

TRACK

Girls track and field: All-County and All-League honors

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Here are the All-County and All-League honors, selected by the coaches.

ALL-BERGEN

FIRST TEAM

100m: Carli Sorvino, Emerson, junior

200m: Abigail Dennis, NV/Old Tappan, freshman

400m: Molly Bennett, Northern Highlands, junior

800m: Amanda Mircovich, River Dell, senior

1600m: Sarah Policano, Ridgewood, senior

3200m: Christina Allen, River Dell, freshman

HH: Fiona Carter, Paramus Catholic, junior

Intermediate Hurdles: Amber Barrios, Hasbrouck Heights, junior

High Jump: Norina Khanzada, Tenafly, sophomore

Pole Vault: Randi Conroy, Northern Highlands, senior

Long Jump: Isabella Sing, Rutherford, senior

Triple Jump: Kiley Mironenko, Waldwick, junior

Shot Put: Casey Sullivan, NV/Demarest, junior

Discus: Julietta Ambartsoumian, NV/Demarest, senior

Javelin: Nicole Woods, NV/Demarest, junior

Javelin: Aliana Eucker, Westwood, senior

4-x-100 Relay: Izzie Anzaldo, junior; Sophia Vernieri, senior; Cortney Lander, senior; Sydney Bangs, junior, Ramapo

4-x-400 Relay: Julia Wowkun, junior; Cortney Lander, senior; Izzie Anzaldo, junior; Sophia Vernieri, senior; Ramapo

4-x-800 Relay: Ashna Kalvani, senior; Casey Walter, senior; Lily Dipple, sophomore; Kimi Quayle, senior, NV/Demarest

At-Large: Brynn Madonna, Northern Highlands, senior

Coach of the Year: Mark Ledgerwood, Emerson

Large School of the Year: NV/Demarest

Small School of the Year: Hasbrouck Heights

SECOND TEAM

100m: Sanai Bryant, Dumont, junior

200m: Alysia Spencer, Ridgewood, junior

400m: Claire O’Keeffe, Ramsey, senior

800m: Cara Hliboki, NV/Old Tappan, junior

1600m: Annamarie Tretola, Ridgewood, junior

3200m: Olivia Shattuck, Ridgewood, junior

HH: Hannah Brodsky, Ridgewood, junior

Intermediate Hurdles: Ashna Kalvani, NV/Demarest, senior

High Jump: Caitlyn Kunisch, Northern Highlands, junior

Pole Vault: Michelle Lee, NV/Demarest, junior

Long Jump: Madison Libby, IHA, senior

Triple Jump: Anna Memija, Saddle Brook, senior

Shot Put: Brianna Thomas, Paramus Catholic, senior

Discus: Erin Karaway, Emerson, junior

Discus: Rylie Theuerkauf, **Tenaflly**, sophomore

4-x-100: Ridgewood

4-x-400: Northern Highlands

4-x-800: NV/Old Tappan

THIRD TEAM

100m- Rebecca Beaver, **Tenaflly**, junior

200m- Olivia Grace Ridgewood, junior

400m: Kylie Castillo Ridgefield, freshman

800m: Kimi Quayle NV Demarest, senior

1600m: Lily Williams Ridgewood, junior

3200m: Casey Walter NV Demarest, senior

HH: Maggie Fodera Lyndhurst, senior

Intermediate Hurdles: Anna Bryan-Jones Northern Highlands, freshman

High Jump: Alexandra Manetovic Fort Lee, junior

Pole Vault: Jordan Hecker NV Demarest, senior

Long Jump: Gloria Lee River Dell, senior

Triple Jump: Lauren Dunnigan Immaculate Heart, sophomore

Shot Put: Ciara Donegan Holy Angels, senior

Javelin: Hailey Romero Fair Lawn, junior

4 x 100: Paramus Catholic

4 x 400: Old Tappan

4 x 800: Ridgewood

ALL-PASSAIC

FIRST TEAM

100: Sabrina DiFilippo, Hawthorne, sophomore

200: Briana Andreoli, Hawthorne, junior

400: Sydney Hansen, Hawthorne, freshman

800: Kara Langbaum, Wayne Hills, freshman

1600: Angelina Perez, Lakeland, junior

3200: Mia Dubac, Clifton, senior

100HH: Brianna Fasoli, Passaic Tech, junior

400IH: Anne Noonan, Passaic Tech, junior

4-x-100: Hawthorne (Briana Andreoli, junior; Sydney Hansen, freshman; Sabrina DiFilippo, sophomore; Ella Sachs, freshman)

4-x-400: Passaic Tech (Brianna Fasoli, junior; Anne Noonan, junior; Samiya Brown, junior; Aija Brenell Morrison, senior)

4-x-800: Lakeland (Alyssa Devita, junior; Megan Szanto, sophomore; Kayla Barnhardt, freshman; Angelina Perez, Lakeland)

