MARLBOROUGH COLLEGE MALAYSIA

Wellbeing in Schools Conference

Marlborough College Malaysia | 23rd - 24th May 2023

Early confirmed speakers include:



Attend the conference to:

Learn and network with leaders in School Wellbeing and benefit from research, knowledge, and partnerships

Gain insight into innovations in Wellbeing and how to implement them into school strategic and operational development plans

Explore practical ways in which data is used to **improve whole school Wellbeing**

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Introduction



I am delighted that Marlborough College Malaysia in partnership with COBIS and Komodo, is hosting the inaugural 'Wellbeing in Schools Conference.' Marlborough College Malaysia focused its attention on Wellbeing before the pandemic, the impact of which made it a ubiquitous buzz word.

However, debates continue about its definition, operation and even the lexicon of Wellbeing. There are those who believe that it is time to move away from the relentless focus on Wellbeing in order to build resilient communities and others who argue that is simply the sine qua non of quality pastoral care or even fundamental child development, grounded in Positive Psychology.

Our Conference explores a fascinating range of research and reflections from pupils, school leaders and academics. It brings together schools from throughout Asia with an outstanding record of pastoral care from ages 3-18, across day and boarding environments to share innovative and inspirational initiatives.

Whatever our views, we all aim to give our pupils and colleagues the best possible tools to flourish as confident, grateful, purposeful members of society.

I am sure that the Conference will prompt discussion and reflection and I hope that you enjoy it.

Kind regards,

Alan Stevens
Master of Marlborough College Malaysia



2023 Speakers Include

Alan Stevens
Master
Marlborough College Malaysia

Magnus Cowie
Deputy Head Pastoral
Marlborough College Malaysia

Ed Nightingale
Deputy Head (Pastoral)
Marlborough College UK

Professor Mushtak Al-Atabi
Provost and CEO
Heriot-Watt University, Malaysia

Rachael Than
Head of Counselling
Kolej Tuanku Ja'afar

Suresh Naidu
Head of Secondary Pastoral
Kolej Tuanku Ja'afar

Lynsay Scott
Pastoral Director
Jerudong International School

Ralph Morel
Assistant Head of Senior School
Jerudong International School

Richard Sellers
Director of Pastoral Care
Tanglin Trust School Singapore

Hayley Wilson
Deputy Head Pastoral
Kellett School Hong Kong

Bhavisha Tank
Assistant Head Pastoral and Community
Kellett School Hong Kong

Abby Dale-Bates
Child and Family Psychologist
Komodo Wellbeing

Dr Fiona Rogers
Deputy CEO; Director of Professional Development and Research, COBIS

Richard Burkill
Director of Digital Learning
Rugby School Thailand

Andy Gough
Deputy Head Pastoral, Prep School
Marlborough College Malaysia

Duncan Ogilvie
Director of Digital Learning
Marlborough College Malaysia

Day one: 23rd May 2023	
9.00 - 9.30 am	**Morning Registration**
9.30 am	**Welcome Remarks** **Alan Stevens**, Master, **Marlborough College Malaysia**
9.40 am	**Data and Trends in Wellbeing Research** • Data and trends we are seeing in wellbeing research • Why it is important for wellbeing to feature prominently in school accreditation and quality assurance processes **Dr Fiona Rogers**, Deputy CEO; Director of Professional Development and Research, **COBIS**
10.00 am	**Panel Discussion: Wellbeing in Education: Emerging Trends and Transformations**
10.45 am	**How research provided a foundation for Flourishing** • How research was used to build a holistic approach to wellbeing • Working collaboratively with stakeholders, pupils, parents and staff • Analysing data to inform the actions to provide an optimum environment for flourishing **Magnus Cowie**, Deputy Head Pastoral, **Marlborough College Malaysia** **Andy Gough**, Deputy Head Pastoral, Prep School, **Marlborough College Malaysia**
11.15 am	**Morning Coffee and Networking Break**
11.45 am	**Psychological Safety Seminar** • Understanding what psychological safety is, what is needed for it to be present, and what we see in psychologically safe environments • Outlining the benefits of psychological safety on pupil mental wellbeing • Understanding how to implement strategies and tools to encourage psychological safety across classroom and school-wide environments **Abby Dale-Bates**, Child and Family Psychologist, **Komodo Wellbeing**

