

## **US Fall Sports 2023 First Day of Practice**

### **Varsity Cross Country**

First day of practice: Monday, July 31

Contact Coach Rod Hart [rhart@carrollwooddayschool.org](mailto:rhart@carrollwooddayschool.org) with any questions.

### **Varsity Football**

First day of practice: Monday, July 31

The Wagner Athletic Complex

Contact Coach Jim Shea at [jshea@carrollwooddayschool.org](mailto:jshea@carrollwooddayschool.org) with any questions.

### **Varsity Golf (Grades 6-12)**

First day of practice:

Boys: Tuesday, August 1

Girls: TBA

Cheval Golf & Country Club, **bus transportation will start on Aug. 22, drop only**

Grades 6 –12

Contact boys' Coach Joe Kijanski, [jkijanski@carrollwooddayschool.org](mailto:jkijanski@carrollwooddayschool.org) with any questions.

Contact girls' Coach David Hasselbach [hassled@icloud.com](mailto:hassled@icloud.com) with any questions

### **Varsity Swim (Grades 6-12)**

First day of practice: Monday, August 14 (**bus transportation starts Thu, Aug 17<sup>th</sup>**)

Practice: M/T/Th/F (**no Wednesday practices**) 4:00pm-5:30pm

Tampa Palms Club pool

Grades 6 –12

Contact Coach Patrick Piper [coachpatrick@pipelineswimming.com](mailto:coachpatrick@pipelineswimming.com) with any questions.

### **Varsity/JV Volleyball**

Placement Tryouts are on Monday, July 31(10am-12:30pm)

The Hayes Family Gymnasium

Contact Coach Doug Chinchar at [douglas@s1team.com](mailto:douglas@s1team.com) with any questions.

### **Varsity & Competitive Cheer**

Grades 9-12. Team Camp July 17-20 at UCF

Competitive Cheer squad tryouts, Friday, Aug. 4, 2pm-4pm

The Hayes Family Gymnasium

Contact Coach Madisyn Rossi [mrossi@cdspatriots.org](mailto:mrossi@cdspatriots.org) with any questions.