to register today!



Check out our athletic calendars, LIVE streams and more! www.arcadia.k12.wi.us/departments/athletics

## MISS ARCADIA SCHOLARSHIP PAGEANT—"GLITTER AND GOLD"



As another May approaches, so does another opportunity for the Miss Arcadia Scholarship Pageant. This year will be the 64th year crowning a Miss Arcadia, and we are honored to be able to continue this tradition. The pageant will be held on May 6th, beginning at 7:00 pm in the Arcadia High School Auditorium.

We are honored to introduce you to our four wonderful young women who have committed to partaking in this scholarship opportunity.

#### Contestant #1: Kaden Hoesley

Kaden is the daughter of Darci and Bert Hoesley

#### Contestant #2: Jacy Boberg

Jacy is the daughter of Tom Boberg and Jessica Smith-Boberg

#### Contestant #3: Keyri Velasquez

Keyri is the daughter of Cecilia Contreras and Diego Velasquez

#### Contestant #4: Ithzel Cossio

Ithzel is the daughter of Maria Del Rosario Sotelo and Guadalupe Cossio

We are excited to have the opportunity to continue the tradition of holding a Miss Arcadia Pageant. We appreciate the community's support and patience as the Board of Directors work diligently to make this event a reality. This event would not be possible without all of the great individuals who donate their time, money, and efforts to our non profit organization. Please keep a look out for more information on Facebook as the event approaches. Tickets will go on sale at Arcadia TV and Appliance on Wednesday, April 12th. We look forward to seeing you on pageant night as we crown Miss Arcadia 2023.



#### AHS MUSICIALS NEED YOUR HELP



The Arcadia High School Musical is an extracurricular activity which typically takes place in the fall and is available for 9th-12th graders: currently co-directed by Danielle Sipos, Jaclyn Coenen, and Alonzo Genelin. Students must prepare a monologue and a solo of their choice as part of the audition process. For those that don't feel like being in the lights, there are additional opportunities for involvement behind the scenes as part of the costume, make-up, light, sound, or stage crews. Over the course of 10-12 weeks, the cast rehearses and memorizes lines, music, staging, and choreography as they prepare the musical to perform for the community. Students get the opportunity to assist in building sets, assembling costumes, creating props, and advertising for their show. Their hard work comes together as they adapt to changes with sets, props, costumes, lights, and sound and culminates in the presentation of their show.

Last year, we produced a fantastic adaptation of Mary Poppins and realized new microphones were needed. We were able to receive a grant to replace those, but we are in need of other new materials. As we were building sets for this year's show, Into the Woods, we realized that we were in need of a lot of basic construction items. Our set of cordless drills no longer work and we are hoping to get better functioning tools. Last summer, we also spent a week organizing the building materials in the shed. However, we still need to purchase items to help organize the area that stores costumes and props which we are hoping to get completed this summer. We are also hoping to grow the program over the next few years by doing shows with a larger cast and crew, which in turn means more production costs.

How you can help!

Become a patron by donating funds to the High School Musical. Donations help to pay for royalties, set materials, props, costumes, lights, make-up, sound system updates, production costs, and more. Donations of items that could be used as props or costumes in future shows could also be accepted.



• Volunteer your time and talent. Help is always needed for sets, props, costumes, makeup and hair, marketing, sounds and lights, food and concessions, coaching, cleaning, and organizing.

• Show your support by attending the show. Nothing feels better than performing for a full house. Mark your calendars for the next musical; December 15, 16, and 17, 2023.

Please consider! Contact: call (608) 323.3315 or email Dani Sipos; <u>siposd@arcadia.k12.wi.us</u> or Jaclyn Coenen; <u>coenenj@arcadia.k12.wi.us</u>

#### AHS MASQUERS TO STAGE – <u>NIGHT OF JANUARY 16TH</u>



Arcadia High School Masquers proudly presented the courtroom drama <u>Night of January 16th</u> by Ayn Rand on **Friday, March 24 & Saturday, March 25, 2023** at 7:30 p.m. This year's play had a little twist as it placed the audience in the role of juror, and twelve members were selected at the beginning of the show to render the murder trial verdict. The production was presented in the Arcadia High Auditorium.