High Jump: Shannon Hartnett, Lakeland, sophomore

Pole Vault: Chloe Pasek, West Milford, junior

Long Jump: Kyra Blakeslee, Wayne Hills, senior

Triple Jump: Kate Vreeland, West Milford, senior

Shot Put: Taniya Giles, Clifton, junior

Discus: Isabelle Robinson, Hawthorne, senior

Javelin: Destiny Noemi Fernandez, Passaic Tech, senior

All-Around: Oluwatamilore Adedeji, DePaul, sophomore

All-Around: Nahioly Almonte, Clifton, junior

All-Around: Katharine Cottone, Passaic Valley, sophomore

Coach of the Year: Mike Rogers, Clifton

SECOND TEAM

100: Hailey Mieses, Passaic Tech, freshman

200: Hanna Miles, Lakeland, junior

400: Jessica Rubio, Clifton, senior

800: Remy Dubac, Clifton, sophomore

1600: Abigail Horevay, Lakeland, junior

3200: Caitlin Fahy, Lakeland, junior

100HH: Joanna Liput, Wayne Valley, senior

400IH: Emma Keating, Pompton Lakes, sophomore

4-x-100: Wayne Valley (Joanna Liput, senior; Madelyn McDermott, junior; Maria Funciello, sophomore; Erin Clark, junior)

4-x-400: Wayne Valley (Emily Bolson, junior; Erin Clark, junior; Ava Maher, freshman; Sara Paul, freshman)

4-x-800: Clifton (Lylah Flores, freshman; Mary Jo Martinez, freshman; Isabella Carlomagno, junior; Nicole Wyszynski, senior)

High Jump: Anneke Kuperus, Eastern Christian, sophomore

Pole Vault: Madelyn McDermott, Wayne Valley, junior

Long Jump: Katie Bennorth, Lakeland, senior

Shot Put: Izabelle Grzybowski, Passaic Tech, sophomore

Discus: Cicilia Martino, Passaic Tech, junior

Javelin: Lily Ferber, Passaic Tech, sophomore

All-Around: Hannah Boorse, Lakeland, junior

All-Around: Kyla Leathers, Wayne Hills, junior

All-Around: Jenna Hodgson, West Milford, junior

HONORABLE MENTION

Breanna Senior, Clifton, junior; Kayla Linares, Clifton, senior; Keira Wood, DePaul, senior; Sydney Jacobs, DePaul, freshman; Jaden Belen, Eastern Christian, senior; Eva Reinmuth, Eastern Christian, senior; Amorrianah Wright, Eastside, senior; Ciara Garcia, Eastside, freshman; Sophia Mitreski, Hawthorne, sophomore; Leah Alves, Hawthorne, sophomore; Mia Chandy, Hawthorne Christian, junior; Christina D'Amato, Hawthorne Christian, senior; Amy Rod, Lakeland, freshman; Katie Mullin, Lakeland, senior; Maria Guerrero, Manchester, senior; Dior Holliday, Manchester, junior; Marilyn Gonzalez, Passaic, senior; Auriella Coronado-Luz, Passaic Valley, sophomore; Angelina Perez, Passaic Valley, junior; Maya Masri, Passaic Tech, senior; Larry Johnson, Passaic Tech, senior; Kayla Sampong, Pompton Lakes, junior; Jasmine Sampong, Pompton Lakes, junior; Julia Galesi, Wayne Hills, senior; Nicole Bergman, Wayne Hills, senior; Delaney Philip, Wayne Valley, junior; Allison Gorelik, Wayne Valley, junior; Lauren Frey, West Milford, junior; Abigail Budd, West Milford, senior.

ALL-BIG NORTH

United Division

FIRST TEAM

100: Oluwatamilore Adedeji, DePaul, sophomore

200: Caelan McHugh, Holy Angels, junior

400: Eliza Hoover, Holy Angels, junior

800: Jillian Shea, IHA, senior

1600: Madely Novelli, IHA, senior

3200: Leanna Johnston, IHA, senior

100H: Fiona Carter, Paramus Catholic, junior

400H: Nina Pelligrino, Holy Angels, senior

Pole Vault: Alexa Cawood, Holy Angels

High Jump: Niki Matthews, IHA, junior

Long Jump: Madison Libby, IHA, senior

Triple Jump: Rachel Hippolyte, Paramus Catholic, senior

Shot Put: Ciara Donegan, Holy Angels, senior

Discus: Tyaja Thomas, Paramus Catholic, sophomore

Javelin: Brianna Thomas, Paramus Catholic, senior

4-x-400: Holy Angels (Nina Pelligrino, senior; Caelan McHugh, junior; Eliza Hoover, senior; Celeste Harper, freshman)

Coach of the Year: Matt Joyce, IHA

SECOND TEAM

100: Gina Rubio, Paramus Catholic, sophomore

200: Olivia Tacconi, IHA, sophomore

400: Grace Poscillico, IHA, sophomore

800: Keara Skae, IHA, senior

1600: Katherine Donohue, Holy Angels, junior

3200: Kylie Galiger, IHA, junior

100H: Essence-Jade Springer, Paramus Catholic, junior

400H: Taylor Ghee, DePaul, sophomore

Pole Vault: Emma Viggiano, IHA, senior

High Jump: Abby Romero, IHA, freshman

Long Jump: Maegan Feeney, IHA, junior

Triple Jump: Lauren Dunnigan, IHA, sophomore

Shot Put: Christine Ajao, IHA, senior

Discus: Elizabeth Pinto Shaw, IHA, senior

Javelin: Olivia Raie, IHA, junior

4-x-400: IHA (Olivia Battifarano, freshman; Katherine Young, junior; Jenna Arencibia, sophomore; Lauren Dunnigan, sophomore)

HONORABLE MENTION

Jordan Somerville, Paramus Catholic, senior; Julia Kapitan, IHA, senior; Maya Lokaj, Holy Angels, senior; Sydney Jacobs, DePaul, freshman.

