

## **MENTAL HEALTH RESOURCES**

If you feel your child is having a behavioral health emergency, they may harm themselves or someone else please immediately call 911

National Suicide Prevention Lifeline: 800-273-8255 or TEXT 741741 or dial 988 or website <u>www.crisistextline.org</u> 24/7 crisis support that provides free and confidential emotional support to people in crisis:

Crisis Triage and Treatment Unit at SMA (Stewart Marchman Act)

800-539-4228

24/7 local crisis response team that cares for people 25 and under in Flagler county who are feeling depressed, alone, suicidal or bullied. Professionals who provide emergency screening and admission to mental health crisis stabilization drug abuse detoxifications and/or referral to other services

Children in Need of Services/Families in Need of Services (CINS/FINS)

386-236-3111

Program open to children ages 6-17 and their families. Program for runaways, habitually truant, ungovernable or homeless.

Substance Abuse and Mental Health Services Administration

800-662-4357

Provides referrals to local treatment facilities, support groups and community-based organizations for Substance Abuse and Mental Health services.

National Alliance on Mental Illness (NAMI) Flagler County

904-927-7404

Nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

## Other Mental Health Resources

| Adapt Behavioral Services              | 386-898-5003                                 |
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| Children's Home Society                | 386-304-7600 ext. 226                        |
| Coaches @ St. Augustine Youth Services | 904-829-1770                                 |
| Chrysalis Health                       | 386-254-2848                                 |
| Family Life Center                     | 386-437-7747 or 24 hour hotline 386-437-3505 |
| Halifax Behavioral Services            | 386-425-3900                                 |
| Halifax Grief Support                  | 386-322-4738 or 386-258-3237                 |
| Palm Coast Counseling                  | 386-643-3115                                 |
| Sara Riley LMHC                        | 386-986-2222                                 |
| Stewart Marchman                       | 386-236-1810                                 |
| Veteran Outreach Coordinator           | 813-359-7602                                 |

For additional resources in Flagler County to include assistance with Clothing, Disaster relief, Domestic violence, Employment, Food, Housing, Legal, Medical, Outreach/General Assistance, Transportation please visit: Flaglercounty.gov