The plot of <u>Night of January 16th</u> centers on the trial of secretary Karen Andre (**Sherlyn Veliz**) for the murder of her employer, business executive Bjorn Faulkner, who defrauded his company of millions of dollars to invest in the gold trade. District Attorney Flint (**Ithzel Cossio Sotelo**) and Defense Attorney Stevens (**Peyton Nelson**) plead their case to Judge Lilianna Heath (**Rae Jensen-Schaffner**) along with the jury in the hopes for a conviction or a not guilty verdict respectively. Courtroom Bailiff (**Linsy Cruz Angel**) and Clerk (**Iris Coronado Perez**) will do their best to serve justice and provide no prejudice towards the defendant on trial.

Did Karen Andre kill her lover, the financier Bjorn Faulkner, by throwing him from the roof of his New York

penthouse? The proper verdict is not dictated by the factual evidence. It rests on which witnesses audience members find credible. The witnesses that come to the stand are Nancy Lee Faulkner (Maria Braun) wife of the deceased, Jane Marie Whitefield (Kelly Flores) mother in-law to the deceased and business partner, Homer Van Fleet (Sam Schaffner) private investigator, Magda Svenson (Karla Andrade) housekeeper for the deceased, "Guts" Regan (Daniel Hernandez-Tejeda) mobster, Elmer Sweeny (Jeff Mohr) police officer, Jamie Chandler (Andy Pronschinske) handwriting expert, Dr. Kirkland (Wyatt George) examining doctor, Johanna Hutchins (Mercedez Hadley) security guard, and Sarah Jungquist (Abbie Maciosek) current assistant to the deceased. Are they lying or telling the truth? Only Bjorn knows and a dead man tells no tale. As author Rand puts it, "The events feature the confrontation of two extremes, two opposite ways of facing existence: passionate self-assertiveness, self-confidence, ambition, audacity, independence - versus conventionality, servility, envy, hatred, power-lust."

(Continued on page 13)

#### (Continued from page 12)

Director Mrs. Lisa S. Schock headed up the acting ensemble that also doubled as the production work crew from props, to costumes, to publicity, to scenery and everything else in between as well as the current run crew consisting of: Sound Jesus Maldonado, Lights Vada Herold, Video Kylie Mullikin, Special Scenic Painter Kaden Hoesely, Costumes/Make-up Kamila Medrano, Ushers Luz Gomez Juarez & Malaina Tullius and Tickets Heidi Hernandez & Jennifer Perez Cruz. Thank you for your fine arts support!

#### **AHS DRAMA CLASS—CHILDREN'S THEATRE PRODUCTION**



The AHS Drama Class presented their children's theatre production - Goldilocks On Trial by Ed Monk. Goldilocks is on trial for breaking and entering. It's up to Judge Wallabee and some very silly jurors to decide. AHS Drama students performed to the Arcadia Elementary School and Holy Family Catholic School grades 2<sup>nd</sup> through 4<sup>th</sup> on Thursday, January 26, 2023.

Goldilocks (Maria Braun) was on trial for breaking and entering. It was up to Judge Wallabee (Peyton Nelson) along with his courtroom helpers DA Muffinhead (Sherlyn Veliz), Attorney Wombat (Walker Slaby), and his trusty sidekick Melvin the Bailiff (Daniel Hernandez-Tejeda), along with some very silly jurors (Abigail Aguilar Reyes, Johanna Andrade, Caden Dahl, Amarissa Fernando Pascual, Nyla Hampton, Daniela Maccammon, and Kylie Mullikin) to decide, after hearing testimony from Goldee, the bickering Three Bears - Papa (Mario Lopez), Mama (Abbie Maciosek), & Baby (Stephany Carreon Acosta), and surprise witnesses Merwin the Big Bad Wolf (Edgar Ortiz-Ortiz), The Little Pig Who Was Not Eaten By The Wolf (Tessah Ely) Detective Clorox (Wyatt George), and Dr. Cantaloupe (Matilda Konkel) if she was guilty or innocent.

The cast also doubled as the crew, helping with makeup, costumes, set construction, and sound along with **Jeff Morh** on lights and **Ithzel Cossio Sotelo** on video. Congrats to the drama students as they shined with their production Goldilocks On Trial.

### AMS NEW RAIDER MARKET

Arcadia Middle School launched the "Raider Market" in April for all students. The Raider Market will be a place where students can access free food to bring home to help assist their families that might need the extra support. Students will be able to access the Raider Market in a comfortable and supportive environment on a weekly basis.