Independence Division

FIRST TEAM

100: Cassandra Contella, Wayne Hills, junior

400H: Katharine Cottone, Passaic Valley, sophomore

1600: Abigail Horevay, Lakeland, junior

100H: Joanna Liput, Wayne Valley, senior

400: Hanna Miles, Lakeland, senior

800: Kara Langbaum, Wayne Hills, freshman

200: Kyra Blakeslee, Wayne Hills, senior

3200: Angelina Perez, Lakeland, junior

4-x-400 Relay: Wayne Valley (Erin Clark, junior; Lauran Passaglia, junior; Sara Paul, freshman; Maher, freshman)

Shot Put: Hailey Romero, Fair Lawn, junior

Javelin: Melissa Viellette, Fair Lawn, junior

Discus: Rachel Schmitt, Fair Lawn, sophomore

Triple Jump: Katie Bennorth, Lakeland, senior

Long Jump: Hanna Boorse, Lakeland, junior

Pole Vault: Chloe Pasek, West Milford, junior

High Jump: Shannon Harnett, Lakeland, sophomore

All-Around: Kathryn Gorden, Wayne Hills, junior

Coach of the Year: Louise Marlow, Lakeland

SECOND TEAM

100: Erin Clark, Wayne Valley, junior

400H: Jenna Hodgson, West Milford, junior

1600: Kyla Leathers, Wayne Hills, junior

100H: Nicole Bergman, Wayne Hills, senior

400: Lauren Passaglia, Wayne Valley, senior

800: Emily Bolson, Wayne Valley, junior

200: Ava Milevski, Wayne Hills, freshman

3200: Leah Strauss, Wayne Hills, junior

4-x-400 Relay: Passaic Valley (Lauren Koman, senior; Angelina Perez, sophomore; Katharine Cottone, sophomore; Amani Simpson, sophomore)

Shot Put: Amy Rod, Lakeland, sophomore

Javelin: Ali Mangan, West Milford, senior

Discus: Chayse Buckley, Wayne Hills, junior

Triple Jump: Kate Vreeland, West Milford, senior

Long Jump: Emily Pogerelec, Wayne Valley, junior

Pole Vault: Madelyn McDermott, Wayne Valley, junior

High Jump: Isabella Pollock, Fair Lawn, junior

All-Around: Caitlin Fahy, Lakeland, junior

HONORABLE MENTION

Auriella Coronado-Luz, Passaic Valley, junior; Sophia Joyce, Fair Lawn, sophomore; Julia Galesi, Wayne Hills, senior; Alex Buonanno, West Milford, senior; Katie Mullin, Lakeland, senior; Grace Martin, Wayne Valley, junior.

Freedom Division

FIRST TEAM

400H: Hailey Pataki, Northern Highlands, junior

100: Belle Bennett, Northern Highlands, sophomore

1600: AnnaMarie Tretola, Ridgewood, junior

400: Molly Bennett, Northern Highlands, junior

100HH: Hannah Brodsky, Ridgewood, junior

800: Lucia Rabolli, Ridgewood, junior

200: Alysia Spencer, Ridgewood, junior

3200: Olivia Shattuck, Ridgewood, junior

4-x-400: Ramapo (Cortney Lander, senior; Izzie Anzalado, junior; Bianca Wertheimer, junior; Sophia Venieri, senior)

High Jump: Caitlyn Kunisch, Northern Highlands, junior

Long Jump: Olivia Grace, Ridgewood, junior

Triple Jump: Christina Hughes, Northern Highlands, senior

Pole Vault: Randi Conroy, Northern Highlands, senior

Shot Put: Brynn Madonna, Northern Highlands, senior

Discus: Athena Georgiades, Northern Highlands, senior

Javelin: Lindsay Arone, Ramapo, senior

All-Around: Sarah Policano, Ridgewood, senior

SECOND TEAM

400H: Bea Brassel, Ridgewood, freshman

100: Zharia Scott, Hackensack, senior

1600: Allison Lounsbury, Indian Hills, junior

400: Sophia Vernieri, Ramapo, senior

100HH: Natalie Jackson, Ramapo, junior

800: Megan Schneider, Ramapo, senior

200: Izzie Anzaldo, Ramapo, junior

3200: Claire Hamlet, Ridgewood, senior

4-x-400: Northern Highlands (Hailey Pataki, junior; Anna Bryan-Jones, freshman; Hannah Feeley, junior; Molly Bennett, junior)

