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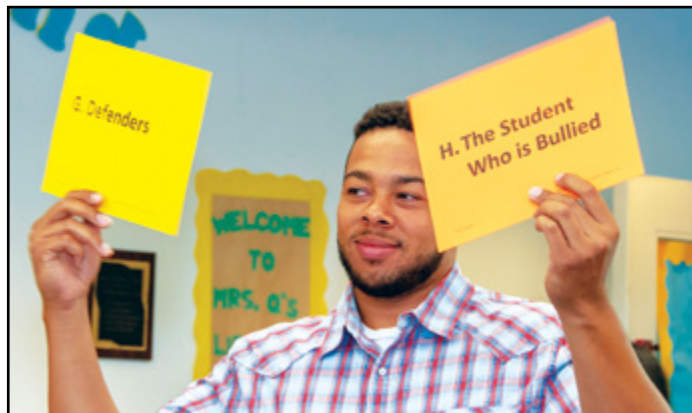
# School News

*Education + Communication = A Better Nation*

**Covering the Hawthorne School District**



Volume 8, Issue 46 September / October 2018



## Hawthorne School District Addresses Bullying Behaviors



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**Every child deserves a chance to succeed!  
¡Cada niño merece la oportunidad de triunfar!**

### **Preschool Program**

HSD Preschools offer early childhood educational programs for children who are three and four-years old. Families must meet State income requirements.

### **Programa de Preescolar**

Las Escuelas Preescolares de HSD ofrecen programas educativos de primera infancia para niños de tres y cuatro años de edad. Las familias deben cumplir con los requisitos de ingresos del Estado.



**Reina Robledo**  
Principal

#### **The Benefits of Preschool**

The most important years of a child's development is in the first five years of life. Children who receive a high-quality educational experience, in their early years, develop the skills necessary to succeed in life.

Children who are involved in preschool:

- Develop pre-reading, early writing, and math skills
- Enhance critical thinking and problem-solving skills
- Develop emotional behaviors and social skills

#### **Los Beneficios de la Educación Preescolar**

Los primeros cinco años de vida son los más importantes en el desarrollo del niño. Los niños que reciben una experiencia educativa de alta calidad, en sus primeros años, desarrollan las habilidades necesarias para triunfar en la vida.

Los niños que participan en la educación preescolar:

- Desarrollan habilidades en matemáticas, escritura y lectura temprana.
- Mejoran el pensamiento crítico y habilidades en resolución de problemas.
- Desarrollan habilidades sociales y comportamiento emocional.





## Addressing Bullying Behaviors

First of all, I would like to welcome you back to the new school year! I look forward to another great year!



**Dr. Helen E. Morgan**

*Superintendent*

Prior to the start of school, every employee in the Hawthorne School District was given the opportunity to attend a research-based training on bully prevention. The Olweus Bullying Prevention Program was brought to us through a grant. This program addresses all aspects of bullying and provides our staff with tools and strategies to use with our students to address this behavior.

All participants in the training worked to identify the types of behaviors that constitute bullying and to identify the roles of various individuals in the act(s). We plan to implement this program at our schools to address this very serious issue and to work toward elimination of these behaviors on our campuses. Implementation will be introduced in stages with full utilization expected by December 2018.

If you would like more information on the Olweus Bullying Prevention Program, please contact your site dean, counselor, or administrator. I am certain they would be happy to share the information with you.

As we begin the year, please follow me on twitter at [Dr.M@HSD\\_hmorgan](mailto:Dr.M@HSD_hmorgan) I post events and accomplishments from all of our schools and would love to share these with you.

I am honored to serve the Hawthorne community and privileged to have the opportunity to educate your children. I look forward to seeing you at a school site or event!

## Abordando los comportamientos de intimidación escolar

Primero que nada, me gustaría darle la bienvenida al nuevo año escolar ¡Espero tener otro gran año!

Antes del comienzo de la escuela, a todos los empleados del Distrito Escolar de Hawthorne se les dio la oportunidad de asistir a una capacitación basada en la investigación sobre la prevención de intimidación escolar. El Programa de Prevención de Intimidación Escolar Olweus (OBPP) fue traído a nosotros a través de una subvención. Este programa aborda todos los aspectos de la intimidación escolar y proporciona a nuestro personal las herramientas y estrategias para usar con nuestros estudiantes para abordar este comportamiento.