Most of the food will be non-perishable items that have been donated by Feed My People Food Bank. Some of the food will be purchased through sponsorship from Feed My People and other donations from community members and organizations. Feed My People rescues nationally and regionally donated food from manufacturers, wholesalers, retailers, and growers that might otherwise be thrown away. Most of this nutritious food passes through their 45,000 square foot distribution center in Eau Claire before being distributed to over 250 hunger-relief programs throughout west central Wisconsin.



If you are interested in learning how you can help support the Raider Market or if you have questions, please contact Sarah Kyes at kyess@arcadia.k12.wi.us or call the Arcadia Middle School Office at 608-323-3315.

The Arcadia Middle School Raider Market Team would like to thank Feed My People Food Bank, Trempealeau County Alliance for Youth and Riverland Energy Cooperative for making the Raider Market possible for our students and families.

#### 4th GRADE FIELD TRIP TO OUR STATE CAPITOL

The 4th grade students, teachers, and some chaperones braved the inclement weather to visit the Wisconsin State Capitol and the Governor's Mansion! We were greeted and enjoyed a tour of the Senate Chambers, the Wisconsin Supreme Court, and a magnificent view of the dome that measured almost the length of a football field in height! Several legislators stopped by to visit as we ate in the basement of the Capitol. These elected individuals included State Representative Treig Pronschinske, State Senator Jesses James, and State Senator Pat Testin.

After the Capitol, we drove the short seven minute ride to the Governor's Mansion where we were able to tour the public portion of the mansion, learning about security, dining, and past Governors. We enjoyed the beautiful view of the ice covered lake out the back patio and also learned about the many items that decorate the Mansion including art, glass-blown items, and pottery crafted items.

The weather was great until our busses were about an hour from Arcadia on the return trip when snow began to accumulate. We took it slow and everyone got back safely! Then we signed and sent thank notes with pictures of all the travelers.



### **5TH GRADE CREATE BALLOON DOG SCULPTURES**

Fifth grade students are learning about Jeff Koons, a famous American Sculptor known for his large Pop Art sculptures, often featuring a balloon dog. The balloon dog sculptures are bold, brightly colored, and made from stainless steel with a shiny metallic finish. First, students practiced drawing and shading a balloon dog using a variety of light and dark values. They paid special attention to the observed light reflection that appears on the original balloon dog sculpture.

After practicing drawing and shading form, students were given the opportunity to work and create three-dimensional sculptures using Crayola Model Magic. To start their project they warmed the clay up in their hands to make it workable.



#### **PROJECT CLOSE-UP**

The following AHS Close Up ambassadors - Maria Braun, Eldon Bunders, Ithzel Cossio Sotelo, Kelly Flores, Simon Haines, Christian Juan Miguel, Peyton Nelson, Jennifer Pina Gutierrez, Rae Schaffner, and Briana Ruiz will become "close up" with Washington D. C. on <u>May 7 through May 12, 2023</u>. Students will let their voices be heard speaking to Senators Ron Johnson & Tammy Baldwin and Representative Derrick Van Orden, while learning and seeing about the BEST of D.C. They hope to be inspired as a civic minded citizen, thus making our democracy STRONG for many years to come!!!



## 2023-2024 ARCADIA CALENDAR



Virtual Learning Days will not be used during inclement weather day school cancelations during the 2023-2024 school year. The first inclement weather day will be a "traditional snow day" and will not be made up. Any full-day school cancelations for inclement weather after the first one will be made up at the end of the school year. Days will be added to the calendar as needed starting with June 1, 2024, as the first make-up day.