High Jump: Faith Hamilton, Ramapo, senior

Long Jump: Emma Reinke, Ridgewood, sophomore

Triple Jump: Alexandra Cahill, Ramapo, sophomore

Pole Vault: Talia Hutchinson, Ridgewood, sophomore

Shot Put: Sonny Yu, Paramus, senior

Discus: Ciara Brown, Hackensack, junior

Javelin: Caitlin Kinney, Ramapo, senior

All-Around: Brianna Braver, Ramapo, sophomore

HONORABLE MENTION

Rebecca MacLaren, Northern Highlands, freshman; Faten Huzien, Ramapo, senior; Lily Williams, Ridgewood, junior; Emma Wiser, Paramus, junior; Kim Grullon, Hackensack, senior; Brooke Chesney, Indian Hills, sophomore.

Patriot Division

FIRST TEAM

400H: Katelyn Bergen, Ramsey, senior

100: Kelly Buquicchio, Pascack Hills, sophomore

1600: Alexa Friedland, Ramsey, freshman

400: Amanda Mircovich, River Dell, senior

HH: Julia D'Amico, Ramsey, senior

800: Kenya Bravo, Ramsey, senior

200: Claire O'Keeffe, Ramsey, senior

3200: Christina Allen, River Dell, freshman

4-x-400 Relay: River Dell (Alex Grivas, junior; Ava Ebnetter, freshman; Sarah Cookson, sophomore; Amanda Mircovich, senior)

Javelin: Natalya Vega, Westwood, freshman

Discus: Amelie Moon, River Dell, junior

Shot Put: Mia Raso, River Dell, senior

Pole Vault: Kayla Martino, Ramsey, junior

High Jump: Gloria Lee, River Dell, senior

Long Jump: Grace McQuenney, River Dell, freshman

Triple Jump: Gabriela Ra, River Dell, senior

Coach of the Year: Matt Wynne, Ramsey

SECOND TEAM

400H: Sarah Vanderbeck, River Dell, junior

100: Morgan Levine, River Dell, freshman

1600: Ava Ebnetter, River Dell, sophomore

400: Katriona McKeown, Ramsey, junior

HH: Abreena Silveria, River Dell, sophomore

800: Carissa Weber, Mahwah, junior

200: Siena Kannenberg, Mahwah, freshman

3200: Rachel Mills, River Dell, sophomore

Javelin: Gavriella Camargo, Ramsey, junior

Discus: Avelina Cedeira, Pascack Hills, senior

Shot Put: Lily Dinning, Ramsey, sophomore

Pole Vault: Katherine Keane, Ramsey, senior

High Jump: Guiliana Balboni, Pascack Hills, sophomore

Long Jump: Kayla DePol, River Dell, junior

Triple Jump: Emily Turschman, River Dell, sophomore

HONORABLE MENTION

Megan Dursema, Mahwah, junior; Maura Alden, Pascack Hills, freshman; Nicole Dragotta, River Dell, senior; Maya Winger, Ramsey, junior.

American Division

FIRST TEAM

100: Sanai Bryant, Dumont, junior

200: Tyonna Stewart, Dwight Morrow, sophomore

400: Annalise Manderson, Dumont, junior

800: Mia Martinez, Ridgefield Park, senior

1600: Kelsey Periera, Cliffside Park, senior

3200: Tasnim Eissa, Cliffside Park, junior

100HH: Alexi Williams, Dumont, senior

400HH: Skylar Muller, Dumont, junior

4-x-400: Dumont (Alexi Williams, senior; Lindsey Buchheiter, senior; Brianna Manderson, junior; Annalise Manderson, junior)

Shot Put: Madison Cook, Dumont, junior

Discus: Saly Moubayed, Cliffside Park, junior

Javelin: Amy Diaz, Fort Lee, senior

Long Jump: Jordana Marcus, Fort Lee, sophomore

Triple Jump: Arianna Martinez, Cliffside Park, senior

High Jump: Alexandra Manetovic, Fort Lee, junior

All-Around: Shannon Buchheister, Dumont, senior

Coach of the Year: Jon Bennett, Dumont

SECOND TEAM

100: Tyonna Stewart, Dwight Morrow, sophomore

200: Brianna Manderson, Dumont, junior

400: Bella Sarnoff, Fort Lee, senior

800: Tiffany Park, Fort Lee, junior

1600: Sarah Lynch, Dumont, sophomore

3200: Tiffany Park, Fort Lee, junior

100HH: Majia Foster, Dwight Morrow, sophomore

400HH: Abbie Fearon, Fort Lee, freshman

4-x-400: Fort Lee (Bella Sarnoff, senior; Alexandra Manetovic, junior; Abbie Fearon, freshman; Stephanie Irarheta, junior)

Shot Put: Bree Cooney, Ridgefield Park, freshman

Discus: Nicole McHugh, Dumont, senior

Javelin: Angy El-Dakkak, Cliffside Park, junior

Long Jump: Jadelyn Recio, Ridgefield Park, junior

Triple Jump: Julia Angeles, Dumont, junior

High Jump: Shanze Morales, Ridgefield Park, junior

HONORABLE MENTION

Elizabeth Silver, Fort Le, sophomore; Madison Jursca, Dumont, junior; Carlyn Dipko, Ridgefield Park; Rawan Dahhan, Ridgefield Park, junior; Estela Aguilar, Cliffside Park, senior; Angeliqne Richardson, Dwight Morrow, sophomore.