Todos los participantes en la capacitación trabajaron para identificar los tipos de conductas que constituyen la intimidación escolar y para identificar los roles de varias personas en la(s) acción(es). Tenemos la intención de implementar este programa en nuestras escuelas para abordar este grave problema y para trabajar hacia la eliminación de estos comportamientos en nuestros campus. La implementación será introducida en etapas y se espera su pleno uso para diciembre de 2018.

Si desea obtener más información sobre el Programa de Prevención de Intimidación Escolar Olweus (OBPP), comuníquese con el decano, consejero o administrador de su sitio escolar. Estoy segura de que estarían encantados de compartir la información con usted.

Al comenzar el año, síganme en Twitter en [Dr.M@HSD\\_hmorgan](mailto:Dr.M@HSD_hmorgan), publico eventos y los logros de todas nuestras escuelas y me gustaría compartirlos con ustedes.

Me siento honrada de servir a la comunidad de Hawthorne y tengo el privilegio de tener la oportunidad de educar a sus hijos. ¡Espero verle en un sitio escolar o evento!



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**Kay Coop**  
Founder/Publisher



*Netragrednik*

Welcome back to another school year. We are excited to publish the exciting accomplishments throughout the year.

Superintendent Dr. Morgan's message on page 3 addresses the serious issue of bullying and the district's tools and strategies to address this behavior. When I was a child being kind to one another was a character trait taught at home. Please and thank you were among the first words a child learned. Today the schools are tasked with the responsibility of teaching character traits and proper behavior. If you say thank you to someone today, more often than not the response will be,

"No problem." The response should be, "You are welcome." Perhaps if all of us practice good behavior, those around us will model the same.

Speaking of modeling behavior, please remember that your teenagers are modeling your behavior when you text and drive and your younger children will do the same.



# School News

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Covering the

**HAWTHORNE SCHOOL DISTRICT**

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## ECC INVITES YOU TO COLLEGE NIGHT!

Please join us anytime  
between 5:30 and 8:00 p.m.

**Wednesday, November 14**

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- Workshops
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Please RSVP at:

[www.elcamino.edu/collegenight](http://www.elcamino.edu/collegenight)



# El Camino College



16007 Crenshaw Boulevard, Torrance, CA 90506

# Bud Carson *Middle School*

13838 S. Yukon Ave., Hawthorne, CA 90250 • 310/676-1908 • www.budcarsonmiddle.org



**LaTima Jones**  
*Principal*

LaTima Jones is the new principal at Bud Carson Middle School. She served 5 years as the principal at Kornblum Elementary School. Under her leadership, Kornblum received the prestigious honor of being named a Gold Ribbon School for parent involvement and The Title I Academic Achievement Award by the State of California in the 2016. She led Kornblum School in integrating STEM into the curriculum through Project Lead the Way.

She looks forward to expanding the STEM Academy at Bud Carson Middle School.

She has been an employee of the Hawthorne School District since 1997 as an elementary teacher, literacy coach, and assistant principal at the elementary and middle school levels.

Ms. Jones graduated from the University of Southern California (USC) in 1995 with a degree in psychology. She earned her teaching credential through Chapman University and attended Pepperdine University to complete her master's degree.

Ms. Jones was a student-athlete throughout her years at USC, earning the Scholar Athlete Award of Honor for Academic Excellence, as receiving a solid education was her primary goal. She earned All-American honors in track and field, was a Pac-10 Conference champion, and qualified for the 1996 Olympic Trials. She also became a member of Zeta Phi Beta, Sorority Inc., a community service organization. She uses these experiences to connect with students and their families. She stresses that education is the foundation on which they will build all of their future successes.

## Hawthorne *Math & Science Academy*

4467 W. Broadway, Hawthorne, CA 90250 • 310/973-8620 • www.hawthornemsa.org



**Esau Berumen**  
*Principal*

Principal Esau Berumen has been member of the Hawthorne School District family since 1997. He began his career as a long term substitute teacher at York Elementary School. After one month as a substitute teacher, he became the 7th Grade Life Science teacher at Hawthorne Intermediate School, which is now known as Hawthorne Middle School.