## RISE SUMMER SCHOOL AGE PROGRAM June 12, 2023 - August 18, 2023

General Information:	Weekly Schedule:
Are you looking for an opportunity for your school age child this summer? Enroll your child at Little Raiders so they can enjoy their summer with kids their age and stay safe while having fun! Our RISE Program lasts for 10 full weeks. We are open Monday through Friday and school age children can attend from 6:45AM to 5:45PM.	<ul> <li>★ <u>Monday</u>: Youth Sports w/ Coach Jacob Wendt</li> <li>★ <u>Tuesdays</u>: Swim Day at the Pool</li> <li>★ <u>Wednesdays</u>: Field Trip Day or Outside Adventures!</li> <li>★ <u>Thursdays</u>: Swim Day at the Pool</li> <li>★ <u>Fridays</u>: Reading Buddies or Library</li> </ul>
<ul> <li>Why Choose Us This Summer?</li> <li>We are located directly in the Arcadia Elementary School</li> <li>Our busy schedule and teacher supervision provides structure and safety to your children</li> <li>We provide breakfast and snack; parents can choose to provide packed lunch or pay for school lunch</li> <li>We have field trips planned for the Trane Park, Winona Movie Theatre, &amp; River Valley Raptors will be visiting</li> </ul>	Cost: We will only be offering full-time fixed rates for this summer. Two Options: ★ \$138 a week • Lunch provided by Little Raiders ★ \$128 a week • Lunch packed from home Multiple School Age Children Discounts Available We Accept State and County Financial Assistance

Call Jolynn Wendt at 608-323-3315 ext. 2123 Email Jolynn at wendtjo@arcadia.k12.wi.us

\*\*The information sent home from the school district regarding Little Raiders Summer Program was not updated. All updated information can be found here and on our website.

#### Boletín de Mayo Desde el Escritorio del Superintendente Lance Bagstad



¿Dónde se ha ido el año escolar? Creo que todos nos hacemos esta pregunta todos los años por estas fechas. Parece que nos estábamos preparando para el comienzo del curso y ahora ya estamos en los últimos 30 días del año escolar. Mientras escribo este boletín se siente como si fuera verano con temperaturas de 80 grados. Esperemos que para cuando lean este boletín, las temperaturas sean más o menos las mismas y la Madre Naturaleza no nos haya devuelto a temperaturas más frías.

La primavera trae consigo mucha actividad y emoción. Vemos conciertos de primavera, excursiones, eventos deportivos de primavera, baile de graduación, graduación de la escuela preparatoria, la planificación de la escuela de verano, muchas otras actividades, y por supuesto, los niños se emocionan por las vacaciones de verano. Mientras que hay muchos estudiantes en nuestro distrito haciendo grandes cosas todo el tiempo, quería tomar un momento para reconocer a algunos grupos que, a través del final del invierno y en la primavera, pudieron

mostrar sus talentos como calificados para las competencias de música del estado, competencias FBLA del estado, y la competencia de Robótica Mundial. Esto demuestra que el trabajo duro y la dedicación dan sus frutos para estos estudiantes. ¡Felicitaciones a todos!

A medida que avanzamos en la primavera y nos acercamos al verano, estamos trabajando muy duro para ver qué nos depara el futuro. Como todos saben, en la primavera presentamos una propuesta de referéndum para superar el límite de ingresos, lo que habría autorizado al Distrito a recaudar impuestos adicionales para sus operaciones. Aunque si el referéndum hubiera tenido éxito los impuestos sobre la propiedad habrían bajado, el referéndum no tuvo éxito. Como el referéndum no tuvo éxito, ahora estamos buscando innumerables maneras de reducir nuestros gastos. Tendremos que mirar todo: gastos de transporte, demoras en el mantenimiento de los edificios, programas académicos, programas extracurriculares, personal y compra de equipos, por nombrar algunos. Es posible que tengamos que reducir las rutas de los autobuses, lo que podría significar que los alumnos pasaran más tiempo en el autobús. Es posible que tengamos que estudiar la posibilidad de cobrar por cosas como las excursiones y la participación en actividades extraescolares. Es posible que tengamos que eliminar algunos gastos extraescolares reduciendo los presupuestos de equipamiento deportivo y uniformes e incluso considerar la posibilidad de reducir las competencias. Es posible que tengamos que considerar la posibilidad de no contratar nuevo personal cuando haya jubilaciones o renuncias, lo que conduce a un mayor número de alumnos por clase y a una mayor carga de trabajo. Aunque no queremos que las oportunidades se vean afectadas, la realidad es que, con el fracaso del referéndum y sin un aumento significativo de la ayuda estatal en forma de dólares gastables, veremos impactos en los programas y oportunidades. A la espera de lo que nuestro gobierno estatal va a hacer, vamos a seguir construyendo sobre la mencionada lista de posibles recortes que podrían llegar a buen término si no vemos dólares adicionales. Estaremos buscando la mayor cantidad de eficiencias posibles, pero la realidad es que no hay mucho más que recortar que no comience a afectar las oportunidades académicas y extracurriculares para nuestros estudiantes.