Liberty Division

FIRST TEAM

100: Katie Kakascik, Clifton, junior

200: Brianna Fasoli, Passaic Tech, junior

400: Anne Noonan, Passaic Tech, junior

800: Remy Dubac, Clifton, sophomore

1600: Mia Dubac, Clifton, senior

3200: Denisse Aguilar, Passaic Tech, senior

100HH: Mackenzie Burke, Bergen Tech, sophomore

400HH: Emma Stafanie Garcia, Passaic Tech, senior

4-x-400: Passaic Tech (Ajia Brenell Morrison, Samiya Brown, junior; Anne Noonan, junior; Brianna Fasoli, junior)

Shot Put: Taniya Giles, Clifton, junior

Discus: Cicilia Martino, Passaic Tech, junior

Javelin: Destiny Noemi Fernandez, Passaic Tech, senior

Long Jump: Samiya Brown, Passaic Tech, junior

Triple Jump: Nahioly Almonte, Clifton, junior

High Jump: Nia Rex, Passaic Tech, junior

Pole Vault: Jaidyn Dillon, Passaic Tech, junior

All-Around: Denille Reid, Passaic Tech, junior

Coach of the Year: Tiffany Tookmanian, Passaic Tech

SECOND TEAM

100: Hailey Mieses, Passaic Tech, freshman

200: Emily Chen, Bergen Tech, sophomore

400: Lara McLaughlin, Bergen Tech, junior

800: Marilyn Gonzalez, Passaic, senior

1600: Nicole Lesiczka, Bergen Tech, sophomore

3200: Jiahn Son, Bergen Tech, senior

100HH: Maya Masri, Passaic Tech, senior

400HH: Nicole Wyszynski, Clifton, senior

4-x-400: Clifton (Lylah Flores, freshman; Janae Roberts, sophomore; Jessia Rubio, senior; Breanna Senior, junior)

Shot Put: Izabelle Grzybowski, Passaic Tech, sophomore

Discus: Kayla Linares, Clifton, senior

Javelin: Lily Farber, Passaic Tech, sophomore

Long Jump: Natasha Bradley, Eastside, junior

Triple Jump: Pauline Stephanie Kung, Passaic Tech, senior

High Jump: Francesca Mignano, Bergen Tech, senior

Pole Vault: Saskia Trommelen, Bergen Tech, junior

HONORABLE MENTION

Joie Kelly, Bergen Tech, senior; Jemy Samuel, Clifton, senior; Larryl Johnson, Passaic Tech, senior; Marilyn Gonzalez, Passaic, senior; Amorriannah Wright, Eastside, senior.

National Division

FIRST TEAM

100: Rebecca Beaver, Tenafly, junior

200: Abigail Dennis, NV/Old Tappan, freshman

400: Cara Hliboki, NV/Old Tappan, junior

800: Lily Dipple, NV/Demarest, sophomore

1600: Kimi Quayle, NV/Demarest, senior

3200: Casey Walter, NV/Demarest, senior

100HH: Victoria Constantine, NV/Demarest, junior

400HH: Erin Nolan, NV/Demarest, sophomore

4-x-400: NV/Old Tappan (Bree McNamara, junior; Cara Hliboki, junior; Kristen Johnson, sophomore; Abigail Dennis, freshman)

Shot Put: Casey Sullivan, NV/Demarest, junior

Discus: Julietta Ambartsoumian, NV/Demarest, senior

Javelin: Niki Woods, NV/Demarest, junior

Long Jump: Jessica Ricco, Pascack Valley

Triple Jump: Rylie Theuerkauf, Tenafly, sophomore

High Jump: Norina Khanzada, Tenafly, sophomore

Pole Vault: Jordan Hecker, NV/Demarest, senior

Coach of the Year: Michael Ippolito, NV/Demarest

SECOND TEAM

100: Shannon Connolly, Pascack Valley, junior

200: Jenaliah Knowles, Bergenfield, senior

400: Michele Wu, NV/Demarest, senior

800: Francesca Proto, NV/Old Tappan, senior

1600: Aidan Devlin, **Tenaflly**, junior

3200: Sophie Cheesman, **Tenaflly**, freshman

100HH: Liz Argenziano, NV/Demarest, junior

400HH: Isabel Forcellati, Pascack Valley, junior

4-x-400: NV/Demarest (Grace Anguilla, junior; Victoria Constantine, junior; Erin Nolan, sophomore; Lily Dipple, sophomore)

Shot Put: Maya Giordano, NV/Old Tappan, freshman

Discus: Mackenzie Ward, NV/Old Tappan, sophomore

Javelin: Ashley Belous, NV/Old Tappan, junior

Long Jump: Anusha De, **Tenaflly**, junior

Triple Jump: Layla Giordano, **Tenaflly**, freshman

High Jump: Gretchen Harray, NV/Demarest, junior

Pole Vault: Michelle Lee, NV/Demarest, junior

HONORABLE MENTION

Ashna Kaivani, NV/Demarest, senior; Ally Meeks, NV/Old Tappan, senior; Sarah Martin-Moons, Pascack Valley, senior; Lexi Mogensen, **Tenaflly**, senior; Natalia Jaramillo, Bergenfield, junior.