In 2003, Mr. Berumen applied for and became the first Biology teacher at the soon to be open Hawthorne Math & Science Academy, HMSA. He is one of the six HMSA founding teachers. As the school grew, he became the Science Department Chair and the school's College Prep Advisor. During his last year of teaching Biology at HMSA, he received the school's Teacher of the Year award. In 2007, Mr. Berumen became the assistant principal of HMSA, and in 2010 he became HMSA's third principal. In 2016, Mr. Berumen was awarded the Hawthorne School District's Roger G. Bly Leadership Award. During his tenure, HMSA has been awarded the National Blue Ribbon Award twice, 2010 and 2016.

Mr. Berumen earned his Bachelor's degree in Mathematics from Occidental College. He earned both his teaching credential and his first Master's degree in Cross Cultural Education from National University. In 2004, he went back to school to earn both his administrative credential and second Master's degree in Educational Leadership from California State University Northridge. In 2012, Occidental College's Alumni Association awarded him the Young Alumni Seal Award. Recently, Occidental College's Alumni Association awarded Mr. Berumen the 2017 Alumni Seal Award for Professional Achievement.

Mr. Berumen has been married for 16 years and is father to three children. Two of his children will be attending schools in the Hawthorne School District this coming year. In his free time, he enjoys being with his family, reading books, and watching an occasional game of rugby.

## Mortgage Rates and Programs

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## Eucalyptus *Elementary*

12044 S. Eucalyptus Ave., Hawthorne, CA 90250 • 310/675-3369 • www.hsd-ca.schoolloop.com



**Mike Goldstein**  
*Principal*

Mike Goldstein is beginning his 20th year in the Hawthorne School District. He grew up in Santa Cruz California and attended college at the University of Redlands, where he played football and earned a BA in History. After graduating in 1997, he received his teaching credential and MA in Cross Cultural Teaching from National University. In 1999 Mr. Goldstein was hired by the Hawthorne School District. He worked at Hawthorne Middle School for 7 years as an 8th grade Language Arts/Social Studies and Special Projects teacher. During that time he enrolled in the Educational Administrative

program at California State University Northridge, and graduated with an MA in Educational Administration in 2006. Prior to becoming principal at Eucalyptus, Mr. Goldstein served as Assistant Principal at HMS (2006-2008) and Eucalyptus (2009) and Principal at York Elementary School from 2009-2013.

Mr. Goldstein lives in Redondo Beach with his wife Cynthia and two daughters; Cyndi (age 13) and Amanda (age 12). When he's not at work, Mr. Goldstein enjoys traveling with his family. He is excited to begin his 6th year as the Principal of Eucalyptus Elementary School, especially because he's been with this group of 5th grade students since they started at Eucalyptus in Kindergarten.

## Hawthorne *Middle School*

4366 W. 129th St., Hawthorne, CA 90250 • 310/676-0167 • www.hawthornemiddle.org



**Akila Jones**  
*Principal*

Akila Jones has been with the Hawthorne School District for nearly 19 years. She began in 1999 as a substitute teacher working throughout the district in various elementary schools. Her first teaching position was in 2000 teaching first grade at Eucalyptus Elementary. She later moved to Hawthorne Middle School where she has held three positions: Special Projects Teacher (2006), Assistant Principal (2014) and currently as Principal. This will be her 1st year as the principal of Hawthorne Middle School.

Ms. Jones is excited about this school year! She is confident that students will continue to thrive as they are being challenged through rigorous academic programs while gaining exposure to enriching sports, music and theatrical activities. She is ready to continue working with students, parents, teachers and the community in a manner which supports academic success for all students.

For fun, Ms. Jones enjoys spending time with her family, traveling, camping and visiting national parks. Ms. Jones has two children ages 23 and 20 who are both in college. She also enjoys spending time with her two dogs, Maui, 3 and Ace, 1. Ms. Jones also has a large frog collection consisting of figurines, bears, stickers and other unique items- stop by her office to see!

## Jefferson *Elementary*

4091 W. 139th St., Hawthorne, CA 90250 • 310/676-9423 • www.hsdjefferson.org



**Josh Godin**  
*Principal*

Josh Godin has been in the Hawthorne School District for 15 years. He started as a 5th grade teacher at Kornblum. He then left to teach 1st grade in New Mexico for one year, but he came back the next year to Jefferson Elementary. Mr. Godin taught a 1st and 2nd grade combination class, 3rd grade, and 4th grade while at Jefferson. He left Jefferson to become the Special Projects Teacher at Prairie Vista Middle School for 2 years. Mr. Godin was an Assistant Principal at Bud Carson Middle School for four years. This will be Mr. Godin's second year as Principal at Jefferson!