Quiero terminar felicitando a la Clase de 2023. La Clase de 2023 ciertamente ha experimentado muchas cosas en sus cuatro años de escuela preparatoria. Su primer año comenzó como cualquier otro año para los estudiantes de primer Venían a la escuela preparatoria por primera vez, experimentando todo lo nuevo acerca de la escuela año. preparatoria. Algunos estaban conociendo nuevos amigos mientras nuestros estudiantes de la escuela pública y privada se unían para convertirse en la Clase de 2023. El año escolar 2019-2020 avanzó como la mayoría y luego llegó marzo y la Clase de 2023 estaba a punto de comenzar a experimentar la escuela preparatoria como ningún otro grupo había experimentado la escuela preparatoria. Las escuelas cerraron a mediados de marzo de esa primavera y nunca volvieron a abrir para la instrucción en persona durante el resto de ese año escolar. Cuando llegó el otoño, la Clase de 2023 volvió a la escuela, pero con un aspecto muy diferente. Todos llevábamos máscaras, nos distanciábamos socialmente, algunos estudiantes aprendían en persona y otros elegían estar en línea, e intentábamos averiguar qué eventos debían celebrarse y cuáles no. Superamos el curso 2020-2021 y volvimos a la "normalidad" en el verano de 2021, y la Clase de 2023 experimentó unos años escolares completos y casi "normales" en 2021-2022 y 2022-2023. Mientras que las cosas ciertamente se veían y se sentían diferentes para la Clase de 2023 en distintos momentos a lo largo de la preparatoria, es la esperanza de que todos nuestros estudiantes puedan tomar algunas lecciones de sus experiencias para ayudarles a tomar grandes decisiones en el futuro. Independientemente de los desafíos que enfrentaron, las lecciones aprendidas beneficiarán a nuestros estudiantes para toda la vida.

Como se acerca el final de la carrera escolar K-12 de la Clase de 2023, no debe verse como un final, sino como un nuevo comienzo. Independientemente de cuáles sean sus planes después de la escuela preparatoria, cada uno de ustedes saldrá y tendrá muchas oportunidades de hacer grandes contribuciones a la sociedad. Tomen las lecciones que han aprendido y aplíquenlas a su futuro. ¡Sed grandes, Clase de 2023! #ArcadiaStrongTogether

#### DEPARTAMENTO DE SALUD DEL CONDADO DE TREMPEALEAU - VACUNAS <u>ÚNICAMENTE PARA ESTUDIANTES SIN SEGURO MÉDICO</u>

Para una cita: llame al 715-538-2311, extensión 220

#### LEY DE INMUNIZACION DE ALUMNOS – REQUISITOS SEGÚN EDAD/GRADO

Las siguientes son las vacunas mínimas obligatorias para cada nivel de edad/grado. No es un esquema de vacunación recomendado para bebes y niños en edad preescolar. Para ese esquema, comuníquese con su médico o el departamento de salud local.

Si tiene alguna pregunta o inquietud, llame a: LuAnne Hoesley or Molly Schultz, Enfermeras del Distrito al 323-3315, extensión 2190; el Departamento de Salud Pública del Condado de Trempealeau al 715-538-2311, extensión 220; o el proveedor de atención médica de su hijo(a).

Grado/Edad	Número de Dosis					
Pre-K (ages 2 a 4 años) <sup>1</sup>	4 DTaP/DTP/DT <sup>2</sup>		3 Polio	3 Hepatitis B <sup>6</sup>	1 MMR <sup>7</sup>	1 Varicella <sup>8</sup>
Kindergarten a grado 5	4 DTaP/DTP/DT/Td <sup>2,3</sup>		4 Polio⁵	3 Hepatitis B <sup>6</sup>	2 MMR <sup>7</sup>	2 Varicella <sup>8</sup>
Grades 6 a 12	4 DTaP/DTP/DT/Td <sup>2</sup>	1 Tdap⁴	4 Polio <sup>5</sup>	3 Hepatitis B <sup>6</sup>	2 MMR <sup>7</sup>	2 Varicella <sup>8</sup>