ALL-NJIC

Liberty Division

FIRST TEAM

100: Kylie Castillo, Ridgefield, freshman

200: Kylie Castillo, Ridgefield, freshman

400: Kylie Castillo, Ridgefield, freshman

800: Emma Petrolia, New Milford, junior

1,600: Lucia Kutner, Leonia, junior

3,200: Lucia Kutner, Leonia, junior

100 HH: Maggie Fodera, Lyndhurst, senior

400 IH: Emma Petrolia, New Milford, junior

HJ: Maggie Fodera, Lyndhurst, senior

LJ: Julia Tozduman, Lyndhurst, freshman

TJ: Emma Petrolia, New Milford, junior

SP: Alyssa Craigwell, Secaucus, freshman

DIS: Alyssa Craigwell, Secaucus, freshman

JAV: Valerie Hartman, New Milford, senior

PV: Rachel Meyers, New Milford, junior

At Large: Katelyn Moncion, Dwight-Englewood, senior

At Large: Julia McCann, Lyndhurst, senior

At Large: Nicole Parise, Secaucus, junior

4 x 400 relay: Gianna Marin, sophomore, Carmelina Sanci, senior, Paige Quinones, junior, Nicole Parise, junior, Katherine Nguyen, freshman, Secaucus.

Coach of the Year: James Day - Lyndhurst

Championship Team: Lyndhurst

SECOND TEAM

100: Julia Tozduman, Lyndhurst, freshman

200: Paige Quinones, Secaucus, junior

400: Paige Quinones, Secaucus, junior

800: Kaitlyn Kakalec, Ridgefield, junior

1,600: Kayla Carrino, Lyndhurst, sophomore

3,200: Kayla Carrino, Lyndhurst, sophomore

100 HH: Jordyn Valentin, Butler, sophomore

400 IH: Abby Petrolia, New Milford, sophomore

HJ: Anna Rynkiewicz, Lyndhurst, senior

LJ: Emma Petrolia, New Milford, junior

TJ: Julia Tozduman, Lyndhurst, freshman

SP: Adia Guthrie, Dwight-Englewood, senior

DIS: Adia Guthrie, Dwight-Englewood, senior

JAV: Alyssa Craigwell, Secaucus, freshman

4 x 400 relay: Daniella Ruiz, sophomore, Elizabeth Baksh, junior, Melany Urena, junior, Kendall Hall, freshman, Lucia Kutner, junior, Tavi Unnithan, freshman, Leonia

HONORABLE MENTION

100: Kayla Brito, Leonia, junior

200: Julia Tozduman, Lyndhurst, freshman

400: Carmelina Sanci, Secaucus, senior

800: Daniella Ruiz, Leonia, sophomore

1,600: Tanveer Kaur, Lyndhurst, senior

3,200: Margaret Yan, Dwight-Englewood, sophomore

110 HH: Abby Petrolia, New Milford, sophomore

400 IH: Nicole Parise, Secaucus, junior

HJ: Corinthia Godfrey, New Milford, sophomore

LJ: Uma Rajan, Dwight Englewood, freshman

TJ: Katelyn Moncion, Dwight-Englewood, senior

SP: Maria Hantzaras, Lyndhurst, junior

DIS: Maya De Klerk, Leonia, junior

JAV: Jeila Rain Seals, Leonia, junior

4 x 400 relay: Tanveer Kaur, senior, Madison Echols, junior, Julia Sales, freshman, Casey Cirne, junior, Rola Mustafa, freshman, Lyndhurst.

Meadowlands Division

FIRST TEAM

100: Jaidyn Reiser, Weehawken, freshman

200: Jaidyn Reiser, Weehawken, freshman

400: Amber Barrios, Hasbrouck Heights, junior

400: Kristine Robertson, Hasbrouck Heights, senior

800: Isabella Drezek, Hasbrouck Heights, junior

1,600: Isabella Drezek, Hasbrouck Heights, junior

3,200: Isabella Drezek, Hasbrouck Heights, junior

100 HH: Megan Napolitano, Hasbrouck Heights, junior

400 IH: Amber Barrios, Hasbrouck Heights, junior

HJ: Anna Pamula, Becton, sophomore

LJ: Anna Memija, Saddle Brook, senior

TJ: Anna Memija, Saddle Brook, senior

SP: Samantha Russo, Hasbrouck Heights, freshman

DIS: Anna Lasek, North Arlington, senior

JAV: Paige McGuire, Hasbrouck Heights, junior

PV: Megan Napolitano, Hasbrouck Heights, junior

4 x 400 relay: Alexa Garcia, sophomore, Ines Turner, freshman, Dea Jera, sophomore, Alexandra Samperi, freshman, Hasbrouck Heights.