Mr. Godin is excited for his second year at Jefferson and ready for another great year! He is eager to work with the outstanding staff at Jefferson and looks forward to a fun filled year with many opportunities for parents to see why Jefferson is a Distinguished School. He knows the students will grow academically and socially throughout the year as they participate and experience all of the programs offered during the school day and afterschool as well.

For fun Mr. Godin likes to do many outdoor sports, such as surfing, basketball, and running with his two dogs on the beach, Morgan, 3 ½ and Cali, 3 years old. Mr. Godin grew up in Oregon and went to college at Portland State University. In college he played football and ran track. Mr. Godin also loves to travel with his wife of 11 years.

## Kornblum *Elementary*

3620 W. El Segundo Blvd., Hawthorne, CA 90250 • 310/970-4294 • [www.hsdkornblum.org](http://www.hsdkornblum.org)



**Marisa Stewart**  
*Principal*

Marisa Stewart is proud to be the new Principal of Kornblum School. Mrs Stewart was born and raised in the Southbay area and has spent her entire career in education serving the families of the Hawthorne School District for the past 22 years.

Mrs. Stewart has worked in the Hawthorne School District since 1996 where she worked as an instructional aide at Zela Davis School. She became a bilingual teacher at Zela Davis and then later moved to Ramona School at the inception of the Two-Way Bilingual Immersion Program. She taught at Ramona School for several years until moving to the district office as the first district English Learner Specialist and earning district teacher of the year. Once completing

the certificate for administration, Mrs. Stewart worked at Hawthorne Middle School, Eucalyptus School and most recently Prairie Vista South as assistant principal. She received her bachelor's degree from California State University Long Beach. She completed her teaching credential program at Chapman University in Fullerton and later her Master's Degree and Administrative credential through California State University Dominguez Hills.

Mrs. Stewart is excited to become a Kornblum Cardinal and work with the fantastic students, staff and families at Kornblum. This year the Olweus Bullying Prevention Program will be launched and it will just be another reason that Kornblum School is the place to be. That is why the school slogan is "Excellence is the Standard".

## Prairie Vista *Middle School*

13600 Prairie Ave., Hawthorne, CA 90250 • 310/679-1003 • [www.prairievistamiddle.org](http://www.prairievistamiddle.org)



**Wendy Ostensen**  
*Principal*

Wendy Ostensen is excited to be the principal of Prairie Vista Middle School, Home of the Panthers. She has been in the field of education for 27 years. During this time she has been a science teacher, activity director, middle school site administrator, and elementary school site administrator. She is proud to have worked in the Hawthorne School District for her entire educational career, and she is an honored recipient of HSD Leadership Awards in 2007 and 2018. Ms. Ostensen earned her Bachelor's Degree in Zoology from California State University, Long Beach and her Master's Degree/ Administrative Credential from California State University, Dominguez Hills.

Ms. Ostensen grew up in southern California and resides in Hawthorne, "The City of Good Neighbors." Her two sons are former HSD students, so she also approaches the job from a Hawthorne parent's point of view. She is excited to continue collaboration with the dedicated PVMS staff to continue the focus on academic standards in order to prepare students for success in college and career readiness. Ms. Ostensen is also looking forward to working with PVMS' students and parents in order to improve and enrich student achievement. Ms. Ostensen embraces the school's fine arts academy which showcases students' wonderful talents in art, music, theatre, and dance.

## Prairie Vista *South Campus*

13928 Kornblum Ave., Hawthorne, CA 90250 • 310/970-7550 • [www.hawthorne.k12.ca.us](http://www.hawthorne.k12.ca.us)



**Reina Robledo**  
*Campus Administrator*

Reina Robledo has been an instructional leader with the Hawthorne School District since 2001. She holds a Master of Arts degree in Curriculum Development and a Master of Science degree in Administration. After teaching for several years at Washington Elementary, Mrs. Robledo became the district's Professional Development Specialist providing trainings to teachers across all eleven school sites. In 2011, she became the Eucalyptus and Zela Davis Preschool

Principal. This year, Mrs. Robledo is the principal of Prairie Vista South (PVS). PVS campus is an auxiliary site that includes the Hawthorne School District Preschool, PrePare Preschool, SELPA Regional classes and district services such as Permits, Family Outreach and Opportunity classes.