12.45 pm	**Ensuring No Child Goes Unnoticed** • Programs and interventions to build resilience, nurture wellbeing and to help create flourishing individuals • Using pupil wellbeing and safeguarding data to adapt the pastoral curriculum and react to ensure pupil safety **Richard Sellers,** Director of Pastoral Care, **Tanglin Trust School Singapore**
1.15 pm	**Lunch**
2.30 pm	**The Journey of Counselling** • Early difficulties in localised contexts (stigmatised counselling, counselling seen as punishment, parents' worries) • Working across campuses, service at weekends in a boarding school, involvement in Pastoral Care decision-making affecting pupils **Rachael Than,** Head of Counselling, **Kolej Tuanku Ja'afar** **Suresh Naidu,** Head of Secondary Pastoral, **Kolej Tuanku Ja'afar**
3.00 pm	**Who are we?** • How to embed your school values whilst fostering an authentic identity as a school • A discussion on the pastoral system and an introduction to the 'Positively Kellett' curriculum • Capturing pupil voice to ensure that pupils flourish **Hayley Wilson**, Deputy Head Pastoral and Community, **Kellett School Hong Kong** **Bhavisha Tank**, Assistant Head Pastoral and Community, **Kellett School Hong Kong**
4.00 pm	**Afternoon Coffee and Networking Break**
4.30 pm	**Keynote Presentation: Purpose-Driven Education - Empowering Young People** **Professor Mushtak Al-Atabi,** Provost and CEO, **Heriot-Watt University, Malaysia**
5.30 pm	**Closing Remarks and End of Conference Day One**
5.45 pm - 7.00 pm	Cocktail Reception at the Master's Lodge

Day two: 24th May 2023	
7.30 - 8.30am	Wellbeing in practice - Marlborough College Malaysia invites attendees for a tour of Barton Farm and The Lake
9.00 am	**Morning Registration**
9.20 am	**Welcome Remarks** **Marlborough College Malaysia**
9.30 am	**Pupil Wellbeing Ambassadors - Training and Impact** • Establishing and embedding a pupil-led programme • Evaluating and enhancing the impact of pupil-led support **Ed Nightingale,** Deputy Head (Pastoral), **Marlborough College UK**
10.00 am	**Pupil Voice Seminar** • Understanding pupil voice and what factors contribute to developing it • Observed benefits within pupils and how they can foster their voice • How schools can develop tools and establish a platform for pupils to be heard and make effective change **Abby Dale-Bates,** Child and Family Psychologist, **Komodo Wellbeing**
11.00 am	**Morning Coffee and Networking Break**
11.30 am	**A Point for a Difference - The Art of Developing Connections** • Approaches to pupil reward and leadership • An insight into pupil reward and leadership • Making a real world difference **Lynsay Scott,** Pastoral Director, **Jerudong International School** **Ralph Morel,** Assistant Head of Senior School, **Jerudong International School**
12.00 pm	**Developing Staff Wellbeing** • Developing Staff Wellbeing in a school setting • Wellbeing Initiatives - successes and failures **Daniel Romeril,** Assistant Head of Primary (Pastoral), **Kolej Tuanku Ja'afar**
12.30 pm	**Lunch**

<table>
<tr><td>1.30 pm</td><td colspan="2">Digital and Technology Ambassadors
• How pupils can shape a school's approaches to technology use
• How pupils can lead digital citizenship within schools
• Collaborative strategic partnership in international schools
Richard Burkill, Director of Digital Learning, Rugby School Thailand
Duncan Ogilvie, Director of Digital Learning, Marlborough College Malaysia</td></tr>
<tr><td>2.30 pm</td><td colspan="2">Afternoon Coffee and Networking Break</td></tr>
<tr><td rowspan="3">3.00 pm</td><td colspan="2">Afternoon Round Table Discussions</td></tr>
<tr><td>Psychological safety</td><td>Equality, Diversity and Inclusion</td></tr>
<tr><td>Pupil voice and sense of belonging</td><td>Safeguarding</td></tr>
<tr><td>4.00 pm</td><td colspan="2">Closing Remarks and Discussion of Lessons Learned from the Conference
Magnus Cowie, Deputy Head Pastoral, Marlborough College Malaysia</td></tr>
<tr><td>4.30 pm</td><td colspan="2">End of Conference</td></tr>
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