

Enlace Academy Menu 23/24

WEEK 1

MONDAY
 -Breakfast-
Apple Frudel
 -Lunch-
Cheese Calzones
Available w/ All Entrees
Toss Salad
Choice of Fruit
Choice of Milk

TUESDAY
 -Breakfast-
Yeast Donut
 -Lunch-
Chicken Sandwich
Available w/ All Entrees
Broccoli Florets
Choice of Fruit
Choice of Milk

WEDNESDAY
 -Breakfast-
Chocolate Muffin
 -Lunch-
Pepperoni Ripper
Available w/ All Entrees
Baby Carrots
Choice of Fruit
Choice of Milk

THURSDAY
 -Breakfast-
Belgian Maple Waffle
 -Lunch-
Chicken Corn Dog
Available w/ All Entrees
Tater Tots
Choice of Fruit
Choice of Milk

FRIDAY
 -Breakfast-
Confetti Pancake
 -Lunch-
Cheese Nachos
Available w/ All Entrees
Chili Beans
Choice of Fruit
Choice of Milk

WEEK 2

MONDAY
 -Breakfast-
Strawberry Bagels
 -Lunch-
Chicken & Biscuit
Available w/ All Entrees
Cucumber Slices
Choice of Fruit
Choice of Milk

TUESDAY
 -Breakfast-
Grape Crescent
 -Lunch-
Pepperoni Pizza
Available w/ All Entrees
Garden Salad
Choice of Fruit
Choice of Milk

WEDNESDAY
 -Breakfast-
Donut Hole Pull-Apart
 -Lunch-
Chicken & Waffle Sandwich
Available w/ All Entrees
Spiral Fries
Choice of Fruit
Choice of Milk

THURSDAY
 -Breakfast-
Belgian Blueberry Waffle
 -Lunch-
Hamburger/ Cheeseburger
Available w/ All Entrees
Baby Carrots
Choice of Fruit
Choice of Milk

FRIDAY
 -Breakfast-
Choc Chip French Toast
 -Lunch-
Cheese Quesadilla
Available w/ All Entrees
Fiesta Black Beans
Choice of Fruit
Choice of Milk

WEEK 3

MONDAY
 -Breakfast-
Mini Cinnamon Rolls
 -Lunch-
Walking Taco
Available w/ All Entrees
Cauliflower Florets
Choice of Fruit
Choice of Milk

TUESDAY
 -Breakfast-
Chocolate Crescent
 -Lunch-
Cheese Pizza
Available w/ All Entrees
House Salad
Choice of Fruit
Choice of Milk

WEDNESDAY
 -Breakfast-
Mini French Toast
 -Lunch-
Chicken Nuggets & Pretzel Rod
Available w/ All Entrees
Potato Wedges
Choice of Fruit
Choice of Milk

THURSDAY
 -Breakfast-
Waffles
 -Lunch-
All Beef Hot Dog
Available w/ All Entrees
Baked Beans
Choice of Fruit
Choice of Milk

FRIDAY
 -Breakfast-
Filled Cocoa Puff Bar
 -Lunch-
Grilled Cheese
Available w/ All Entrees
Tomato Soup
Choice of Fruit
Choice of Milk

Breakfast

With all entrees:
 Milk
 Daily Fruit
 Juice

Additional Daily
Entree Options:
 Assorted Pop Tarts
 Assorted Yogurt
 Assorted Cereal
 Bowls

What Makes A Meal?
 Choose at least 3 and up to 5 components:
 Meat, Grain, Fruit, Veggie & Milk
 1 of which must be a Fruit or Veggie

Additional Lunch Options:

Monday

Yogurt Parfait, Uncrustable, Pepperoni Pull-Apart

Tuesday

Stuffed Mozzarella Breadsticks, Uncrustable, Pizza Lunchable,

Wednesday

Deli Sub Sandwich, Uncrustable, Buffalo Chicken Pull-Apart

Thursday

Uncrustable, Pizza Lunchable, Pepperoni Pull-Apart

Friday

Yogurt Parfait, Uncrustable,