Mrs. Robledo is married and has two young boys, ages 7 and 11. She loves to dance, listen to music, watch movies, go to the beach and travel with her family. Mrs. Robledo enjoys being in education to not only nurture and witness each child's development, but also to celebrate their successes, both big and small.

## Ramona *Elementary*

4617 W. 136th St., Hawthorne, CA 90250 • 310/675-7189 • www.hsdramona.org



**Patricia Ray**  
*Principal*

Patricia Ray grew up in Anaheim, California but began her teaching career in the Bronx, New York. She returned to California and joined the Hawthorne School District family in 1999. She has taught Washington and Kornblum Elementary Schools and also at Bud Carson Middle School. Dr. Ray then served as the literacy coach at Jefferson Elementary school for several years before becoming an administrator. Dr. Ray was the assistant principal at Zela Davis Elementary School and Prairie Vista Middle School before being promoted to principal of Prairie Vista Middle

School. This will be her second year serving the Ramona families as their principal.

Dr. Ray graduated from the University of San Diego in 1986 with a degree in political science and sociology, earned her teaching credential and master's degree in elementary education from Hunter College in New York City, and attended Pepperdine University to complete a master's degree in administration. Most recently Dr. Ray graduated from Loyola Marymount University with a doctoral degree in educational leadership for social justice.

Dr. Ray plays soccer on the weekends, and she loves to travel and learn new things. She is working on improving her Spanish, and Ramona is the perfect place to do that.

## Washington *Elementary*

4339 W. 129th St., Hawthorne, CA 90250 • 310/676-3422 • www.hsdwashington.org



**Maritza Cruz-Brown**  
*Principal*

Mrs. Cruz-Brown has been with the Hawthorne School District since 1998. She graduated from the University of California, Los Angeles in 1998 with a degree in sociology and earned her teaching credential from California State University, Dominguez Hills in 2003. In 2004, she received her master's degree in administration from Pepperdine University.

Mrs. Cruz-Brown began her teaching career at Eucalyptus School, where she taught second and fifth grades. After nine years as a "koala-ty" educator, she became a hawk at Hawthorne Middle School, where she taught sixth grade math and

science and played an integral part in the expansion of the Two-Way Bilingual Immersion Academy (TWBI). In 2012 she became the math coach for Washington and Kornblum Elementary Schools. After two years of coaching, she served as the assistant principal at Zela Davis Elementary School where she helped implement the Science, Technology, Engineering, and Mathematics (STEM) program. She is very enthusiastic to start her fourth year as the principal of Washington Elementary School.

Mrs. Cruz-Brown grew up in Southern California and now resides in Lakewood, California with her family. They have always encouraged her to grow professionally and try new things. Mrs. Cruz-Brown enjoys traveling and making memories with her family.

## York *Elementary*

11838 S. York Ave., Hawthorne, CA 90250 • 310/675-1189 • www.hsdnyork.org



**Jennifer Beekman**  
*Principal*

I am looking forward to another wonderful school year as a Superstar! The entire York staff, students and parents assisted us being recognized as a Gold Ribbon and Title 1 Academic Achievement School. The staff at York are professional and dedicated with a focus on student achievement and developing a positive school environment. York is considered family friendly with many special events and parent volunteers supporting our students success.

This is my thirty fourth year as an educator in the Hawthorne School District. These years include teaching eleven years at Hawthorne Intermediate, Zela Davis and Williams School. I have been an administrator for twenty three years at the following schools: Zela Davis, Prairie Vista Middle, Kornblum and York.

I grew up in the Central Valley and attended Clovis High School. I graduated from California State University, Fresno with a Bachelors of Arts in Liberal Studies. I obtained my Masters of Arts Degree in Education Administration at California State University, Dominguez Hills.

I continue to have the opportunity to meet wonderful families in the Hawthorne School District. It is amazing that so many of our former students return with their own children. I enjoy keeping the valuable connections with the community and alumni. I truly appreciate those who come back to volunteer!

Thank you for your ongoing support to York School!

Follow York School on Facebook and refer to our website for updated information. We are going to have a fabulous 2018 – 2019 school year!