Coach of the Year: Rob Brady, Hasbrouck Heights

Championship Team: Hasbrouck Heights

SECOND TEAM

100: Alexandra Samperi, Hasbrouck Heights, freshman

200: Kristine Robertson, Hasbrouck Heights, senior

800: Brenna Sullivan, North Arlington, sophomore

1,600: Devon Sonzogni, Hasbrouck Heights, junior

3,200: Hayley Kasper, Hasbrouck Heights, senior

100 HH: Ella Reyngoudt, Hasbrouck Heights, sophomore

400 IH: Natalie Kroncke, Hasbrouck Heights, sophomore

HJ: Gaea DePass, Hasbrouck Heights, sophomore

LJ: Alexandra Samperi, Hasbrouck Heights, freshman

TJ: Paige McGuire, Hasbrouck Heights, junior

SP: Odaliana Gomez, Hasbrouck Heights, junior

DIS: Gianna D'Alessandro, Saddle Brook, senior

JAV: Jenna O'Malley, Hasbrouck Heights, sophomore

PV: Emma Cunningham, Hasbrouck Heights, junior

4 x 400 relay: Hailey Rolon, senior, Ashleigh Chiang, senior, Brenna Sullivan, sophomore, Arancha Antunes, sophomore, North Arlington

HONORABLE MENTION

100: Pagie Portacio, Immaculate Conception, senior

- 200:** Alexandra Samperi, Hasbrouck Heights, freshman
- 400:** Dea Jera, Hasbrouck Heights, sophomore
- 800:** Natalie Kroncke, Hasbrouck Heights, sophomore
- 800:** Caroline Kaprelian, Saddle Brook, junior
- 1,600:** Emily Gardella, Wood-Ridge, senior
- 3,200:** Ivana Sanchez, Weehawken, senior
- 110 HH:** Natalie Escobar, Saddle Brook, junior
- 400 IH:** Ella Reyngoudt, Hasbrouck Heights, sophomore
- HJ:** Ella Reyngoudt, Hasbrouck Heights, sophomore
- LJ:** Jordyn Nelson, North Arlington, senior
- TJ:** Jordyn Nelson, North Arlington, senior
- SP:** Marissa Mucci, Hasbrouck Heights, freshman
- SP:** Shannon Bhargava, Wood-Ridge, senior
- DIS:** Gabriela Solis-Coto, Hasbrouck Heights, junior
- JAV:** Odie Gomez, Hasbrouck Heights, junior
- PV:** Alyssa Buccheri, North Arlington, senior
- 4 x 400 relay:** Katherine Thompson, sophomore, Lila Williams, sophomore, Dayeli Sarmiento, freshman Jaidyn Reiser, freshman, Weehawken.

Patriot Division

FIRST TEAM

- 100:** Carli Sorvino, Emerson, junior
- 200:** Carli Sorvino, Emerson, junior
- 400:** Ella Eitner, Waldwick, sophomore
- 800:** Danielle Tilp, Cresskill, sophomore

1,600: Danielle Tilp, Cresskill, sophomore

3,200: Danielle Tilp, Cresskill, sophomore

110 HH: Carli Sorvino, Emerson, junior

400 IH: Jenny O’Leary, Park Ridge, junior

HJ: Kiley Mironenko, Waldwick, junior

LJ: Kiley Mironenko, Waldwick, junior

TJ: Kiley Mironenko, Waldwick, junior

SP: Madison Szabo, Park Ridge, senior

DIS: Erin Karaway: Emerson, junior

JAV: Kaitlyn Chirki: Midland Park, junior

PV: Jessica Coyle, Emerson, senior

At Large: Emma Callagy, Emerson, senior

At Large: Cali Marck, Emerson, junior

At Large: Carly Moallen, Cresskill, senior

4 x 400 relay: Odalys Guerrero, junior, Elyse von der Lieth, junior, Sabrina Sheridan, junior

Jenny O’Leary, junior, Nicole Freiler, freshman Anna Francica, freshman, Park Ridge.

Coach of the Year: Mark Ledgerwood, Emerson

Championship Team: Emerson

SECOND TEAM

100: Jessica Coyle, Emerson, senior

200: Ella Eitner, Waldwick, sophomore

400: Nicole Freiler, Park Ridge, freshman

800: Elyse von der Lieth, Park Ridge, junior

1,600: Cali Marck, Emerson, junior

3,200: Amandine Fernandez, Bogota, sophomore

110 HH: Samantha Tuozzo, Midland Park, freshman

400 IH: Odalys Guerrero, Park Ridge, junior

HJ: Olyvia Burrell, Emerson, freshman

LJ: Olyvia Burrell, Emerson, freshman

TJ: Georgiana Daniello, Waldwick, junior

SP: Samantha Padovano , Midland Park, senior

DIS: Madison Szabo, Park Ridge, senior

JAV: Emma Worthington, Emerson, junior

PV: Alexa Gitto, Emerson, senior

4 x 400 relay: Victoria Sterinsky, sophomore Emily Butler, junior Emma Callagy, senior, Erin De Magistris, sophomore, Alexa Gitto, senior, Emilia Dul, senior, Emerson.