- Los niños de 5 años de edad o más que están inscriptos en la clase de pre Kindergarten (pre-K) deberían ser evaluados usando los requisitos de inmunizaciones de kindergarten a 5° grado, que normalmente correspondería a la edad de la persona.
- D= difteria, T= tétano, P= vacuna contra la tosferina (pertussis). Vacuna DTaP/DTP/DT/Td para todos los alumnos de Pre-K a grado 12: Se requieren 4 dosis. Pero, si un alumno recibió la 3a dosis después de cumplir 4 años, no hacen falta más dosis. Nota: También es aceptable una dosis 4 días o menos antes de cumplir 4 años.
- Vacuna DTaP/DTP/DT para los niños que ingresan a Kindergarten: Su hijo(a) debe haber recibido una dosis después de cumplir 4 años (ya sea la 3a., 4ta. o 5ta. dosis) para ser aceptado. Nota: También es aceptable una dosis 4 días o menos antes de cumplir 4 años.
- 4. Tdap es la vacuna antitetánica, antidiftérica y antitosferínica acelular para los adolescentes. Si su hijo(a) ha recibido una dosis de una vacuna antitetánica como la vacuna Td en los últimos 5 años antes de ingresar al grado en que la vacuna Tdap es obligatoria, no es necesaria la vacuna Tdap.
- 5. La vacuna antipoliomelítica para estudiantes que ingresan a los grados Kindergarten a 12: Se requieren 4 dosis. Pero, si un alumno recibió la 3a dosis después de cumplir 4 años, no hacen falta más dosis. Nota: También es aceptable una dosis 4 días o menos antes de cumplir 4 años.
- 6. Las pruebas de laboratorio de la inmunidad a la hepatitis B también son aceptables.
- 7. MMR es la vacuna contra el sarampión, las paperas y la rubeola. La primera dosis de la vacuna MMR debe recibirse al cumplir un año o después de un año de edad. Nota: También es aceptable una dosis 4 días o menos antes de cumplir 1 año. Las pruebas de laboratorio de la inmunidad contra todas estas enfermedades (sarampión, paperas y rubeola) también son aceptables.
- 8. 8. La vacuna contra la varicela es la vacuna contra el chickenpox. Los antecedentes de enfermedades de varicela o las pruebas de laboratorio de inmunidad a la varicela también son aceptables.

DEPARTMENT OF HEALTH SERVICES Division of Public Health P-440021 (7/2018) STATE OF WISCONSIN <u>Wis. Stat. § 252.04</u>



730 Raider Drive, Suite 3150 Arcadia, WI 54612 U.S. POSTAGE PAID NON-PROFIT PERMIT NO. 28 ARCADIA, WI 54612 ECRWSS

### RESIDENT

# MAY 1-7 IS SCREEN-FREE WEEK

LISTEN TO THE RADIO. WRITE A LETTER.SHOOT SOME HOOPS.PAINT A PICTURE. PLANT A GARDEN. READ A BOOK.VOLUNTEER. READ TO SOMEONE ELSE. GO SWIMMING. MAKE A PUPPET SHOW. REDECORATE YOUR HOUSE. MAKE COOKIES.PLAY TAG. HAVE A GARAGE SALE. FLY A KITE.GO FOR A HIKE. PLAY CARDS.MAKE A FORT. HAVE A DANCE PARTY. START A ROCK BAND.

BIKE RIDE. WRITE A PLAY. VISIT THE 200.

WHAT ARE YOU DOING FOR NATIONAL SCREEN-FREE WEEK?

MAY 1 - 7, 2023

SCREENFREE.ORG



Rediscover the joys of life beyond screens. Take the pledge for Screen-Free Week, which takes place from May 1-7 this year! Join thousands of families and individuals across the globe who will unplug their entertainment devices in favor of real connectional and play.

Children need to unplug now more than ever, with continuous findings of the adverse impact excessive screen use can have on kids' physical, mental, and emotional health surfacing every day. By celebrating Screen-Free Week, families take a break from digital and virtual entertainment and engage in active, creative, and restorative opportunities that benefit children's healthy development.

So make a pledge to put down the phones and tablets. Turn off the TV and computers. Instead do something you love; read a book, go for a walk, play a game, rake the lawn, plant some flowers, visit your grandparents, clean the garage, clean your room. The ideas are endless! Enjoy life!

To make the pledge or for more information regarding Screen-Free Week go to: www.screenfree.org