# Zela Davis *Elementary*

13435 S. Yukon Ave., Hawthorne, CA 90250 • 310/679-1711 • www.hsdzeladavis.org



**Matt Rohrer**  
*Principal*

Matt Rohrer is excited to join the staff of Zela Davis as Principal. Mr. Rohrer has worked for the Hawthorne School District for 21 years. He attended University of Southern California and obtained Masters Degrees from National University and University of Southern California. He started working for the district as Assistant Director of the Outdoor Education Program and then as a 6th Grade teacher at York Elementary.

Mr. Rohrer moved to Prairie Vista Middle School and taught 6th Grade for ten years before becoming a Special Projects teacher. He moved to Zela Davis Elementary and was the Dean of Students before returning

to PVMS as the Assistant Principal. He has been the Assistant Principal at PVMS for the last three years.

Mr. Rohrer is excited to return to work with the wonderful students, staff, and families at Zela Davis Elementary! He is committed to maintaining and expanding Zela Davis' proud reputation as a STEM and Project Lead The Way school.

Mr. Rohrer lives locally in the South Bay area. He has two sons, a daughter and a puggle who is very much a part of the family. He enjoys reading books, spending time with his family, and being outdoors. On the weekends or during vacation, Mr. Rohrer can be found camping in the mountains, riding ATV's in the desert, or at the beach.

## Milestones and Firsts Word Search Contest

**Rules!** One word in the list is NOT in the word search.  
When you have completed the word search, one word will be left and that word you email to: [Kay@schoolnewsrollcall.com](mailto:Kay@schoolnewsrollcall.com) Please put **HAW** in the subject line.

**Entries must be received by October 15, 2018**

From the correct entries one name will be drawn to win  
a GAZUMP card/dice game - fun for all ages!

- |              |               |
|--------------|---------------|
| BIRTH        | RECITAL       |
| KINDERGARTEN | CAR           |
| HIGH SCHOOL  | DISNEYLAND    |
| GRADUATION   | TRAVEL ALONE  |
| COLLEGE      | AIRPLANE RIDE |
| DATE         | BALLOON RIDE  |
| LOVE         | CRUISE        |
| ENGAGEMENT   | FIRST TOOTH   |
| MARRIAGE     | KISS          |
| HOUSE        |               |



**Congratulations to Marvella Ligons**  
**Winner of our June Word Search Contest!**

## A Happy Kid in the Digital Age



*Happiness is a warm puppy. If you're happy and you know it, clap your hands.* Don't worry, be happy! Rules for how to live happily are nothing new. But lately, our well-being -- and that of our kids -- seems to be in free fall. Depression, anxiety, and even youth

suicide rates are increasing, as is cell phone and device use and the constant expectation to be "on." Raising kids to be happy in today's world isn't impossible: Many generations of parents have managed to do so when the threats were way worse than FOMO. We just need to rewrite the rules for the digital age.

The quest to make sure our kids are happy may have led us in the wrong direction. While media and tech deserve some of the blame for our collective stress, no one really knows how much. However, we do know that turning everything off doesn't magically make us happier. In fact, studies show that some types of screen-based activities can be beneficial -- and we all know the warm, fuzzy feeling we get when we enjoy media together. As more research emerges on the impact of media and tech on kids' mental health, it confirms what we've always known about how to be happy: Supportive relationships, a feeling of self-worth, strong character, and other positive influences are what really matter. And while you can't mandate joy, supporting your kid -- both online and off -- creates an environment where happiness is there for the taking. These tips can help you raise a happy kid in the digital age:

**Get gritty.** Grit -- the combination of perseverance and resilience that helps you bounce back from disappointments -- plays an important role in well-being. At school, online, and even with friends, kids feel pressured to achieve something on the first try. Instead, instill what's called a "growth mindset," the process of trying, failing, and learning from mistakes. When they feel defeated, their inner voice will say, "You got this!"

**Nourish their sense of self-worth.** Likes, comments, and other indicators of online status are part of kids' social-media lives. But there's a tipping point when a kid's perfectly natural curiosity about what others think about them turns into a harmful fixation on peer validation that can cause depression. You can help inoculate your kid against this by fostering an internal sense of self-worth. Encourage activities and hobbies that give kids a sense of accomplishment on their own terms.