HONORABLE MENTION

100: Allie Lachman, Emerson, senior

200: Jenny O'Leary, Park Ridge, junior

400: Tasia Miniotis, Midland Park, junior

800: Cali Marck, Emerson, junior

1,600: Amandine Fernandez, Bogota, sophomore

3,200: Eliza Dul, Emerson, senior

110 HH: Odalys Guerrero, Park Ridge, junior

400 IH: Nicole Freiler, Park Ridge, freshman

HJ: Jessica Coyle, Emerson, senior

LJ: Kelly Ballen, Midland Park, freshman

TJ: Emma Worthington, Emerson, junior

SP: Olivia Wolodkowicz, Waldwick, senior

DIS: Julia Elek, Emerson, junior

JAV: Emily Wallace, Midland Park, senior

PV: Kaitlyn Legaspi, Emerson, sophomore

4 x 400 relay: Dana Chernin, junior, Cosette Ellis, freshman, Lola Ellis, sophomore, Ohr Gutman, junior, Carly Moallen, senior, Cresskill.

Colonial Division

FIRST TEAM

100: Briana Andreoli, Hawthorne, junior

200: Briana Andreoli, Hawthorne, junior

400: Sydney Hansen, Hawthorne, freshman

800: Alyson Novick, Glen Rock, senior

1,600: Ella Coultrap, Glen Rock, freshman

3,200: Emma Leishear, Glen Rock, sophomore

100 HH: Isabella Sing, Rutherford, senior

400 IH: Isabella Sing, Rutherford, senior

HJ: Anneke Kuperus, Eastern Christian, sophomore

LJ: Isabella Sing, Rutherford, senior

TJ: Shaniya Richberg, Lodi, junior

SP: Isabelle Robinson, Hawthorne, senior

DIS: Isabelle Robinson, Hawthorne, senior

JAV: Briana Andreoli, Hawthorne, junior

PV: Samantha Kaczmarek, Rutherford, sophomore

At Large: Ava Iovino, Hawthorne, sophomore

At Large: Sabrina DiFilippo, Hawthorne, sophomore

At Large: Emma Keating, Pompton Lakes, sophomore

4 x 400 relay: Carly Kopelman, sophomore, Emma Shiels, senior, Bella Smith, senior, Alyson Novick, senior, Glen Rock.

Coach of the Year: Gus Schell, Hawthorne

Championship Team: Hawthorne

SECOND TEAM

100: Sabrina DiFilippo, Hawthorne, sophomore

200: Sabrina DiFilippo, Hawthorne, sophomore

400: Ava Scheibe, Rutherford, senior

800: Isabel Shea, Glen Rock, junior

1,600: Ava Iovino, Hawthorne, sophomore

3,200: Ava Iovino, Hawthorne, sophomore

100 HH: Leah Alves, Hawthorne, sophomore

400 IH: Emma Keating, Pompton Lakes, sophomore

HJ: Julia Dzurenko, Glen Rock, junior

LJ: Ella Bagnuolo, Rutherford, junior

TJ: Hannah Visbeen, Eastern Christian, freshman

SP: Maria Taseva, Elmwood Park, senior

DIS: Maria Taseva, Elmwood Park, senior

JAV: Harmony Marquez, Rutherford, junior

PV: Ella Sachs, Hawthorne, freshman

4 x 400 relay: Kari Augusterfer, freshman Samantha Kaczmarek, sophomore, Olivia Smith, junior, Ellie Schmitt, freshman, Rutherford.

HONORABLE MENTION

100: Ella Bagnuolo, Rutherford, junior

200: Sydney Hansen, Hawthorne, freshman

400: Olivia Smith, Rutherford, junior

800: Kari Augusterfer, Rutherford, freshman

1,600: Isabel Shea, Glen Rock, junior

3,200: Jodi DeSalvo, Rutherford, freshman

100 HH: Emma Keating, Pompton Lakes, sophomore

400 IH: Sydney Hansen, Hawthorne, freshman

HJ: Samantha Kaczmarek, Rutherford, sophomore

LJ: Isabelle Robinson, Hawthorne, senior

TJ: Olivia Smith, Rutherford, junior

SP: Sophia Mitreski, Hawthorne, sophomore

DIS: Jaclyn Steenstra, Eastern Christian, sophomore

JAV: Wiktorja Kowal, Garfield, junior

PV: Olivia Katafigiotis, Rutherford, junior

4 x 400 relay: Leah Alves, sophomore, Sydney Hansen, freshman, Sabrina DiFilippo, sophomore, Ava Iovino, sophomore, Hawthorne.