



2023 Cross Country Schedule

Date	Event/ Location	JV	Varsity
8/15	Scrimmage Meet - Presentation - Seneca Park	4:30	4:30
8/26	Tiger Run - Oldham County High School	9:00	8:00
8/31	St. X Champions Weekday #1 @ Dog Run Park	4:30	4:30
9/2	Shelby County Invitational - East Middle School	10:05	9:00
9/9	Rumble Through the Jungle - Creasey Mahan Nature Preserve	9:30	8:30
9/20	St. X Champions Weekday #2 @ Champions Park	4:30	4:30
9/23	Hillbilly Run - Thomas Nelson High School	8:45	10:15
9/30	Senior Night 3K - Mercy Academy	-	9:00
10/7	Haunted Woods Classic - Oldham County High School	9:20	8:00
10/19	Louisville Area JV Regional Meet - Seneca Park	6:00	-
10/20-21	Region 4 AAA Meet	-	TBD
10/28	KHSAA State Meet @ Kentucky Horse Park	-	TBD