**Be grateful.** Being aware and thankful is a tried-and-true life hack that leads to a stronger sense of well-being. You can actually use media and tech to cultivate a sense of gratitude. Check out sites and apps that let kids help make the world a better place. Watch TV shows and movies that inspire gratitude. At home, create a culture of appreciation by discussing what you're grateful for.

**Go outside.** Seriously, that's all you need to do. Nature is scientifically proven to boost well-being. If you need inspiration, watch nature movies or download apps that encourage outdoor exploration. Or just put down your phone, close the laptop, turn off the TV, and go for a walk.

**Foster connection.** In the digital age, kids can make new friends and strengthen existing relationships online, whether it's in a rousing game of Fortnite, a few hearts on Instagram, or even a FaceTime session with the grandparents. But the happiest people are the ones who consistently find a balance between screens and the rest of life. And as the grown-ups, we're the ones who need to model healthy habits. So, carve out screen-free times at home. Unplug everything so you can make eye contact and really listen to family and friends without distractions. By all means, enjoy media together -- but set limits so it doesn't interfere with face-to-face interactions.

Common Sense Media is an independent nonprofit organization offering unbiased ratings and trusted advice to help families make smart media and technology choices. Check out our ratings and recommendations at [www.commonsensemedia.org](http://www.commonsensemedia.org)



Introduce books to children early and they will be readers for life. And they will introduce their love of reading to their children.

(Left) Andrew as a baby and (Right) 50 years later reading to his sons





**Providence has you covered evenings, weekends and for those “right now” moments.**

**Providence Urgent Care can help you with:**

- Injuries: Sprains, Broken Bones and Lacerations
- Cold and Flu
- Immunizations



**PROVIDENCE MEDICAL ASSOCIATES**



Compassion. Commitment. Convenience.  
It's how we care for you.

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**We've got six Urgent Care locations to serve you.**  
 Clinics open 8 am – 7 pm Monday through Friday, weekends 9 am – 5 pm *(not all clinics are open on Sunday)*

<p><b>San Pedro 310-241-2590</b>  <i>(open 7 days a week) 1499 W. First St.,        (at S. Western Ave. and W. First St.)</i></p>	<p><b>Manhattan Beach 310-376-6262</b>  <i>(open 7 days a week) 1010 N. Sepulveda Blvd.        (at Manhattan Beach Blvd. and N. Sepulveda Blvd.)</i></p>
<p><b>Del Amo 310-792-4444</b>  <i>(open Monday-Saturday) 21311 Madrona Ave., Ste. 100-C        (near Del Amo Fashion Center, at Madrona and Fashion Way)</i></p>	<p><b>Redondo Beach 310-318-9992</b>  <i>(open Monday-Saturday) 520 N. Prospect Ave., Ste. 102        (at N. Prospect between Beryl St. and Diamond St.)</i></p>
<p><b>Torrance 310-618-9200</b>  <i>(open 7 days a week) 2382 Crenshaw Blvd., Ste. 5        (at Crenshaw and Sepulveda Blvd.)</i></p>	<p><b>Carson 310-835-9227</b>  <i>(open Monday - Friday) 21501 South Avalon Blvd. #100        (entrance at rear of the campus)</i></p>

 **Put Providence on speed dial.** We are here when you need care.



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RSVP [jkim@hawthorne.k12.ca.us](mailto:jkim@hawthorne.k12.ca.us)  
(310) 263-3990



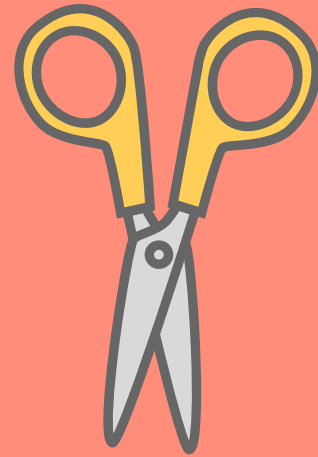
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**SEPTEMBER 26, 2018  
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(310) 263-3990



## **WELLNESS COMMITTEE MEETING**

We are looking for parents to join our Wellness Committee. You must be willing to attend your School Site Council Meetings and serve as a liaison.

## **REUNIÓN DEL COMITÉ DE BIENESTAR**

Estamos buscando padres que deseen unirse a nuestro Comité de Bienestar y que estén dispuestos a asistir y servir como enlace en las Reuniones del Consejo del Plantel Educativo.